



Learning@Lonsdale

NEWSLETTER

Monday 12th February 2024

Whole School News

Last week, we celebrated Children's Mental Health Week. Charlotte, a Mental Health trainee NHS Nurse, brought workshops to the school, which many classes enjoyed. These focused on 'Your Voice Matters' to highlight that everyone's opinion and views are important and need to be heard.

On Friday, there were LGBT+ assemblies in primary and secondary to celebrate diversity and inclusion.

Our after-school sports club is going well this half term, and pupils are enjoying table-top cricket.



Information & Dates for your Diary

Half Term 19th to 23rd February 2024

End of term Thursday 28th March 2024 – Pupils will go home at 1.30pm

Staff Inset Day Monday 15th April 2024

Pupils return on Tuesday 16th April 2024

Bank Holiday Monday 6th May 2024

Half-Term Holiday 27th to 31st May 2024

End of Term Tuesday 23rd July 2024

Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.

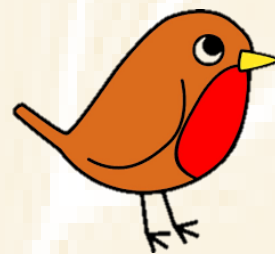


PRIMARY

News



This week Robin Class have continued learning about Space. They have played parachute games to support their understanding of the Earth spinning. The children have been learning about day and night using torches and star projectors. In PSHE, they have revisited The Colour Monster story and sorted colours into feelings jars. They enjoyed making playdough and using it to make their very own colour monsters. In Maths, the pupils have been looking at size with the help of the duck family.



ROBIN CLASS

Monkey Class have been learning about Day and Night, being the Sun, Earth and Moon and rotating the Earth to see when it is Day or Night. In Maths, the children have worked on both adding and subtracting and using this knowledge to weigh how heavy or light an object is. In History, they looked at the history of flight, made a hot air balloon and paper airplanes, testing if they would fly. In PE, pupils created a dance using props.



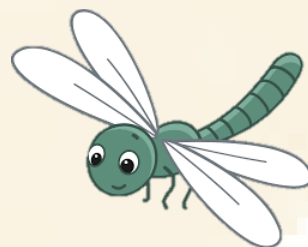
MONKEY CLASS

Alpaca Class have been learning about Day and Night and the rotation of the Earth in Science. They used their knowledge to draw a Day and Night picture in their Computing lesson. In Maths, the children have worked with number lines to find missing numbers. In PHSCE, the children practiced giving complements. During the Outdoor Learning, the pupils collected twigs, leaves and seeds which they used after to make a number line.



ALPACA CLASS

Dragonfly Class had a fantastic week continuing to learn about the water cycle with a practical experiment. We were very impressed with pupils using the words 'evaporation' and 'precipitation'. In Science, pupils focused on the planets and had lots of fun ordering them and learning their names. A highlight of the week was being 'game testers' for F, W & S classes – where we got the test board games brought to life! There were lots of giggles, costumes, and ample team spirit.



DRAGONFLY CLASS

In Literacy, we enjoyed listening to the Frog Prince story and answering comprehension questions. In Numeracy, we looked at weighing objects and estimating which one is heavier. In Science, we looked at history of space travel and designed our own space craft. In Geography, we looked at UK rivers and what sea they run into. We enjoyed writing out instructions to make squash in Life Skills and bringing board games to life in Taskmaster with Sea Turtles and Wombats.



FALCON CLASS





SECONDARY

News

In English, the class have performed 'Who has seen the wind?', outside on a breezy day. We recorded each person, and they loved seeing and hearing themselves on the screen. We are hoping to use these in assembly next week. In Geography, we have compared the human geography of both Whitby & Stevenage. The D & T project is going well - this week they attached beaks to their handwarmer penguins & robins. The class also attended a workshop on the theme of Mental Health Week.

Hippos have worked really hard this week. In RE, they learnt about Gurdwaras as part of our Sikhism topic. In History pupils learned about Tudor punishments and the sorts of crimes the Tudors would commit. In PSHE, they talked about mental health and how our voices matter as part of Children's Mental Health Week. In Science, the students learned about sound and completed their own decibel experiment. Pupils tested various sounds such gurgling, whispering and Miss Bradbery's car horn! In cooking they made White Chocolate Blondies which were very tasty! It has been a great week!

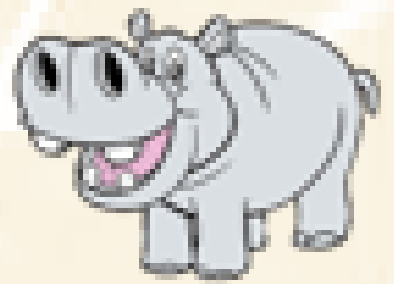
In English, we are designing a computer game. Last week, we started by deciding what our characters were going to be in the game by describing them and then in Computing, we used Paint to start designing them. On Tuesday, the Class took part in a Children's Mental Health Week workshop discussing things that make them happy. We continued the conversation in class about the importance of everyone having someone they can trust to talk to if they need to. After, we had a bit of fun playing some games of large Snakes and Ladders! In Science, we played some musical instruments as part of our lesson on Sound. In Creative, we made pieces of jewellery out of clay.

In English, the Gorilla's have been working hard using a range of adjectives to describe the magical boxes they created. In Maths, they have been looking at measurement and matching the numbers to measure the correct amount. For Mental Health Week, we have focused on things we are proud of. It has been wonderful to see their ideas.

In Maths, pupils used their skills in fractions/dividing and sharing to work out the exit route from the labyrinth. In English, they have learned more about the story of St. Valentine in preparation for an assembly on Monday (12th). For the Ancient Greek topic work, we have explored the history of Alexander the Great and pupils were working out the extent of the empire and comparing it to where current sovereign countries are located.



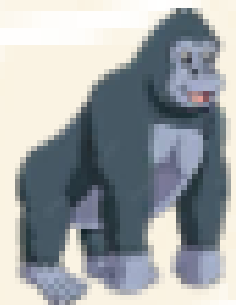
WOMBAT CLASS



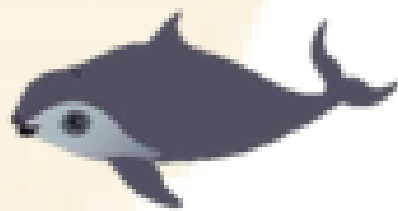
HIPPO CLASS



SEA TURTLE CLASS



GORILLA CLASS



VAQUITA CLASS

UPPER SCHOOL

News

LONSDALE



Well done to all students in TD Class, you have worked extremely hard and continuously looking at ways to excel!

We started off by looking at the comparable differences of culture in Eastern European cities, then stopped in Egypt to see how the Ancient Egyptians wrapped the dead. In Creative, we finished off our Bronze Age Jewellery which has pride of place in the TD Museum.



TASMANIAN DEVIL CLASS



PANDA CLASS



ELEPHANT CLASS

We have been having fun making up silly sentences using alliteration in English. In Maths, we made Rockpool Fractions, dividing them into halves and quarters. In Science, we categorised natural and human-made sounds. We learnt about Anglo-Saxon gods and goddesses in History. During our Computing lesson we have been learning how to take videos.



LYNX CLASS

Another great week in Lynx Class. In Maths, we continued focusing on money and giving change from £1, £2, £5, £10; thinking of budgeting and why it is important. We have also tried to fill in a cheque and completed some Functional Skills questions involving money. In Vocational, we continued exploring Greek gods, goddesses and their powers. In Creative, we looked at the different Picasso paintings and chose the one we would like to paint.

We will use the following page over the next weeks to introduce our Governors to you. Please read on to find out a bit more about a member of our Governing Body this week.



GOVERNORS NEWS

MORE INFO

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Elliot had an amazing day at Stevenage FC last Sunday, when he was one of the team mascots.

He had the opportunity to meet all the players, Boro Bear & was even interviewed on ITV Anglia with Nathan!



KOFOIBITOYE



LONSDALE



Responsibilities/Committees:

Safeguarding and Pupil Welfare Board

I have recently joined Lonsdale School as a Safeguarding Governor. I consider myself to have a unique set of skills. I am a mother of three lovely boys. My oldest has a diagnosis of global developmental delay and has attended a special needs school since year 3. I studied Economics as a first degree and have a Masters in Money, Banking and Finance. I trained as an Investment Analyst; however, after having my son, my priorities and outlook on life changed. I decided to train as a social worker. On qualification, I began working in Statutory services within safeguarding & support and court.

In 2013 February, I left the Local Authority and set up my own company. I work with Local Authorities providing care and support for vulnerable children and adults. I also work with early years education providing care and education in line with the EYFS. Over the years, I have gained vast experience in Financial Management and Business Sustainability, Human Resources and Employment Rights, Safer Recruitment and Health and Safety Regulations. I have applied knowledge of Regulatory Requirements.

I am undertaking a Professional Doctorate in Social work and Social Care at the Tavistock & Portman NHS Trust. I am therapeutically trained and have a keen interest in quality assurance, Leadership Coaching and Organizational functioning.

I look forward to sharing my combined knowledge, skills, and experience with the governing board at Lonsdale School in order to aid effective Leadership and Management of the School and enhance the experiences of its pupils.

*Lonsdale Governors
in focus*





BRILLIANT BITS

To view our best photos from last week, please click the link below, where you will be taken to the website gallery to see a photo album for each week:

[https://www.lonsdale.herts.sch.uk/gallery/?pid=187&gc
atid=12](https://www.lonsdale.herts.sch.uk/gallery/?pid=187&gc
atid=12)

Enjoy!





Open Orchestra Update



Gorillas have been really enjoying exploring the instruments this week! Many of students have now taken an interest in specific instruments which is amazing to see. We are excited to continue exploring next week, so we can begin creating melodies and patterns.

Group 1 and 2 Played a game identifying high and low before working on establishing a bass line for our melody. Some pupils tried different instruments this week with one pupil using two hands to play two parts on a keyboard!



MORE INFO

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IN STEVENAGE

HERTS INCLUSIVE THEATRE

Our Stevenage theatre groups are for children and young people aged 5+ and 12+ years, inclusive to all abilities and run every Thursday during term time at Lonsdale School. It is a great place for building confidence, improving well-being and making new friends.



admin@hit-theatre.org.uk / 01727 221414 / www.hit-theatre.org.uk



FREE
TASTERS!

HIT is a registered charity 1180955   



KID ZONE

2024

MONTHLY SERIES OF FREE EVENTS FULL OF FUN FOR CHILDREN & FAMILIES.

Time: 11am - 3pm Location: Event Island

11 February: Bubble Machine Peddle Bike, Face painting & more
10 March: Lego Make & Take, Face Painting & more
14 April: Pedal Powered Scalextric, Face Painting & more
12 May: Juke Box Peddle Bike, Face Painting & more
9 June: Activity TBC
14 July: Activity TBC
8 September: Activity TBC
13 October: Activity TBC
10 November: Activity TBC

Follow us for more info and to keep up to date:
 @lovestevenagetc  lovestevenagetc
 lovestevenagetc www.stevenagetowncentre.com



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15TH JANUARY - 17TH FEBRUARY 2024

LIGHT UP STEVENAGE GIVE A LITTLE LOVE

Discover dazzling light installations and
unlock your chance to win big!

The lucky winner will receive a
free game of golf at Mr
Mulligans for up to 4 people!



DISCOVER THE TRAIL ON



LIGHT UP STEVENAGE Workshop

Date: 10 February **Time:** 11am - 2pm
Location: Costa Corner

Mr Twister our famous Balloon Artist
making all your fun balloons for Free.

Stevenage Indoor Market workshops provided by;

Portside Soap Company

Make your own bath bomb (6years & above).

Cake Magic -

Valentines themed cupcake decorating.

Buttons & Bows -

Hand sewing cards using ribbons & buttons.

Grab a Light Up Stevenage
trail brochure; complete the
trail and return on the day;
for your chance to win
some great prizes.



No booking necessary. For more
information about the workshops please
email indoor.market@stevenage.gov.uk

Follow us for more info and to keep up to date:

[@lovestevenagetc](https://twitter.com/lovestevenagetc)

[lovestevenagetc](https://www.instagram.com/lovestevenagetc)

[lovestevenagetc](https://www.facebook.com/lovestevenagetc)

www.stevenagetowncentre.com

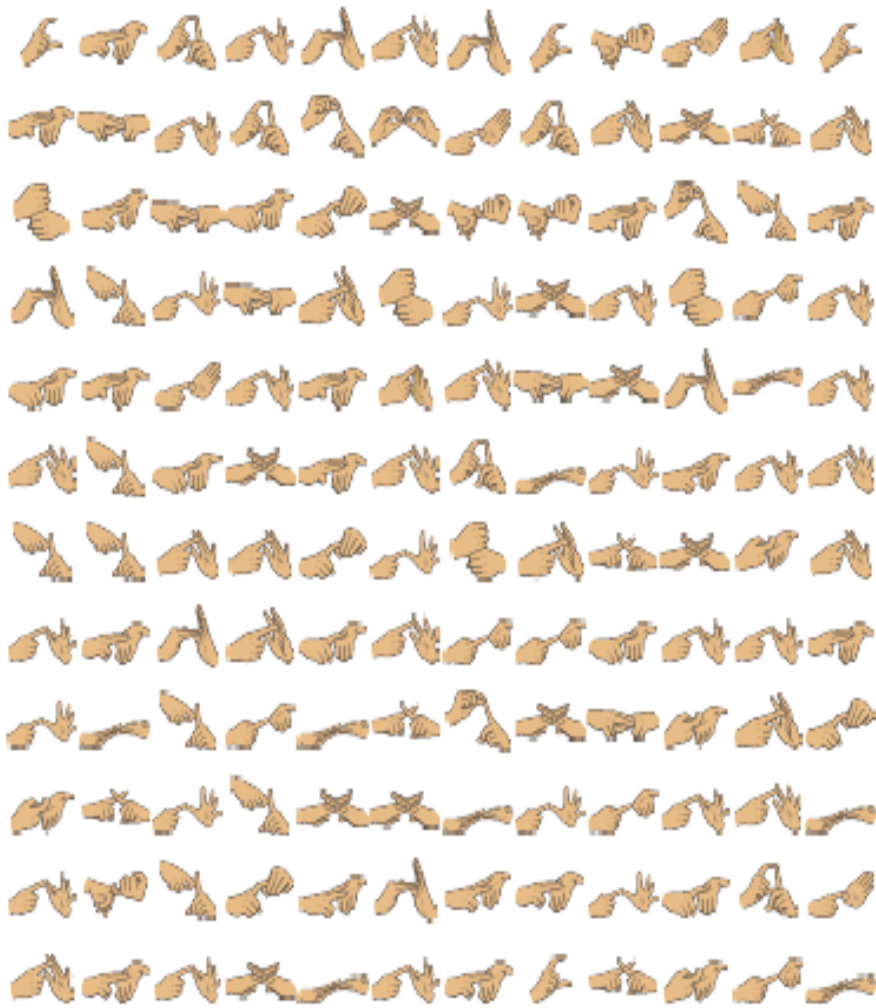




BSL

Challenge yourself to a fingerspelling wordsearch.

Fingerspelling Phase 4 Tricky Words



said
have
like
some

come
little
one
were

there
what
when
out

MORE INFO

LONSDALE



All you need is Love

This February Half Term

Town Square, Stevenage

Saturday 17 February 2024 11am - 3:30pm

Be entertained by our lip heads!

Along with:

- Free Face Painting
- Free Arts & Crafts
- Take a photo on our Selfie-Bench
- Children's Characters
- Purchase gifts for your loved ones from our Market Traders



Follow us for more info and to keep up to date:

[@lovestevenagetc](https://twitter.com/lovestevenagetc)
[lovestevenagetc](https://www.facebook.com/lovestevenagetc)

[lovestevenagetc](https://www.instagram.com/lovestevenagetc)
www.stevenagetowncentre.com



Coming to the town centre in 2024

#LoveStevenagetc

A bigger and better 2024. Stevenage is where you want to be this year!

KID ZONE
Monthly Series
(February - November):
Kid Zone;
Thirsty Thursdays;
What's In Your Town

17 February
All You Need
Is Love

22 June
Armed Forces
Day



Euro and
Wimbledon
Screenings
16, 20 & 25 June
14 & 15 July



EURO2024
GERMANY

Play Day
8 August



GET ACTIVE

Get Active
7 September



26 October
Halloween
-Tastic



23 November
Christmas
Light Switch
On

and more...

Visit www.stevenagetowncentre.com
for further information on all activities





MORE INFO

Amy's Artbox COLOUR COMPETITION 2024



Do you
love art
& colour?

Are you
11-16 yrs
old?

Create
& enter
to win!

CALLING YOUNG ARTISTS

AMY PETTINGILL is a BA Hons commission artist from Hertfordshire, recognised for her unique, vibrant and playful acrylic paintings. Her 'Artbox' full of colouring pens, paints, pastels and pencils was her pride of joy growing up. Amy wants her vibrant pallet to bring colourful joy and positive vibes. What better way to inspire young artists to do the same with Amy's FOURTH Colour Art Competition?

CREATE AN ARTWORK THAT CELEBRATES COLOUR AND BRINGS JOY AND POSITIVE VIBES! Use any medium you want; paint, pencil, pastels or mixed media. You can always look at Amy's artwork for inspiration.

TO ENTER THE COMPETITION take a photo of your artwork in good light and email with your name, age and school to Amy at: contact@amypettingill.co.uk. Submit your masterpiece by: **Thursday 29th February 2024.**

Winners announced early March, updates on Amy's Instagram and Facebook stories.

THE WINNER will receive their artwork printed onto canvas, PLUS be invited to an exclusive art workshop with Amy the artist. Three runners-up will also be invited to join the workshop. Highly Commended Certificates will also be awarded.

Get in touch with Amy:

☎ 07787 724113

✉ contact@amypettingill.co.uk

Keep up-to-date and follow:

📱 @amys_artbox

📺 @amypettingillartbox

www.amypettingill.co.uk #amysartboxcomp



2023 WINNER
Arthur Mainwaring

'Galloping in the Colour'

Medium: Acrylic paint

11 years old, Hitchin Boys School

Supported by local Schools



MORE INFO

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 mind Hertfordshire Network

Nightlight Crisis Helpline



In a crisis and need someone to talk to?

Our Crisis Helpline is open from 7pm - 1am

7 days a week, 365 days a year

Call us on:

01923 256391

nightlight@hertfordshiremind.org

www.nightlightcrisis.org

Herts Mind Network is a registered charity No. 1112487 and a company limited by guarantee No. 5532977

MORE INFO

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Scan the QR code
To talk to us



withYouth

YOUNG PEOPLE'S Digital Wellbeing Services

If you are between the ages of 5-18 or a parent/caregiver of a 5-18 year old, message us or call us to get help with issues that are affecting your wellbeing.

We can talk about what you are experiencing and offer you support, information and advice through one-to-one and group sessions.

You can get help straight away, no referral needed.
To find out more, or to talk to one of our team:

Instant message us at www.withyouth.org

Or call us on **0208 189 8400**

We are here for you
Every day from 2pm - 10pm (excluding Bank Holidays)

Instant message us at www.withyouth.org

Or call us on **0208 189 8400**

MORE INFO

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Spring 2024 groups and workshops



All our programmes provide support, information and resources to parents/carers and adult family members so they can help their children reach their full potential. For more information, please contact Louise on 0204 522 8700/8701 or email services@familylives.org.uk

Bringing Up Confident ADHD/ASD Children (6 weeks) Online group

Thursday 25 January to 7 March 9.30am - 11.30am via MS Team

If your child has ADHD/ASD, or you think they might, join our online 6-week group where you will receive support from other parents and gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school.

Less Shouting, More Cooperation (6 weeks) Online group

Tuesday 30 January 12 March 7pm - 9pm

Do you feel you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Sorting Out Family Arguments (6 weeks) Online group

Wednesday 7 Feb – 20 March 9.30am - 11.30am

Do you feel everything ends in an argument and you are constantly trying to keep the peace? Join our free online 6-week group to help improve family communication, reduce the reactions which lead to arguments and create a culture of teamwork in your family.

Getting on with your Pre Teen / Teen (6 weeks) Online group

Tuesday 6 February 19 March 9.30am - 11.30am

Is your teen feeling anxious or isolated? Are you concerned about their mental health and struggling to get help? Join our free online 6-week online group to learn how parents can best emotionally support their teen and feel confident and prepared for whatever challenges might arise.

Dads Together (6 weeks) Online group

Tuesday 6 February 19 March 7pm - 9pm

Are you a dad who feels you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Anxiety around ADHD Workshop - Online

Wednesday 17 January 7pm - 9pm

This workshop helps parents/carers understand what ADHD is, why it makes sense for a child to be anxious if they have ADHD, strategies to help support you and your child, plus signposting to other support that is available.

Reducing Conflict Workshops - Online

Thursday 14 March 9.30 - 11.30 AND Wednesday 20 March 7pm - 9pm

This workshop explores different types of conflict between couples and families. Provides support in understanding the causes and impact of parental and family conflict on children and gives practical steps and strategies.

MORE INFO

LONSDALE



Second Hand Uniform

Lonsdale School are keen to promote sustainability. If you have any good quality, preloved uniform you no longer need, you can drop it off at the school office in a bag clearly marked 'Second-Hand Uniform Donation'. Thank you!

The poster features the WheelPower logo at the top, with the text 'British Wheelchair Sport' underneath. Below this is a large blue circular logo with the text 'WheelPower National Junior Games' and a stylized figure in a wheelchair. To the left of the circle is a yellow badge that says 'AGES 11-18' with three stars. To the right is a red badge that says 'TRY 20 SPORTS' with three stars. The dates '25 - 28 June 2024' are prominently displayed in large blue letters, followed by the location 'Stoke Mandeville Stadium, Buckinghamshire'. At the bottom, there are three photos of children in wheelchairs: one in a yellow shirt riding a bicycle, one in a purple shirt holding a basketball, and one in a green shirt holding a tennis racket. At the very bottom, the website 'wheelpower.org.uk/sport-events' is listed, along with contact information: 'e: sport@wheelpower.org.uk t: 01296 395995'. A QR code is also present in the bottom right corner.

WheelPower
British Wheelchair Sport

WheelPower
National Junior Games

AGES 11-18

TRY 20 SPORTS

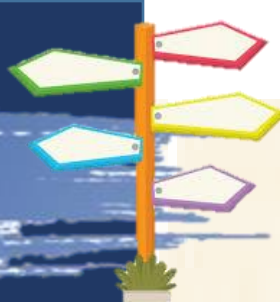
25 - 28 June 2024
Stoke Mandeville Stadium, Buckinghamshire

wheelpower.org.uk/sport-events
e: sport@wheelpower.org.uk t: 01296 395995
charity number 265498

Information about Free School Meals in Herts can be found here:
<https://www.hertfordshire.gov.uk/services/schools-and-education/at-school/free-school-meals/free-school-meals.aspx>

MORE INFO

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Funded by
UK Government

COUNT ME IN!

MANAGING YOUR BILLS...



HELPING WITH HOMEWORK...



SAVING FOR A HOLIDAY...



SHOPPING ON A BUDGET...



Ready to release
your **Number Ninja**?

We all use maths every single day, we just don't know we're doing it. If you want to improve the way that you use numbers, we'll support you.

Come and power up your number skills with **FREE** maths workshops from Step2Skills.

To find out more, scan the QR code or visit:

numberninja.org

**UNLOCK
YOUR
POTENTIAL**

**SKILLS
FOR LIFE
MULTIPLY**

MORE INFO

LONSDALE



and families



SEND DROP IN

3rd Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis.

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own. Children are welcome, no diagnosis needed.

HOW TO BOOK

Log onto our Eventbrite page to book your place
<https://barnardos-stevenage.eventbrite.co.uk>

MORE INFORMATION

hertsfamilycentres.org Call us on: 0300 123 7572



Hertfordshire
Family Centre
Service

On behalf of



Delivered by



MORE INFO

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Hertfordshire Music Service Inclusive Choir (Soundabout associate member choir)

An inclusive contemporary style choir in association with the music charity Soundabout.

- For anyone Year 5, 6 and secondary age, with a focus on giving a voice to those with SEN and complex needs.
- Sessions are twice a month, online, with an end of term, in-person, get-together at Mid Herts Centre for Music & Arts.
- Starting April 2024 with a **free taster session** on Friday 15 March 2024 (5.00pm - 6.00pm).

soundabout
make music change lives

Scan the QR
code to see
Soundabout's
music videos.



Starts Friday 19 April 2024 (March taster session)



5.00pm - 6.00pm



**Online with an end of term get-together at
Mid Herts Centre for Music and Arts**



£35 per term



Scan me for more



Essex Fire Museum Open Days

Tuesday 20th February 2024

Sunday 25th February 2024

(10.30am to 4.00pm)



Visits must be pre-booked via:
museum@essex-fire.gov.uk

**Address: Essex Fire Museum, Grays Fire station,
Hogg Lane, Grays, RM17 5QS**



WEBSITE

INFORMATION

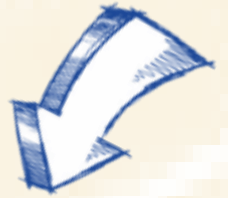
Visit the Student Area on our website

www.lonsdale.herts.sch.uk

You can find lots of activities in the 'All Sorts of Things' section.

Daily Home Learning Plan can be found in your class area for pupils who are not attending school.

Student Area is here!



HOME ABOUT US COVID-19 RETURN TO SCHOOL NEWS AND EVENTS OUR LEARNING PARENTS GOVERNORS COMMUNITY STUDENT AREA CONTACT US



**LONSDALE
SCHOOL**
Learning for life!



www.lonsdale.herts.sch.uk

Login to find out more!



HOME - STUDENT AREA

Welcome

To access this area we need you to login using the username and password provided to you by the school. Please enter this information below and click login to proceed.

If you have forgotten your username and/or password please contact the school.

Username:

Password:

[LOGIN](#)

[Forgotten your password?](#)

Then explore your class area and look at 'Ideas Shared by and for Parents'.



Maybe send your feedback?



HOME - STUDENT AREA - IDEAS SHARED BY AND FOR PARENTS

Ideas Shared by and for Parents

This page is full of ideas which have been sent to us by parents. Thank you, all!

Keep your ideas and thoughts coming; we will update this page regularly...

To get in touch, please email your child's form tutor or use the 'Home Learning Questions' tab.

Have you seen these?

Free Daily Resources For Children



PE with Joe Wicks On YouTube
Week days at 9am but you can visit any time on youtube to view the workout.



Wildlife With with Steve Backshall On Facebook
Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration quest ons.



Science with Maddie Moate on YouTube
Weekdays 11am. Maddie & Greg chat about science and nature!



Dance with Oti Mabuse On Facebook
Every day at 11:30am but children can view the class at any time.



Maths With Carol Vorderman
Free access to the her maths website: www.hermaths.co.uk



Music with Mylene Klass on YouTube
Twice a week. Next one Friday 27 March 10am, but can view any time.



Storytime With David Williams
Free story everyday at 11am on his website: www.worldofdavidwilliams.com

ALL SORTS OF THINGS...

BUMBLEBEES

DOLPHINS

ELEPHANTS

GORILLAS

HIPPES

KOALAS

LYNX

OWLS

PANDAS

SEA TURTLES

TASMANIAN DEVILS

VAQUITAS

WOMBATS

JOIN THE SPRING WATCH!