



# Lonsdale May Newsletter



## Whole-School News



Dear Parents and Carers,

As we reach the end of this half-term, I wanted to share just how proud we are of the pupils and everything they have been involved in over the past few weeks. It has been a wonderfully busy and uplifting half-term, full of learning, new experiences and plenty of smiles.

Sports Week was undoubtedly one of the highlights of the half-term. The children had the chance to try an exciting range of activities—from adapted bikes and yoga to FitKidz, Drumba, sailing, tennis and handball. Their willingness to give new things a go, support one another and celebrate each other's successes made the week truly special. It was also wonderful to see so many of you joining us for Sports Day. Your encouragement and presence helped make the event even more memorable for the pupils.

We were also delighted to welcome M&M Productions, who brought their fantastic performance of *The Jungle Book* to our school. The children were captivated from start to finish, and it was a lovely opportunity to enrich their learning through live theatre. We send our 'thank you' to Happy Days, who have yet again supported us through funding to get this opportunity into our school for our pupils.

This week, pupils enjoyed a Science-PE cross-curricular day, exploring how movement, exercise and physical activity affect our bodies. They learnt about bones, muscles and the importance of staying active—all while having great fun putting their knowledge into action. Peru Class have been working hard in their ACE afternoons on Fridays to make the school pond a better area so that pupils can learn about tadpoles and frogs. They added some solar aerators in there to help keep the water moving and clear. This means you can now see a lot more tadpoles and frogs swimming around our pond.

Several classes have been out and about on educational visits, including trips to sporting events, Duxford, a farm, colleges and places of worship. These experiences have broadened their understanding of the world around them and sparked lots of thoughtful conversations back in school.

Our older learners have started their exam period, and it is great to see how every single pupil gives their very best to achieve the best possible outcome.

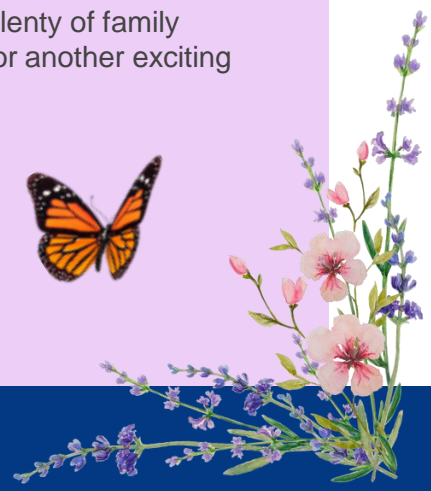
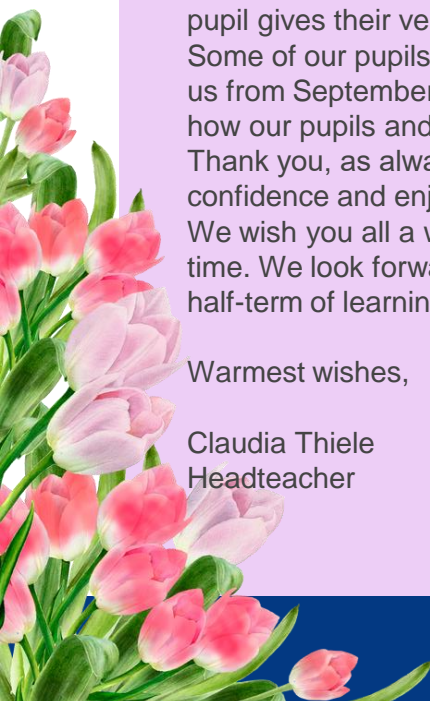
Some of our pupils have started their transition into college, and several pupils who will join us from September have commenced regular transition visits to Lonsdale. It is fantastic to see how our pupils and staff make all visitors to Lonsdale welcome and included.

Thank you, as always, for your continued support. It makes such a difference to the pupils' confidence and enjoyment of school life.

We wish you all a wonderful half-term break filled with sunshine, rest and plenty of family time. We look forward to welcoming the pupils back, refreshed and ready for another exciting half-term of learning from Monday 1<sup>st</sup> June.

Warmest wishes,

Claudia Thiele  
Headteacher





# Lonsdale May Newsletter

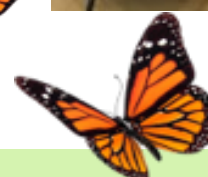


## Whole-School News



### Upcoming Events

<b>June 2026</b>	Functional Skills and GCSE exams
<b>22nd June 2026</b>	Preparing for Adulthood Conference yr11-13
<b>9th July 2026</b>	Hertfordshire Transition Day
<b>16th July 2026</b>	Leavers' Prom 6pm-9.30pm
<b>17th July 2026</b>	Primary Prom
<b>22nd July 2026</b>	Awards and Achievement Assemblies
<b>23rd July 2026</b>	Leavers' Assembly



### Website Reminder

Please continue to check the school website regularly for curriculum information, photo galleries, term dates, homework and more!

Each class has their own page in the secure 'student area', which is where you will find homework and learning activities.

If you need any help with logging in, please contact your child's form tutor.

Thank you

<https://www.lonsdale.herts.sch.uk/>

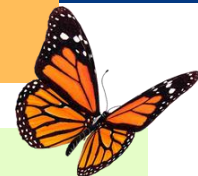




# Kenya Class



## May Update



### Our Learning

This term, Kenya Class have been learning about superheroes and pirates. They have listened to a number of stories about superheroes and designed their own Superhero. They have explored words, powers and created their own comic strip. They have been very creative, using their handprints to create a superhero picture, created a superhero tube and peg. They have worked hard in Maths, developing number recognition, counting, adding and subtracting. They have also explored directions, thinking about maps, weighing and capacity.



### Highlights

- Pupils have enjoyed role play of Superheroes, pirates and random MacDonalDs.
- Although it was tiring, pupils enjoyed the activities in sports week.



### Coming Up

After half term we will be learning about different holidays and how to travel. If you have any photos of your child on holiday or travelling on a boat, plane or train, please add to Tapestry .

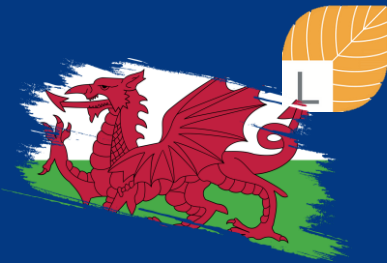
### Reminders

- Tapestry and library books each Monday
- Swimming every other Wednesday





# Wales Class



## May Update



### Our Learning

During this half term, Wales Class have enjoyed spending an increasing amount of time outside. During History they have been learning about 'The Great Fire of London'. They enjoyed exploring materials linked to the time and using water to put out a pretend fire. In Science they have been learning about plants which has included growing their own sunflowers and going on flower hunts around school. In Maths they have been using songs to support their counting and number recognition skills. They have enjoyed listening to the sensory story 'Handas surprise' during English and have worked hard to learn about a chosen animal from the story using non-fiction books and fact sheets.



### Highlights

Our highlights this half term have been Sports Week and Sports Day. The children all engaged well and enjoyed the many activities on offer during the week.



### Coming Up

After half term Wales Class will be learning about 'The seaside' in Geography, Humans during Science and they will practice their describing skills in English.

### Reminders

As the weather warms up, please provide sun cream and a sunhat. A change of clothes would be helpful for water play.





# Brazil Class



## May Update



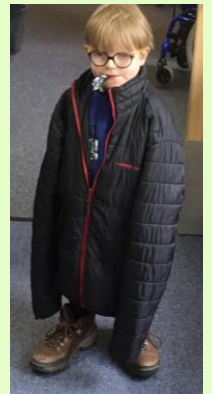
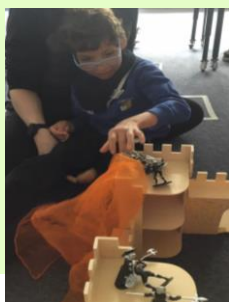
### Our Learning

Brazil Class have loved learning all about the topic 'London's Burning'. In English, we have worked on our sentence building and finding the who, as well as choosing the facts to make our non-fiction books. In Maths we have been developing our recognition skills and using lollypop sticks and playdough to help us count out amounts. We have worked hard in measuring and sorting tall and short items. In Science, we have explored all about plants, looking for flowers, trees and bushes! In History, we have loved learning about the Great Fire of London, making our own houses and finishing off with a real-life re-enactment of how the fire spread!



### Highlights

- We loved going Bowling and working on our team working and communication skills.



### Coming Up

After the May half term we will be looking forward to summer activities and transition.

### Reminders

Please remember to send some photos in of the weekend to help share weekend news in Communication lessons on a Monday. Students to also have sun cream and sun hats in school. .





# Mexico Class



## May Update



### Our Learning

Mexico Class have enjoyed the writing to persuade theme in English this half term and have tried their hand at being market stall sellers, selling cars and making their own TV adverts. In Science and 'fun with food', we met Dave the skeleton who has taught us all about bodily systems including our heart, brains, and healthy foods.

In Maths we have worked on our times tables and counting twos and threes. We have been doing a weekly maths challenge, everybody has passed with flying colours.



### Highlights

In PE we have been working on our outdoor learning and have some trip to the lakes and orienteering. We have excelled in Forest School trying out some different tools and techniques including carving and using bow saws.

Our potatoes and vegetable seeds are growing beautifully in our courtyard.

We have been brave at trying new things this half term, especially cycling and new foods.



### Coming Up

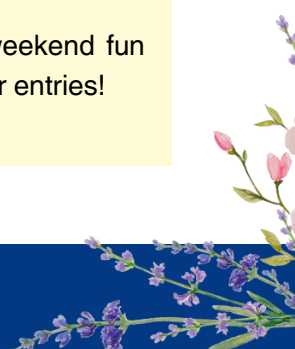
After the half term holiday, we will be looking forward to more outdoor learning and trips to enjoy our local community.

We did so well at our cycling on Sports Day we will be fitting in some more practice sessions.

### Reminders

Please continue to send in suncream and hats for the warm weather.

As always, we love to see your weekend fun on tapestry and look forward to your entries!





# Australia Class



## May Update

### Our Learning

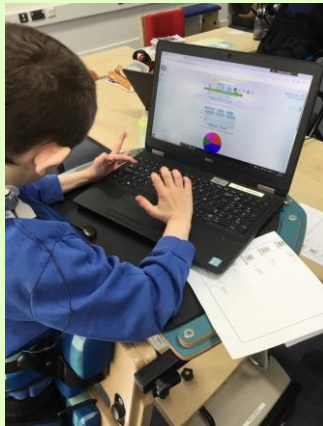
Australia Class have really enjoyed our Computing topic, looking and collecting data and then reporting our data by creating different graphs on the laptop. Everyone has worked really hard to type independently on the laptops.

In Maths, Australia class have been amazing! They have been looking at sharing objects equally into different groups. At the same time as being able to show this practically, they have been working on being able to explain what they are doing, using mathematical language!



### Highlights

We have loved Sports Week! All the different activities have been so much fun to join in with, and everyone has been so supportive towards each other. We have also enjoyed our Forest School sessions with Mexico Class on a Friday afternoon.



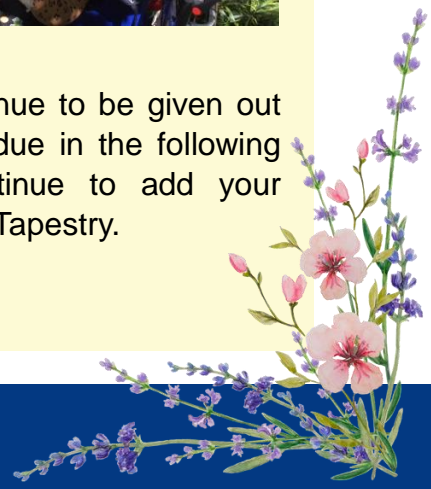
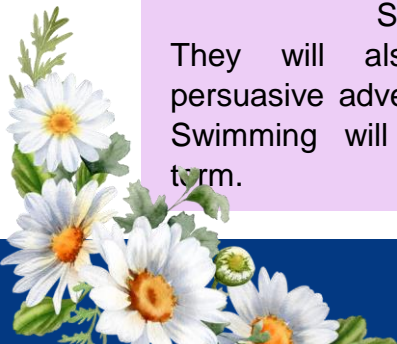
### Coming Up

After the half term Australia Class will be learning about the body in Science.

They will also be looking at persuasive advertisement in English. Swimming will continue after half term.

### Reminders

Homework will continue to be given out on a Friday and is due in the following Friday. Please continue to add your weekend news onto Tapestry.





# Egypt Class



## May Update

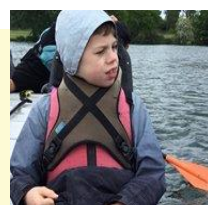
### Our Learning

In Maths this term, we have explored coordinates, helping us to read and plot points accurately on a grid. We have also practised reading time to the nearest minute, which has made us much more confident with the clock. Finally, we have worked on time duration, working out how long events last and how time moves on throughout the day.

In Science we have learnt about the lifecycle of a plant, the male and female reproductive parts of plants and the role each part plays. Additionally, we planted our own seeds to observe the growth over a number of weeks.

In English, the students learnt about Shakespeare, his plays and how instrumental his work has been, even in our world today. We combined drama and Shakespeare to understand the emotions in plays such as Macbeth and Hamlet. Students chose a scene and did a freeze frame of a character and the emotions they may be showing.

In K&U, students have started to study the location, climate and structure of Tropical Rainforests, including a fact file on a chosen species.



### Highlights

We had a fantastic time during the Sports Week trying different sport activities and sailing. We enjoyed all the races and had a good fun.



### Coming Up

After the half term we are going to learn about measurements in Maths (mass and capacity), Poetry in English and Islam in K&U

### Reminders

- Please apply sunscreen to your child at home and send in a sunhat and water bottle.
- Please continue sending containers for cooking on Tuesday.





# Ireland Class



## May Update

### Our Learning

Ireland have had a very enjoyable but busy half term. In Maths we have been learning about statistics; from pictograms and tally charts to interpreting line graphs and bar charts. Additionally, the Class have shown brilliant recall of 2D and 3D shapes and their properties. In Science, we have been learning all about plants. We have planted some radishes and have been watching them grow since the start of the term. We dissected a plant to look at the male and female parts, to understand how pollination and fertilization take place. In English, we have been learning about Shakespeare – his life, the Globe Theatre, his plays. We learnt about Macbeth – a tragedy – and Midsummer Night's Dream – a comedy. We read some text, watched short films and acted out parts of each of the plays. In PE, we have been completing the house rapid-fire cricket competition which has been excellent. In K&U, the class have been learning about The Great Fire of London – comparing London then and now – in History, and learning about rainforests in Geography.

### Highlights

Sports Week – The Class really enjoyed the Sports Week activities including sailing, bell-boating, Fit-kidz, biking and golf. They also really enjoyed the D&T Art Day.

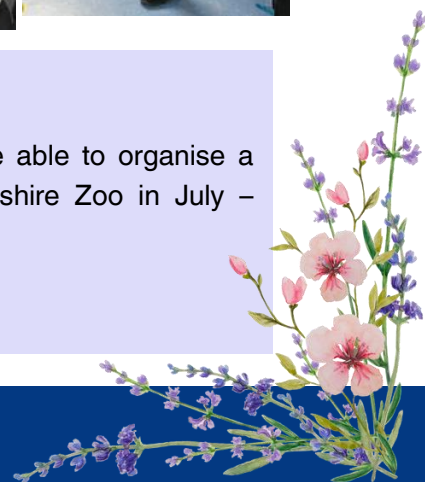


### Coming Up

After the half term break, the class will be continuing to look at A Midsummer Night's Dream, studying poetry and doing some Drama in English. In Maths, they will be learning about decimals, ratios and percentages. In PSHE the class will be looking at transition. They will also be doing a lot more!

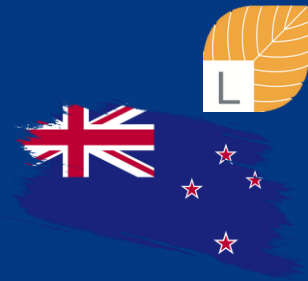
### Reminders

I am hoping that I will be able to organise a class trip to the Hertfordshire Zoo in July – more information to follow.





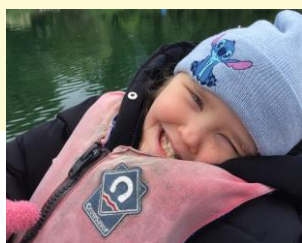
# New Zealand Class



## May Update

### Our Learning

This half-term New Zealand, we have enjoyed writing poems in English, looking at rhyming poems, alliterative poems and acrostic poems. In Maths, we have done a brilliant job telling the time and thinking about positions and direction. In Science, we have learnt all about the digestive and circulatory systems, which has been really interesting. Finding out about the rainforests in Geography, the wildlife and people that live there has been fascinating too. In Art, we have had a go at making sculptures out of different materials.



### Highlights

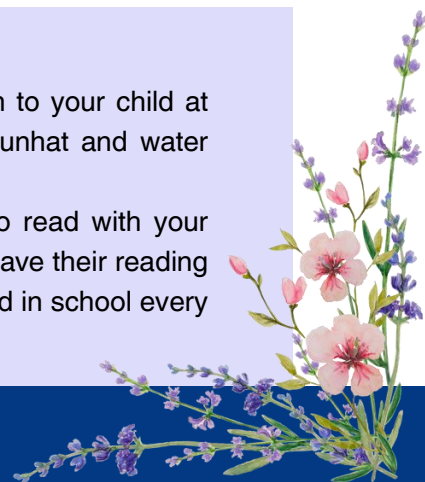
- We had an amazing time during Sports Week! We all got to try lots of different activities, like golf, tennis, cricket and yoga. Some of us went sailing too. And of course, we had lots of fun at Sports Day!
- We also enjoyed World Art Day, where we worked together on a class weaving project.
- Finally, we had a lovely trip to the church to learn about Easter.

### Coming Up

For our last half-term, we'll be thinking about transition in our PSHE lessons and the Great Fire of London in history. In Science, we' will be getting outside and learning about plants.

### Reminders

- Please apply suncream to your child at home and send in a sunhat and water bottle.
- Please also continue to read with your child and ensure they have their reading book and reading record in school every day.





# Peru Class



## May Update

### Our Learning

In Maths this term, we have explored coordinates, helping us to read and plot points accurately on a grid. We have also practised reading time to the nearest minute, which has made us much more confident with the clock. Another important area has been the 24-hour clock, where we have learnt to tell the time in a clear, practical way. In Science, we have been learning about the digestive system, we looked at the different types of teeth and their functions as well as exploring the functions of each organ in our digestive system. We even replicated a digestive system using tights! In K&U we have been learning about different religious festivals including Hindu, Sikhism and Islam, we have listened to how the festivals first began and the stories behind them. We have been working super hard in our gardening area, our carrots and peas are finally planted, and our raspberry bushes are showing signs of fruit appearing. We have also been looking after the pond and making it look a bit better and installing some air pumps to create oxygen for our resident tadpoles and frogs.



### Highlights

Sports Week was busy as usual, we took part in activities such as cycling, handball, golf and boxercise.

We thoroughly enjoyed our sailing trip, thankfully the weather held out for us.

Sports Day was lots of fun, too!



### Coming Up

We will be starting to think about transitions next term and how to cope with changes. We will also be welcoming new students to our school which I am sure Peru class will support them with their transitions too.

### Reminders

Transition Day – Thursday 9th July

Royal Gunpowder Mills trip – Friday 26th June





# Venezuela Class



## May Update

### Our Learning

In Science this half term we have been learning about plants, what they need to survive, their lifecycle and how they transport water. We have enjoyed carrying out different investigations to explore these. In Maths we have been learning about mass and capacity, and in Active Maths we have enjoyed giving each other directions to different cones on the playground.

In English the pupils have shown a good understanding of rhyming words when learning a poem about Spring. They have also practised counting and tapping out syllables when learning about the Japanese Haiku style of poem.

In History we have heard about how the different building materials contributed to the blaze which spread for several days.



### Highlights

We have all thoroughly enjoyed Sports Week, especially our sailing trip!"

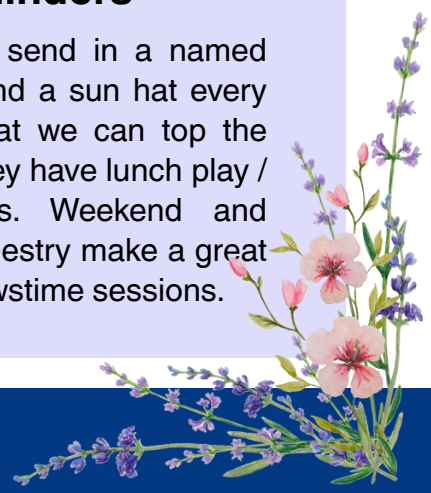


### Coming Up

After the holidays, we are looking forward to our zoo trip. We are also hoping to spend a day at our Forest School site with 2 other classes!

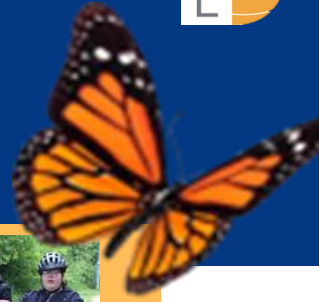
### Reminders

Please remember to send in a named bottle of suncream and a sun hat every day to school, so that we can top the students up before they have lunch play / any outside lessons. Weekend and holiday photos on Tapestry make a great contribution to our newstime sessions.





# Japan Class



## May Update

### Our Learning

During our Science lessons, we have been studying plants, we have learnt about pollination, adaptations of plants to difficult environments and seed dispersal. We also planted some flowers in the outdoor area beside our classroom.

In Maths this term, we had a really productive time and covered quite a lot. We started with exploring coordinates and translation, moving shapes carefully across the grid using the correct language. After that we focused on reading time to the minute, practising how to read clocks accurately and explain our answers. Next, we worked on finding duration of time by working out how long different activities lasted. Finally, we spent time preparing for our Maths Functional Skills exam, which helped us feel more confident and ready. In Music, we did Drumba! It was great to get moving to the bear!!



### Coming Up

Don't forget, we are going on a trip after half term to Stevenage Town Centre on 5th June.  
English and Maths Exams after half term, don't forget to brush up on your Maths, reading and writing skills.



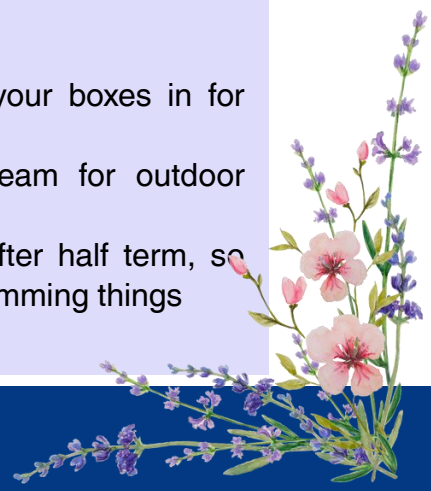
### Highlights

We had an incredible Sailing trip! We went on sail boats, bell boats and speed boats!  
The Question of Sport quiz during sports week was brilliant fun!



### Reminders

Please keep sending your boxes in for cooking  
Please bring in suncream for outdoor learning!  
Swimming continues after half term, so please bring in your swimming things





# Canada Class



## May Update

### Our Learning

During our Science lessons we have studied two different topics, one of which was 'Motion'. We have calculated speed and acceleration and learnt about the factors affecting the stopping distance of a car.

In Maths this term, we had a really productive time and covered quite a lot. We started with exploring coordinates and translation, moving shapes carefully across the grid using the correct language. After that we focused on reading time to the minute, practising how to read clocks accurately and explain our answers. Next, we worked on finding duration of time by working out how long different activities lasted. Finally, we spent time preparing for our Maths Functional Skills exam, which helped us feel more confident and ready.

In K&U, we have been exploring 'Crime and Punishment' with the Anglo Saxons and the arrival of the Normans in 1066.

In Chemistry, we have been working incredibly hard with Ionic Bonding, Metallic Bonding in preparation for our Science Exams – TBC. We also had our annual Sports Week with various activities to keep us healthy and strong.



### Coming Up

After the half term, for those taking Functional Skills. Exam season begins.

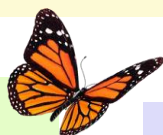
English (EL 1-3, L1 & L2)

WB 08.06.2026 resits 2 weeks later.

Maths (EL 1-3, L1 & L2)

WB 15.06.2026 resits 2 weeks later

Science EL 1-3 TBC



### Reminders

Please ensure pupils arrive in school with appropriate clothing for the warmer weather, have a hat, and suncream is applied in the morning before school.





# Greece Class



## May Update

### Our Learning

In Maths this term, we had a really productive time and covered quite a lot. We started with exploring coordinates and translation, moving shapes carefully across the grid using the correct language. After that we focused on reading time to the minute, practicing how to read clocks accurately and explain our answers. Next, we worked on finding duration of time by working out how long different activities lasted. Finally, we spent time preparing for our Maths Functional Skills exam, which helped us feel more confident and ready.

In Life Skills, we have planned journeys and talked about safety when travelling as part of travel training.

In PE, pupils had their cricket tournament in addition to a very busy but exciting sports week.

In Science, Greece Class have been looking at plants including lots of planting, watering and weeding.



### Highlights

Sports Week and parents joining for Sports Day!

Red House winning!

College visits and transitions taking place



### Coming Up

After the half term, most pupils will be taking exams in Functional Skills.

College Visits

Prom 16th July for leavers

Leavers' assembly

### Reminders

As the weather changes and becomes unpredictable, please ensure pupils have wet weather clothing and named suncream in school.





# Fiji Class



## May Update

### Our Learning

During our PSHCE lessons, we have been finding out about how our government works and researching the main aims of the most prominent political parties. This led to some very interesting discussions.

Students have started to work on aspects of their Preparation for Adulthood passports. They have made good headway on planning a social event – using IT skills to present advertising materials and communicate with staff. They also had some sessions with HCC regarding safety when using public roads and transport.

In Science, students are working on a unit of discovery where they are testing how they can optimise a Diet Coke and Mentos experiment. Students are doing small scale tests to determine which conditions they think will provide the biggest reaction. The outcome of their findings will put the groups head-to-head into the challenge.

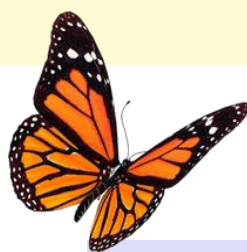


### Highlights

- Students enjoyed a great day at the Imperial War Museum, Duxford. They visited 3 of the main visitor hangars and we were lucky to see a Spitfire conduct a 'fly-by' Some students were even able to access the test model of Concord and got a real sense of how compact the interior is.
- Sports Week went well, and the students all engaged in a wide variety of activities.

### Coming Up

**Transition plans are well under way and, students who remain will learn about their new groups**



### Reminders

After the holidays, exam season will be in full swing. Papers 2 and 3 of GCSE Maths to go on 3rd and 10 June. Maths and English Functional Skills to commence from 8th June





# Scotland Class



## May Update

### Our Learning

In English, Scotland Class have been exploring poetry, including different types of poetry and identifying rhyming words. We have written poetry using similes and rhyming words as well as writing Acrostic poetry about themselves and school.

Scotland Class have enjoyed learning about the Digestive System and Circulatory System in Science and have retained their learning about how to keep the body healthy and why this is important.

In Life-Skills lessons we have been learning about travel and how to keep ourselves safe when out in the community. We have been learning about personal safety, 'Stranger-danger', signs that help us in the community and different ways to travel.

In Maths, we have been working hard on their 'Time' unit. This has included learning and answering questions about days of the week, months of the year, a variety of concepts around time and telling time up to the nearest 5 minutes.

For Vocational Studies, we have completed 2 units; a sensory exploration of World War 1 and a sensory exploration of different animals.



### Highlights

We have really enjoyed completing our 'Eco-Warrior: Looking after the Environment' unit as part of our Vocational Studies, particularly making the bug hotel and Bee garden. We also enjoyed participating in Sports Week.

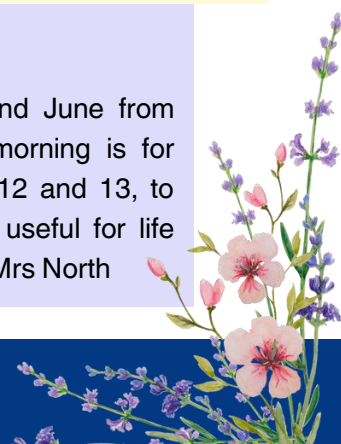


### Coming Up

After half-term, Scotland Class will have some different members of staff teaching the class, please see your young person's timetable for June and July.

### Reminders

PFA Conference – Monday 22nd June from 9:30am-12pm at School, this morning is for parents and pupils in year 11, 12 and 13, to receive information that will be useful for life after Lonsdale; please RSVP to Mrs North





# School Houses

Running Total



**1141**

**Glennie House**

**796**

**Cains House**

**1098**

**Hawking House**

**857**

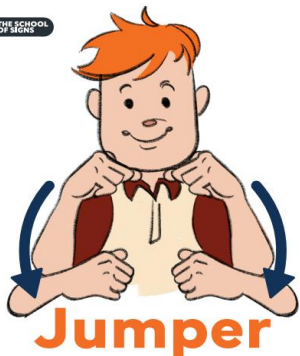
**Rose House**





## BSL Clothing Signs

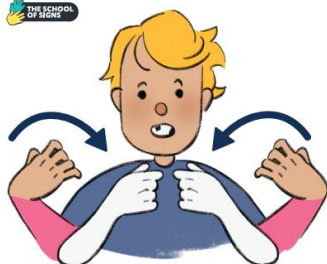
THE SCHOOL OF SIGNS



### Jumper

With closed fists, tap the top of your chest, then tap the bottom of the torso.

THE SCHOOL OF SIGNS



### Coat

Pull your hands over your shoulders, to meet where the lapels of a coat would be.

THE SCHOOL OF SIGNS



### T-Shirt

Cross your arms with palms facing up, and move them in small, side to side motions over your elbows.

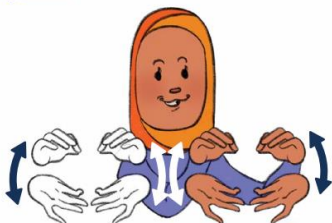
THE SCHOOL OF SIGNS



### Cap

Flip a closed hand towards your forehead.

THE SCHOOL OF SIGNS



### Socks

Touch the index finger and thumb together on each hand, then flick your wrists in unison on your left and right.

THE SCHOOL OF SIGNS



### Hat

Raise two closed fists above your head, then bring them both downwards.

THE SCHOOL OF SIGNS



### Hoodie

Make two closed fists and place them on each shoulder, then flick them upwards.

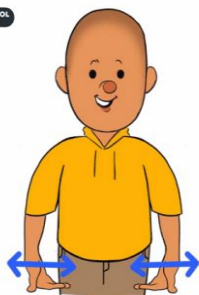
THE SCHOOL OF SIGNS



### Dress

With two flat hands, move them from your chest, down your body and stop at your lower torso.

THE SCHOOL OF SIGNS



### Shorts

Place your hands at either side of your lower torso. Then, bend all of your fingers and move your hands from left to right.

THE SCHOOL OF SIGNS



### Shoes

Slip one flat hand over another, then place the bottom hand on top and do it again.





## More Information



### BITESIZE WORKSHOPS



Answering common parenting questions in short, practical, interactive **online** workshops **FREE** to parents and carers living in Hertfordshire



Eventbrite: <https://www.eventbrite.co.uk/cc/bitesize-parenting-for-parents-in-herts-3853843>



### Eating

**Tuesday 13<sup>th</sup> October 2026, 10-11am**

**How do I get my child to eat better?**

No matter how restrictive your child's diet is, there are things you can do to help



Book here:

<https://www.eventbrite.co.uk/e/how-do-i-get-my-child-to-eat-better-875-for-parents-carers-in-herts-registration-1989111177076>



### Teenage Brain



**Monday 9<sup>th</sup> November 2026, 7-8pm**

**What's going on in my teenager's head?**

How & why adolescent development affects teen behaviour and what you can do as a parent.

Book here:

<https://www.eventbrite.co.uk/e/what-is-going-on-in-my-teenagers-head-873-for-parents-carers-in-herts-registration-1989110165049>



### Difficult Conversations

**Thursday 26<sup>th</sup> November 2026, 7-8pm**

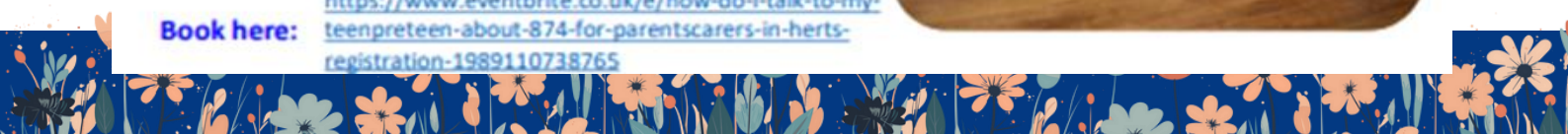
**How do I talk to my child about...?**

How to have difficult conversations with your son or daughter about sex, drugs, social media & other tricky issues.



Book here:

<https://www.eventbrite.co.uk/e/how-do-i-talk-to-my-teenpreteen-about-874-for-parentscarers-in-herts-registration-1989110738765>





## More Information

### Parent & Carer Support **TALKING ASD & ADHD** Workshops Autumn 2026



Workshops are FREE to parents and carers living in Hertfordshire of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.

← [Eventbrite Page](#)

#### RESPONDING to ANGER



- Healthy & unhealthy anger.
- How to spot the signs early.
- Our own and our children's triggers.
- Techniques that stop angry and aggressive behaviour escalating and when to use them.
- How to respond to our child in meltdown, keeping ourselves, our child and siblings safe.

Monday 21<sup>st</sup> September, 7.30-9.15pm

Workshop SL-871 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-responding-to-anger-871-for-parentscarers-in-herts-registration-1989106887245>

#### ANXIETY & STRESS



- The difference between stress and anxiety.
- Understanding anxiety conditions in ASD/ADHD.
- Spot the signs of stress.
- Triggers amongst neurodivergent children.
- Help your anxious child feel safe.
- Early warning signs of mental health problems.

Wednesday 30<sup>th</sup> September, 7.30-9.15pm

Workshop SL-869 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-stress-anxiety-869-for-parentscarers-in-herts-registration-1988978053901>

#### SCHOOL AVOIDANCE



- What is Emotionally Based School Avoidance or Non-Attendance & what is your child's experience.
- Common causes and triggers of school avoidance.
- How EBSA is affecting you and your family.
- Practical steps you can take to support your child and look after yourself.
- How to work with your school in your child's best interests.

Wednesday 21<sup>st</sup> November, 7.30-9.15pm

Workshop SL-872 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-school-avoidance872-for-parentscarers-in-herts-registration-1989109348607>

#### TECH USE



- Understand your child's use of Social Media, Gaming & the Internet.
- The effect of banning, strict time limits or using devices as a reward or consequence.
- Teach children how to manage their tech use, stay safe online and switch off.
- Improve communication and reduce conflict.
- Dopamine and other hormones.

Thursday 19<sup>th</sup> November, 9.30-11.15am

Workshop SL-870 book via Eventbrite:

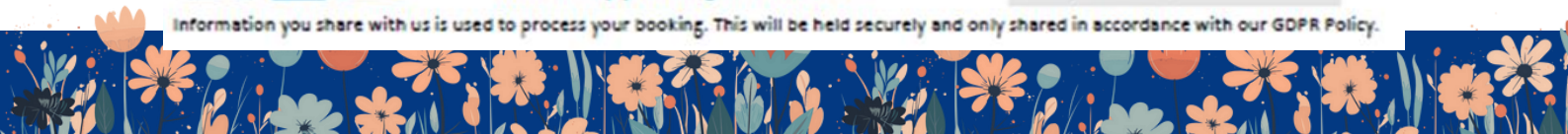
<https://www.eventbrite.co.uk/e/talking-asd-adhd-tech-use-870-for-parentscarers-in-herts-registration-1989100977569>

Parent newsletter: <https://supportinglinks.co.uk/page/png1q>



[info@supportinglinks.co.uk](mailto:info@supportinglinks.co.uk)  
[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)

Funded by  
Hertfordshire  
County Council





# More Information

### Children's Clothes Bank

The **Children's Clothes Bank** (for children aged 3 - 18) runs each month at **Grace Community Church, Hydean Way, SG2 9XJ** between **11am and 12.30pm**.

They stock a good selection of second hand clothes, including school uniform, and some toiletries.

If you haven't previously been referred to the Clothes Bank and are in need of children's clothing, please email [ssmall@lonsdale.herts.sch.uk](mailto:ssmall@lonsdale.herts.sch.uk) giving your name, number of children and their ages and gender, and we can make a referral for you.



### Second-Hand Uniform

Lonsdale School are eager to promote sustainability. If you have any good quality, preloved uniform you no longer need, you can drop it off at the school office in a bag clearly marked 'Second-Hand Uniform Donation'. Thank you!

Information about Free School Meals in Herts can be found here:

<https://www.hertfordshire.gov.uk/services/schools-and-education/at-school/free-school-meals/free-school-meals.aspx>





## More Information

Visit the Student Area on our website

[www.lonsdale.herts.sch.uk](http://www.lonsdale.herts.sch.uk)

You can find lots of activities in the 'All Sorts of Things' section.

Daily Home Learning Plan can be found in your class area for pupils who are not attending school.

Student Area is here!



HOME ABOUT US COVID-19 RETURN TO SCHOOL NEWS AND EVENTS OUR LEARNING PARENTS GOVERNORS COMMUNITY STUDENT AREA CONTACT US



## STUDENT AREA

### IN THIS SECTION

ALL SORTS OF THINGS...

ZOOM INTO BRILLIANT BITS...

AUSTRALIA

BRAZIL

CANADA

## STUDENT AREA

### What's new in the STUDENT AREA?

#### School Year 2025-2026

Welcome to the new school year! We will continue to use this area to provide support for pupils who cannot be at school or are learning from home. Scroll down to find out how the 'Student Area' works!

#### Homework Area for your Class

You will find a 'Homework Area' tab to the right in your class area. Click on the tab to view and download your homework tasks and any resources you need to complete them. You have a whole week to complete your homework.

If your child has been set online learning for Friday afternoons, you will also find this under the homework tab.

