



Learning@Lonsdale

NEWSLETTER

Whole School News

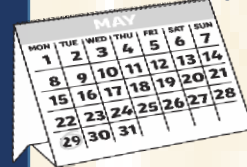
Last week all classes brought together their Science findings, experiments and exhibits they had worked on during Science Week. On Friday, there was a Science Fair set up in our Hall, where all classes could admire one another's work.

We were also pleased to meet Wally, the resident dog at Marriotts. Wally will come across to meet pupils at Lonsdale every Monday during lunchtime. Some dog-sharing between the schools!

Please don't forget that all children will have an early lunch on Thursday 28th March and leave school at 1.30pm at the end of term.

Monday 25th March 2024

Information & Dates for your Diary



End of term Thursday 28th March 2024 – Pupils will go home at 1.30pm

Staff Inset Day Monday 15th April 2024

Pupils return on Tuesday 16th April 2024

Bank Holiday Monday 6th May 2024

Half-Term Holiday 27th to 31st May 2024

End of Term Tuesday 23rd July 2024

Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



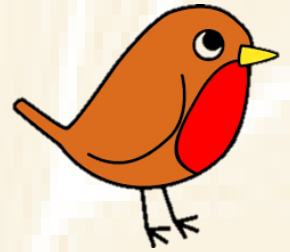


PRIMARY

News

Robin Class have finished their seasons work sharing 'Serenas Seasons' sensory story one last time, focussing on winter. The children explored frozen paint and how this makes marks on paper. They were lucky to have two yoga sessions this week and loved sharing one session with Dragonfly Class. They went outside on the secondary playground to explore their surroundings and made journey sticks.

They enjoyed helping to create their science board for the fair.



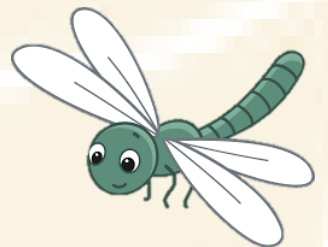
ROBIN CLASS



MONKEY CLASS



ALPACA CLASS



DRAGONFLY CLASS



FALCON CLASS

Monkey Class have listened to the story Pinocchio this week, discussing characters, story order and describing what is happening. In Maths, they have continued working on dividing by sharing and worked with coins (1p, 2p, 5p and 10p). In Science Week we have continued with developing our knowledge of materials, bending, twisting, cooling and melting to change material. We also explored the water cycle and rivers.

Alpaca Class enjoyed visiting the school Science exhibition to look at and explore what everyone has been learning. In our class Science we tested materials for waterproofness. In English the children explored Jack and the Beanstalk and in Maths they have been comparing mass using the balance scales. In Music the children learned a new song and played guess the instrument. They learned about how play helps their well-being in PHSCE.

Dragonfly Class worked hard on their Science project and were very pleased when their white flowers which were standing in red ink eventually changed colour. The class welcomed a new volunteer to school, who spent their first day in Dragonfly Class. They also worked hard in their phonics sessions last week, and they are now looking forward to the last week before the Easter break.

In English, we choose an ending format and wrote our own ending to a fairy story. In Maths, we developed our knowledge of multiplication and division inverses and our understanding of left and right. In Science, we carried out a fair test to see which substances dissolved in cold and warm water. In DT we carried on using tools to start making our cam toys. We enjoyed looking at everyone's displays in the Science Fair.



SECONDARY

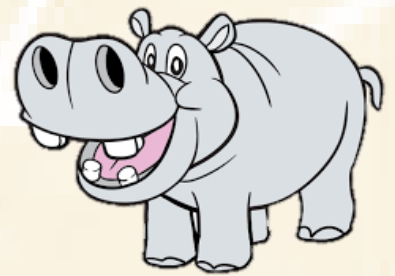
News

The Class had a great lesson cycling again this week. Some were able to demonstrate their skills at the PE Roadshow on Wednesday. In History, we made pots and painted them a bronze colour to look like some of the artefacts discovered from the Bronze Age. In English, they developed ideas they had had for a short story and submitted a piece each for the House Story Competition. In Science we continued to learn about reversible and irreversible changes and completed our display for the fair.



WOMBAT CLASS

In Maths, we looked at equivalent fractions and built different parts of the fraction wall. In History we learnt about Stonehenge. Each member of the class took on the role of a historian or an archaeologist and contributed to a debate giving their view about why Stonehenge had been built.



HIPPO CLASS

We were really excited to win a prize for our brilliant Reading Den that we made on World Book Day! In English, the Class wrote some short stories for the short story competition, which were brilliant! In Geography, the class continued to create their travel guide of Whitby. In PSCH, we talked about how we like to learn. We loved doing Boxercise on Wednesday during the PE Roadshow. In Maths, the Class compared numbers within 50. We also really enjoyed looking around the amazing Science Exhibition in the hall.



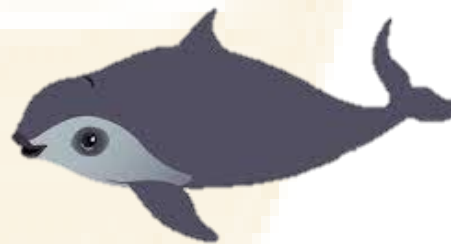
SEA TURTLE CLASS

Gorilla Class had a lovely week! We spent a couple of lessons finishing off our science work, ready for the Science Fair. The students loved designing and creating their own vehicles and then going to see what other students had created. In English, the Gorillas were working on their adjectives so that they could describe Willy Wonka's chocolate factory.



GORILLA CLASS

Another very busy week as we head towards Easter Break! Pupils have researched the history of the Universe to try and work out the oldest to most recent events, for the Science Week exhibition. In English, they completed their stories for the House competition, so we will look forward to the results! We continued with working out money problems in Maths and established that this week, Fish was a bit richer than last week – happy days. We also welcomed a new classmate, who will be joining us full time after Easter.



VAQUITA CLASS

UPPER SCHOOL

News

LONSDALE

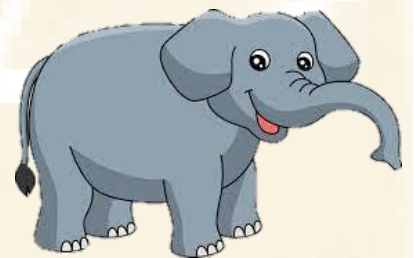


This week in T Class, we have been exploring Stromatolites on Earth and discovering they were the first forms of life on Earth in Science. In English, we have had a go at composing our stories for the short story competition. In Art, we have been using our artistic skills to paint Haden, Archean and Proterozoic earth for our Science displays. Earlier last week, we took part in a Table-Top Competition, which we won. Have a look at our medals and trophy.



TASMANIAN DEVIL
CLASS

In Elephants this week, we invented a machine for our sweets that we created last lesson as part of our English Charlie and the Chocolate Factory topic. In Maths, we have been learning about capacity. We continued our seasons topic in Science and finished our 3D models for the exhibition, which was amazing! In RE, we learnt about different Christian festivals and when in the year they occur. We really enjoyed playing Boccia at the PE Roadshow as well.



ELEPHANT CLASS

A very busy week in Lynx Class! We enjoyed learning different things. We drew in Picasso style and created awesome faces inspired by the artist. In Maths, we looked at equivalent fractions and built different parts of the fraction wall. In Science, we continued learning about Evolution and prepared the display for the Science Week Exhibition. We loved taking part in PE Roadshow – riding bikes. That was fun!



LYNX CLASS

In FS Maths, we looked at equivalent fractions and built different parts of the fraction wall. We enjoyed walking around the Science exhibition and looking at all classes' findings. We enjoyed a joined session of rugby with H Class on Wednesday. Several parents visited, too, as part of the PE Roadshow, and it was fun to try out lots of different sports throughout the day.



PANDA CLASS

Our Governors are continuing to visit to see learning and school life. Two governors have recently been in to look at the use of Pupil Premium Funding. Next week we will welcome another visit to look at our PSHCE provision. Our Governors would like to wish you all a great break and a very happy Easter!



GOVERNORS NEWS



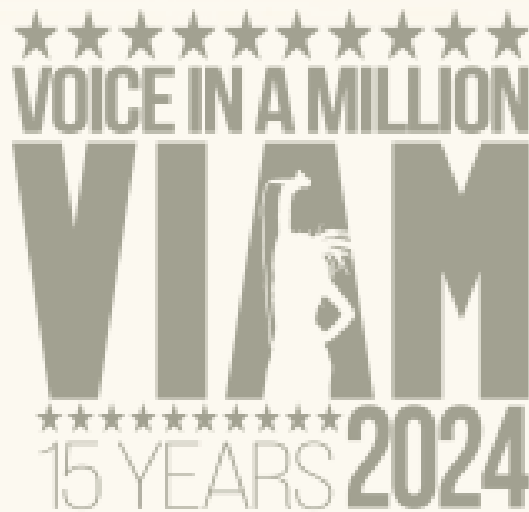
Open Orchestra Update



This week in Open Orchestra, Gorilla's worked hard exploring their chosen instruments.

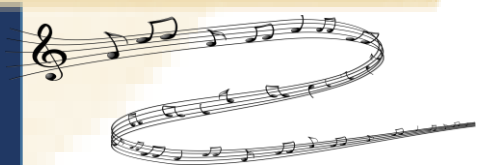
The Clarion player demonstrated their developing skill controlling the sounds they were making. The children are beginning to show some awareness of each other when playing.




V I A M

This week four Lonsdale Pupils took part in Voice In A Million at Wembley OVO Arena. They all did themselves proud joining in singing and dancing.

We hope many more students will be interested in taking part in 2 years time. It is a fantastic opportunity to be part of a shared music experience whilst raising awareness for Adoption UK.



Science Week at Lonsdale

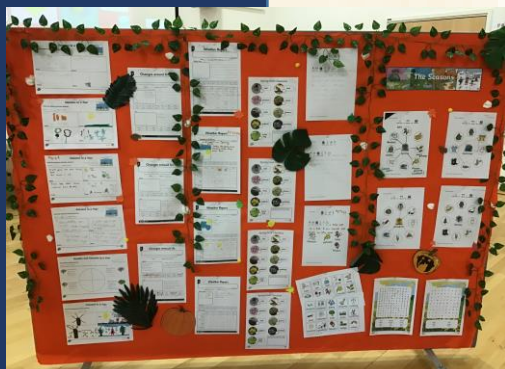


March is a very important month when it comes to Science as it is the month when Science Week takes place.

Science Week is a celebration of Science, Technology, Engineering and Maths.

The theme for this year was 'Time'. This year is extra special because it is the 30th anniversary of British Science Week! There are examples of time everywhere – it affects every part of our lives.

This whole half term, each class has been studying a specific topic and have learnt about how 'time' has an impact on it. Some of the topics included: The Seasons, The changing state of materials over time, Evolution, Planet Earth and Food Waste. Each class then created a display to be shown in our Science Exhibition. This was absolutely amazing! The ideas, quality of work and opportunities for student interaction were all fantastic so well done, and thank you, to everyone who participated.





BRILLIANT BITS

To view our best photos from last week, please click the link below, where you will be taken to the website gallery to see a photo album for each week:

[https://www.lonsdale.herts.
sch.uk/gallery/?pid=187&gc
atid=12](https://www.lonsdale.herts.sch.uk/gallery/?pid=187&gc
atid=12)

Enjoy!



MORE INFO

LONSDALE



There are a lot of exciting curriculum opportunities and events coming up.

Summer Term

Fri 26th April - Wellbeing Day: Planting & Picnic

13th - 16th May - Sports Week

Fri 17th May - Sports Day

Fri 14th June - Save the Children's 'Den Day'

17th - 21st June - Sky Arts Week

Fri 19th July - Primary Prom

Mon 22nd July - Post-16 Leavers Prom

MORE INFO



Families In Focus CIC
LOOKING FORWARD TOGETHER

Handling anger of primary aged children with Autism or ADHD

Our award-winning six-week course is funded by Hertfordshire County Council and FREE for parents of primary aged children with ADHD and/or Autism, living in Hertfordshire.

This course for parents provides practical, evidence based support to understand why children with Autism or ADHD react with anger and provides proven techniques to increase emotional and sensory regulation in your family.



Wednesday mornings
9.30am to 11.30am
April 17th 24th &
May 1st 8th 15th 22nd

Email Francine & Lesley:
bookings@familiesinfocus.co.uk



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Wednesday evenings
6.30pm to 8.30pm
April 17th 24th &
May 1st 8th 15th 22nd

Email Francine & Lesley:
bookings@familiesinfocus.co.uk

Coffee Morning

DSPL2



Please come along to our coffee morning.

It's a great way to meet other parents and get involved with DSPL2 events.

Tea, coffee and biscuits will be provided.

We hope to see you there.

Future Dates:

Friday 10th May 2024 9.30-11am

Friday 28th June 2024 9.30-11am

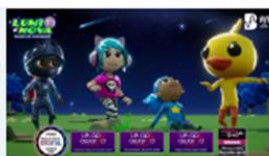
We will be joined by colleagues from Hertfordshire's funded children and young people's digital wellbeing service.

Location:

The Oak Suite,
Peartree Spring Primary School,
Hydean way,
Stevenage,
SG2 9GG.

Click [here](#) to book via DSPL2 Eventbrite.

If you have any questions email: dspl2@peartreespring.herts.sch.uk



DSPL2

Delivering Special
Provision Locally

MORE INFO

LONSDALE



TALKING FAMILIES



Tuesdays 8.00-9.30pm Online Course: ID 656
16th April - 21st May 2024

Tuesdays 8.00-9.30pm Online Course: ID 653
4th June - 9th July 2024

Our online support sessions are delivered weekly via Zoom.

- 6, weekly sessions for parents and carers of children aged 0-12 sharing
- Manage challenging behaviour with consistency
 - Encourage positive behaviour
 - Build your child's self esteem
 - Set and maintain boundaries
 - Respond to tantrums and difficult feelings in children
 - Develop a strong parent/child relationship.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'Every parent should do this course! It has taught me so much about how to deal with family life.'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund



Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.

TALKING ANXIETY in TEENS



Tuesdays 7.45-9.30pm Online Course: ID 655
4th June - 9th July 2024

Our online support sessions are delivered weekly via Zoom.

6, weekly sessions for parents and carers of 12-19 year olds, supporting you to:

- Understand why young people and adults get anxious.
- Develop strategies to handle anxiety in yourself and others within your family.
- Recognise the early signs of anxiety and be able to avoid escalation.
- Reduce stress and tension.
- Encourage resilient behaviour and strengthen relationships in the family.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'This course has helped us all to cope day to day.'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



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TALKING ADDITIONAL NEEDS



Thursdays 9.45-11.15am Course: ID 651
18th April - 23rd May 2024

Tuesdays 8.00 - 9.30pm Course: ID 652
4th June - 9th July 2024

Our online support sessions are delivered weekly via Zoom.

A 6-week group for parents and carers of children with any additional need from 2-25. Your child does not need a diagnosis to join.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict, anger and arguments.
- Improve Emotional Regulation
- Explore sensory needs.
- Motivate, encourage and support your child.
- Increase your child's resilience.
- Manage the different needs within your family.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I have been on a few courses to help me with my son, this was by far the most helpful.'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



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TALKING DADS



Thursdays 7.45-9.15pm Online Course: ID 659
18th April - 23rd May 2024

Wednesdays 7.45-9.15pm Online Course: ID 660
5th June - 10th July 2024

Our online support sessions are delivered weekly via Zoom.

6, weekly sessions for dads & male carers of all ages, sharing information on:

- Increasing confidence in your parenting.
- Developing a healthy dad/child relationship now and for the future.
- Improved listening and communication skills.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad you want to be.

Groups are open to male parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I can break out of the cycle and make things different for my child.'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



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TALKING TEENS



Wednesdays 7.45 - 9.15pm Online Course: ID 657
17th April - 22nd May 2024

Our online support sessions are delivered weekly via Zoom.

Wednesdays 7.00 - 9.00pm In Person Course: ID 658
5th June - 10th July 2024 The Reddings Family Centre Harcourt Rd, Bushey WD23 3PE

6, weekly sessions for parents and carers of children aged 12-19, covering:

- The Teen Brain: Recognising the physical and emotional changes taking place and why behaviour changes.
- The link between behaviour and communicating difficult feelings.
- Maintaining your relationship with good communication.
- Understanding risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate during a conflict situation.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'Our home is no longer a battlefield. I am less stressed and my teenager speaks to me more. Thank you!'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund



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TALKING ANGER in FAMILIES



Wednesdays 9.45-11.30pm Online Course: ID 654
17th April - 22nd May 2024

Our online support sessions are delivered weekly via Zoom.

6, weekly sessions for parents and carers of children aged 0-12, supporting you to:

- Understand why children, young people and adults get angry.
- Develop strategies to handle anger in yourself and others within your family.
- Recognise the early signs of anger and be able to avoid escalation.
- Reduce conflicts and arguments.
- Encourage positive behaviour and strengthen relationships in the family.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'Their anger used to scare me. I now feel able to cope with it, and even help.'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk



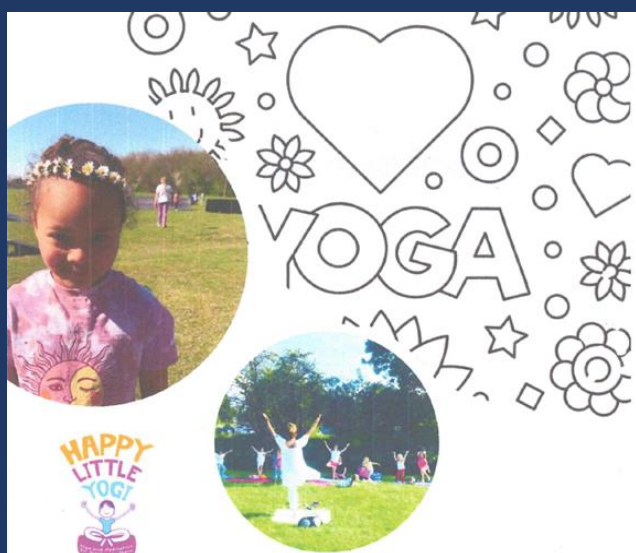
These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund



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MORE INFO

LONSDALE



Happy Little Yogi Sessions

@ The Howard Garden Social Centre,
Letchworth Wednesday 4pm - 4.45pm

Age: 3 - 8yrs

YOGA-GAMES-MAGICAL MEDITATIONS-SENSORY RELAXATION

Book via happylittleyogi.com/classes

or for more info contact

jane@happylittleyogi.com



inclusive academy dance school

Making dance accessible for all!

At Inclusive Academy dance school, we strive for outstanding classes that everybody can attend. Everyone can dance and this is shown through our range of classes.

Sensory Movement Class

In our sensory movement class, we use props and repetition to explore movement. We use a range of props and music to explore how we can move props in different ways, and how different music changes the way and speed of how we move.

This class is suitable for everyone of all abilities and can be adapted where necessary.



Accessible Dance Class

In our accessible dance class, we learn lots of short, easy to follow routines. We explore the use of props, partner work, and choreographing our own routines. We also learn a longer routine each Autumn and Summer term to perform to our parents, carers, friends, etc.

This class is fully adaptable and suitable for anyone



Advanced Dance Class

This class is the next step from our accessible dance class. In our advanced class, we learn a longer routine each week developing our technique in different styles. This is done whilst having fun and developing our performance skills.

This class can be adapted for all abilities, whether you are ambulant, use a frame or walker, or are in a manual or power wheelchair.



Website: inclusiveacademydanceschool.com
Email: inclusive.academy@outlook.com
Text/WhatsApp: 07503 254 853
Facebook: [inclusive.academy](https://www.facebook.com/inclusive.academy)
Instagram: [@inclusive_academy](https://www.instagram.com/inclusive_academy)

Your first lesson is always FREE!

Activities at Stanborough Park



If you have a physical disability and are looking for things to do, why not join Herts Disability Sports Foundation for some fun?

Bellboating, age 8+, £10

Join us on our 10 seater paddle boats. Ticket includes a free parent/carer seat. Hoist and supported seat with 4 point harness available.

Boxercise / Fitness, £5

Social & fun group exercise sessions at Stanborough Park and Community Venues

Adapted Cycling 1-1 Induction, £15

Need help knowing what adapted bike you need? Let us help! Our 1 hour session includes selecting a bike and going out around the park for a ride.

Bike Hire, £6.30

Following an induction, hire the bike for an hour to cycle around the park. Only available when we are on site at Stanborough Park.

Bean bag powerboat ride, age 8+, £25

Join us at Stanborough Lake for a power boat ride. This is only for those who cannot access any of our other water sports activities.



All sessions are prebook only



ros@hdsf.co.uk

[Herts Disability Sports Foundation](https://www.facebook.com/HertsDisabilitySportsFoundation)

www.hdsf.co.uk/find-an-activity

The Herts Disability Sports Foundation is Registered Charity number 1156034



Open Court
Disability Tennis

WHEELCHAIR TENNIS

Start a sport for life

If you have enjoyed today's session we would love to invite you to join us again to play some more. To get more info on your FREE session please contact us on the below

Easter Holidays (Times and days to be confirmed)

Gosling Sports Park, WGC, AL8 6XE

PYWHerts@gmail.com

07708501839

#LTAOpenCourt #TennisForEveryone

MORE INFO

BSL Signs

Have a go at finding these creatures on a nature walk in your garden or a local park

worm



bee



beetle



butterfly



snail



caterpillar



spider



MORE INFO



Kids eat for less or free this summer in Hertfordshire

Asda

Kids (aged 16 and under) eat for £1 at any time of day, seven days a week with no minimum spend.

Beefeater

Up to two kids can receive a free breakfast with one paying adult.

Brewers Fayre

Up to two kids can receive a free breakfast with one paying adult.

Bella Italia

Kids aged 2-11 can eat for £1 at Bella Italia with the purchase of any adult main from 4-6pm Monday-Thursday.

Bill's

Up to two kids can eat free all-day Monday – Friday if one adult orders any main dish.

Café Rouge

Kids eat for £1 with purchase of one adult main course. 22 July – 31 August. Excludes Saturdays.

Dobbies Garden Centre

Families can get one free kids' meal with every adult main meal purchased in the restaurant.

Dunelm Café

Kids eat free when an accompanying adult spends £4. Kids can get a mini main, two snacks and a drink.

Hungry Horse

Kid's breakfast up to £2.49 for free when you buy an adult breakfast. Available every day between 8am and 12 noon, July 22 – September 4.

Morrisons

When you purchase one adult meal over £4.99, kids (16 and under) can get a free meal from the kids's menu. One kids meal per adult.

Tesco

Parents can spend as little as 60p to claim a free kids' meal worth up to £3.25.

YO! Sushi

Kids under 10 can eat for free from 3.30pm-5.30pm, Monday to Thursday. One child eats free for every £10 spent on food by the accompanying adult(s).



Visit:
hertfordshire.gov.uk/littletrips



MORE INFO



Herts House Respite LIMITED

Herts house offers adults ages 16+ with learning disabilities and Autism an overnight stay in our lovely service in Bushey, Herts.

We have created a 'Home away from Home' so that parents and carers can have that well deserved break whilst offering a space for individuals to be independent and enjoy some time away in a safe and welcoming environment.




WHY CHOOSE US?



- ✓ Home away from home
- ✓ Personalised service
- ✓ Great staff
- ✓ fun Activities
- ✓ Great Reputation - Just ask!

ABOUT

Herts House Respite was created by the f...
a local Day Service - Life Enhancement C...
the huge demand from the parents and...
those who attended. A trusted service...
excellent reputation

CALL US NOW

 07852901009

 info@hhrespite.co.uk  hhrespite.co.uk

MORE INFO

LONSDALE



SEND DROP IN

3rd Monday in every month - 10.00 - 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis.

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own. Children are welcome, no diagnosis needed.

HOW TO BOOK

Log into our Facebook page to book your place
<https://www.facebook.com/hertfordshiremind>
stevenage@hertfordshiremind.org.uk

MORE INFORMATION

hertfamilycentres.org Call us on: 0300 123 7572



Scan the QR code
To talk to us



withYouth

YOUNG PEOPLE'S Digital Wellbeing Services

If you are between the ages of 5-18 or a parent/caregiver of a 5-18 year old, message us or call us to get help with issues that are affecting your wellbeing.

We can talk about what you are experiencing and offer you support, information and advice through one-to-one and group sessions.

You can get help straight away, no referral needed.

To find out more, or to talk to one of our team:

Instant message us at www.withyouth.org

Or call us on **0208 189 8400**

We are here for you

Every day from 2pm - 10pm (excluding Bank Holidays)

Instant message us at www.withyouth.org

Or call us on **0208 189 8400**

T: 0208 189 8400 E: withyouth@hertfordshiremind.org W: www.withyouth.org

 **mind** Hertfordshire Network

Nightlight Crisis Helpline



In a crisis and need someone to talk to?

Our Crisis Helpline is open from 7pm - 1am

7 days a week, 365 days a year

Call us on:

01923 256391

nightlight@hertfordshiremind.org

www.nightlightcrisis.org

Herts Mind Network is a registered charity No. 1112487 and a company limited by guarantee No. 5532977

MORE INFO

LONSDALE



Lonsdale School, Brittain Way,
Stevenage, SG2 8UT

Herts
Inclusive
Theatre

COME FOR
A FREE
TASTER

A CHILDREN'S
THEATRE FOR
EVERYONE
STEVENAGE

SPACES
NOW
AVAILABLE!

Our Stevenage theatre group is for children aged 5 - 12, inclusive to all abilities and runs every Thursday during term time, 4:45pm - 6pm. It is a great place for building confidence, improving well-being, learning new skills and making new friends.

admin@hit-theatre.org.uk / 01727 221414 / www.hit-theatre.org.uk

HIT is a registered charity 1180955



MONTHLY SERIES OF FREE EVENTS FULL
OF FUN FOR CHILDREN & FAMILIES.

Time: 11am - 3pm Location: Event Island

11 February: Bubble Machine Peddle Bike, Face painting & more
10 March: Lego Make & Take, Face Painting & more
14 April: Pedal Powered Scalextric, Face Painting & more
12 May: Juke Box Peddle Bike, Face Painting & more
9 June: Activity TBC
14 July: Activity TBC
8 September: Activity TBC
13 October: Activity TBC
10 November: Activity TBC

Follow us for more info and to keep up to date:

@lovestevenaget

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www.stevenagetowncentre.com



Hertfordshire Music Service Inclusive Choir (Soundabout associate member choir)

An inclusive contemporary style choir in association with the music charity Soundabout.

- For anyone Year 5, 6 and secondary age, with a focus on giving a voice to those with SEN and complex needs.
- Sessions are twice a month, online, with an end of term, in-person, get-together at Mid Herts Centre for Music & Arts.
- Starting April 2024 with a free taster session on Friday 15 March 2024 (5.00pm - 6.00pm).

soundabout

make music change lives

Scan the QR
code to see
Soundabout's
music videos.



Starts Friday 19 April 2024 (March taster session)



5.00pm - 6.00pm



Online with an end of term get-together at
Mid Herts Centre for Music and Arts



£35 per term



Scan me for more

MORE INFO

LONSDALE



Article 6: HAPpy Easter Camps – now open

Author: Carol Leslie


Contact: 07580 743561

Action/Info: Information

HAPpy Easter Camps – now open

We would appreciate your help in promoting the HAPpy (Holiday Activity Programme) again. Could we please ask if you could promote the following in your newsletters, website, social media channels and any other appropriate channels.

We have included a poster, a social media image and suggested content which you can access at: <https://thegrid.org.uk/news/happy-easter-camps>



family lives

Bringing Up Confident ADHD/ASD Children


Join our 6 week online course if you are a parent of a child with suspected or undiagnosed ASD, ADHD or any other additional needs. We will help you to understand your child's behaviour, learn to break negative parent-child interaction cycles while promoting their social and emotional development.



Thursday Evening (6 weeks)
21 March - 9 May 7pm-9pm
OR
Tuesday Daytime (6 weeks)
26 March 14 May 9.30am - 11.30pm
Online Via MS Teams

For more information, contact Louise on 0204 522 8700 or 8701 or email Services@familylives.org.uk

We build better family lives together

www.familylives.org.uk

 @FamilyLivesHertsandBeds

Family Lives is registered as a company limited by guarantee in England and Wales No. 1817762. Registered charity No 1077702. Registered address: 15-17 The Broadway, Hatfield, Hertfordshire, AL9 5H2.

MORE INFO

LONSDALE



Second Hand Uniform

Lonsdale School are keen to promote sustainability. If you have any good quality, preloved uniform you no longer need, you can drop it off at the school office in a bag clearly marked 'Second-Hand Uniform Donation'.
Thank you!

The poster features the WheelPower logo at the top, which includes a stylized figure in a wheelchair and the text 'WheelPower British Wheelchair Sport'. Below this is a large blue circular logo with the text 'WheelPower National Junior Games' and a stylized figure. To the left of the circle is a yellow badge that says 'AGES 11-18' with three stars. To the right is a red badge that says 'TRY 20 SPORTS' with three stars. The dates '25 - 28 June 2024' are prominently displayed in large blue letters, with 'Stoke Mandeville Stadium, Buckinghamshire' written below them. At the bottom, there are three photographs of children in wheelchairs: one is a girl in a yellow shirt riding a wheelchair, one is a girl in a purple shirt holding a basketball, and one is a boy in a green shirt holding a tennis racket. At the very bottom, the website 'wheelpower.org.uk/sport-events' is listed, along with the email 'e: sport@wheelpower.org.uk' and the phone number 't: 01296 395995'. A QR code is located in the bottom right corner. Small text at the bottom left indicates 'charity number 265418' and 'WheelPower - British Wheelchair Sport, Stoke Mandeville Stadium, Buckinghamshire, HP21 9PP'.

WheelPower
British Wheelchair Sport

WheelPower
National Junior Games

AGES 11-18

TRY 20 SPORTS

25 - 28 June 2024
Stoke Mandeville Stadium, Buckinghamshire

wheelpower.org.uk/sport-events
e: sport@wheelpower.org.uk t: 01296 395995

charity number 265418
WheelPower - British Wheelchair Sport, Stoke Mandeville Stadium, Buckinghamshire, HP21 9PP

Information about Free School Meals in Herts can be found here:
<https://www.hertfordshire.gov.uk/services/schools-and-education/at-school/free-school-meals/free-school-meals.aspx>



WEBSITE

INFORMATION

Visit the Student Area on our website

www.lonsdale.herts.sch.uk

You can find lots of activities in the 'All Sorts of Things' section.

Daily Home Learning Plan can be found in your class area for pupils who are not attending school.

Student Area is here!



HOME ABOUT US COVID-19 RETURN TO SCHOOL NEWS AND EVENTS OUR LEARNING PARENTS GOVERNORS COMMUNITY STUDENT AREA CONTACT US



**LONSDALE
SCHOOL**
Learning for life!

www.lonsdale.herts.sch.uk

Login to find out more!



Then explore your class area and look at 'Ideas Shared by and for Parents'.



Maybe send your feedback?



HOME - STUDENT AREA

Welcome

To access this area we need you to login using the username and password provided to you by the school. Please enter this information below and click login to proceed.

If you have forgotten your username and/or password please contact the school.

Username:

Password:

[LOGIN](#)

[Forgotten your password?](#)

HOME - STUDENT AREA - IDEAS SHARED BY AND FOR PARENTS

Ideas Shared by and for Parents

This page is full of ideas which have been sent to us by parents. Thank you, all!

Keep your ideas and thoughts coming; we will update this page regularly...

To get in touch, please email your child's form tutor or use the 'Home Learning Questions' tab.

Have you seen those?

Free Daily Resources For Children



PE with Joe Wicks On YouTube
Week days at 9am but you can visit any time on youtube to view the workout.



Wildlife With Steve Backshall On Facebook
Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration quest-ions.



Science with Maddy Moate On YouTube
Weekdays 11am. Maddy & Greg chat about science and nature!



Dance with Oli Mabuse On Facebook
Every day at 11:30am but children can view the class at any time.



Maths With Carol Vorderman
Free access to the for maths website: www.themathsdoctor.com



Music with Mylene Klass On YouTube
Twice a week. Next one Friday 27 March 10am, but can view any time.



Storytime With David Williams
Free story everyday at 11am on his website: www.worldofwilliams.com

ALL SORTS OF THINGS...

BUMBLEBEES

DOLPHINS

ELEPHANTS

GORILLAS

HIPPOS

KOALAS

LYNX

OWLS

PANDAS

SEA TURTLES

TASMANIAN DEVILS

VAQUITAS

WOMBATS

JOIN THE SPRING WATCH!