



Lonsdale School  
Anti-Bullying & Well-Being  
Ambassadors  
2024

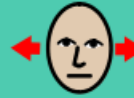
?



What is Bullying?



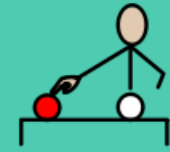
Repeated



negative



behaviour



that

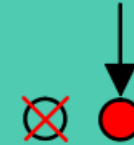
is



intended



to make



others



feel upset,



uncomfortable



or unsafe



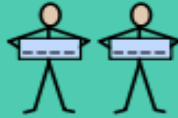
Types of Bullying?



Verbal, Indirect and Physical



Swearing



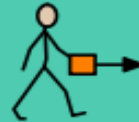
Name-Calling



Discrimination



Isolation



Taking



property



Punching



Kicking



Spitting



Cyber Bullying



and sharing

photos

to cause



harm

# Your Well-being/ Anti-Bullying Ambassadors Are:



- ▶ Voice for our Community
  - ▶ Leaders for Change
  - ▶ Supportive
  - ▶ Approachable
  - ▶ Team (Team Lonsdale)
- 
- ▶ Here for you!
  - ▶ Here for Everyone!



# What we are going to do for you

- Come and talk to us if you have any concerns
- Well-being events – Well-being/ Anti-Bullying week
- Raising awareness and providing training on recognising signs of bullying /mental health and well-being



Care

<https://www.youtube.com/watch?v=nCrjev3-Js>

TALKING  
MENTAL  
HEALTH