Lonsdale Newsletter

October 2026

Dear Parents and Carers,

What a wonderful start to the school year it has been! It has been fantastic to welcome our pupils back after the summer holidays and see how quickly they have settled into school life. We have also been delighted to welcome new pupils and families to the Lonsdale community.

This half term has been packed with learning, celebration and new experiences. Through a range of assemblies, pupils have explored and celebrated Black History Month, World Mental Health Day, World Homeless Day, National Vegetarian Week and the European Day of Languages, helping to broaden their understanding of the world around them.

We were also pleased to support the Macmillan Coffee Morning and would like to thank all the families who attended. It was lovely to see so many members of our community come together for such a worthwhile cause.

Several classes enjoyed educational visits this half term, including trips to a farm and a bowling centre. These experiences provide valuable opportunities for learning beyond the classroom, and we are already looking forward to next half term, when pupils will have opportunities to attend pantomimes, go shopping, visit the STEM Centre in Stevenage and take part in a variety of sporting events.

Although we have only been back for a short time, our four Houses have already shown tremendous enthusiasm and team spirit. As well as competing in a rowing challenge, pupils put their creativity to the test during the Pumpkin Halloween Display Competition. The effort and imagination on display were truly impressive. To see the wonderful creations and find out which House was victorious, please turn to pages 5 and 6.

Our School Council has also been hard at work gathering pupil voice and ensuring that pupils have a strong role in shaping school life. We are particularly proud to introduce our new Pupil Senior Leadership Team (PSLT). You can find out more about their exciting work on page 4.

This term, we were pleased to welcome Jez, our new Outdoor Learning Instructor, to the Lonsdale team. Most classes now benefit from timetabled Outdoor Learning sessions, and Jez is working alongside Miss Rose to further enhance and develop our outdoor learning provision. We are excited about the opportunities this will bring for our pupils.

We are also delighted that Gina has started her new role as Family Support and Liaison Partner (FSLP). She has already begun making connections with families. If you would like to contact Gina, please email familysupport@lonsdale.herts.sch.uk.

As many of you know, Miss Jones has now started her maternity leave. We send her our very best wishes and warmly welcome Mrs Williams, who will be supporting Australia Class during this time. We are also pleased to welcome Mr Whitehead, who has joined New Zealand Class while Miss King takes a well-deserved baby break.

Earlier this week, our Governors held their Strategic Afternoon at Lonsdale School. They reviewed current developments across the school and discussed ways in which they can continue to support our growth and future success.

We are also incredibly fortunate to have a dedicated team of seven regular volunteers who generously give their time to support pupils in a variety of activities. Their contribution makes a real difference, and we would like to extend a heartfelt thank you to each and every one of them.

Most importantly, we would like to thank you, our parents and carers, for your continued support. Your feedback, suggestions and emails are invaluable and help ensure that the voices of our families are heard.

Earlier this year, many of you told us that attending multiple short workshops during the school day could be difficult because of work and travel commitments. In response, we adapted our approach and scheduled two parent workshops following the Macmillan Coffee Morning. We were delighted to hear that many families found this format more accessible and helpful. Your feedback genuinely helps us improve what we offer, and we are grateful for your ongoing partnership.

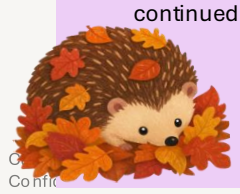
Looking ahead, we are excited to launch a new Amazon Wish List for our pupils next half term. Many families have asked how they can support the school through donations of resources, and the wish list will include items that will directly benefit teaching, learning and enrichment opportunities across the school. We will share further details after the holidays.

We also look forward to welcoming many of you to online parents' consultation meetings with your child's form tutor in November.

As we reach the end of a busy and successful half term, we hope you all enjoy a restful break. Thank you once again for your continued support, and we wish you a wonderful time with family and friends.

With best wishes,

Claudia Thiele on behalf of
the Lonsdale School Team



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Lonsdale October Newsletter

Whole-School News and Information



Upcoming Events

November

9th – Remembrance Day *(in school event)*

10th & 11th - Parent Consultation Evening

13th – Children in Need 'Drumbathon'

25th – House Competition - Rowing Event

26th – Reading Morning *(parents & carers invited)*

December

10th – Evening Carol Concert

10th - Primary Christmas Play *(Australia, Kenya, Wales)*

11th - Primary Christmas Play *(Mexico, Brazil)*

Volunteer at Lonsdale



We welcome volunteers into school to support with reading, in class, with events, visits or other activities.

To become a volunteer requires a regular commitment. To be a volunteer you will need two references and a DBS check. Full training will be provided, and this can be a wonderful opportunity for our young people as well as our volunteers.

If you are able and interested to help, please contact Miss Katy Gregor at kgregor@lonsdale.herts.sch.uk.

Thank you!

School Website

Please continue to check the school website regularly for curriculum information, photo galleries, term dates, homework and more!

Each class has their own page in the secure 'Student Area', which is where you will find homework and learning activities.
If you need any help with logging in, please contact your child's form tutor.
Thank you!

https://www.lonsdale.herts.sch.uk/

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Whole-School Information

Nut-Free School



For the health and safety of all of our pupils and staff, we ask that you do not include food items containing nuts in your child's lunchbox or snack. Some of our children and staff have severe allergies, which can sometimes be triggered by close proximity to nuts alone. We aim to be a nut-free school. Thank you for your co-operation and support!

Lottie – Weekly Visits

Lottie, a very well-behaved and friendly therapy dog, continues to visit us once a week with her owner Sue. Many pupils and staff are always happy to see Lottie. Last week, Lottie sat in the primary playground balancing a paper cup on her head for more than one minute! Did you know that Golden Retrievers can do this?



Safeguarding at Lonsdale

Please speak to a member of our Safeguarding Team if you have any safeguarding concerns:



Designated Safeguarding Lead (DSL) – Miss Sarah Small (Deputy Headteacher)

Deputy Designated Safeguarding Leads (DDSLs) – Mrs Claudia Thiele (Headteacher) and Miss Katy Gregor (Assistant Headteacher)

Safeguarding Governor – Mrs Kofo Ibitoye

All children have a right to be cared for and protected. Protecting them is everyone's responsibility. If you know of a child who is being neglected or abused, report it to the DSL Team or Children's Services on 0300 1234 043.

Naming Items and Belongings



Please could we kindly ask that your young person's belongings, i.e. clothes, bags, drink bottles, pads etc., are clearly named. Unfortunately, we are not able to return unnamed items to their owners. Thank you!

School Meals and Menus



You can view the school menu on our website: https://www.lonsdale.herts.sch.uk/page/?title=School+Dinners&pid=243. All Reception, Year 1 and Year 2 children are entitled to free school meals, and we would encourage you to take advantage of this entitlement. School meals are tasty, healthy and nutritious, and pupils are supported and encouraged to try new foods alongside their friends. For help with free school meals, visit: https://www.lonsdale.herts.sch.uk/page/?title=Free+School+Meals&pid=244.

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School Council

Lonsdale's School Council met twice this half term. They continue to discuss issues that class representatives bring to their meetings, including food and catering, social interaction time clubs and outdoor learning and equipment. The minutes from those meetings are shared with the school's leadership team.

Lonsdale Pupil SLT (PSLT)

Lonsdale Pupils now have their own Leadership Team. This team currently consists of two pupils from P16. Next half term, the team will elect a third member to the PSLT.

This pupil-driven team works collaboratively between the School Council and SLT to provide a more structured approach to pupil voice with the aim to ensure that all pupils play an active part in shaping and developing their school.

On Wednesday 21st October, the PSLT joined the full governing board meeting to explain their role and aspirations. The governors were highly supportive of the important work the PSLT are engaging with to promote pupil voice. Katie Byrne is now the link governor for the PSLT, and the pupil representatives will be invited to contribute to future governors' meetings.

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Lonsdale October Newsletter

And the winners are...

Can you match the displays on the previous page to winners and the display descriptions?



School Houses



Glennie House

House Captain
James D

Vice-Captain
George L

Cains House

House Captain
Bella M

Vice – Captain
Michael A

Hawking House

House Captain
Szymon M

Vice – Captain
Archie B

Rose House

House Captain
Evie FW

Vice – Captain
Fola B

Kenya Class

October Update

Our Learning

It has been lovely to welcome everyone back after the summer holidays and welcome some new faces to Kenya Class. It has been lovely to see new pupils settle in and build some lovely friendships within class.

This term we have explored 'All about me' and 'Our senses' through different stories. We have learnt about feelings and emotions.





Highlights

- Pupils settling and making good relationships.
- Great use of communication
- Super development of number knowledge







Coming Up

We will be exploring 'Houses and Homes' through stories like 'Three little pigs', 'Goldilocks and the Three Bears' and 'Five minutes peace'. It would be great if you could send a few photos of your child's house, inside and out, to help them with their learning.

Reminders

MONDAYS - Please send a photo or video on Tapestry for lessons and please return your library book every week.

Wales Class

October Update

Our Learning

Wales have loved learning all about the topic 'On Our Doorstep'. In English, we have worked on our sentence building and using who, what doing and what make our non-fiction book all about food! In Maths we have been developing our number correspondence and recognising of simple 2D shapes. In Science, we have explored all about habitats, learning what items are in each one and what animals live there! In Geography, we have loved learning about the UK and the capitals, exploring the different items, especially sounds of bagpipes!











Highlights

We have developed some lovely friendships in class!







Coming Up

After the October half term, we will be looking forward to learning about our topic 'Through Space and Time' and completing our Christmas play!

Reminders

Please remember to send some photos of the weekend in to help share weekend news in Communication lessons on a Monday. Students should also have coats and hats as it gets cooler.

Brazil Class

October Update

Our Learning

Brazil Class have enjoyed getting to know each other and have started to form friendships. During our Maths lessons we have been focussing on simple comparisons and have enjoyed learning through sensory exploration. Counting songs have also been popular and we have used this to begin understanding 1-1 correspondence. In Geography we have been learning about the United Kingdom and particularly enjoyed the 'United Kingdom' song. During Science lessons we have been learning about habitats and have used, water, sand , ice and soil to explore.





Highlights

We have seen some great emerging communication and some lovely shared play particularly when using the interactive whiteboard.











Coming Up

After the holidays we look forward to exploring 'Earth and Space' and dinosaurs.

We will begin our rehearsals for the Christmas play.



Reminders

Please remember coats, hats and gloves as the weather turns colder. The children have opportunity for outside play each day. Please share news by 9.15am on a Monday .

Mexico Class

October Update

Our Learning

This half term, Mexico Class have been very busy enjoying being back at school. In English, we have been exploring our favourite books with lots of sensory stories and trips to the library. Science and Geography have found us going on travels to explore the globe, the UK and animals and their habitats. We loved exploring local pondlife the best. In Maths we have been practicing our counting and number bonds with role play at the pet shop, bakery and café. In PSHE and RE we have been getting to know each other playing games and sharing stories.







Highlights

- We have enjoyed working with Australia Class in our ACE sessions, making hampers and collecting donations to help people who need food at the Stevenage porch pantry.
- Our class trip to Standalone Farm saw us have fun in the pumpkin patch and meeting the farm animals to learn about their habitats.
- We have loved welcoming Grace to our new class!

Coming Up

After half term we will exploring space, poetry, measure and our town. It would be great to see photos of the towns each young person lives in on Tapestry.

Reminders

Thank you to parents who volunteered on our recent trip, we will be doing some more, feel free to join us!

It is lovely to see weekend and holiday news on Tapestry.

Australia Class

October Update



Our Learning

Australia Class have made an excellent start to the year. I have been very impressed by their enthusiasm, willingness to contribute to class discussion and positive attitude to learning.
In English, we have looked at the differences between fiction and non-fiction texts. Each student has had the opportunity to choose an animal and write their own non-chronological report, improving their research, writing and organisational skills.
In Maths, students have been developing their money skills by using pretend money to calculate the cost of different items in a shop. We have practised our addition skills using real-life shopping scenarios. These activities have also helped us become more confident in recognising British coins and banknotes.
In History, we have been finding out about the fascinating Tudor period, including the kings and queen of the time, Henry VIII, his six wives and what everyday life was like during Tudor times such as the food, clothing, homes, sports and favourite pastimes.





Highlights



In Science, we have enjoyed exploring a variety of fascinating habitats, from tropical rainforests and vast oceans to the icy polar regions and scorching deserts. We have discovered the incredible range of animals that live in these environments and learnt about the unique features that help these wonderful and sometimes bizarre creatures that survive in these habitats.





Coming Up

New topics after half term include Earth and Space in Science, Marvellous Maps in Geography and Getting along with others in Life skills

Reminders

Please remember to send in some photos of your child's weekend activities so they can share their weekend news during Monday's Communication lesson. Homework is sent home on Fridays and should be returned the following Friday. As the weather gets cooler, please ensure your child brings a warm coat and hat to school.

Egypt Class

October Update

Our Learning

What a busy and exciting term it has been for Egypt Class**!** In English, we have been completely gripped by Michael Morpurgo's 'Private Peaceful'. We even wrote letters to Charlie and Molly to let them know just how betrayed we felt—but if you want to know why, you will just have to read the book to find out! Over in Maths, we have been mastering numbers and place value, working hard to compare them and line them up in both ascending and descending order. Our Science lessons took us on a journey through Inheritance and Evolution ,where we explored human evolution, examined fascinating fossils, and discovered the incredible legacy of Charles Darwin. We also focused on well-being during PSHE, learning all about how to stay healthy and look after ourselves. Finally, our PFA sessions were all about the future! We explored our dream jobs, identified the skills we need to land them, and even practiced interview techniques and how to confidently answer tough questions. In K&U, we have been learning about the Amazing Americas this included the geographic location, climate and time differences, and recently looking at physical and human features so that they can make comparisons to areas of the UK. In History, we learned about the development of Entertainment and Leisure in the 20th century, and the technological changes that have occurred.



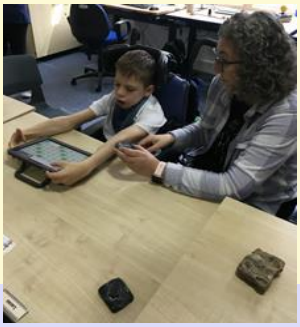


Highlights

We enjoyed making papyrus sheets and writing our names in Hieroglyphics and working with Ireland Class on organising the Halloween Disco.







Coming Up

After half term, we will be learning about Earth and Space in Science. In English, we will be focusing on sentence structure, writing, including fiction & non-fiction.

Reminders

- Cooking pots are needed every Tuesday.
- Please remember to give consent for the forthcoming STEM trip.
- Homework is given on Friday and is due in the following Friday.

Ireland Class

October Update

Our Learning

Our English work has been based on the story "Kensuke's Kingdom", and it has been great to see the class engaging well with the story. They have made predictions about what might happen and have shown good recall & understanding where they have read a chapter for homework. In Science we have been learning about evolution. We enjoyed watching an episode from the BBC IPlayer about the evolution of the elephant.









Highlights

We have enjoyed organising the Halloween activity afternoon during our ACE lessons.

We also had great fun at our class bowling trip. Congratulations to Archie and Ethan for winning !

Coming Up

New topics after half term include "Earth and Space" in Science, community inclusion in PFA and developing bodies in PSHE. In English, we will be focusing on writing, including fiction and non-fiction.



Reminders

Please remember to give consent for the forthcoming STEM trip.

Cooking pots are needed every Wednesday.

New Zealand Class

October Update

Our Learning

It has been a busy start to the year in New Zealand Class! In Maths, we have been developing our number skills, practising addition and subtraction, exploring place value and investigating 2D and 3D shapes.

In English, we have enjoyed stories including *The Storm Whale* and *The Lighthouse Keeper's Lunch*, developing our vocabulary and sharing our ideas about characters and events.

Our PSHE topic has been "Healthy Lifestyles". We have explored personal hygiene, brushing our teeth, balanced diets and the dangers of harmful substances, learning how everyday choices help us stay healthy.

In History, our topic has been "Leisure". We have compared holidays past and present and explored how video games have changed over time. In Geography, we have been learning about our school, maps and familiar places.

Through Preparing for Adulthood and creative activities, we have continued to develop our independence, communication, decision-making and self-expression skills.





Highlights

We have enjoyed working on our ACE project – planning a Christmas performance.

We've also enjoyed some very competetive Kahoot! quizzes!







Coming Up

After half term, we will be exploring "Earth and Space" in Science and discovering the countries and landscapes of the Americas in Geography. In Maths, we will be developing our measurement and data-handling skills. We will also be looking at physical and emotional changes in PSHE.

Reminders

Cooking pots are needed on Tuesdays.

Feel free to send us your October half-term news on Tapestry.

Peru Class

October Update

Our Learning

Peru Class have had a great start to the academic year. We have taken time to get to know each other and build relationships. Students new to Peru have settled in really well, and the class team are super proud. In English, we have been reading short stories, some of the stories were very mysterious! We did lots of prediction, talking about the feelings of the characters and what we would do in that situation. In Science, we changed our topic to "Earth and Space", we created a wonderful display of the planets and have looked at the phases of the moon, how day and night happen and looking at stars and constellations. In K&U, we have looked into leisure and entertainment. In History, we were looking at what toys and games they played a long time ago, some of the games we discovered, children still play today. In Maths, we have been showing Miss Bradbery our super number skills. We have shown her that we can do counting up to some high numbers, place value, addition, ordinal numbers and even a few times tables!

Peru Class have particularly enjoyed Cooking this term and have made lots of lovely food such as meatballs, burgers and Halloween Cupcakes!





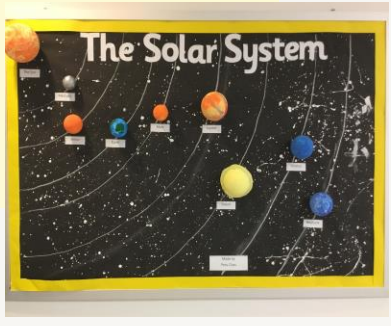
Highlights

Peru Class were super happy with our home grown pumpkins and got to carve them ready for Halloween!









Coming Up

After half-term, we will be looking at "Light and Sound" in Science. In PSHE, will learn about how our bodies develop. We are also looking forward to some exciting activities running up to Christmas.

Reminders

Parents, please remember to read with your child at home and record this in their reading record, reading books will be changed every Monday. Tuesdays - please provide a container for Cooking.

Swimming is on Wednesdays & Thursdays.

Venezuela Class

October Update





Our Learning

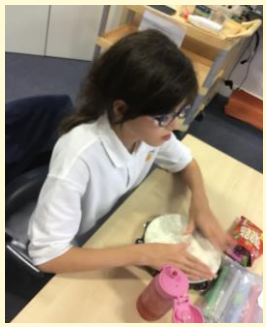
We have had a lovely start to our year in Venezuela Class. In English, we have been reading "Flat Stanley" and thinking about characters. Students have done a great job inferring what might happen next. They have also looked at non-fiction books and identified features. In Maths, we have been able to find more and less, identified tens and ones and odd and even numbers. In Science, we have thought about our evolution and how different species have adapted over the years to survive. In Geography, we have identified natural and human-made features of the Americas and compared climates within the Americas and the UK. In History, we have looked at how leisure and entertainment changed in the 20th century. In PfA we have had discussions about what we would like to do in the future – our houses, clubs, pets, jobs and so on. We have achieved some lovely drawings in Art and studied various artists like Da Vinci, Caravaggio and Okafor. In our ACE afternoons, we did some research with Primary and discovered their favourite kinds of books. We have been working on making a book for them about animals around the world.

Highlights

We had lots of fun at the Halloween disco!

We have also really enjoyed

our music sessions with Kate.

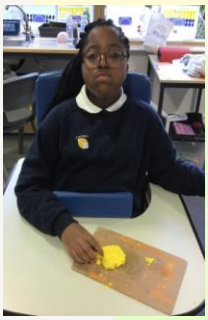












Coming Up

After half-term, we will be learning about Earth and space in Science and our school in Geography. We also have our trip to the Secondary Sports Event in Ware, which we're looking forward to.





Reminders

Please try and read daily with your child and remember to send in a water bottle and snack every day. Please also complete and return the parent views on your child's New Horizon targets.

Japan Class

October Update

Our Learning

It has been a very exciting start to the year in Japan Class. In Maths and English, the students are working towards their functional skills qualifications, with the current English unit being speaking, listening and communicating.

In Science, we have been learning about evolution and inheritance, with a particular emphasis on understanding how plants and animals have evolved over millions of years to survive in their respective environments. In K&U, students learnt about the importance of compass directions, and how to read a map and an atlas using a compass rose. Additionally, the students explored the Americas; the different countries, cities, and the human and physical features across the continents.

In Preparing for Adulthood, students spoke about their future, including where they hope to live, who they hope to live with, and if they want to go to college or get a job when they leave school.

We have thoroughly enjoyed the new Outdoor Learning subject, and they look forward to it every week.

Highlights

The students created 'nature faces' out of leaves, sticks, stones and other natural items.





And practiced some important ...





Coming Up

After the half term, on Tuesday 10th November, Japan Class will be going to the STEM Centre in Stevenage on a school trip.

Reminders

- Please remember to complete the parent section on page 1 of the New Horizons document and return it to school.
- Please remember to book a slot for parents' consultations taking place on Tuesday 10th November.

Canada Class

October Update











Our Learning

During K&U lessons, we have been learning all about the amazing Americas, how many states, the comparisons of Death Valley California and The Peak District. Did you know that the highest recorded temperature in Death Valley is 56.7oC! The students realised how much hotter that was in comparison to our summer this year.

In ACE, we did some volunteering community work and ventured the grounds between Marriotts and Lonsdale and managed to fill two bags of rubbish and collected over 60 disposed bottles of water. The students were horrified and discussed how it is important to use recyclable bottles and be sustainable.

In PSHE, we have been looking at our ambitions of the future, how to achieve them and what we need to focus on with our qualifications and understanding how learning in school is transferred to other skills.
We had lots of lovely ideas of a careers, including a personal trainer, pizza shop owner, train driver, a health and beauty artist, an actress, Anime Shop owner and games developer.

Coming Up

After the half term, students will be embarking their final Speaking and Listening assessments for their Functional Skills Accreditations. Also, please ensure homework and spellings are completed.

Greece Class

October Update

Our Learning

- This has been a very busy return to school, with new students arriving and new class team member Dani.
- We have had a few new topics to learn, with PfA concentrating on thinking about students' future plans for life beyond Lonsdale, e.g. where and what to study at college and the options for living arrangements and household budgets etc. They were surprised at how much it can cost to run a home!
- In K&U we have been learning about the Americas and conducted an environmental survey in the school grounds to assess how many human and physical features were present. The human ones far outnumbered the natural physical ones! In History, we have been learning about leisure and entertainment during the 20th century and how paid holidays came about for working people.
- The class are all working towards their Maths and English qualifications at Functional Skills or GCSE levels. This term in English is the Speaking and Listening focus.
- We are also learning about aspects of the hospitality industry. So far, students have learned about the four key areas and have begun to take part in various traditional styles of breakfast that may be offered in B&B or small hotel establishments.

Highlights

- Students will decide on an educational trip to participate in before Christmas. More to follow...







Reminders

Please read the New Horizons document and complete the Parents/Carers sections on p1 where relevant. Please also support your young person for their views as well.

Parent/Carers consultations are coming up - book your appointment on Arbor please or contact the form tutor if TEAMS is not available to you.

Fiji Class

October Update

Our Learning

In PSHE this half term, students have been learning about the topic "Health, Protection and Prevention". During lessons, we have been learning about the positive association between physical activity and mental wellbeing, including the emotional, social and physical benefits of exercise and the importance of sleep to our wellbeing. We have also looked at blood, organ and stem-cell donation. In PFA, the class have been organising our Jeans for Genes Day. This has included writing emails to SLT as a group, designing posters, planning, and leading both primary and secondary assemblies. In PE, we have been focusing on invasion games and have been learning basketball, handball and hockey skills. In Creative, we have learnt about a graffiti artist called Keith Haring, played the piano and taken part in Drumba. Outdoor Learning lessons having included activities including den- building and problem-solving activities.













Coming Up

After half term, we will be arranging our first class trip. In PFA, the class will be learning about relationships including the legal and ethical responsibilities people have in relation to online aspects of relationships. In English, Maths and Science students will be continuing working on their accredited courses.

Reminders

Please read the New Horizons document and complete the Parents/Carers sections on p1 where relevant.

Parent/Carers consultations coming up - book your appointment on Arbor please or contact Miss Read if TEAMS is not available to you.

Please use the school planner for home-school communication.

Scotland Class

October Update



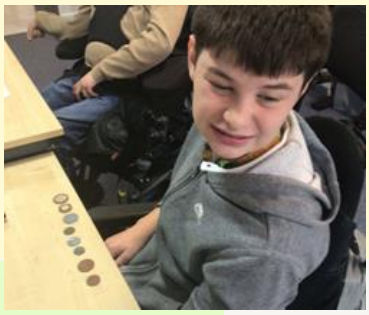
Our Learning

IIn Maths this half-term, we have been developing our number skills (addition, subtraction and sequencing). We have been linking number to Preparing for Adulthood when we consolidated prior learning on money recognition and ordering.

In English we have been completing a book study of 'Charlie and the Chocolate Factory' as part of our fiction – reading unit. We have enjoyed learning how to use a range of adjectives to describe characters and create our own 'Golden Tickets' , as well as invent our own chocolate bar.

In PSHE, we have been learning about health protection and prevention, learning the importance of hygiene and when we might need a doctor as opposed to a paramedic. We have enjoyed learning how to call 999.







Highlights

As part of our vocational unit 'First Aid', we really enjoyed applying first aid to our doll and checking its temperature. We have been learning when we might need a doctor and when we might need to call 999 and ask for an ambulance.

We have started our 'Community Inclusion' project, making items to sell at Christmas . We have been developing number skills, fine and gross motor skills and working as a team.

Coming Up

After the half-term we will be moving ono learning about non-fiction and developing our non-fiction writing skills through 'Colourful Semantics'.

We will be learning about the human body in Vocational and 'Developing Bodies' in PSHE.

Reminders

Please use Arbor to book a parent consultation appointment if you have not already done so.

More Information

Children's Clothes Bank

The Children's Clothes Bank *(for children aged 3 - 18) is being run at* ***Grace Community Church, Hydean Way, SG2 9XJ this Saturday, 25th October between 11am and 12.30pm****.*
They have informed us that they have a good selection of clothes, including second hand school uniform available.
If you are in need of children's clothing and able to get yourself to the church on Saturday, please email ***ssmall@lonsdale.herts.sch.uk*** *giving:*

- *Your name,*
- *Number of children*
- *Ages and gender of your child/children.*
- *Clothes and shoe size of your child/children.*

Once these details have been received, we will make a referral for you. Please can all requests be received by ***Thursday 23rd October at 6pm****.*



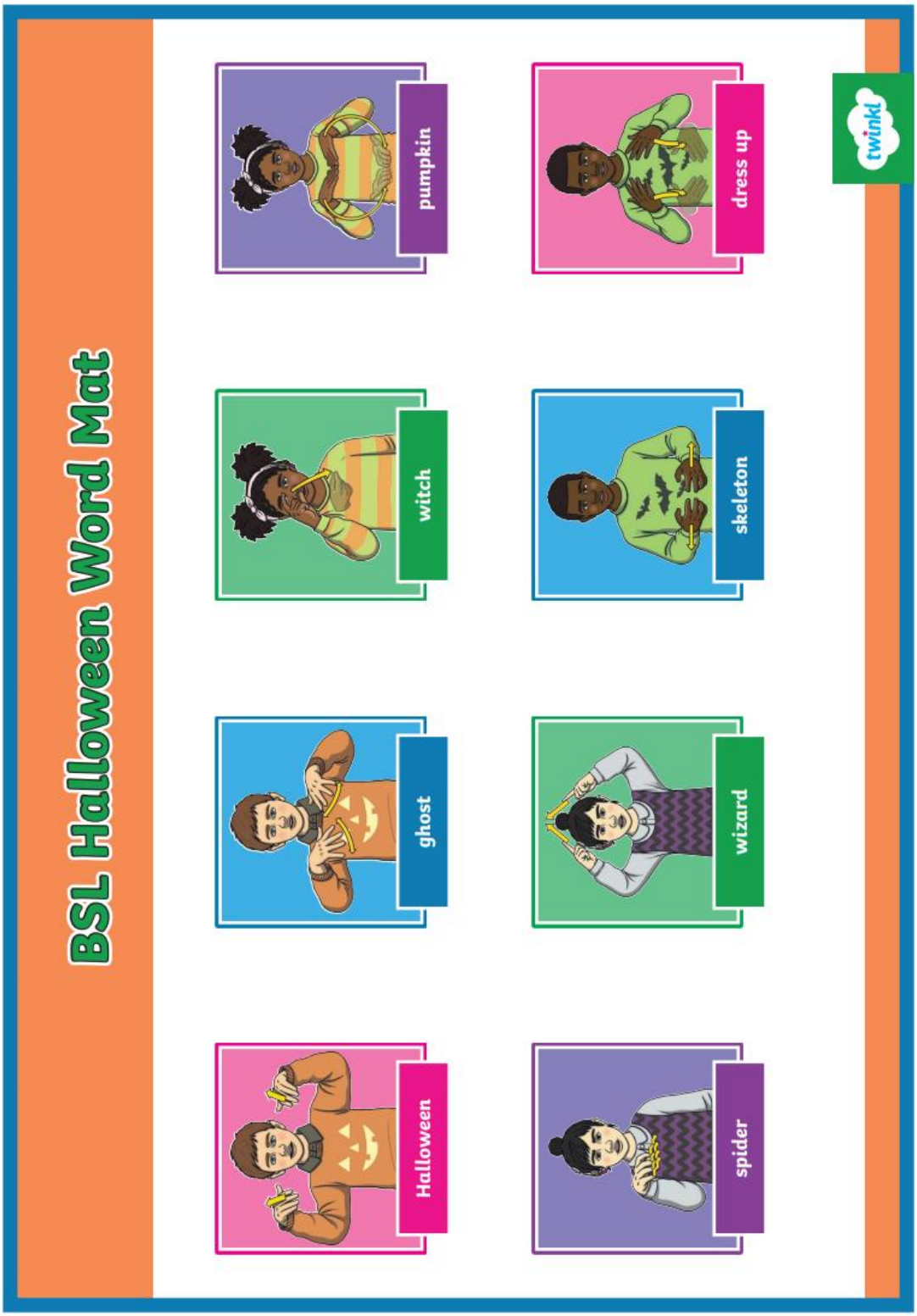


Second-Hand Uniform

Lonsdale School are eager to promote sustainability. If you have any good quality, preloved uniform you no longer need, you can drop it off at the school office in a bag clearly marked 'Second-Hand Uniform Donation'. Thank you!

Information about Free School Meals in Herts can be found here: https://www.hertfordshire.gov.uk/services/schools-and-education/at-school/free-school-meals/free-school-meals.aspx

BSL Signs


BSL Halloween Word Mat
pumpkin
dress up
witch
skeleton
ghost
wizard
Halloween
spider
twinkl

ASC Support

(Autism Spectrum Condition)

A helpful visual chart for your young person to use at home to support their independence.



Helping Around the House
Checklist

Make the bed.	
Set the table.	
Do the laundry.	
Wash the dishes.	
Vacuum.	
Dust.	
Something else?	

More Information

Hertfordshire Neurodiversity Support Offer

Understanding my Autism/ADHD

- Open to Hertfordshire children aged 7–16
- **Post or Pre-diagnosis**
- Online or face-to-face
- Visit: **thetoolbox.mindler.co.uk**

Cogs APP

- Young People aged 14+
- Providing support and information on Autism and ADHD
- No diagnosis required.
- **Free access**
- To sign up, visit **thetoolbox.mindler.co.uk**



Digital Webinars

- On demand webinars
- Topics relating to Autism, ADHD and the SEND world
- Available on the Hertfordshire Local offer.

Toolbox Live Chat

- Receive real-time support and guidance for children and young people (CYP) with Autism or ADHD.
- Access expert advice tailored to their feelings and concerns.
- **No diagnosis** required.

The Toolbox

- Dedicated website for young people to gain support on ADHD and Autism.
- Signposting to services and interventions in Hertfordshire.
- Self-help tools and interactive livestreams available.
- Visit: **thetoolbox.mindler.co.uk**

Support Hub

- **No diagnosis** required to access this support.
- Available to **parents**, **carers**, and **professionals.**
- Evening appts available to book.
- **Call** or **WhatsApp** the team on **01727 833963**



More Information

NHS
Hertfordshire Community
NHS Trust

Free Workshops



From the SEND Mental Health Support Team

Please see below for information and links to sign up for our virtual parent workshops. These are run by the SEND Mental Health Support Team (MHST) linked to your child's school. All parents and carers are welcome to join, regardless of whether their child has a recognised SEND need as our workshops include practical advice and adaptable strategies for all children and young people. We would love for you to come for the full session, but if you are only able to come for the first hour, you are still welcome to join. Please chat with your school, or email hct.mhst@nhs.net if you have any questions.

Academic Year 26/27:

Date and time	Workshop Title (including link to sign up)	QR Code
Thursday 8th October 2026 4.30-6pm	**Supporting your child to thrive in their exam year** https://www.eventbrite.co.uk/e/supporting-your-child-to-thrive-in-their-exam-year-tickets-1996620850712?aff=oddtdtcreator	
Thursday 12th November 2026 1-2.30pm	**Supporting your neurodivergent child to unmask** https://www.eventbrite.co.uk/e/supporting-your-neurodivergent-child-to-unmask-tickets-1996639459371?aff=oddtdtcreator	
Thursday 19th November 2026 1-2.30pm	**Co-regulation to support your child's emotional regulation** https://www.eventbrite.co.uk/e/co-regulation-to-support-your-childs-emotional-regulation-tickets-1996640403194?aff=oddtdtcreator	
Thursday 10th December 2026 12-1pm	**Supporting your child with structure over the Christmas holidays** https://www.eventbrite.co.uk/e/supporting-your-child-with-structure-over-the-christmas-holidays-tickets-1997140787O1?aff=oddtdtcreator	

More Information

Date and time	Workshop Title (including link to sign up)	QR Code
Thursday 21st January 2027 10-11.30am	**Confidence, Self-Esteem and Positive Self-Talk** https://www.eventbrite.co.uk/e/confidence-self-esteem-and-positive-self-talk-tickets-1997142856044?aff=oddtdtcreator	
Friday 29th January 2027 12-1pm	**Parent mental health workshop** *To celebrate parent mental health day* https://www.eventbrite.co.uk/e/parent-mental-health-workshop-tickets-1997143146914?aff=oddtdtcreator	
Tuesday 9th February 2027 12-1.30pm	**Supporting your child with sleep** https://www.eventbrite.co.uk/e/supporting-your-child-with-sleep-tickets-1997973177558?aff=oddtdtcreator	
Thursday 11th March 2027 11-12.30pm	**Supporting your child with puberty (part 1)** *If possible, please sign up to, and attend, both workshops* https://www.eventbrite.co.uk/e/supporting-your-child-with-puberty-part-1-tickets-1999092926758?aff=oddtdtcreator	
Thursday 8th April 2027 11-12.30pm	**Supporting your child with puberty (part 2)** *If possible, please sign up to, and attend, both workshops* https://www.eventbrite.co.uk/e/supporting-your-child-with-puberty-part-2-tickets-1999093284829?aff=oddtdtcreator	
Monday 15th March 2027 11-12.30pm	**Understanding neurodivergence and difference** *To celebrate neurodiversity awareness week* https://www.eventbrite.co.uk/e/understanding-neurodivergence-and-difference-tickets-1999095960833?aff=oddtdtcreator	
Wednesday 14th April 2027 12-1pm	**Supporting your child with exam stress** https://www.eventbrite.co.uk/e/supporting-your-child-with-exam-stress-tickets-1999096903653?aff=oddtdtcreator	
Monday 17th May 2027 12-1.30pm	**Supporting your child to communicate their emotions** https://www.eventbrite.co.uk/e/supporting-your-child-to-communicate-their-emotions-tickets-2000576634568?aff=oddtdtcreator	

More Information

NHS
Hertfordshire Community
NHS Trust

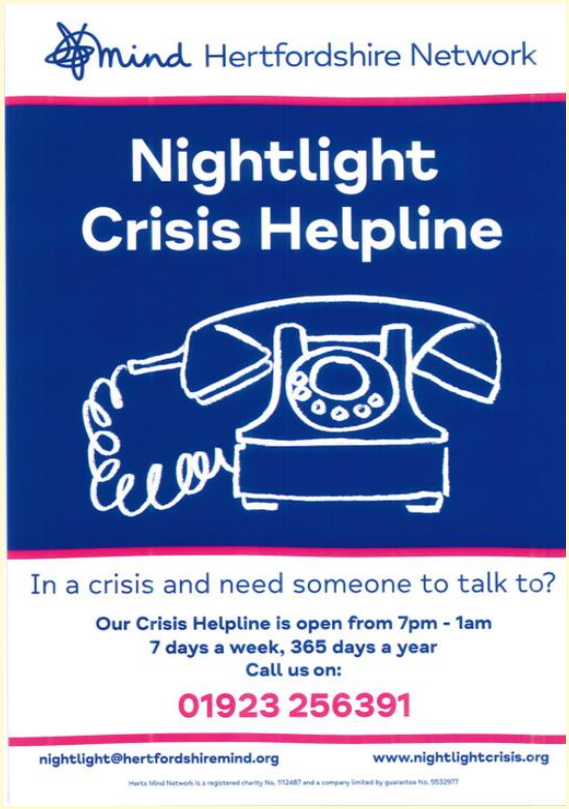
School Nursing Newsletter

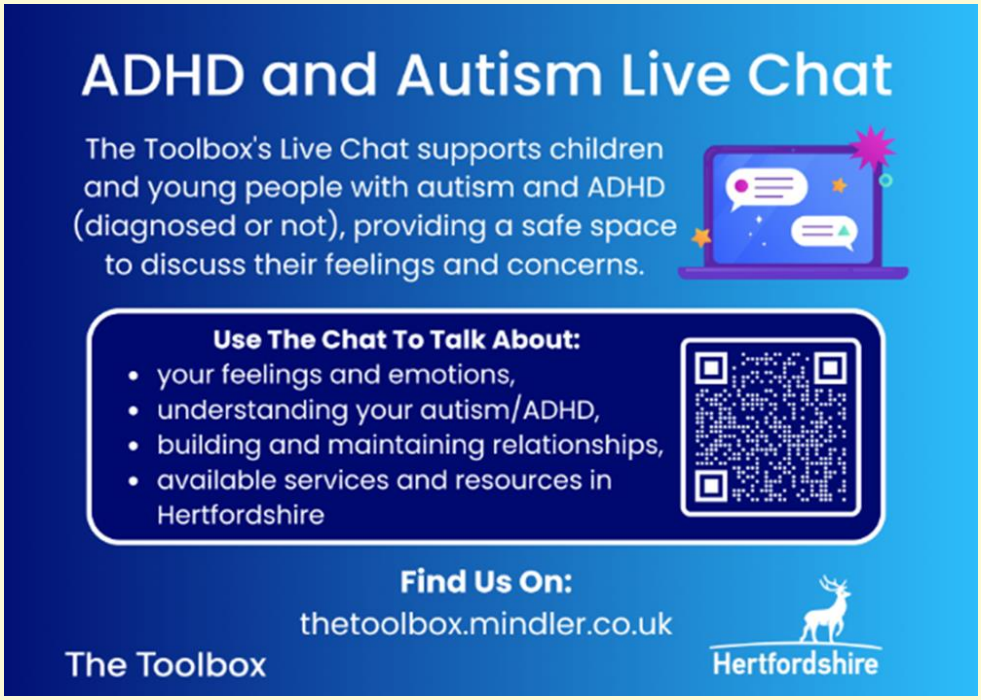
https://r1.dotdigital-pages.com/p/7BK1-CJ6/hct-school-nursing-a26



More Information







School Website

Visit the Student Area on our website

www.lonsdale.herts.sch.uk

You can find lots of activities in the 'All Sorts of Things' section.

Daily Home Learning Plan can be found in your class area for pupils who are not attending school.





To access this area we need you to login using the email address and password provided to you by the school. Please enter this information below and click login to proceed.

Log in to the website directly

Recommended

Login with JoinUp

Sign in with the same username and password you already use for this website. Nothing has changed except where you sign in.

You'll be taken to the Juniper sign-in page, then land in Juniper Portal. Use the product switcher there to open Websites.