

GUIDELINES REGARDING ILLNESS AND SCHOOL ATTENDANCE

We promote a healthy and safe environment for children, staff and visitors at all of our schools . **Children who are unwell should not attend school.** This guidance advises the recommended period of time a child should remain off school after an illness/infection.

Please note a temperature refers to 38 degrees Celsius and above. A child should not attend their educational setting with a temperature – please see ‘temperature’ below in table.

TYPES OF ILLNESS/INFECTION	RECOMMENDED PERIOD OF ABSENCE
<ul style="list-style-type: none"> • Diarrhoea • Diarrhoea and vomiting • Vomiting • (Gastrointestinal infection) 	Individuals can return 48 hours after diarrhoea and vomiting have stopped.
Anaesthetic	For day case general anaesthesia or oral sedation, the pupil cannot return to school until at least 24 hours from recovery period starting point. For overnight stays following general anaesthetic pupils must not return until a full 48hrs after the recovery period starts. See below.
Hospital Admission	Return to school paperwork to be completed with the Nursing Team before returning to school.
Chicken Pox	At least 5 days from onset of rash and until all blisters have crusted over. Pregnant staff who have had contact in the lead up to infection should contact their GP or midwife.
Conjunctivitis / Cold Sores	None. Do not touch the area infected. If a child or young person is likely to touch the area affected then treatment is advised to start before returning to school.
Ear infection	None but if they have a temperature please keep them off school until they no longer have a temperature.
Flu (Influenza) or flu like illness	Until they are well/recovered and have no temperature requiring medication to keep their temperature down.
Glandular fever	No official exclusion for diagnosis but if unwell, or has a temperature keep them at home until they are well and no longer have a temperature.
Hand, foot and mouth	None but if they have a temperature please keep them off school until they no longer have a temperature.
Headlice	None but please treat them for this before sending them back into school.
Impetigo	Until lesions are crusted and healed, or 48 hours after commencing antibiotic treatment.
Infection treated with Antibiotics	Full 24 hours after commencing Antibiotic course.
Measles	Four days from onset of rash and well enough.
Meningitis (meningitis/meningitis viral/septicaemia/due to other bacteria)	Until recovered.
Mpox	Exclude until confirmed safe to return by their tertiary clinician in line with current guidance.
MRSA	No exclusion but please ensure nursing team are aware if your child has any active wounds as these will need to be covered.

Mumps	Can return 5 days after onset of swelling as long as they no longer have a temperature or are unwell
Respiratory infections including Coronavirus (COVID-19)	Individuals should not attend if they have a high temperature and are unwell.
Ring Worm	Treatment is required. Exclusion not required after treatment started. Affected area should be covered where possible if the child is likely to touch it.
Rubella (German measles)	Can return 5 days from onset of rash as long as they no longer have a temperature and are unwell.
Scabies	Not to return to school until 24 hours after first dose of chosen treatment. (Household and close contacts require treatment at the same time)
Scarlet Fever	Child can return 24 hours after commencing appropriate antibiotic treatment as long as they are well and do not have a temperature.
Slapped cheek/Fifth disease/Parvovirus B19	None (once rash has developed) but should exclude if unwell or has a temperature. Pregnant staff who have had contact should contact their GP or Midwife.
Temperature with no obvious cause	If your child has a temperature of 38 degrees Celsius and above they should not attend school until they no longer have a temperature. They should not be sent into school if they require paracetamol and ibuprofen to keep their temperature within normal limits.
Threadworms	None but please start treatment for the child and entire household before return to school, especially if hand hygiene is an issue for the child.
Tonsillitis	None but please do not return to school until they no longer have a temperature and or are unwell.
Warts or Verrucas	No exclusion but please cover these for swimming and if they are in open areas on the body to reduce risk of spread.
Whooping Cough	48 hours from commencing antibiotic treatment, or 14 days from onset of illness if no antibiotic treatment and feel well enough to return.

Please see your GP for diagnosis and treatment. If you have any health concerns regarding your child returning to school, please consult the Nursing Team.

Please also see useful resources:

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

<https://www.healthiertogether.nhs.uk/child-under-12-years>