



Learning@Lonsdale

NEWSLETTER

Whole School News

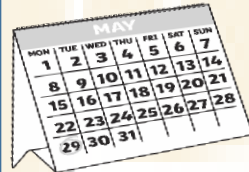
A huge thank you to all who donated for our garden project! We were blown away by your generosity with pots, plants and seeds, and we raised a whopping £185!!

The money will be used to purchase pots, compost, plants and gardening tools to help brighten up our outdoor areas. Pupils will be planting this Friday – we will update you with pictures soon!

Thank you for all your support!

Monday 22nd April 2024

Information & Dates for your Diary



Pupils return on Tuesday 16th April 2024

Bank Holiday Monday 6th May 2024

Half-Term Holiday 27th to 31st May 2024

End of Term Tuesday 23rd July 2024

Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



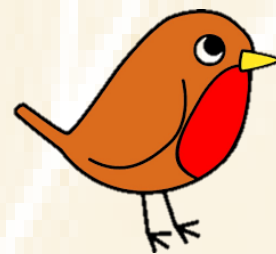
PRIMARY

News

LONSDALE

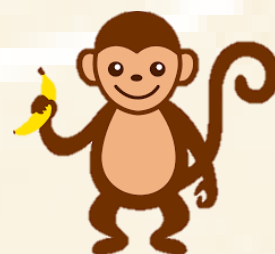


This week the children have been settling back into their school routine. We have begun our farm topic by sharing a sensory story. We are focusing on farm transport through mark making and printing. Also farm buildings using building blocks and textured materials. In Maths we are continuing to enjoy our number rhymes and water exploration to focus our learning on capacity. The children also enjoyed yoga and sensory room.



ROBIN CLASS

Monkey Class have worked well on their first week back. They have ordered numbers and then pictures by height/length. In English they started learning about diaries and looked back on what they have done in the past. In Science they started looking at plants, flowers and leaves. In DT they enjoyed researching biscuits, looking, tasting, smelling and feeling. In PE they worked hard stretching their arms and legs in ballet.



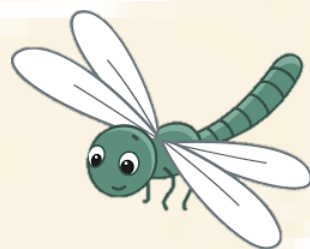
MONKEY CLASS

Alpaca Class have begun their new topics with great enthusiasm. The children are excited to be learning about the Great Fire of London in K&U, habitats in Science and using the keyboard to type in Computing. They are enjoying the warmer weather being able to use the outdoor spaces. In Maths the children are learning to count in 2s and in English how to write a recount starting with their Easter holiday. They enjoyed sharing some of the lovely activities and places visited.



ALPACA CLASS

Dragonfly Class have been learning about looking after insects in our environment and have been making a bug hotel in our Outdoor Learning lesson. We are continuing our learning about consent in PSHCE; learning about the importance of asking permission, how to ask for permission, when we can give permission and the importance of being comfortable to say "no".



DRAGONFLY CLASS

In English we started to look at what makes a non-fiction recount. In Maths we developed our knowledge of height and number sequences. In Science we started to look at our new topic- Food Glorious Food by brainstorming food products and discussing where they come from! In DT we planned our cookies! In Geography we used atlases to compare the UK and Russia. We enjoyed playing animal games in Forest School with Wombats and Sea Turtles.



FALCON CLASS



SECONDARY

News

Welcome back to the Summer Term! This week we have started some new topics. In English we are going to take part in some drama, so we played some games around this. In Maths, we continue to learn about fractions, and the students' recall was amazing! In Science we are learning about seasonal changes, and we enjoyed a walk to Fairlands to spot some signs of Spring!

In Science, we began a new unit on Earth where we looked at why we have day and night and how it is that we have different seasons. In Maths we were looking at time and using analogue clocks to help us prepare for our upcoming Functional Skills Qualifications. In English we have been having a go at Functional Skill level questions to decode the meaning of questions and to support the answering of these. In Creative, we finished off our upcycled artwork.

It was lovely to see everyone again after the holidays. We started the week by sharing everything that we did over the Easter holidays. In PSHCE, we had some great discussions about diversity and discrimination. We looked at what makes each of us unique and talked about how 'weird' it would be if we were all exactly the same! In History, we started our new topic on 'Ancient Egypt' looking at some Egyptian artefacts. In Science, the class started their new topic on materials. In Maths, the class did some tasks on measuring different items. In English, we started our drama topic, which was great fun! In PE, we played some tennis.

It's been lovely hearing about all the students' Easter holidays and the different things they've enjoyed while they've been off. We have started our Geography topic 'Our Country', learning all about the UK, where we are in the world and different aspects of British culture. On Thursday we were back in the swing of it with Open Orchestra! So wonderful to see the students enjoying playing their instruments and engaging with each other.

Welcome back to all our pupils, and we hope all the families had a wonderful break. We hit the ground running with some warm-up Maths and literacy basic skills to get the brains working and then began some work on analogue clocks. In Science, we started to investigate metals that are good for conducting electricity, but first had to recap how to make a simple circuit and test for conductors and insulators. In Art, pupils learned about stone-age cave art and made some artefacts.



WOMBAT CLASS



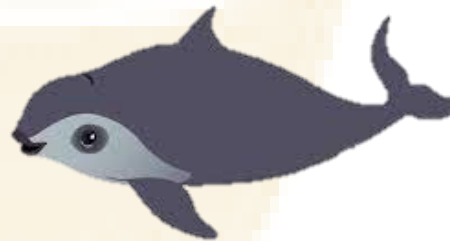
HIPPO CLASS



SEA TURTLE CLASS



GORILLA CLASS



VAQUITA CLASS

UPPER SCHOOL

News

LONSDALE

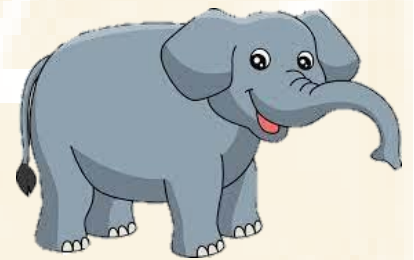


In TD class, we delved into the history of the Earth and examined the characteristics of the first animals that roamed the planet millions of years ago. Afterwards, we applied our skills to group them accordingly. In English, we are currently focusing on improving our functional skills and addressing any areas needing improvement. In Geography, we are looking forward to 'Earth Day' and exploring the connections it has with climate change.



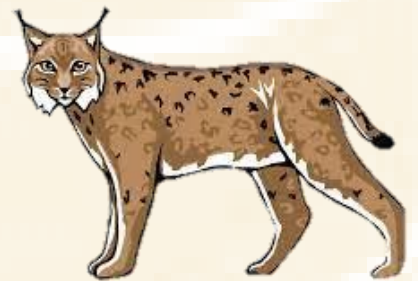
TASMANIAN DEVIL
CLASS

In Elephant Class, we have learnt about persuasive and non-persuasive words in English. In Maths, we have been learning about the time, sequencing our day and thinking about using the words 'before' and 'after'. We have been looking at cause and effect programmes in Computing. In Geography we looked at where North and South America are and which countries make up these continents. We are finishing our season topic in our vocational lessons.



ELEPHANT CLASS

L Class have worked hard last week on improving their time-telling in Maths as well as solving time-related Maths problems. They continued also to work towards and prepare for their upcoming functional skills examinations. It was great to have a member of the class stand up in assembly to share what it was like to live with autism. He did this with three friends, and everyone at the school found this really eye-opening.



LYNX CLASS

In ICT we have been learning about the layer of a computer system. In GSCE English we have been learning how to analyse historical against modern text with a given theme. In FS English we have been revising writing techniques for purposes of text. In Maths we have been recapping our learning of Algebra, and in Science we have been recapping our learning of the Reactivity Series.



PANDA CLASS

Our Governors are working hard with the school on the setting of the school budget. This is a challenging job and requires everyone's input. They are also supporting the senior leadership team to plan ahead for the next school year. Our Governors are looking forward to joining some events in the Summer Term and continue with their school visits.



GOVERNORS NEWS



Open Orchestra Update



This week Group 1 and 2 joined together. They will now be working together as one group putting together all the short pieces they have been developing into one longer piece ready for our performance at the Trestle Theatre. There was lots of good listening to each other and concentrating on their part. Well done!





BRILLIANT

BITS

Before Easter we had a short story competition for the whole school to partake in as a House event.

There were over 45 entries to the short story competition.

The overall winner of the competition was Tallulah. Congratulations!

Please see her winning short-story piece on the next page.





BRILLIANT

BITS

Storm's Journey By Tallulah

Cold, wet, tired and exhausted they walked along the path through the forest. Storm carried on walking for miles, he could hear cackling. He suddenly looked down with a face of fear, as if he was about to fall into a deep, dark mountain and never come out again. When he looked down, the path slowly disintegrated.

He was running as fast as he could, away from the path folding into the cold, wet, crusty river. Behind him, he heard howling coming from the inside of the path.

He stopped suddenly, paralysed with fear.

He started seeing things, hallucinating feelings of being hospitalised. He felt shaky.

Suddenly he fell into a river which was deep and petrifying, his heart was racing, he felt like an ocean gasping for breath. He finally caught his breath, something was pulling him out of the river.

He tried turning around to see what was pulling him out. As he turned his shirt began to tear. They were starting to lose their grip now, only holding on to the string of his shirt.

He began to scream "Help, Help!"

Someone walking past the river heard his screams and ran to get help.

Storm kept fighting off the invisible beast, praying that the person would soon rescue him. Minutes felt like hours. Eventually, in the distance, he saw a speed boat...He was saved.



BRILLIANT BITS

To view our best photos from last week, please click the link below, where you will be taken to the website gallery to see a photo album for each week:

[https://www.lonsdale.herts.
sch.uk/gallery/?pid=187&gc
atid=12](https://www.lonsdale.herts.sch.uk/gallery/?pid=187&gc
atid=12)

Enjoy!



MORE INFO

LONSDALE



There are a lot of exciting curriculum opportunities and events coming up.

Summer Term

Fri 26th April - Wellbeing Day: Planting & Picnic

13th - 16th May - Sports Week

Fri 17th May - Sports Day

Fri 14th June - Save the Children's 'Den Day'

17th - 21st June - Sky Arts Week

Fri 19th July - Primary Prom

Mon 22nd July - Post-16 Leavers Prom

MORE INFO



Families In Focus CIC
LOOKING FORWARD TOGETHER

Handling anger of primary aged children with Autism or ADHD

Our award-winning six-week course is funded by Hertfordshire County Council and FREE for parents of primary aged children with ADHD and/or Autism, living in Hertfordshire.

This course for parents provides practical, evidence based support to understand why children with Autism or ADHD react with anger and provides proven techniques to increase emotional and sensory regulation in your family.



Wednesday mornings
9.30am to 11.30am
April 17th 24th &
May 1st 8th 15th 22nd

Email Francine & Lesley:
bookings@familiesinfocus.co.uk



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Wednesday evenings
6.30pm to 8.30pm
April 17th 24th &
May 1st 8th 15th 22nd

Email Francine & Lesley:
bookings@familiesinfocus.co.uk

Coffee Morning

DSPL2



Please come along to our
coffee morning.

It's a great way to meet other parents and get involved with DSPL2 events.

Tea, coffee and biscuits will be provided.

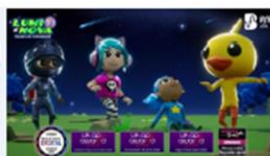
We hope to see you there.

Future Dates:

Friday 10th May 2024 9.30-11am

Friday 28th June 2024 9.30-11am

We will be joined by colleagues from Hertfordshire's funded children and young people's digital wellbeing service.



Location:

The Oak Suite,
Peartree Spring Primary School,
Hydean way,
Stevenage,
SG2 9GG.

Click [here](#) to book via DSPL2 Eventbrite.

If you have any questions email: dspl2@peartreespring.herts.sch.uk

DSPL2

Delivering Special
Provision Locally

MORE INFO

LONSDALE



TALKING FAMILIES



Tuesdays 8.00-9.30pm Online Course: ID 656
16th April - 21st May 2024

Tuesdays 8.00-9.30pm Online Course: ID 653
4th June - 9th July 2024

Our online support sessions are delivered weekly via Zoom.

- 6, weekly sessions for parents and carers of children aged 0-12 sharing
- Manage challenging behaviour with consistency
 - Encourage positive behaviour
 - Build your child's self esteem
 - Set and maintain boundaries
 - Respond to tantrums and difficult feelings in children
 - Develop a strong parent/child relationship.

Groups are open to parents, carers, grandparents and guardians living, or

'Every parent should do this course! It has taught me so much about how to deal with family life.'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact
Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund



Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.

TALKING ANXIETY in TEENS



Tuesdays 7.45-9.30pm Online Course: ID 655
4th June - 9th July 2024

Our online support sessions are delivered weekly via Zoom.

6, weekly sessions for parents and carers of 12-19 year olds, supporting you to:

- Understand why young people and adults get anxious.
- Develop strategies to handle anxiety in yourself and others within your family.
- Recognise the early signs of anxiety and be able to avoid escalation.
- Reduce stress and tension.
- Encourage resilient behaviour and strengthen relationships in the family.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'This course has helped us all to cope day to day.'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact
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07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



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TALKING ADDITIONAL NEEDS



Thursdays 9.45-11.15am Course: ID 651
18th April - 23rd May 2024

Tuesdays 8.00 - 9.30pm Course: ID 652
4th June - 9th July 2024

Our online support sessions are delivered weekly via Zoom.

A 6-week group for parents and carers of children with any additional need from 2-25. Your child does not need a diagnosis to join.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict, anger and arguments.
- Improve Emotional Regulation
- Explore sensory needs.
- Motivate, encourage and support your child.
- Increase your child's resilience.
- Manage the different needs within your family.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I have been on a few courses to help me with my son, this was by far the most helpful.'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact
Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



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TALKING DADS



Thursdays 7.45-9.15pm Online Course: ID 659
18th April - 23rd May 2024

Wednesdays 7.45-9.15pm Online Course: ID 660
5th June - 10th July 2024

Our online support sessions are delivered weekly via Zoom.

6, weekly sessions for dads & male carers of all ages, sharing information on:

- Increasing confidence in your parenting.
- Developing a healthy dad/child relationship now and for the future.
- Improved listening and communication skills.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad you want to be.

Groups are open to male parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I can break out of the cycle and make things different for my child.'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact
Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



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TALKING TEENS



Wednesdays 7.45 - 9.15pm Online Course: ID 657
17th April - 22nd May 2024

Our online support sessions are delivered weekly via Zoom.

Wednesdays 7.00 - 9.00pm In Person Course: ID 658
5th June - 10th July 2024 The Reddings Family Centre Harcourt Rd, Bushey WD23 3PE

- 6, weekly sessions for parents and carers of children aged 12-19, covering:
- The Teen Brain: Recognising the physical and emotional changes taking place and why behaviour changes.
 - The link between behaviour and communicating difficult feelings.
 - Maintaining your relationship with good communication.
 - Understanding risk taking behaviour around drugs, alcohol and gang culture.
 - How to negotiate during a conflict situation.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'Our home is no longer a battlefield. I am less stressed and my teenager speaks to me more. Thank you!'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact
Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



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TALKING ANGER in FAMILIES



Wednesdays 9.45-11.30pm Online Course: ID 654
17th April - 22nd May 2024

Our online support sessions are delivered weekly via Zoom.

6, weekly sessions for parents and carers of children aged 0-12, supporting you to:

- Understand why children, young people and adults get angry.
- Develop strategies to handle anger in yourself and others within your family.
- Recognise the early signs of anger and be able to avoid escalation.
- Reduce conflicts and arguments.
- Encourage positive behaviour and strengthen relationships in the family.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'Their anger used to scare me. I now feel able to cope with it, and even help.'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact
Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



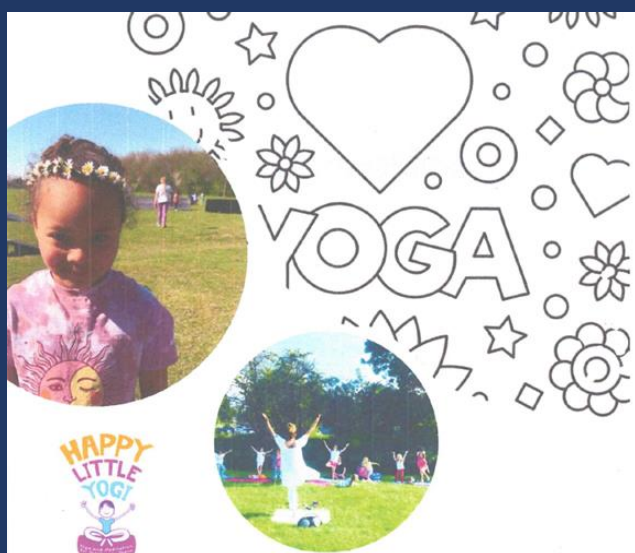
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MORE INFO

LONSDALE



Happy Little Yogi Sessions

@ The Howard Garden Social Centre,
Letchworth Wednesday 4pm - 4.45pm

Age: 3 - 8yrs

YOGA-GAMES-MAGICAL MEDITATIONS-SENSORY RELAXATION

Book via happylittleyogi.com/classes

or for more info contact

jane@happylittleyogi.com



inclusive academy dance school

Making dance accessible for all!

At Inclusive Academy dance school, we strive for outstanding classes that everybody can attend. Everyone can dance and this is shown through our range of classes.

Sensory Movement Class

In our sensory movement class, we use props and repetition to explore movement. We use a range of props and music to explore how we can move props in different ways, and how different music changes the way and speed of how we move.

This class is suitable for everyone of all abilities and can be adapted where necessary.

Accessible Dance Class

In our accessible dance class, we learn lots of short, easy to follow routines. We explore the use of props, partner work, and choreographing our own routines. We also learn a longer routine each Autumn and Summer term to perform to our parents, carers, friends, etc.

This class is fully adaptable and suitable for anyone

Advanced Dance Class

This class is the next step from our accessible dance class. In our advanced class, we learn a longer routine each week developing our technique in different styles. This is done whilst having fun and developing our performance skills.

This class can be adapted for all abilities, whether you are ambulant, use a frame or walker, or are in a manual or power wheelchair.



Website: inclusiveacademydanceschool.com
Email: inclusive.academy@outlook.com
Text/WhatsApp: 07503 254 853
Facebook: [inclusive.academy](https://www.facebook.com/inclusive.academy)
Instagram: [@inclusive_academy](https://www.instagram.com/inclusive_academy)

Your first lesson is always FREE!

Activities at Stanborough Park



If you have a physical disability and are looking for things to do, why not join Herts Disability Sports Foundation for some fun?

Bellboating, age 8+, £10

Join us on our 10 seater paddle boats. Ticket includes a free parent/carer seat. Hoist and supported seat with 4 point harness available.

Boxercise / Fitness, £5

Social & fun group exercise sessions at Stanborough Park and Community Venues

Adapted Cycling 1-1 Induction, £15

Need help knowing what adapted bike you need? Let us help! Our 1 hour session includes selecting a bike and going out around the park for a ride.

Bike Hire, £6.30

Following an induction, hire the bike for an hour to cycle around the park. Only available when we are on site at Stanborough Park.

Bean bag powerboat ride, age 8+, £25

Join us at Stanborough Lake for a power boat ride. This is only for those who cannot access any of our other water sports activities.



All sessions are prebook only



ros@hdsf.co.uk

[Herts Disability Sports Foundation](https://www.facebook.com/HertsDisabilitySportsFoundation)

www.hdsf.co.uk/find-an-activity

The Herts Disability Sports Foundation is Registered Charity number 1156034



Open Court
Disability Tennis

WHEELCHAIR TENNIS

Start a sport for life

If you have enjoyed today's session we would love to invite you to join us again to play some more. To get more info on your FREE session please contact us on the below

Easter Holidays (Times and days to be confirmed)

Gosling Sports Park, WGC, AL8 6XE

PYWHerts@gmail.com

07708501839

#LTAOpenCourt #TennisForEveryone



MORE INFO

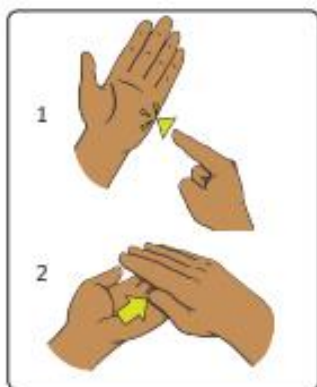
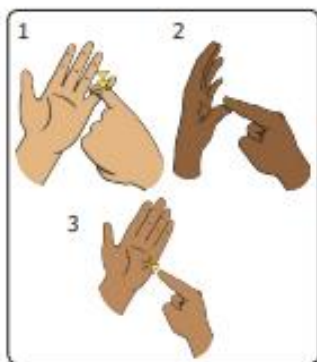
BSL Signs

How well do you know your days of the week signs?

British Sign Language - Days of the Week

Matching Activity

Draw a line to match the correct sign to each day of the week



Monday

Tuesday

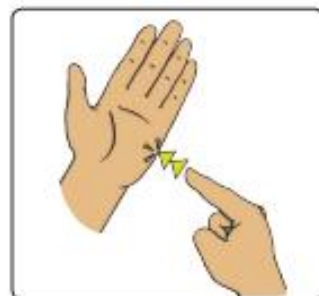
Wednesday

Thursday

Friday

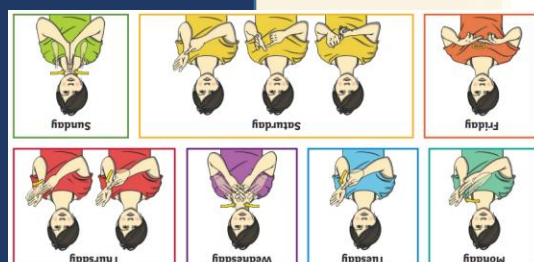
Saturday

Sunday



twinkl

visit [twinkl.com](https://www.twinkl.com)



MORE INFO



Kids eat for less or free this summer in Hertfordshire

Asda

Kids (aged 16 and under) eat for £1 at any time of day, seven days a week with no minimum spend.

Reefeater

Up to two kids can receive a free breakfast with one paying adult.

Brewers Fayre

Up to two kids can receive a free breakfast with one paying adult.

Bella Italia

Kids aged 2-11 can eat for £1 at Bella Italia with the purchase of any adult main from 4-6pm Monday-Thursday.

Bill's

Up to two kids can eat free all-day Monday – Friday if one adult orders any main dish.

Café Rouge

Kids eat for £1 with purchase of one adult main course. 22 July – 31 August. Excludes Saturdays.

Dobbies Garden Centre

Families can get one free kids' meal with every adult main meal purchased in the restaurant.

Dunelm Café

Kids eat free when an accompanying adult spends £4. Kids can get a mini main, two snacks and a drink.

Hungry Horse

Kid's breakfast up to £2.49 for free when you buy an adult breakfast. Available every day between 8am and 12 noon, July 22 – September 4.

Morrisons

When you purchase one adult meal over £4.99, kids (16 and under) can get a free meal from the kids's menu. One kids meal per adult.

Tesco

Parents can spend as little as 60p to claim a free kids' meal worth up to £3.25.

YO! Sushi

Kids under 10 can eat for free from 3.30pm-5.30pm, Monday to Thursday. One child eats free for every £10 spent on food by the accompanying adult(s).



Visit:
hertfordshire.gov.uk/littletrips



MORE INFO



Herts House Respite LIMITED

Herts house offers adults ages 16+ with learning disabilities and Autism an overnight stay in our lovely service in Bushey, Herts.

We have created a 'Home away from Home' so that parents and carers can have that well deserved break whilst offering a space for individuals to be independent and enjoy some time away in a safe and welcoming environment.




WHY CHOOSE US?



- ✓ Home away from home
- ✓ Personalised service
- ✓ Great staff
- ✓ fun Activities
- ✓ Great Reputation - Just ask!

ABOUT

Herts House Respite was created by the f...
a local Day Service - Life Enhancement C...
the huge demand from the parents and...
those who attended. A trusted service...
excellent reputation

CALL US NOW

 07852901009

 info@hhrespite.co.uk  hhrespite.co.uk

MORE INFO

LONSDALE



for families



SEND DROP IN

3rd Monday in every month - 10.00 - 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis.

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own. Children are welcome, no diagnosis needed.

HOW TO BOOK

Log into our Facebook page to book your place
<https://www.facebook.com/hertfordshirefamilycentres>

MORE INFORMATION

hertfamilycentres.org Call us on: 0300 123 7572

Scan the QR code
To talk to us



withYouth

YOUNG PEOPLE'S Digital Wellbeing Services

If you are between the ages of 5-18 or a parent/caregiver of a 5-18 year old, message us or call us to get help with issues that are affecting your wellbeing.

We can talk about what you are experiencing and offer you support, information and advice through one-to-one and group sessions.

You can get help straight away, no referral needed.
To find out more, or to talk to one of our team:

Instant message us at www.withyouth.org

Or call us on **0208 189 8400**

We are here for you
Every day from 2pm - 10pm (excluding Bank Holidays)

Instant message us at www.withyouth.org

Or call us on **0208 189 8400**

T: 0208 189 8400 E: withyouth@hertfordshiremind.org W: www.withyouth.org

 **mind** Hertfordshire Network

Nightlight Crisis Helpline



In a crisis and need someone to talk to?

Our Crisis Helpline is open from 7pm - 1am

7 days a week, 365 days a year

Call us on:

01923 256391

nightlight@hertfordshiremind.org


www.nightlightcrisis.org

Herts Mind Network is a registered charity No. 1112487 and a company limited by guarantee No. 5532977

MORE INFO

LONSDALE



 Lonsdale School, Brittain Way,
Stevenage, SG2 8UT

Herts
Inclusive
Theatre

COME FOR
A FREE
TASTER

A CHILDREN'S
THEATRE FOR
EVERYONE
STEVENAGE

SPACES
NOW
AVAILABLE!

Our Stevenage theatre group is for children aged 5 - 12, inclusive to all abilities and runs every Thursday during term time, 4:45pm - 6pm. It is a great place for building confidence, improving well-being, learning new skills and making new friends.

admin@hit-theatre.org.uk / 01727 221414 / www.hit-theatre.org.uk

HIT is a registered charity 1180955   



KID ZONE 2024

MONTHLY SERIES OF FREE EVENTS FULL OF FUN FOR CHILDREN & FAMILIES.

Time: 11am - 3pm Location: Event Island

11 February: Bubble Machine Peddle Bike, Face painting & more
10 March: Lego Make & Take, Face Painting & more
14 April: Pedal Powered Scalextric, Face Painting & more
12 May: Juke Box Peddle Bike, Face Painting & more
9 June: Activity TBC
14 July: Activity TBC
8 September: Activity TBC
13 October: Activity TBC
10 November: Activity TBC

Follow us for more info and to keep up to date:
 @lovestevenagetc  lovestevenagetc  lovestevenagetc www.stevenagetowncentre.com

Hertfordshire Music Service Inclusive Choir (Soundabout associate member choir)

An inclusive contemporary style choir in association with the music charity Soundabout.

- For anyone Year 5, 6 and secondary age, with a focus on giving a voice to those with SEN and complex needs.
- Sessions are twice a month, online, with an end of term, in-person, get-together at Mid Herts Centre for Music & Arts.
- Starting April 2024 with a **free taster session** on Friday 15 March 2024 (5.00pm - 6.00pm).

soundabout

make music change lives

Scan the QR code to see Soundabout's music videos.



Starts Friday 19 April 2024 (March taster session)



5.00pm - 6.00pm



Online with an end of term get-together at Mid Herts Centre for Music and Arts



£35 per term



Scan me for more

MORE INFO

LONSDALE



Article 6: HAPpy Easter Camps – now open

Author: Carol Leslie

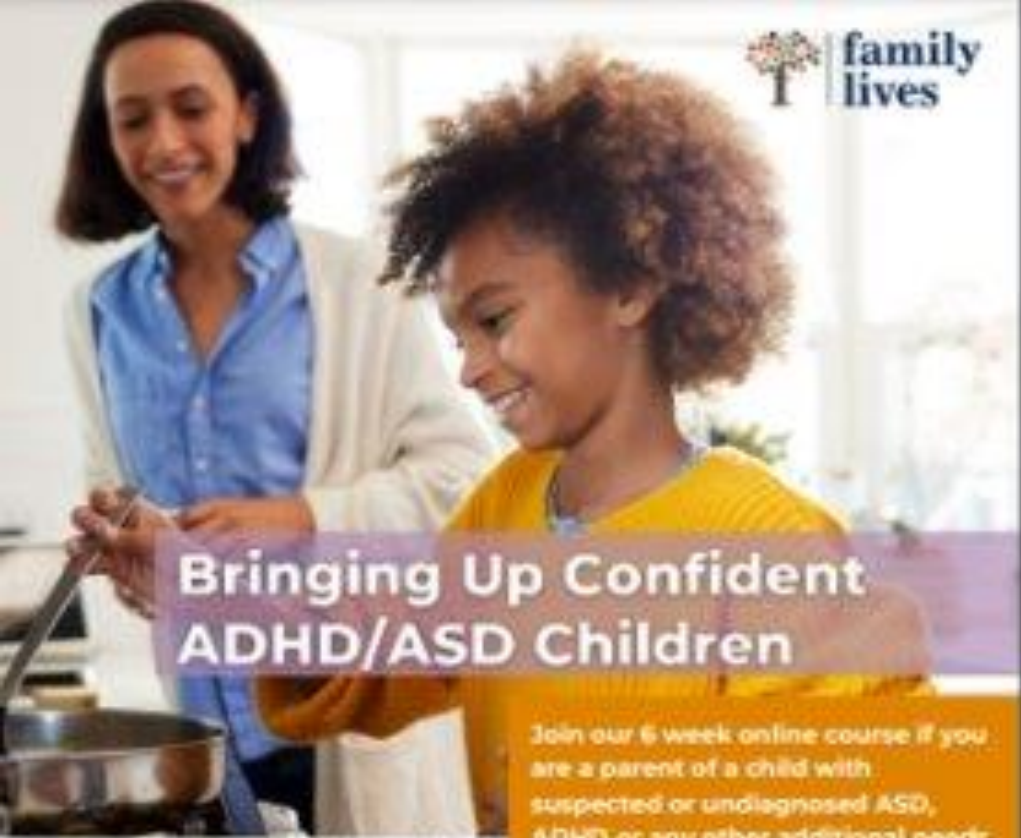

Contact: 07580 743561

Action/Info: Information

HAPpy Easter Camps – now open

We would appreciate your help in promoting the HAPpy (Holiday Activity Programme) again. Could we please ask if you could promote the following in your newsletters, website, social media channels and any other appropriate channels.

We have included a poster, a social media image and suggested content which you can access at: <https://thegrid.org.uk/news/happy-easter-camps>



Bringing Up Confident ADHD/ASD Children


Join our 6 week online course if you are a parent of a child with suspected or undiagnosed ASD, ADHD or any other additional needs. We will help you to understand your child's behaviour, learn to break negative parent-child interaction cycles while promoting their social and emotional development.



Thursday Evening (6 weeks)
21 March - 9 May 7pm-9pm
OR
Tuesday Daytime (6 weeks)
26 March 14 May 9.30am - 11.30pm
Online Via MS Teams

For more information, contact Louise on 0204 522 8700 or 8701 or email Services@familylives.org.uk

We build better family lives together

www.familylives.org.uk

 @FamilyLivesHertsandBeds

Family Lives is registered as a company limited by guarantee in England and Wales No. 1817762. Registered charity No 1077702. Registered address: 15-17 The Broadway, Hatfield, Hertfordshire, AL9 5H2.

MORE INFO

LONSDALE



Second Hand Uniform

Lonsdale School are keen to promote sustainability. If you have any good quality, preloved uniform you no longer need, you can drop it off at the school office in a bag clearly marked 'Second-Hand Uniform Donation'. Thank you!

The poster for the WheelPower National Junior Games 2024 features a central blue circular logo with a white stylized figure in a wheelchair. To the left is a yellow circle with 'AGES 11-18' and three stars. To the right is a red circle with 'TRY 20 SPORTS' and three stars. Below the logo, the dates '25 - 28 June 2024' are written in large blue font, followed by 'Stoke Mandeville Stadium, Buckinghamshire' in smaller blue font. At the bottom, three children in wheelchairs are shown: a boy in a yellow shirt on a racing wheelchair, a girl in a purple shirt holding a basketball, and a boy in a green shirt with a tennis racket. The bottom of the poster includes the website 'wheelpower.org.uk/sport-events', the email 'e: sport@wheelpower.org.uk', the phone number 't: 01296 395995', a QR code, and small text for 'charity number 265498' and 'WheelPower - British Wheelchair Sport, Stoke Mandeville Stadium, Buckinghamshire, HP21 9PP'.

WheelPower
British Wheelchair Sport

WheelPower
National Junior Games

AGES 11-18

TRY 20 SPORTS

25 - 28 June 2024
Stoke Mandeville Stadium, Buckinghamshire

wheelpower.org.uk/sport-events
e: sport@wheelpower.org.uk t: 01296 395995
charity number 265498
WheelPower - British Wheelchair Sport, Stoke Mandeville Stadium, Buckinghamshire, HP21 9PP

Information about Free School Meals in Herts can be found here:
<https://www.hertfordshire.gov.uk/services/schools-and-education/at-school/free-school-meals/free-school-meals.aspx>



WEBSITE

INFORMATION

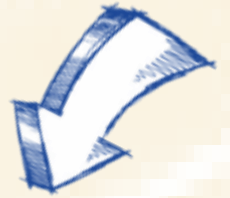
Visit the Student Area on our website

www.lonsdale.herts.sch.uk

You can find lots of activities in the 'All Sorts of Things' section.

Daily Home Learning Plan can be found in your class area for pupils who are not attending school.

Student Area is here!



HOME ABOUT US COVID-19 RETURN TO SCHOOL NEWS AND EVENTS OUR LEARNING PARENTS GOVERNORS COMMUNITY STUDENT AREA CONTACT US



**LONSDALE
SCHOOL**
Learning for life!



www.lonsdale.herts.sch.uk

Login to find out more!



HOME - STUDENT AREA

Welcome

To access this area we need you to login using the username and password provided to you by the school. Please enter this information below and click login to proceed.

If you have forgotten your username and/or password please contact the school.

Username:

Password:

[LOGIN](#)

[Forgotten your password?](#)

Then explore your class area and look at 'Ideas Shared by and for Parents'.



Maybe send your feedback?



HOME - STUDENT AREA - IDEAS SHARED BY AND FOR PARENTS

Ideas Shared by and for Parents

This page is full of ideas which have been sent to us by parents. Thank you, all!

Keep your ideas and thoughts coming; we will update this page regularly...

To get in touch, please email your child's form tutor or use the 'Home Learning Questions' tab.

Have you seen these?

Free Daily Resources For Children



PE with Joe Wicks On YouTube

Week days at 9am but you can visit any time on youtube to view the workout.



Wildlife With with Steve Backshall On Facebook

Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration quest ons.



Science with Maddy Moate on YouTube

Weekdays 11am. Maddy & Greg chat about science and nature!



Dance with Oti Mabuse On Facebook

Every day at 11:30am but children can view the class at any time.



Maths With Carol Vorderman

Free access to the her maths website: www.hermaths.co.uk



Music with Mylene Klass on YouTube

Twice a week. Next one Friday 27 March 10am, but can view any time.



Storytime With David Williams

Free story everyday at 11am on his website: www.worldofdavidwilliams.com



ALL SORTS OF THINGS...

BUMBLEBEES

DOLPHINS

ELEPHANTS

GORILLAS

HIPPES

KOALAS

LYNX

OWLS

PANDAS

SEA TURTLES

TASMANIAN DEVILS

VAQUITAS

WOMBATS

JOIN THE SPRING WATCH!