

Lonsdale

December 2025 Newsletter



Whole-School News

Dear Parents and Carers,

As we reach the end of a busy and rewarding term, I want to take this opportunity to thank you for your support, encouragement and the partnership you have shown throughout the year. Together, we have helped our children grow in confidence, curiosity and kindness – qualities that shine through in everything they do.

Our Macmillan Coffee Afternoon events ran throughout a week at the end of September 2025. Many parents supported with cake donations and many of you took the opportunity to come in to meet your child's form tutor, class team and other parents and joined in with some fun learning activities with the pupils.

From November, we were able to revert to our usual timetable, and pupils have been engaging in their ACE afternoons on Fridays on projects linked to the school's values of ambition, empowerment and community.

School Council representatives met three times this term to discuss various topics brought by classes to the meetings, which included clubs, educational visits, school events, charity work, Christmas arrangements and catering. They also met one of our Governors to talk about the Maths provision at Lonsdale School. Representatives of the School Council also met the Senior Leadership Team to give their feedback. After-school clubs ran during the Autumn Term with two clubs per week. We did not receive a lot of interest for the first half of the Spring Term, and we will write to you again next term with our club offer from Easter.

We welcomed M&M Productions to the school, who performed "Beauty and the Beast" in October. Curriculum events this term included Black History Month, History and Remembrance.

Seven classes went on educational visits, including bowling, a sports event at Wodson Park, watching a pantomime at the Gordon Craig, Christmas shopping and a visit to see Santa at Willows Farm. Other classes are planning their visits for the coming term.

A House event ran last week where they were asked to create a giant Christmas decoration and a Christmas jingle. Red House won the competition with their own interpretation of "Rudolph the red-nosed reindeer". This week, our Primary department were thrilled to see so many parents join their musical nativity play this week.

As the festive season begins, I wish you and your families peace, joy and time to rest together. May the holiday bring warmth and laughter, and may the New Year be filled with hope and opportunity.

On behalf of all the staff at Lonsdale School, thank you once again for being such an important part of our school community. We are looking forward to seeing everyone back on the 6th January.

With warm wishes, Claudia Thiele





Message from our Governors

Dear Parents and Carers,

As we approach the Christmas and festive holiday season, on behalf of the Governing Board I would like to extend our best wishes to you and your families.

This year has brought its challenges, and we are deeply grateful for the support you have shown to the school, the senior leadership team and all our staff. Your encouragement and partnership have been invaluable in helping us continue to provide the very best for the children.

Please be assured that the Governing Board remains committed to supporting the senior team and staff in their work. Together, we strive to ensure that every child enjoys their time at school, feels safe and has the opportunity to thrive both, academically and personally.

We hope you enjoy a restful and joyful holiday, and we look forward to continuing our shared journey in the year ahead.

With warm regards,

Chandra Green
Chair of Governors
On behalf of the Governing Board

Parent Governor Vacancy

Firstly, we need to thank Abby Wall for being a parent governor for the last 8 years. She has been a great advocate for all stakeholders in that time and continued her term of office after her daughter left for college. Over the years, she has given much of her time to aid Lonsdale in its journey.

This means that we have a vacancy for a Parent Governor – this role applies to:

All parents or carers of registered pupils at the school at the time of a parent governor election are eligible to become parent governors. The DfE defines parents as:

- All natural (biological) parents, whether they are married or not
- Any person who, although not a biological parent, has parental responsibility for a child or young person (this could be a step-parent, guardian or other relative)
- Any person who, although not a biological parent, has care of a child or young person. This means they are the person with whom the child lives and who looks after the child, irrespective of what their relationship is with the child.

Simon Thompson became a parent governor in 2023, and he said:

I have now been a Parent Governor for two years, having first applied after seeing an advert similar to this one. It appealed to me because I wanted to feel more connected to the school where my son would be spending the next ten years, and I also wanted to give something back. I'm so glad I made the decision to join!

I had no previous experience as a governor, nor any background in schools or education. But that didn't matter. Other governors are always on hand to answer questions and support you in the early days.

And the role isn't a big drain on your time either. But for me, the most beneficial part is being able to see the school in action. It really is amazing, and I am so proud to be part of it, helping shape the future for all the wonderful children who attend Lonsdale.

Further information can be requested from admin@lonsdale.herts.sch.uk along with the opportunity to book a visit and chat with Chandra our Chair of Governors.



Lonsdale December Newsletter



Whole-School News

Christmas Carol Concert



Upcoming Events

Jan (date tbc)	PE / Sports science day
16th January	Mathlete of the Year
28th January	Rock Steady charity music day – confirmed with the company – will need the hall. D&T Day
Feb (date TBC)	Employment Skills & Career Day

23-27th Feb	History week
5th March	World Book Day
Mar 9th – 13th	Science Week
20th March	Comic Relief/Red Nose Day
24th March	Autism Acceptance day



Website Reminder

Please continue to check the school website regularly for curriculum information, photo galleries, term dates, homework and more!

Each class has their own page in the secure 'student area', which is where you will find homework and learning activities.

If you need any help with logging in, please contact your child's form tutor.

Thank you

<https://www.lonsdale.herts.sch.uk/>





Kenya Class



December Update



Our Learning

This half term, Kenya class continued to learn about different nursery rhymes, including 'Old MacDonalD', 'Hey Diddle Diddle', 'Hickory Dickory Dock', 'Twinkle Twinkle' and a variety of number songs. We then moved onto Christmas activities in the lead up to our Nativity play. Pupils have enjoyed looking at a range of different books, filling in missing rhymes, finding pictures and answering questions about the books. In Maths we have continued to work on number recognition, 1:1 correspondence and number sense through a range of activities. Pupils have also explored shape, positioning and pattern through continuous provision.

The children in Kenya Class have worked well at building relationships with each other, staff and the wider school community. They have enjoyed role playing shops and restaurants.

Pupils all got creative with painting, sponges and gluing to make twinkling stars and different Christmas decorations. They have enjoyed using the bikes, playing outside and exploring music and movement in PE.

Kenya Class would like to thank you for your continued support and wish you a 'Merry Christmas and Happy New Year'. We also say thank you and goodbye to our LSA Emily, who we wish all the best to.



Highlights

- All the children did really well in our Nativity play



Coming Up

After Christmas, we welcome Isobelle to our class, who will be our new LSA.

Our new topic will be 'Space, out of this world, light and dark'.

Reminders

Please remember to put at least one photo or video on tapestry at the weekend for our communication lesson every Monday. We work on 'who, what doing and where'-building sentences.





Wales Class



December Update



Our Learning

Wales Class have worked incredibly hard this half term. In English, the children have been learning about 'plays and scripts' which we have linked to our Nativity performance. The children have also enjoyed watching a pantomime on screen and joining in with sensory stories. In Science, they have explored different types of rocks and where they might be found, which has involved exploring in sand and soil. During Cooking, the children planned, made and evaluated their very own rocks that they could eat. In Maths, the children have continued their number work through song and have been comparing hot/cold up/down and fast/slow through sensory exploration. In History the children have explored their own family history and looked at photos from their past including baby photos.



Highlights

The Children enjoyed a festive day, including a Christmas dance workshop Christmas shopping and being part of the Nativity in the Primary Christmas Performance.



Coming Up

After Christmas, Wales Class will be learning about book reviews in English, Electricity in Science and Old and New Toys in History.



Reminders

- Share books with your child as often as possible and record in their reading record.
- Send your child with a coat daily.
- Send your child with a change of clothes daily





Brazil Class



December Update

Our Learning

Brazil Class have loved learning all about the topic 'Dinosaur Detectives'. In English, we have worked on our speaking and listening skills using puppets to act out well-known stories. In Maths, we have been developing our counting skills, both forwards and backwards, and loving using a balloon to help us. In Science, we have explored all about rocks, soil and dinosaurs. In History, we have studied who's in our family and loved listening to 'Sister Sledge- We Are Family!' In DT we have looked at what makes a lever and made our own. In PSHE we have learned all about community and what we would like to be when we are older.



Highlights

- We have loved exploring sensory toys and practicing our Christmas Play.



Coming Up

After the Christmas break, we will be learning all about electricity and old/ new toys.



Reminders

Please remember to send some photos in of the weekend to help share weekend news in Communication lessons on a Monday.



Mexico Class



December Update

Our Learning

This half term we have been very busy learning all about scripts and plays in English, where we have chased minotaur's and sailed the high seas as pirates. In Maths, we have worked hard on counting and using money. In Science, we have been exploring soil, rocks and fossil and made a few experiments of our own. In PE, we have been learning about dancing and worked hard on balancing and using foot work to move. We have explored computer games that are age appropriate and how to be good friends in PSHE.



Highlights

- In Science we have loved looking after our class pets, worms!
- We loved making a high street from 'the good old days' and pretending to be shop keepers!
- We have made lots of sweet treats in cooking, some we burnt!
- We had a lovely trip to see Santa!



Coming Up

In the new year we will be exploring our local community, learning about extreme weathers in Geography and writing a poem or two for English!

Reminders

We love seeing weekend news on tapestry and sharing it on Monday mornings, photos are really helpful!



Australia Class



December Update

Our Learning

Australia have worked really hard this half term! We have explored different types of rocks and developed our descriptive language to describe how they look and feel. We have also dug in soil to find different living and non-living items. In Maths, we have developed our addition and subtraction skills and continued to look at some of our times tables. In PE we have explored different types of dances. For History we have found out all about the Romans and how their life was very different to ours, we have then been able to link this with our English to create our own Roman play.



Highlights

We really enjoyed our English topic this half term of 'plays and scripts'. We created our own play all about the Romans, recorded it and showcased it to the whole of Primary!

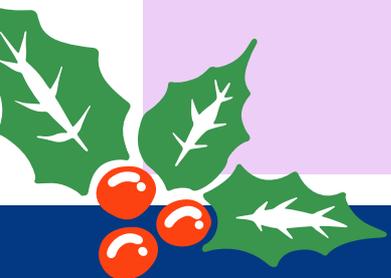


Coming Up

After the Christmas we are going to be learning about Local History, the environment, and seascapes in Art.

Reminders

Homework will be given out each Friday to be hand in by the Friday the week after. Please remember to upload any weekend news onto Tapestry.





Egypt Class



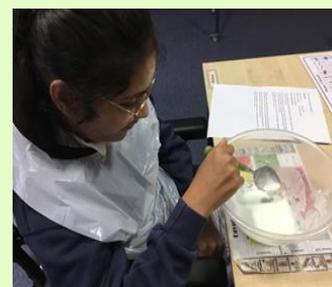
December Update

Our Learning

In KU, pupils have been learning about Geographic concepts such as time zones and similarities and differences in Tropical climates to that of a Temperate climate, like the UK. They role played 'Weather Forecasters'! In RE, they have been learning about aspects of the Jewish religion and then comparing these to other faiths.

On Friday mornings, students have also been conducting some classroom-based experiments to build on practical Science skills. During our Maths sessions we looked at multiplication and division. Pupils have also learned about the length and perimeter of rectilinear and complex shapes.

In English, pupils have been learning how to write creatively using techniques for description, including the use of figurative language and expanded noun phrases. During our Science lessons pupils have been learning about electricity, including how to build electrical circuits and drawing the symbols that represent each electrical component.



Highlights

We had great half term. We enjoyed the House Teams event, Science experiments and school disco



Coming Up

After Christmas we will look at fractions, decimals and money in Maths. In K&U we will learn about 'water' in Geography and 'crime and punishment' in History.



Reminders



Please remember to send containers for cooking.

Homework will be given out each Friday to be handed in by the Friday the week after.



Ireland Class



December Update

Our Learning

Another very busy half term! In English, we have been writing stories about all sorts of things, including horror, animals and amazing adventures! In Life Skills, we have continued the theme of 'emotional regulation' by looking at strategies to help control our emotions. We also learnt about 'Circles of Control'. We discussed that some things that cause us stress (e.g. being stuck in traffic) are out of our control – in the 'outer circle' - so we need to try not to worry about these things. There are things within our 'inner circle' that we can control, such as how hard we work. We also looked at growth vs fixed mindsets. In Science, we have been covering 'electricity' by building circuits and drawing circuit diagrams using symbols. In Maths, we have been learning about 'length and height', including perimeter and area of rectangles and compound shapes. In Creative, we have been learning about musical notations and experimenting with different sounds and instruments. On Friday ACE afternoons, we have been working with Venezuela class doing different creative and team building tasks.

In K&U, pupils continued with their studies of the Shang Dynasty and learned about a female warrior, whose tomb gave archaeologists insights to their culture and beliefs. We have also been learning about aspects of the Jewish faith and compared their customs to those of other religions.



Highlights

We had a great time bowling last week. Another highlight is the lovely friendships that have grown throughout the last term.



Coming Up

After the break, new topics include Speaking and Listening in English, Water in Geography and Crime and Punishment in History, Fractions and Money in Maths and Goal Setting and Perseverance in Life-Skills.



Reminders

Just a reminder about using planners to communicate any information that will be useful for us.



New Zealand Class



December Update

Our Learning

This half-term we have enjoyed 'creative writing' in English. We have learnt how to plan a fictional story and have done a great job thinking about how to describe characters, settings and objects and then write our stories. In Maths, we have done really well estimating length around the classroom and then had a go at measuring to see how accurate we were. In Science, we enjoyed finding rocks around the school grounds and looking at the different types. It was really interesting to learn about how rocks are affected by erosion and weathering. We enjoyed making our own fossils out of clay, too! Learning about the Shang Dynasty, the social hierarchies and artefacts in History was fascinating. We have had a great time playing different instruments in Music and learning about the different notes. We finished off the topic by playing along to some Christmas songs! For ACE on Fridays, we have been practicing our team-working skills and recently worked together to decorate the classroom for Christmas!



Highlights

We had a great time at the church, taking part in the Christmas journey.

Our class have also decorated a giant Christmas present, which is now hidden in a shop window at Westgate Shopping Centre, as part of a Christmas trail.



Coming Up

After the break, we will be learning about early settlers in Geography, adding and subtracting and money in Maths. In Science, we will be looking at electricity. In English, we will be concentrating on our speaking and listening skills.



Reminders

Please try and read with your child at home.
Cooking containers on a Wednesday please!





Peru Class



December Update

Our Learning

In Maths, we have been learning about multiplication by making equal groups and division by sharing equally. We also looked at different units of measure for length and used those to measure perimeter.

In Science, we have been looking at rocks and fossils. We conducted an experiment to test rocks for permeability and buoyancy. In K&U, we have been learning the history of crime and punishment. We were surprised to find out that people used to watch executions and even bring their children to watch! During our ACE afternoons, we made a total of 43 Christmas cards to distribute to elderly patients on wards at Lister Hospital. Miss Bradbery went along to drop them off and she was invited onto the wards to greet the patients and give them their cards. We were given chocolate coins and a card to say thank you from the consultant of the ward, too!



Highlights

- We had a fantastic time watching 'Dick Whittington and His Cat' at the Gordon Craig Theatre. The Audience got to choose a name for the cat, so naturally, the cat had to be named 6,7!
- We enjoyed our annual Christmas lunch too!

Coming Up

After the break, we will be learning about 'rainforests' in K&U. We will also be starting a poetry topic in English and learning about electricity in Science!

Reminders

Please remember to bring a container for cooking on Tuesday's.

Venezuela Class

December Update

Our Learning

We have been practicing creative writing in English. Pupils were given a woodland fairy treehouse picture to inspire them and then enjoyed describing who might live there. They then imagined what their characters would do in the treehouse or in the woods and we loved hearing about fairy parties and hedgehogs heading out to hunt.

In History, pupils have studied The Shang Dynasty of China and found out about the range of lifestyles from kings to slaves.

In RE, the students have recently learned about the Jewish festival of Hanukkah and how this is celebrated.



Highlights

- We enjoyed our annual trip to the Christmas Journey. We had a warm welcome at St Hugh and St John Church and pupils enjoyed crafts and activities relating to the Christmas story.
- We all enjoyed our bowling trip at the start of this half term.



Coming Up:

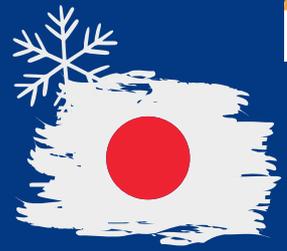
Next term we will be focusing on Speaking & Listening skills in English, with pupils developing a short talk to give to their friends. We have a trip planned for the first week of February – please make sure you have given your consent and payment through the Arbor portal.

Reminders

The class really enjoy their news time session on a Monday morning & it helps enormously if we have some brief notes in the diary about what you have been doing. You are very welcome to upload weekend photos onto Tapestry, as pupils who already do this love to show their pictures in class.



Japan Class



December Update

Our Learning

During this term,

In Science, we have learnt about the properties of different materials and why these properties are important in how materials are used. We have also tested acids and alkalis using litmus paper, universal indicators and made our own indicator using beetroot!

In Maths, we looked at different types of Functional Skills Maths questions and searched for the key words that can help us to answer the questions. We practised our times tables on TT RockStars and learned about the length and perimeter.

During ICT lessons, students have been working hard on learning key basic skills this half term. It has been brilliant watching them all gain confidence with a range of different software.

For our 'all about me' display, we did some wonderful self-portraits. Japan class really focused on their facial features and were to place them using the Loomis method.



Highlights

- We welcomed back Mrs Rosenberg as our form tutor!
- We went bowling at Stevenage Leisure Park. It was a really enjoyable trip where Mrs Brown proved what a useless bowler she was, and Lorenzo won with a score of over 100!



Coming Up

After the break, the students will continue to work towards their functional skills exams in Maths and English. They will also continue to work towards a variety of AQA units including Geography, History and RE.

Reminders

Please remember to bring in a box each week for your cooking lessons. As we go into even more cold weather, please ensure you are bringing your coat into school for outdoor learning!





Canada Class



December Update



Our Learning

This half term in Creative, students have been taking part in Drumba and 'Boomwhacker' based lessons for Music. This focused on rhythm and tempo, but also helped to facilitate gross and fine motor skills, as well as hand to eye coordination as they need to follow visual cues from the videos.

In Maths, we have looked at different types of Functional Skills questions and searched for the key words that can help us to answer the question. We practiced our timetables on TTRock Stars and learned about the length and perimeter of simple and complex shapes.

In K&U, we have been working tirelessly with completing AQA short courses which involved learning about 'Remembrance Day', 'WW1', how it all started and moving on to our free topic which means that students can choose one of interest; some chose to do 'All About Me' and others chose further researching into the 'Titanic'.

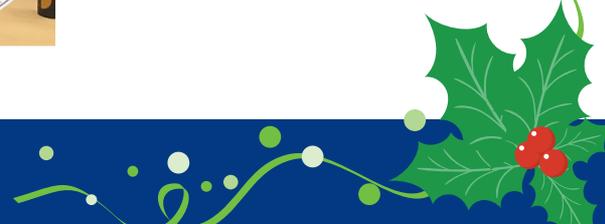
Our ACE afternoons, we have been learning all about British Sign Language. This was a request from pupils and aligned with another AQA Accreditation.

Highlights

Plenty of students have achieved 'STAR OF THE WEEK' for their own individual achievements - Well done everyone!

We loved transforming Canada Class with our Christmas Tree and Decorations, in particular our human Christmas wreath.

We enjoyed the School House Event which was to make a Christmas decoration and a Christmas Jingle. We are eager to hear which house has received 100pts for first place.





Greece Class

December Update



Our Learning

In Maths we have looked at different types of Functional Skills Maths questions and searched for the key words that can help us to answer the questions. We practiced our times tables on TT RockStars and learned about the length and perimeter of simple and complex shapes.

In English, some pupils have been doing test papers and recording speaking and listening for exams. Other pupils have developed skills in persuasive language to produce advertisements.

All pupils have worked hard on spelling skills for Entry level exams.

In Computing, some pupils are working on data and graphs in excel and others have been introduced to using it.

In Chemistry, pupils are still working on atoms and chemical bonds whereas, in Science, pupils have had some exciting practical lessons making oobleck and volcanoes.

In AQA/UAS with Miss Fisher, the class have worked on a seasonal theme learning about The Gunpowder Plot. This included the reasons why the plotters wanted to destroy the King and Members of Parliament, why it went wrong and what happened to the gang afterwards.



Highlights

Decorating the Christmas tree in class

Making a Volcano in Science

Playground leaders had their first training

Shopping Trip

Having a long weekend!



Coming Up

Greece Class are planning an enterprise stall to raise money for the leavers prom.



Reminders

Reading

Homework





Fiji Class



December Update

Our Learning

- We completed two units in AQA/UAS: - Understanding British Values and Investigating the Retail Industry. The latter being conducted 'in the field' during our visit to The Howard Centre in Welwyn Garden City.
- In Maths, we have been completing work on ratios, scale factors, unit conversions and identifying how we can determine whether something is good value for money and gives you the best deals (bigger is not always better).
- In Science, we have been working on properties of different types of bonding and how those properties link to properties we can measure and observe.



Highlights

The trip to the Howard Centre was a great success with good feedback from the students – they engaged well with retail staff and were responsible for choosing and ordering their lunch, snacks and drinks from two different outlets.



Coming Up

- Happy Birthday to Harrison S and Tallulah
- Spring term visit to Duxford - More details to follow after the holidays...



Reminders

Please don't forget to complete your homework when set



Scotland Class



December Update

Our Learning

In English, we have been learning about Creative writing and how to compose a fictional story. We have explored different stimuli, such as 'Narnia', a deserted island, a story sea with a wooden ship. Pupils have written opening sentences from these stimuli thinking about the five senses and adjectives to add detail to their writing.

In Science, we have been learning about food-chains, predators and prey, which has formed part of our AQA UAS studies. We have constructed food chains and identified producers, consumers, predators and prey in different habitats. Relating this to our learning on animal classification from Autumn term 1.

In our PFA (Life-Skills) lessons this term, we have been learning how to carry-out or direct staff to complete domestic chores such as sorting the washing, working the washing machine and understanding washing instructions on clothes labels. We have also learned how to fold clothes ready to put them away.



Highlights

We really enjoyed making Christmas decorations to sell as part of our Vocational Curriculum. We practiced our money and communication skills as part of the unit, selling the products. This linked to our class trip to 'The Magic of Christmas' shop and café, where we bought a drink and Christmas decorations for our home.



Coming Up

In January we will be continuing our PFA (Life – Skills; Looking After the Home – Hygiene, nutrients and personal safety. We will be continuing our Creative Writing unit in English, before moving onto a Drama Unit.

Reminders

- We are Swimming until February half-term, please remember your swimming kit.
- If your young person is a reader, please read with them daily.





School Houses

Current Totals

369

Glennie House

264

Cains House

368

Hawking House

285

Rose House





Lonsdale December Newsletter



Thank you all for your incredibly generous donations to the Toyshed Appeal.

With your amazing support, we have received over 80 gifts which will make a huge difference to a number of families supported by the charity.



THANK YOU!

Lonsdale School

Thank you to everyone involved in supporting Toyshed with your generous donations this Christmas!

Stevenage Vineyard Church | Unit 1 The Orbital Centre | Cockerell Close | Stevenage | SG1 2NB
01438 361616 | foodshed@stevenage-vineyard.co.uk
www.stevenage-vineyard.co.uk





Lonsdale December Newsletter



Carol Concert

On Monday the 8th December, our school was transformed into a winter wonderland for a truly magical evening that brought joy to all who attended. As guests arrived, they were greeted by the delightful smell of mince pies wafting through the air, perfectly complemented by the warmth of hot chocolate and the rich aroma of coffee.

The room was alive with the enchanting sounds of the Buccinate Brass Band, whose festive melodies filled every corner, inviting everyone to join in the singing. The atmosphere was nothing short of fantastic, with laughter and cheer echoing throughout the hall as families and friends gathered to celebrate the season together.

A highlight of the evening was the Christmas Stall, showcasing an array of beautifully crafted items made by our talented Post 16 students. Their creativity shone through in each piece, making for unique gifts that delighted attendees. Overall, the event was a wonderful success, fostering a sense of community and festive spirit that truly encapsulated the essence of Christmas.





Children's Clothes Bank

The **Children's Clothes Bank** (for children aged 3 - 18) runs each month at **Grace Community Church, Hydean Way, SG2 9XJ** between **11am and 12.30pm**.

They stock a good selection of second hand clothes, including school uniform, and some toiletries.

If you haven't previously been referred to the Clothes Bank and are in need of children's clothing, please email ssmall@lonsdale.herts.sch.uk giving your name, number of children and their ages and gender, and we can make a referral for you.



Second-Hand Uniform

Lonsdale School are eager to promote sustainability. If you have any good quality, preloved uniform you no longer need, you can drop it off at the school office in a bag clearly marked 'Second-Hand Uniform Donation'. Thank you!

Information about Free School Meals in Herts can be found here:

<https://www.hertfordshire.gov.uk/services/schools-and-education/at-school/free-school-meals/free-school-meals.aspx>



More Information



STEVENAGE
Christmas Cracker Trail
22 November – 6 December 2025

Find 12 hidden crackers inside store windows for your chance to win £50 Stevenage Indoor Market Vouchers!

Complete the trail form (which can be collected 22 November at Stevenage Christmas Light Switch on), and submit at Junction 7 Creatives by 6th December, or return at the Kid Zone Event, 6 December

Christmas Cracker Workshops taking place:
6 December 11am – 4pm
inside Junction 7 Creatives

WIN £50 STEVENAGE INDOOR MARKET VOUCHERS!

DSPL2 FAMILY NETWORK EVENTS

10–12pm Tuesday 25th November 2025	Peartree Spring Primary School
10–12pm Tuesday 17th March 2026	Moss Bury Primary School
10–12pm Tuesday 16th June 2026	Peartree Spring primary School

No booking required

Find out about local services

Meet other families

Advice and support

- Herts Mind
- Supporting Links
- Step 2 Skills
- Phoenix
- Angels
- ADDvance
- Family Centre
- Messy Minds
- Tracks
- Lending Space
- Home Start
- SET Family Support Workers
- Well Being Junction
- Herts Parent Carer Involvement

01438 233900 dsp12@peartreespring.herts.sch.uk



More Information



Sign up to one of our free healthy lifestyle services today to kickstart your health goals for 2026 and beyond.

Beezee FAMILIES

- Free, fun, family-focused support
- Learn about healthy eating
- Get moving more
- Connect with other families
- One-to-one support also available!

Beezee YOUTH

- 13-17 year olds can talk about topics that matter to them
- Learn about physical, mental and social wellbeing
- Get free health resources
- Join a safe space.



- Free support for families with children aged 0-5 years
- Explore parenting and healthy lifestyle tips
- Chance to make new friends
- Free toolkit provided.

 hrt.maximusuk.co.uk

 BZBinfo@maximusuk.co.uk

 01707 248 648

 Click me to find out more

Start making healthy habits TODAY


Hertfordshire

More Information



NHS
Hertfordshire and West Essex
Integrated Care Board



Understanding my Autism/ADHD

- Open to Hertfordshire children aged 7-16
- **Post or Pre-diagnosis**
- Online or face-to-face
- Visit: thetoolbox.mindler.co.uk

Cogs APP

- Young People aged 14+
- Providing support and information on Autism and ADHD
- No diagnosis required.
- **Free access**
- To sign up, visit thetoolbox.mindler.co.uk

Digital Webinars

- On demand webinars
- Topics relating to Autism, ADHD and the SEND world
- Available on the Hertfordshire Local offer.

Hertfordshire Neurodiversity Support Offer

The Toolbox

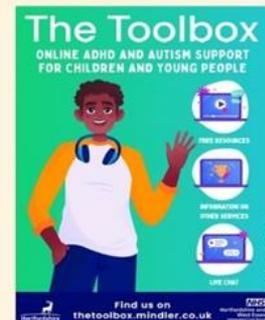
- Dedicated website for young people to gain support on ADHD and Autism.
- Signposting to services and interventions in Hertfordshire.
- Self-help tools and interactive livestreams available.
- Visit: thetoolbox.mindler.co.uk

Toolbox Live Chat

- Receive real-time support and guidance for children and young people (CYP) with Autism or ADHD.
- Access expert advice tailored to their feelings and concerns.
- **No diagnosis** required.

Support Hub

- **No diagnosis** required to access this support.
- Available to **parents, carers, and professionals.**
- Evening appts available to book.
- **Call or WhatsApp** the team on **01727 833963**



More Information



withYouth
YOUNG PEOPLE'S Digital Wellbeing Services

If you are between the ages of 5-18 or a parent/caregiver of a 5-18 year old, message us or call us to get help with issues that are affecting your wellbeing.

We can talk about what you are experiencing and offer you support, information and advice through one-to-one and group sessions.

You can get help straight away, no referral needed.
To find out more, or to talk to one of our team:

Instant message us at www.withyouth.org

Or call us on **0208 189 8400**

**We are here for you
Every day from 2pm - 10pm (excluding Bank Holidays)**

Instant message us at www.withyouth.org

Or call us on **0208 189 8400**

T: 0208 189 8400 E: withyouth@hertfordshiremind.org W: www.withyouth.org

 **mind** Hertfordshire Network

Nightlight Crisis Helpline



In a crisis and need someone to talk to?

**Our Crisis Helpline is open from 7pm - 1am
7 days a week, 365 days a year
Call us on:**

01923 256391

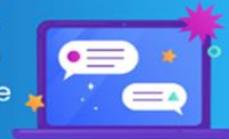
nightlight@hertfordshiremind.org

www.nightlightcrisis.org

Herts Mind Network is a registered charity No. 1123487 and a company limited by guarantee No. 5532977

ADHD and Autism Live Chat

The Toolbox's Live Chat supports children and young people with autism and ADHD (diagnosed or not), providing a safe space to discuss their feelings and concerns.



Use The Chat To Talk About:

- your feelings and emotions,
- understanding your autism/ADHD,
- building and maintaining relationships,
- available services and resources in Hertfordshire



Find Us On:

thetoolbox.mindler.co.uk

The Toolbox



More Information



Hertfordshire
Music Service

Start your
musical journey
today →

Making Music Improving Lives

Registration now open for music lessons

Instrumental and vocal lessons

- ▶ Music lessons are available during the school day at hundreds of schools in Hertfordshire.
- ▶ We also provide lessons in the afternoon, evening and on the weekends at our 12 music centres across the county.
- ▶ We offer various lesson types and durations. Please visit our website for more information.
- ▶ Financial support is available to pupils receiving certain benefits, to help with the cost of lessons.
- ▶ As your child progresses on their musical journey, they will be invited to join ensembles or music groups that perform regularly.



Scan me

01438 844851

[hertsmusicservice.org.uk](https://www.hertsmusicservice.org.uk)

Follow @hertsmusic



Hertfordshire
Music Service



More Information



Visit the Student Area on our website

www.lonsdale.herts.sch.uk

You can find lots of activities in the 'All Sorts of Things' section.

Daily Home Learning Plan can be found in your class area for pupils who are not attending school.

[HOME](#) [ABOUT US](#) [COVID-19 RETURN TO SCHOOL](#) [NEWS AND EVENTS](#) [OUR LEARNING](#) [PARENTS](#) [GOVERNORS](#) [COMMUNITY](#) [STUDENT AREA](#) [CONTACT US](#)

Student Area is here!



STUDENT AREA

IN THIS SECTION

[ALL SORTS OF THINGS...](#)

[ZOOM INTO BRILLIANT BITS...](#)

[AUSTRALIA](#)

[BRAZIL](#)

[CANADA](#)

STUDENT AREA

What's new in the STUDENT AREA?

School Year 2025-2026

Welcome to the new school year! We will continue to use this area to provide support for pupils who cannot be at school or are learning from home. Scroll down to find out how the 'Student Area' works!

Homework Area for your Class

You will find a 'Homework Area' tab to the right in your class area. Click on the tab to view and download your homework tasks and any resources you need to complete them. You have a whole week to complete your homework.

If your child has been set online learning for Friday afternoons, you will also find this under the homework tab.

