

Free Workshops

From the **SEND Mental Health Support Team**



Please see below for information and links to sign up for our virtual parent workshops. These are run by the SEND Mental Health Support Team (MHST) linked to your child's school. All parents and carers are welcome to join, regardless of whether their child has a recognised SEND need as our workshops include practical advice and adaptable strategies for all children and young people.. The only specialist session is the 'SEMH only' workshop, designed for families supporting children with social, emotional, or mental health needs. Please chat with your school, or email hct.mhst@nhs.net if you have any questions.

Summer Term 2026:

<p>Weds 13th May, 11am- 12.30pm</p>	<p>Supporting your child to communicate their emotions</p> <p>https://www.eventbrite.co.uk/e/supporting-your-child-to-communicate-their-emotions-tickets-1985575760550?aff=oddtcreator</p>
<p>Weds 20th May, 12-1.30pm</p>	<p>Supporting your child with puberty</p> <p>https://www.eventbrite.co.uk/e/supporting-your-child-with-puberty-tickets-1985577019315?aff=oddtcreator</p>
<p>Thurs 11th June, 11am- 12.30pm</p>	<p>Supporting your child leaving school (currently in year 11 or 13)</p> <p>https://www.eventbrite.co.uk/e/supporting-your-child-leaving-school-year-11-or-13-tickets-1988179112245?aff=oddtcreator</p>
<p>Weds 24th June, 11am- 12.30pm</p>	<p>Supporting your child transition to secondary school (currently in year 6)</p> <p>https://www.eventbrite.co.uk/e/supporting-your-child-transition-to-secondary-school-tickets-1988180888558?aff=oddtcreator</p>
<p>Weds 24th June, 5.30-6.30pm</p>	<p>Supporting your child transition to secondary school (currently in year 6 SEMH only)</p> <p>https://www.eventbrite.co.uk/e/supporting-your-child-transition-to-secondary-school-semh-only-tickets-1988387548684?aff=oddtcreator</p>

