LONSDALE

learning@lonsdale

## Whole School News

Last week was Science Week at school. Classes learnt about famous scientists and their inventions. On Friday, we will hold a Science Fair, where all classes can showcase what they learnt and found out. We are all looking forward to lots of science experiments in the Hall!

On Friday, we joined in Red Nose Day to raise money for Comic Relief, who help people living in poverty. We all enjoyed a 'Try-to-make-me-laugh' assembly on Friday, where pupils tried to make staff laugh. It was hilarious!

Don't forget that there will be a PE Roadshow on Wed 20th, where all parents are invited to explore disability sports. We are looking forward to seeing you there!

#### Monday 18th March 2024

**Information & Dates for your Diary** 5 6 7 9 10 11 12 13 12 15 16 17 18 19 20 2

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22 23 24 25 26 27 28

29 30 31

End of term Thursday 28th March 2024 – Pupils will go home at 1.30pm Staff Inset Day Monday 15th April 2024 Pupils return on Tuesday 16th April 2024 Bank Holiday Monday 6th May 2024 Half-Term Holiday 27th to 31st May 2024 End of Term Tuesday 23rd July 2024

Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



# PRIMARY

News

Robin Class have continued 'Serena's Seasons' and this week focussed on Autumn,. They created their Autumn trees ready for their Science Week display. They enjoyed listening to natural sounds of the seasons which we have recorded for their display. In Maths, they continued their work on shapes and played a game of Shape Bingo and explored the shapes their light shadow had made. They also enjoyed spending time with Wombat Class on the Magic Carpet.

Monkey Class have worked on our materials experiment for Science Week. We tested which materials were best to make an umbrella for Ted. The pupils have also been measuring the rainfall for Geography. In Maths, they worked on division and sharing a given amount equally into groups. They listened to the story 'Rapunzel' in English, answering questions. They enjoyed Red Nose Day on Friday.

Alpaca Class have been measuring with CMs in Maths and listened to the story 'Little Red Riding Hood' in English. In Science, the children discovered whether they had made water solid by putting in the freezer last week. They learned lots of new words to use when describing materials. In K&U they have begun to learn about the water cycle. They have enjoyed sharing jokes for Comic Relief.

Dragonfly Class had a lovely week enjoying some learning in the sunshine! We have been labelling plants and trees by descriptions of their function and have had a great time preparing out story plans in English. We also started preparing our DT 'cam toy' projects, and even used saws to chop our dowels to the correct lengths. In PE, we have been exploring tabletop cricket and we were excited to see who wins next!

In English, we started to come up with our own endings to classic tales. In Maths, we developed our knowledge of subtraction and using the Bee-Bots to develop direction. In Science, we made posters for the Science Fair about all we've learnt so far about materials. In DT, we used tools to start making our cam toys. We enjoyed making the tallest book tower with Wombats and Sea Turtles in Task Master.



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#### **MONKEY CLASS**



#### ALPACA CLASS



#### DRAGONFLY CLASS



# SECONDARY News

This week the class have enjoyed making Stonehenge, as part of our K & U topic. The children painted the pieces of sponge and then carefully followed a picture to recreate the monument. In Maths, we continued to collect data using tally charts and used the collected information to make a bar chart of results. In Science, we have made a start on our Science Fair project by melting chocolate, and timing how long it takes! Lots of fun! We also enjoyed our first cycling session thankfully, the rain stopped just in time!

Hippo Class had a busy week. During Maths, they we have been learning about different fractions and how to find a fraction of a shape. The students looked attenths and hundredths and tried to solve word problems with fractions. On the Red Nose Day, they had lots of fun and enjoyed telling jokes

We started the week by visiting the Sports Village at Hertfordshire University to take part in some sports activities. It was great fun. In PSCHE, we continued to look at our emotions and did a task about 4 zones of emotion from feeling happy to feeling angry – looking at what it feels like to be in each zone and how we can help ourselves when we are in them. In Science, the class did a Spring walk looking at how things are changing now it is Spring. In Computing, the class continued to use Scratch to create a moving bug for Science week!

What a week for Gorilla Class! We have done chocolate tasting in English...the clear favourite was chocolate orange! The students tasted 4 different flavours and then used adjectives to describe them. In Science, we have been designing our own eco-friendly vehicles out of Lego! They will look amazing in our Science Week presentation! On Tuesday we went out cycling which the students really enjoyed and on Thursday, the Gorillas were brilliant in Open Orchestra!

This week in Science, students have been learning about thermal insulators/convectors. They have planned an experiment to see which materials keep ice from melting the longest (link to time theme for science week). In English, they developed their story plans and have begun to write them in more detail. In Maths, the money -based tasks continued and they discovered 'Fish is not as rich' this week.



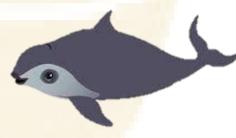
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WOMBAT CLASS









#### VAQUITA CLASS

## JPPER S( **ews**

This week in TD Class, we have been working extremely hard

showcasing our learning. In Science, we looked back into the Archean Period to find out the elements of the atmosphere. In History, we looked at where the Mayan Civilisations still stand today and learn more about them. In Geography, we looked at how climate changes are caused and whether they are human or natural changes. In English, we have been creating and finding jokes for our 'Make SLT laugh' on Friday, we can't wait!

We had fun creating our own sweets in English, thinking about what strange things could happen like in Charlie and the Chocolate Factory! In Maths, we have been measuring different objects with a ruler and worked out how long two of them would be. We have enjoyed making our 3D seasons model in Science for the exhibition. In RE, we learnt about different Christian symbols and looked at a Bible, candlesticks and a candle. We loved telling jokes for Red Nose Day!

In Maths, we have been learning about different fractions and how to find a fraction of a shape. We looked at tenths and hundredths and tried to solve word problems with fractions. In Vocational, we read different Greek myths and chose the ones we like the most. In Creative, we continued exploring Picasso art and created a piece of work in his style. We enjoyed telling jokes for Red Nose Day.

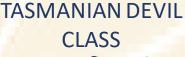
In Computing, we learned about lists and how to manipulate the data within them. In English, we made some short stories. In Science we were understanding different reaction to various elements. In Maths, we were trying to solve X as well as working out the areas of different shapes. We also learned about different fractions and solved word problems with fractions.

Our Governors are excited and planning visits to join some of our upcoming curriculum events. You can find those listed on page 9 of the newsletter.

We have had several new Governors start this year, and they are all looking forward to visiting and getting involved with whole-schoolevents.

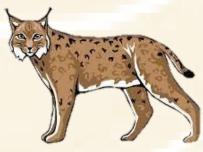


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#### **ELEPHANT CLASS**







PANDA CLASS



#### **GOVERNORS NEWS**

Open Orchestra Update

This week in Open Orchestra, Tim showed us some videos of raindrops, streams and rivers with music. Gorilla group developed their skills playing and stopping together. Group 1 and 2 worked on finalising their drip-drop performance. They are making great progress, and we are really looking forward to sharing with our friends and parents next term. LONSDALE

ORCHESTRAS



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# BRILLIANT BITS

To view our best photos from last week, please click the link below, where you will be taken to the website gallery to see a photo album for each week:

https://www.lonsdale.herts. sch.uk/gallery/?pid=187&gc atid=12

Enjoy!







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All of these activities currently have clubs accessible for our students in Hertfordshire. Come and see how our students can engage in different sporting activities.



There are a lot of exciting curriculum opportunities and events coming up. Take a look!

Spring Term

11<sup>th</sup> - 15<sup>th</sup> March - Science Week Friday 15<sup>th</sup> March - Red Nose Day Wed 20<sup>th</sup> March - PE Community Roadshow Fri 22<sup>nd</sup> March - Lonsdale Science Fair

Summer Term

Fri 26<sup>th</sup> April – Wellbeing day: Planting & Picnic 13<sup>th</sup> – 16<sup>th</sup> May – Sports Week Fri 17<sup>th</sup> May – Sports Day Fri 14<sup>th</sup> June – Save the Children's 'Den Day' 17<sup>th</sup> – 21<sup>st</sup> June – Sky Arts Week Fri 19<sup>th</sup> July – Primary Prom Mon 22<sup>nd</sup> July – Post-16 Leavers Prom

# **MORE**

Herts

Inclusive

Theatre

## EVERY SPACES NOW AVAILABLE

Lonsdale School, Brittain Way, Stevenage, SG2 8UT

COME FOR A FREE TASTER

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Our Stevenage theatre group is for children aged 5 - 12, inclusive to all abilities and runs every Thursday during term time, 4:45pm - 6pm. It is a great place for building confidence, improving well-being, learning new skills and making new friends.

admin@hit-theatre.org.uk / 01727 221414 / www.hit-theatre.org.uk HIT is a registered charity 1180955 子 🞯 😏 MONTHLY SERIES OF FREE EVENTS FU OF FUN FOR CHILDREN & FAMILIES. Time: 11am - 3pm Location: Event Island 11 February: Bubble Machine Peddle Bike, Face painting & more 10 March: Lego Make & Take, Face Painting & more 14 April: Pedal Powered Scalextric, Face Painting & more 12 May: Juke Box Peddle Bike, Face Painting & more 9 June: Activity TBC 14 July: Activity TBC 8 September: Activity TBC 13 October: Activity TBC 10 November: Activity TBC

Just Event land Stevenage

2024

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Follow us for more info and to keep up to date: ( love Giovestevenagetc
Iovestevenagetc www.stever

## Hertfordshire Music Service Inclusive Choir (Soundabout associate member choir)

An inclusive contemporary style choir in association with the music charity Soundabout.

- For anyone Year 5, 6 and secondary age, with a focus on giving a voice to those with SEN and complex needs.
- Sessions are twice a month, online, with an end of term, in-person, get-together at Mid Herts Centre for Music & Arts. Starting April 2024 with a **free taster session** on Friday 15 March 2024 (5.00pm 6.00pm).

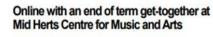
#### soundabout



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- Starts Friday 19 April 2024 (March taster session)
- 5.00pm 6.00pm



£35 per term



Scan me for more





#### Handling anger of primary aged children with Autism or ADHD

Our award-winning six-week course is funded by Hertfordshire County Council and FREE for parents of primary aged children with ADHD and/or Autism, living in Hertfordshire.

This course for parents provides practical, evidence based support to understand why children with Autism or ADHD react with anger and provides proven techniques to increase emotional and sensory regulation in your family.



Wednesday mornings 9.30am to 11.30am April 17th 24th & May 1st 8th 15th 22nd Email Francine & Lesley: bookings@familiesinfocus.co.uk 大大大 Families In Focus CIC LOOKING FORWARD TOGETHER

#### Handling anger of primary aged children with Autism or ADHD

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Wednesday evenings 6.30pm to 8.30pm April 17th 24th & May 1st 8th 15th 22nd Email Francine & Lesley: bookings@familiesinfocus.co.uk



Click here to book via DSPL2 Eventbrite.

If you have any questions email: dspl2@peartreespring.herts.sch.uk





The link between behaviour and communicating difficult feelings

- Maintaining your relationship with good com
- Understanding risk taking behaviou around drugs, alcohol and gang culture.
- How to negotiate during a conflict situatio

parent rents by He

**Booking essential** Please quote the course ID To check eligibility and book a place, contact Supporting Links on: 07512 709556 bookings@supportinglinks.co.uk

www.supportinglinks.co.uk -

- and adults get angry. Develop strategies to handle anger in
- yourself and others within your family.
- Recognise the early signs of anger and be able to avoid escalation
- Reduce conflicts and arguments.

Information you share with us is used to

Encourage positive behaviour and strengthen relationships in the family. parent

Their anger used to scare me. I now find the angle to cope with it, and even help.

#### **Booking essential**

Please quote the course ID To check eligibility and book a place, contact Supporting Links on: 07512 709556

bookings@supportinglinks.co.uk www.supportinglinks.co.uk

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with our GDPR Policy

These courses are provided free to parents by Hertfordshire

ed Parenting Fund county Council's Targeted Parenting Fund Hertford your booking. This will be held securely and only shared in accor

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County Co









Learning in the community for Hertfordshire residents aged 19+

## Support your Child's Learning

If you're a parent, carer and anyone working with children of Primary School age and want to support child development in Phonics, Maths and Writing, then join our interactive online taster courses in March.

#### Helping your Child with Phonics

#### **Thursday 7th March**

Duration: 2 hours Time: 10am-12pm Fee: £5 Venue: Online (Live Streamed)

#### Helping your Child with Maths

Thursday 14th March

Duration: 2 hours Time: 10am-12pm Fee: £5 Venue: Online (Live Streamed)

#### Helping your Child with Writing

#### Thursday 21st March

Duration: 2 hours Time: 10am-12pm Fee: £5 Venue: Online (Live Streamed)

Social media: @step2skills

Book your place at: step2skills.org.uk/courses 01992 556194



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## Kids eat for less or free this summer in Hertfordshire

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<u>Asda</u> Kids (aged 16 and under) eat for £1 at any time of day, seven days a week with no minimum spend.

**NORE** 

Beefeater Up to two kids can receive a free breakfast with one paying adult.

Bella Italia

Kids aged 2-11 can eat for £1 at Bella

Italia with the purchase of any adult main

from 4-6pm Monday-Thursday.

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#### Brewers Fayre Up to two kids can receive a free breakfast with one paying adult.

<u>Bill's</u> Up to two kids can eat free all-day Monday - Friday if one adult orders any main dish.

#### **Dobbies Garden Centre**

Families can get one free kids' meal with every adult main meal purchased in the restaurant.

#### Hungry Horse

Kid's breakfast up to £2.49 for free when you buy an adult breakfast. Available every day between 8am and 12 noon, July 22 – September 4.

#### Café Rouge Kids eat for £1 with purchase of one adult main course, 22 July - 31 August, Excludes

main course. 22 July – 31 August. Excludes Saturdays.

#### Dunelm Café

Kids eat free when an accompanying adult spends £4. Kids can get a mini main, two snacks and a drink.

#### Morrisons

When you purchase one adult meal over £4.99, kids (16 and under) can get a free meal from the kids's menu. One kids meal per adult.

#### YO! Sushi

Tesco Parents can spend as little as 60p to claim a free kids' meal worth up to £3.25. Kids under 10 can eat for free from 3.30pm-5.30pm, Monday to Thursday. One child eats free for every £10 spent on food by the accompanying adult(s).





### Herts House Respite LIMITED

Herts house offers adults ages 16+ with learning disabilities and Autism an overnight stay in our lovely service in Bushey, Herts.

MORE

We have created a 'Home away from Home' so that parents and carers can have that well deserved break whilst offering a space for individuals to be independent and enjoy some time away in a safe and welcoming environment.



### WHY CHOOSE US?

- 🔗 Home away from home
- ✓ Personalised service
- 𝒮 Great staff
- 🕥 fun Activities
- ♂ Great Reputation Just ask!

#### ABOUT

Herts House Respite was created by the f a local Day Service - Life Enhancement ( the huge demand from the parents and those who attended. A trusted servic excellent reputation

### CALL US N

07852901009

🌐 info@hhrespite.co.uk </u> hhrespite.co.





# Nightlight Crisis Helpline



In a crisis and need someone to talk to?

Our Crisis Helpline is open from 7pm - 1am 7 days a week, 365 days a year Call us on:

## 01923 256391

nightlight@hertfordshiremind.org

www.nightlightcrisis.org

Herts Mind Network is a registered charity No. 112487 and a company limited by guarantee No. 5532977





If you are between the ages of 5-18 or a parent/caregiver of a 5-18 year old, message us or call us to get help with issues that are affecting your wellbeing.

We can talk about what you are experiencing and offer you support, information and advice through one-to-one and group sessions.

> You can get help straight away, no referral needed. To find out more, or to talk to one of our team:

Instant message us at www.withyouth.org

Or call us on 0208 189 8400

We are here for you Every day from 2pm - 10pm (excluding Bank Holidays)

Instant message us at www.withyouth.org

Or call us on 0208 189 8400

T: 0208 189 8400 E: withyouth@hertfordshiremind.org W: www.withyouth.org



### Second Hand Uniform

Lonsdale School are keen to promote sustainability. If you have any good quality, preloved uniform you no longer need, you can drop it off at the school office in a bag clearly marked 'Second-Hand Uniform Donation'. Thank you!



Information about Free School Meals in Herts can be found here: <u>https://www.hertfordshire.gov.uk/services/schools-and-</u> <u>education/at-school/free-school-meals/free-school-meals.aspx</u>

# MORE INFO

#### family fives

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## Bringing Up Confident ADHD/ASD Children

Thursday Evening (6 weeks) 21 March - 9 May 7pm-9pm OR Tuesday Daytime (6 weeks)

26 March 14 May 9.30am - 11.30pm Online Via MS Teams Join our 6 week online course if you are a parent of a child with suspected or undiagnosed ASD, ADHD or any other additional needs. We will help you to understand your child's behaviour, learn to break negative parent-child interaction cycles while promoting their social and emotional development.

For more information, contact Louise on 0204 522 8700 or 8701 or email Services@familylives.org.uk

#### We build better family lives together

#### www.familylives.org.uk



@FamilyLivesHertsandBeds





# MORE INFO

#### Ju families

# SEND DROP IN

3<sup>rd</sup> Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

#### SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own Children are welcome, no diagnosis needed.



Hertfordshire Family Centre Service



HOW TO BOOK

LONSDALE

Log onto our Eventbrite page to book your place https://barnardosstevenage.eventbrite.co.uk

MORE INFORMATION hertsfamilycentres.org Call us on: 0300 123 7572

Believe in ohildren Barnardo's

Delivered by

### INFORMATION

Visit the Student Area on our website

WEBS

### www.lonsdale.herts.sch.uk

You can find lots of activities in the 'All Sorts of Things' section.

Daily Home Learning Plan can be found in your class area for pupils who are not attending school.

ABOUT US COVID-19 RETURN TO SCHOOL NEWS AND EVENTS OUR LEARNING

Student Area is here!

LONSDALE



CONTACT US

STUDENT AREA

erts.sch.u onse

#### Login to find out more!

LONSDALE SCHOOL Learning for life

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Then explore your class area and look at 'Ideas Shared by and for Parents'.



#### Maybe send your feedback?



#### OME STUDENT ADEA Welcome

PARENTS

GOVERNORS

COMMUNITY

o access this area we need you to login using the username a lease enter this information below and click login to proceed. ord provided to you by the sch

f you have forgotten your username and/or password please contact the school.

Password:

LOGIN

Forgotten vour passwo

#### **Ideas Shared by and for Parents**

his page is full of ideas which have been sent to us by parents. Thank you, all as and thoughts coming; we will update this page regularly. o get in touch, please email your child's form tutor or use the 'Home Learning Ques

#### Free Daily Resources For Children

Ife With with Steve Backshall On Facel at 9:30am for answering all your wildlife vation, geography and exploration cues

## with Oti Mabuse On Facel L11.30am but children can class at any time.

aths With Carol Vode with Myleene Klass on YouTul eek. Next one Friday 27 March I but can view any time. orytime With David Wall ory everyday at Ilam on h ww.worldofdavidwalliams



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