



Learning@Lonsdale

NEWSLETTER

Monday 26th February 2024

Whole School News

The last week of the half term was exciting.

On Valentine's Day, there was a primary disco in the morning and a secondary disco in the afternoon. Pupils enjoyed the music, dancing and some Valentine's Day treats.

Everyone was looking forward to the break by Friday.

We are now looking forward to the new half term. Educational trips and visits will re-start, and there are several events coming up in March, like World Book Day and Science Week. So watch this space!



Information & Dates for your Diary

End of term Thursday 28th March 2024 – Pupils will go home at 1.30pm

Staff Inset Day Monday 15th April 2024

Pupils return on Tuesday 16th April 2024

Bank Holiday Monday 6th May 2024

Half-Term Holiday 27th to 31st May 2024

End of Term Tuesday 23rd July 2024

Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



LONSDALE

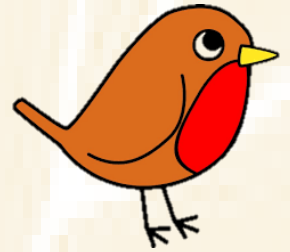




PRIMARY

News

This week has been a week of love and kindness in Robin Class. We started the week Zooming to the moon to finish our Space Topic. We then used hearts to practice our shape recognition and counting. The class made some lovely heart art in Creative. Some of us chose to go to the Valentines Disco. In PSHE, we chose a friend to work and play with to practice our sharing and friendship skills. And in Cooking we made some American pancakes to share with our families.



ROBIN CLASS

Very fun week with Pancake Day and Valentine's day. The students designed a face pancake, then had a race. The children enjoyed the Valentine Disco, also making a card and a flower to take home. The children consolidated their learning on playing with and building different vehicles. In Science they enjoyed experiments, looking at glow in the dark stars and making bubble planets with bicarbonate of soda, food colouring and vinegar.



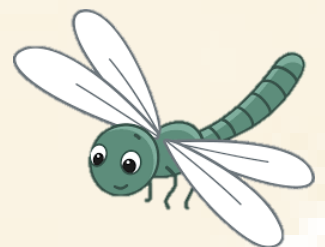
MONKEY CLASS

The highlight of the week was the Valentine Disco! The children iced their biscuits and made cards in Creative. We finished our Space Topic by acting out the planets orbiting the Earth. In Maths, the children used the vocabulary 'greater, less and equal' to compare two numbers. In English, the children were excited to receive a reply to their letter posted to the Aliens!



ALPACA CLASS

Dragonfly Class had a fantastic week finishing off our letters from Space! The class wowed us with their typing skills and worked so hard. We all enjoyed celebrating Pancake Day on Tuesday and Valentine's on Wednesday – especially the disco and the cards that were given and received. On Friday, we played some class games using the new 'magic mirror' and had a lot of fun working as a team. Have a lovely half term!



DRAGONFLY CLASS

Falcon Class: In Literacy, we enjoyed listening to the Princess and the Pea story and answering comprehension questions. In Numeracy, we used scales to weigh objects and put them in order. In Geography, we discovered the parts of a river and how flooding occurs. We enjoyed looking at careers in the hospitality sector in Life Skills by booking hotel rooms and making beds. We enjoyed the 'Love Your Heart' workshop with Wombats and Sea Turtles and learning how to perform CPR.



FALCON CLASS





SECONDARY

News

We have concluded our Poetry module this week by writing some Villainous Verses & then enjoyed the BBC adaptation of Ronald Dahl's Revolting Rhymes. In RE, we learnt about a Sikh festival, Vasaihi. Our D&T project is progressing well; this week the wings have been attached to the front of the penguins & the pupils looked for loose threads on the front of their work, which needed sewing in. They enjoyed the Valentine's festivities in school this week! On Thursday, we enjoyed a visit from SSF and DiPPS for a workshop on basic life support.

Another busy week in Hippo Class. During the Maths sessions pupils looked at Statistics. The students learned that they could represent data in different ways including bar charts, pictograms and line graphs. Also, they enjoyed Valentine's Day Maths activities. They enjoyed the Valentine Disco this week and had great fun choosing some songs.

In English, the Class continued to do work on their computer game by planning the 'World' or setting of their game. They then used 'Paint' to design this on the computer in Computing. In Maths, they did some fun Valentine activities. In RS, they learnt about Shrove Tuesday, Ash Wednesday and Lent. They also made some lovely cards for their Valentine! They loved the Valentine's Disco! Another exciting activity was the Basic Life Support workshop during which we learnt how to give CPR, how to use a defibrillator and how to put someone in the recovery position.

Gorillas have finished writing their own poems in English. They worked really hard to come up with creative, special things to put in their magical boxes.

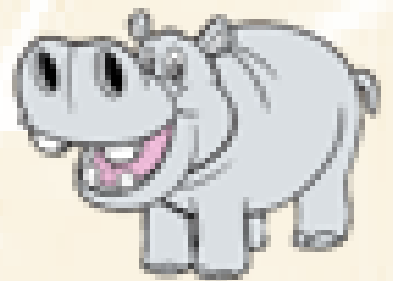
In Maths, our class have gained so much confidence with weighing objects.

For an end of half term treat they did a science experiment creating cup and string phones!

Another busy week has flown by. On Monday, pupils practised their part in the assembly and delivered their words brilliantly – all about the story of St. Valentine. It was very romantic :) In English, they created their own mythical creature based on the Ancient Greek stories and will write their own back stories to the beasts. In Maths, they identified right angles and the hypotenuse (bit of Pythagoras!) on triangles. Happy half term!



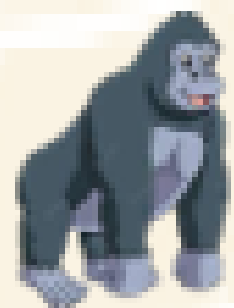
WOMBAT CLASS



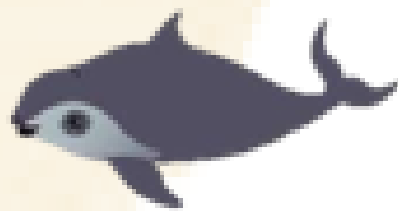
HIPPO CLASS



SEA TURTLE CLASS



GORILLA CLASS



VAQUITA CLASS

UPPER SCHOOL

News

LONSDALE



This week, TD Class has been working hard to complete and finalise their topic work. In History, we learned about Howard Carter's emotions when he discovered the remarkable Tutankhamun's Tomb and wrote diary entries to express our understanding. In Geography, we investigated the effects of Chernobyl and how it impacted Eastern Europe. In English, we have been enhancing our spelling and writing skills, and it's making a significant difference. Lastly, in Art, we dived into the Mayan Cultures and explored the use of masks to represent the dead and pay tribute to them.



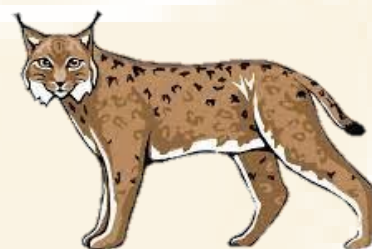
TASMANIAN DEVIL
CLASS



PANDA CLASS



ELEPHANT CLASS



LYNX CLASS

We had lots of fun this week during the Disco which took place on Wednesday afternoon. In Computing, we started our new Unit "Programming in Scratch" where we looked at Variables and Functions. In Science recapping on functional groups. In Maths, we recapped all the Algebraic topics that we have learned over this term. In English we were practicing our writing skills by writing "a letter to my son who is a drug addict"

We have had lots of fun making up silly poems using onomatopoeia in English. In Maths, we have been consolidating our learning of halves and quarters. In Science we made string telephones and in History we had a go at weaving, like the Anglo-Saxons. We also finished our Sound Unit in our Vocational lessons, clapping out rhythms and using tambourines.

Lynx enjoyed the Valentine Disco this week and had great fun choosing some songs. They also had a go at dissolving in Science and finished off their PSHCE unit with a quiz. In Maths, pupils looked at Statistics. The students learned that they could represent data in different ways including bar charts, pictograms and line graphs. Also, they enjoyed Valentine's Day Maths activities. In Creative students tried to sketch one of the chosen Picasso's piece of art.

We will use the following page over the next weeks to introduce our Governors to you. Please read on to find out a bit more about a member of our Governing Body this week.



GOVERNORS NEWS

NICK LATHAM



LONSDALE



Responsibilities/Committees:

Resources Board

I was previously a Governor at Lonsdale for just over eight years to 2015. In that time, I was very involved in the arrangements moving the school to its current location, particularly the finances and affordability. I am a Chartered Accountant and currently spend most of my time providing back-office finance, governance and administration services, mainly in the not-for-profit sector. I am also a Trustee of a local Mencap.

My son, Freddie, was also at the school for ten years. His favourite pastime these days is running, including (at the time of writing) three London marathons with aspirations for more. He is also a Mythbuster for Mencap, promoting inclusivity for those with a learning disability.

I look forward to contributing again and working with the other governors helping the management team and staff provide the best education and support for the Lonsdale pupils and wider community.

*Lonsdale Governors
in focus*





BRILLIANT BITS

To view our best photos from last week, please click the link below, where you will be taken to the website gallery to see a photo album for each week:

[https://www.lonsdale.herts.sch.uk/gallery/?pid=187&gc
atid=12](https://www.lonsdale.herts.sch.uk/gallery/?pid=187&gc
atid=12)

Enjoy!



MORE INFO

LONSDALE



IN STEVENAGE

HERTS INCLUSIVE THEATRE

Our Stevenage theatre groups are for children and young people aged 5+ and 12+ years, inclusive to all abilities and run every Thursday during term time at Lonsdale School. It is a great place for building confidence, improving well-being and making new friends.



admin@hit-theatre.org.uk / 01727 221414 / www.hit-theatre.org.uk



FREE
TASTERS!

HIT is a registered charity 1180955   



KID ZONE

2024

MONTHLY SERIES OF FREE EVENTS FULL OF FUN FOR CHILDREN & FAMILIES.

Time: 11am - 3pm Location: Event Island

11 February: Bubble Machine Peddle Bike, Face painting & more
10 March: Lego Make & Take, Face Painting & more
14 April: Pedal Powered Scalextric, Face Painting & more
12 May: Juke Box Peddle Bike, Face Painting & more
9 June: Activity TBC
14 July: Activity TBC
8 September: Activity TBC
13 October: Activity TBC
10 November: Activity TBC

Follow us for more info and to keep up to date:
 @lovestevenagetc  lovestevenagetc
 lovestevenagetc www.stevenagetowncentre.com

MORE INFO



Kids eat for less or free this summer in Hertfordshire

Asda

Kids (aged 16 and under) eat for £1 at any time of day, seven days a week with no minimum spend.

Beefeater

Up to two kids can receive a free breakfast with one paying adult.

Brewers Fayre

Up to two kids can receive a free breakfast with one paying adult.

Bella Italia

Kids aged 2-11 can eat for £1 at Bella Italia with the purchase of any adult main from 4-6pm Monday-Thursday.

Bill's

Up to two kids can eat free all-day Monday – Friday if one adult orders any main dish.

Café Rouge

Kids eat for £1 with purchase of one adult main course. 22 July – 31 August. Excludes Saturdays.

Dobbies Garden Centre

Families can get one free kids' meal with every adult main meal purchased in the restaurant.

Dunelm Café

Kids eat free when an accompanying adult spends £4. Kids can get a mini main, two snacks and a drink.

Hungry Horse

Kid's breakfast up to £2.49 for free when you buy an adult breakfast. Available every day between 8am and 12 noon, July 22 – September 4.

Morrisons

When you purchase one adult meal over £4.99, kids (16 and under) can get a free meal from the kids's menu. One kids meal per adult.

Tesco

Parents can spend as little as 60p to claim a free kids' meal worth up to £3.25.

YO! Sushi

Kids under 10 can eat for free from 3.30pm-5.30pm, Monday to Thursday. One child eats free for every £10 spent on food by the accompanying adult(s).



Visit:
hertfordshire.gov.uk/littletrips





MORE INFO

Amy's Artbox COLOUR COMPETITION 2024



Do you
love art
& colour?

Are you
11-16 yrs
old?

Create
& enter
to win!

CALLING YOUNG ARTISTS

AMY PETTINGILL is a BA Hons commission artist from Hertfordshire, recognised for her unique, vibrant and playful acrylic paintings. Her 'Artbox' full of colouring pens, paints, pastels and pencils was her pride of joy growing up. Amy wants her vibrant pallet to bring colourful joy and positive vibes. What better way to inspire young artists to do the same with Amy's FOURTH Colour Art Competition?

CREATE AN ARTWORK THAT CELEBRATES COLOUR AND BRINGS JOY AND POSITIVE VIBES! Use any medium you want; paint, pencil, pastels or mixed media. You can always look at Amy's artwork for inspiration.

TO ENTER THE COMPETITION take a photo of your artwork in good light and email with your name, age and school to Amy at: contact@amypettingill.co.uk. Submit your masterpiece by: **Thursday 29th February 2024.**

Winners announced early March, updates on Amy's instagram and facebook stories.

THE WINNER will receive their artwork printed onto canvas, PLUS be invited to an exclusive art workshop with Amy the artist. Three runners-up will also be invited to join the workshop. Highly Commended Certificates will also be awarded.

Get in touch with Amy:

☎ 07787 724113

✉ contact@amypettingill.co.uk

Keep up-to-date and follow:

📱 @amys_artbox

📺 @amypettingillartbox

www.amypettingill.co.uk #amysartboxcomp



2023 WINNER
Arthur Mainwaring

'Galloping in the Colour'

Medium: Acrylic paint

11 years old, Hitchin Boys School

Supported by local Schools



MORE INFO

LONSDALE



 mind Hertfordshire Network

Nightlight Crisis Helpline



In a crisis and need someone to talk to?

Our Crisis Helpline is open from 7pm - 1am

7 days a week, 365 days a year

Call us on:

01923 256391

nightlight@hertfordshiremind.org

www.nightlightcrisis.org

Herts Mind Network is a registered charity No. 1112487 and a company limited by guarantee No. 5532977

MORE INFO

LONSDALE



Scan the QR code
To talk to us



withYouth

YOUNG PEOPLE'S Digital Wellbeing Services

If you are between the ages of 5-18 or a parent/caregiver of a 5-18 year old, message us or call us to get help with issues that are affecting your wellbeing.

We can talk about what you are experiencing and offer you support, information and advice through one-to-one and group sessions.

You can get help straight away, no referral needed.
To find out more, or to talk to one of our team:

Instant message us at www.withyouth.org

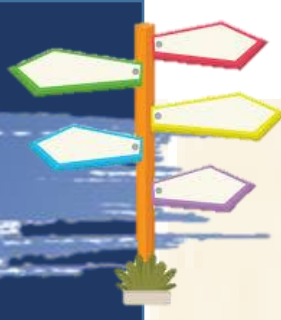
Or call us on **0208 189 8400**

We are here for you
Every day from 2pm - 10pm (excluding Bank Holidays)

Instant message us at www.withyouth.org

Or call us on **0208 189 8400**

MORE INFO



Spring 2024 groups and workshops



All our programmes provide support, information and resources to parents/carers and adult family members so they can help their children reach their full potential. For more information, please contact Louise on 0204 522 8700/8701 or email services@familylives.org.uk

Bringing Up Confident ADHD/ASD Children (6 weeks) Online group

Thursday 25 January to 7 March 9.30am - 11.30am via MS Team

If your child has ADHD/ASD, or you think they might, join our online 6-week group where you will receive support from other parents and gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school.

Less Shouting, More Cooperation (6 weeks) Online group

Tuesday 30 January 12 March 7pm - 9pm

Do you feel you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Sorting Out Family Arguments (6 weeks) Online group

Wednesday 7 Feb – 20 March 9.30am - 11.30am

Do you feel everything ends in an argument and you are constantly trying to keep the peace? Join our free online 6-week group to help improve family communication, reduce the reactions which lead to arguments and create a culture of teamwork in your family.

Getting on with your Pre Teen / Teen (6 weeks) Online group

Tuesday 6 February 19 March 9.30am - 11.30am

Is your teen feeling anxious or isolated? Are you concerned about their mental health and struggling to get help? Join our free online 6-week online group to learn how parents can best emotionally support their teen and feel confident and prepared for whatever challenges might arise.

Dads Together (6 weeks) Online group

Tuesday 6 February 19 March 7pm - 9pm

Are you a dad who feels you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Anxiety around ADHD Workshop - Online

Wednesday 17 January 7pm - 9pm

This workshop helps parents/carers understand what ADHD is, why it makes sense for a child to be anxious if they have ADHD, strategies to help support you and your child, plus signposting to other support that is available.

Reducing Conflict Workshops - Online

Thursday 14 March 9.30 - 11.30 AND Wednesday 20 March 7pm - 9pm

This workshop explores different types of conflict between couples and families. Provides support in understanding the causes and impact of parental and family conflict on children and gives practical steps and strategies.

MORE INFO

LONSDALE



Second Hand Uniform

Lonsdale School are keen to promote sustainability. If you have any good quality, preloved uniform you no longer need, you can drop it off at the school office in a bag clearly marked 'Second-Hand Uniform Donation'. Thank you!

The poster for the WheelPower National Junior Games 2024 features a central blue circular logo with a white stylized figure in a wheelchair. To the left is a yellow circle with 'AGES 11-18' and three stars. To the right is a red circle with 'TRY 20 SPORTS' and three stars. Below the logo, the dates '25 - 28 June 2024' are written in large blue font, followed by 'Stoke Mandeville Stadium, Buckinghamshire' in smaller blue font. At the bottom, three children in wheelchairs are shown: one in a yellow shirt riding a trike, one in a purple shirt holding a basketball, and one in a green shirt holding a tennis racket. The bottom of the poster contains the website 'wheelpower.org.uk/sport-events', the email 'e: sport@wheelpower.org.uk', the phone number 't: 01296 395995', a QR code, and small text for the charity number '265498' and the organization 'WheelPower - British Wheelchair Sport, Stoke Mandeville Stadium, Buckinghamshire, HP21 9PP'.

WheelPower
British Wheelchair Sport

WheelPower
National Junior Games

AGES 11-18

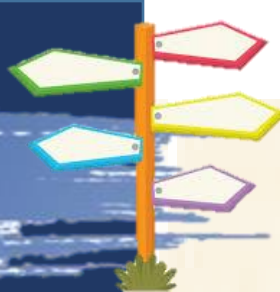
TRY 20 SPORTS

25 - 28 June 2024
Stoke Mandeville Stadium, Buckinghamshire

wheelpower.org.uk/sport-events
e: sport@wheelpower.org.uk t: 01296 395995
charity number 265498
WheelPower - British Wheelchair Sport, Stoke Mandeville Stadium, Buckinghamshire, HP21 9PP

Information about Free School Meals in Herts can be found here:
<https://www.hertfordshire.gov.uk/services/schools-and-education/at-school/free-school-meals/free-school-meals.aspx>

MORE INFO



Herts
Parent
Carer Involvement
www.hertsparentcarers.org.uk

**Find out
about the
'Autism in
Schools'
(AIS) project**

NHS
Hertfordshire Partnership University
NHS Foundation Trust



Mind
Hertfordshire
Network



Carers
in Hertfordshire



Herts Disability
Sports Foundation

**Click here
to register**



ADD-vance
The ADHD and Autism Trust

POTENTIAL
KIDS

Angels



**Hear what
our guest
speakers
can offer
you!**

SEND
0-25 years
Hertfordshire's Local Offer

HPCI AIS Parent Carer Webinar

Wednesday 13th March 2024 - 10.00am-12.30pm



Lonsdale School, Brittain Way,
Stevenage, SG2 8UT

Herts
Inclusive
Theatre

**COME FOR
A FREE
TASTER**

**A CHILDREN'S
THEATRE FOR
EVERYONE
STEVENAGE**

**SPACES
NOW
AVAILABLE!**

Our Stevenage theatre group is for children aged 5 - 12, inclusive to all abilities and runs every Thursday during term time, 4:45pm - 6pm. It is a great place for building confidence, improving well-being, learning new skills and making new friends.

admin@hit-theatre.org.uk / 01727 221414 / www.hit-theatre.org.uk

HIT is a registered charity 1180955



MORE INFO



Meet the coaches to find out more about the activities in Hertfordshire for our students

Join us for our

Sports & PE

ROADSHOW

2024

Parents welcome

Free

GO BAGS
(equipment to take home and engage with your child)

Coffee & Tea



Wednesday

20th

March



9.30am

Until

2.30pm



Lonsdale

**School
Stevenage**

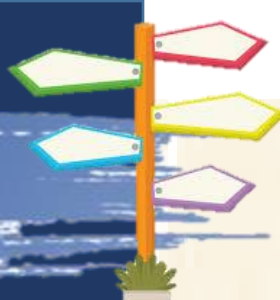
o **Activities on offer** o

• YOGA • TENNIS • CRICKET • DANCE • BOCCIA • POWERCHAIR FOOTBALL • BIKES • BOXERCISE • HOLIDAY PLAYGROUPS

All of these activities currently have clubs accessible for our students in Hertfordshire. Come and see how our students can engage in different sporting activities.

MORE INFO

LONSDALE



Funded by
UK Government

COUNT ME IN!

MANAGING YOUR BILLS...



HELPING WITH HOMEWORK...



SAVING FOR A HOLIDAY...



SHOPPING ON A BUDGET...



Ready to release
your **Number Ninja**?

We all use maths every single day, we just don't know we're doing it. If you want to improve the way that you use numbers, we'll support you.

Come and power up your number skills with **FREE** maths workshops from Step2Skills.

To find out more, scan the QR code or visit:

numberninja.org

**UNLOCK
YOUR
POTENTIAL**

**SKILLS
FOR LIFE
MULTIPLY**

MORE INFO

LONSDALE



and families



SEND DROP IN

3rd Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis.

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own. Children are welcome, no diagnosis needed.

HOW TO BOOK

Log onto our Eventbrite page to book your place
<https://barnardos-stevenage.eventbrite.co.uk>

MORE INFORMATION

hertsfamilycentres.org Call us on: 0300 123 7572



Hertfordshire
Family Centre
Service

On behalf of



Delivered by



MORE INFO

LONSDALE



Hertfordshire Music Service Inclusive Choir (Soundabout associate member choir)

An inclusive contemporary style choir in association with the music charity Soundabout.

- For anyone Year 5, 6 and secondary age, with a focus on giving a voice to those with SEN and complex needs.
- Sessions are twice a month, online, with an end of term, in-person, get-together at Mid Herts Centre for Music & Arts.
- Starting April 2024 with a **free taster session** on Friday 15 March 2024 (5.00pm - 6.00pm).

soundabout
make music change lives

Scan the QR
code to see
Soundabout's
music videos.



Starts Friday 19 April 2024 (March taster session)



5.00pm - 6.00pm



**Online with an end of term get-together at
Mid Herts Centre for Music and Arts**



£35 per term



Scan me for more



Essex Fire Museum Open Days

Tuesday 20th February 2024

Sunday 25th February 2024

(10.30am to 4.00pm)



Visits must be pre-booked via:
museum@essex-fire.gov.uk

**Address: Essex Fire Museum, Grays Fire station,
Hogg Lane, Grays, RM17 5QS**



WEBSITE

INFORMATION

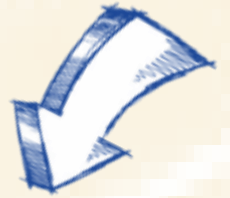
Visit the Student Area on our website

www.lonsdale.herts.sch.uk

You can find lots of activities in the 'All Sorts of Things' section.

Daily Home Learning Plan can be found in your class area for pupils who are not attending school.

Student Area is here!



HOME ABOUT US COVID-19 RETURN TO SCHOOL NEWS AND EVENTS OUR LEARNING PARENTS GOVERNORS COMMUNITY STUDENT AREA CONTACT US



**LONSDALE
SCHOOL**
Learning for life!



www.lonsdale.herts.sch.uk

Login to find out more!



HOME - STUDENT AREA

Welcome

To access this area we need you to login using the username and password provided to you by the school. Please enter this information below and click login to proceed.

If you have forgotten your username and/or password please contact the school.

Username:

Password:

[LOGIN](#)

[Forgotten your password?](#)

Then explore your class area and look at 'Ideas Shared by and for Parents'.



Maybe send your feedback?



HOME - STUDENT AREA - IDEAS SHARED BY AND FOR PARENTS

Ideas Shared by and for Parents

This page is full of ideas which have been sent to us by parents. Thank you, all!

Keep your ideas and thoughts coming; we will update this page regularly...

To get in touch, please email your child's form tutor or use the 'Home Learning Questions' tab.

Have you seen these?

Free Daily Resources For Children



PE with Joe Wicks On YouTube
Week days at 9am but you can visit any time on youtube to view the workout.



Wildlife With with Steve Backshall On Facebook
Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration quest ons.



Science with Maddy Moate on YouTube
Weekdays 11am. Maddy & Greg chat about science and nature!



Dance with Oti Mabuse On Facebook
Every day at 11:30am but children can view the class at any time.



Maths With Carol Vorderman
Free access to the her maths website: www.hermaths.co.uk



Music with Mylene Klass on YouTube
Twice a week. Next one Friday 27 March 10am, but can view any time.



Storytime With David Williams
Free story everyday at 11am on his website: www.worldofdavidwilliams.com

ALL SORTS OF THINGS...

BUMBLEBEES

DOLPHINS

ELEPHANTS

GORILLAS

HIPPES

KOALAS

LYNX

OWLS

PANDAS

SEA TURTLES

TASMANIAN DEVILS

VAQUITAS

WOMBATS

JOIN THE SPRING WATCH!