learning@lonsdale

## Whole School News

#### Lonsdale Tree for Stevenage Christmas Trail

Thank you to Sea Turtle Class, who have helped create a very special Christmas Tree, which will be part of the Stevenage Christmas Trail this year. It is themed 'The Twelve Days of Christmas'. Keep an eye out in the Stevenage New Town Centre when you do your Christmas shopping.

#### **Children in Need 2023**

Lonsdale School raised £145 for Children in Need. Well done, everybody!

#### **Get-Work-Ready Day 27th November 2023**

This week the older secondary pupils are looking forward to the Get-Work-Ready Day. This is supported by ELSA, with many disability-friendly employers visiting the school to meet our pupils.



ONSDAL



Monday 27<sup>th</sup> November 2023

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#### Information & Dates for Dates for your Diary 15 16 17 18 19 2021 22 23 24 25 26 27 28

7th December 2023 – In-school Christmas Fair for all pupils and Christmas Carol Concert for families and friends in the evening (more info to follow) 14/15th December 2023 – Primary Christmas Plays 19th December 2023 – Christmas Dinner at Lonsdale 20th December 2023 – End of Term, Pupils go home at 1.30pm

Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.

## PRIMARY -

## News

Robin Class have been exploring Autumn and woodland animals. They have listened to the 'Grufallo' in varying ways, such as reading, listening on the YOTO player and watching on the interactive whiteboard. They have created sensory leaves using shaving foam and paint as well as making textured Autumn colour trees. Maths and PE have been combined to practice our throwing skills before counting our bean bags as well as continuing our work on shape with the help of shape songs. In Music the children enjoyed moving to their Christmas songs using scarves and bells.

Monkey Class have continued their work on light in Science, this week creating and guessing shadows. They completed their ball skills competition in PE and in Geography made some lovely landmarks out of different materials.

They listened to the story 'Jolly Postman', recalling what they need to include in a letter.

They have really enjoyed listening to and learning the songs ready for our Christmas performance :-)

Alpaca Class have continued to explore 2D & 3D shapes. They had to think about whether the 3D shapes would roll or not. In Science they did some more work on shadows and made shadow puppets. They enjoyed practising songs in music for the Christmas performance. In PE they worked hard practising their balls skills. In K & U the pupils looked at the UK and identified key cities and landmarks of England.

Dragonfly Class enjoyed investigating light again last week, this time looking at reflective surfaces and choosing the best material for a reflective strip on a book bag design. Pupils greatly enjoyed the 'ball skills' House competition in PE and were so supportive of one another. We're all very proud of the friendships and teamwork displayed! In RE, we learnt about Hannukah and the symbolism of light, and in Maths we continued to investigate properties of 2D and 3D shape. Pupils wrote some lovely sentences in English, with a focus on grammar.

In Literacy we looked at how to set out a formal letter and starting to write them. In Numeracy we developed our understanding of multiplication and positional language. In Science we looked at light travelling in straight lines and what materials are best for reflections. In History we learned what jobs Anglo-Saxon men, women and children did and wrote a job description. We enjoyed working out in FitKidz, and we enjoyed working with Wombats and Sea Turtles in Forest School to make some bird feeders.



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### MONKEY CLASS





## DRAGONFLY CLASS



FALCON CLASS

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## SECONDARY News

Wombats have come to the end of the book, Kensuke's Kingdom. Aalaeya & Rose showed remarkable recall of the book, which we have read over ten weeks, & were able to explain key events in the story. In Geography they have learnt how the sea changes the coastline over time & had fun with the sand and water, demonstrating how material can be moved by water. In Science we re-created our own skeleton using painted pasta shapes; and in Maths we continue to learn about capacity and time, making a large clock and moving the "hands" to make o'clock and half past times.

In Geography we learnt about the coastline in Whitby and compared it to Stevenage. In English, we learnt how to write a letter. In Maths, we were learning times tables and did long multiplication. In Science we learnt about reversible and irreversible changes, and we also learnt about heart rate and the blood in our bodies. In ICT, we continued to learn about Microsoft Excel, and we have collected data to input into a spreadsheet next week. In RE, we learnt about Muslim pilgrimages. The class have been very competitive using their new TT rockstar challenge and have been competing against Sarah and Mr Perrett

In English last week, we learnt about when and where capital letters should be used in sentences. In RS, we learnt about Christian pilgrimages. In Geography, we continued to learn about the world focusing on hot and cold climates around the world and the animals that live in these areas. In Science, the class continued to do some work about the heart as well as starting to look at the skeleton. In Computing, we learnt about the importance of the websites we use being safe and how we know they are safe.

The Gorillas started a D&T Textiles project designing and making seasonal bunting. They have each chosen a shape and created a cardboard template and have started to plan a colour sequence and to make choices of fabric. In RE they have learnt about pilgrimages associated with major religions & have been on their own pilgrimage around the school, looking for key items of interest. In Science, they have continued to find out more about the skeleton and have used pasta to create a simple version of the human skeleton.

This week, pupils have discovered that The Fury, was in charge of all of Germany and that his girlfriend was a 'Beautiful Blonde' and she was kind to Gretel and Bruno (English). They then extracted adjectives from the story to describe him. In Science, pupils created chocolate 'rocks' which are currently chilling in the fridge – next week we discover if they created layers, similar to real rocks. They also completed some lovely work around friendships and are learning about changing bodies during puberty.

### WOMBAT CLASS



### HIPPO CLASS





### **GORILLA CLASS**



## UPPER SCHOOL

News

Tasmanian Devils Class have been practising theirr Speaking and Listening Skills in English, discovering more about our peers and their favourite things. In K&U, we looked deeper into the heart and finding out what is in our blood and what do the cells in them do, their role and how do they keep us healthy. In Maths we have been practising Exam papers with Mrs Brown. In Creative we finished off our lino prints with lots of success and the students were proud of their persevering with techniques to achieve success.

In GCSE English we have been learning how to distinguish between fact and opinion, in FS English we have been learning how to extend our writing by using adjectives. We continue to expand our understanding of expanding and simplifying brackets and factorising within Algebra. In PHSCE we have been learning about Knife crime in regards to the law. We discussed ethical issues to do with knife crime. It was our assembly this week, we presented about Mental Health awareness and the role of our Anti-Bulling and Well-Bing Ambassadors in school

In English we have thought about how to write sentences and put them together to write The Magic Porridge Pot. We have been learning about inverse calculations in maths. In science, we had fun looking at a life-size skeleton and thinking about the different bones. In history, we learnt all about mummification, which was fun and a bit disgusting! In vocational, we finished our time and calendar topic.

In L class, we have been working on our VO unit of English Culture and Greek Units.

In maths, the GCSE group were expanding brackets and the other group were working on reverse calculation skills.

In science, we continued with light, specifically learning about reflection and refraction.

In PSHE, our RSE unit continued and in English, the pupils worked on sentence structure skills.

We will use the following page over the next weeks to introduce our Governors to you. Please read on to find out a bit more about a member of our Governing Body this week.



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TASMANIAN DEVIL CLASS



PANDA CLASS





LYNX CLASS



GOVERNORS NEWS



**Responsibilities/Committees:** Vice Chair of Governors, School Development Board

Hello, I'm Abby, a confident, content and quite able lady with a positive outlook on life and a practical and pragmatic nature. I'm also a big fan of alliteration. I am a self-employed media designer (a new venture born out of greater adventure of life) so I am quite creative, too. Prior to 2004, I worked as a senior level PA (lots of organising, diary management and travel – pretty much parenthood as it turns out!).

In the early stages of our journey, I reflected on where I wanted our adventure into uncharted waters to take us. I created a mission statement for my daughter, and that was for her to "reach her full potential whatever that might be and be able to express herself and who she is as fully as possible however that might be". This created the cornerstone for our lives which we have built on for the last 16 years and is essentially why I am here. With 16 years of experience as a parent of a child with additional needs, I have a wealth of knowledge and expertise, which I hope will come in useful.

I'm passionate about all sorts of things but top of that list is, of course, my children and the world they live in. I feel being part of your children's community and world connects that environment with the hub of home and helps them feel valued. If I can have a positive impact on that world for their benefit and the benefit of others, then I have had a good day. And that is why I am a parent governor!

Lonsdale Governors

in focus

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BRILLIANT BITS





















BRILLIANT BITS









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in for brilliant bits from this week at

Lonsdale

 Update
 ORCHESTRAS

 Tim came in last week to work

Open Orchestra

with Lonsdale pupils in the open Orchestra sessions. They continued to use a variety of instruments, including Clarion, to play along to a backing track representing a river or a stream.

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## Second Hand Uniform

Lonsdale School are keen to promote sustainability. If you have any good quality, preloved uniform you no longer need, you can drop it off at the school office in a bag clearly marked 'Second-Hand Uniform Donation'.

Thank you!



# NORE INFO

## <u>Get the help that fits your family, so you can</u> juggle work and life

Thousands of families could be saving money on their childcare costs. But some simply don't know what support they might be eligible for. The Childcare Choices website brings together all the existing childcare offers in one place, so parents can get the help that fits their family. This could be through Tax-Free Childcare, 30 Hours Childcare, or Universal Credit Childcare. Some families might be eligible to use more than one childcare scheme together and get the most out of it. And from next year even more help is on the way:

• From April 2024, eligible working parents in England with children aged 2 will have access to 15 hours childcare.

• From September 2024, the 15 hours childcare offer will be expanded to eligible working parents in England with children between 9 and 23 months old.

• From September 2025, eligible working parents in England with children between 9 months up to school age will have access to 30 hours childcare.

Support is also expanding for primary-school aged children, from September 2024, parents are expected to see an expansion in the availability of childcare in their local area before and after school, between 8am and 6pm, also known as 'wraparound care'. Don't miss out on getting the support you are entitled to.

Visit the Childcare Choices website to check what offer you might be eligible for and sign up to the newsletter to get the latest updates about the childcare support expansion.

Visit: <a href="https://www.childcarechoices.gov.uk/">https://www.childcarechoices.gov.uk/</a>

## JOIN THE SUDEI IS



All disabilities welcome Ages 12-25

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CHALLENGE YOURSELF BE MORE ACTIVE IMPROVE YOUR SKILLS MAKE NEW FRIENDS

## Free inclusive cricket sessions!

#### MONDAYS:

Harpenden Hub | 6pm - 7pm\* Harpenden Leisure Centre, Leyton Rd, Harpenden AL5 2HU

#### WEDNESDAYS:

Watford Hub | 5pm - 6pm\* Merchant Taylor's School, Northwood HA26 2HT

\*Running weekly from w/c 8 January 2024 until the Easter holidays

CONTACT: Luke Heskett luke.heskett@hertscricket.org

www.lordstaverners.org/super1s



LORD'S TAVERNERS

Registered Charity No. 306054 | OSCR No. SCO46238







For children under 5 and their parents and carers. £2 50 (£1 concessions) – Adults go freel

Book online at: https://stevenagemuseum.arttickets.org.uk/





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## Christmas Brass Band Concert

SATURDAY 2ND DECEMBER 2023 7.30PM

HOSTED BY ST NICHOLAS CHURCH RECTORY LANE, STEVENAGE SG1 4DA

TICKETS ON THE DOOR ADULTS £7.50 ~ CHILDREN FREE

PROCEEDS SHARED BETWEEN BRIDGE BUILDERS CHRISTIAN TRUST AND THE WGC BAND

WWW.STNICHOLASCHURCH.ORG.UK

Francis and sections

WWW.BRIDGEBUILDERSTRUST.ORG.UK

Saturday 25 November 2023 12pm - 5:30pm PARKIN ALL DAY AT ST GEORGE'S MULTI-STOREY

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SNOW GLOBE FAIR RIDES MOBILE BAR CHRISTMAS MARKET

## GUEST APPEARANCE: JUNIOR ANDRE

Meet & Greet Junior Andre 4pm - 4:30pm



MEET MRS GLAUSE

AND RECEIVE A FREE GIFT\*

LIGHTS

IVE MUSIC

STALLS

ENSORY

FREE FACE

PAINTING

Performance: 5:10pm - 5:25pm





Hertfordshire's Holiday Activity Programme

# FREE kids' fun, food & physical activity through the festive break!

Does your child get benefits-related free school meals? If so, you can book them into HAPpy camps for free, during school holidays.

Get your child's booking code from their school and either scan the QR code below or book online at bit.ly/3FV6DOD

Winter bookings are live from 12 noon on 22 November 2023. With limited places at each venue, book your child's place soon to make sure they have a HAPpy school holiday!



Department for Education







## Could you welcome a foster child into your family?

We need foster carers for children and young people in Hertfordshire.

Can you offer a nurturing, safe and stable home? Hertfordshire County Council provide an allowance, training and unrivalled 24/7 support, every step of the way.

For further information on Fostering call us on 0800 917 0925

FOSTERWITHUS www.hertfordshire.gov.uk/fostering

🚹 @hertfordshirefostering 🛛 😧 @HCCFosterAdopt





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Physical and neurological impairment advice line

## 01442 453 920

Mondays 1.30pm - 4pm (term time only)

### Ju families

## SEND DROP IN

3<sup>rd</sup> Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

### SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own Children are welcome, no diagnosis needed.



Hertfordshire Family Centre Service



HOW TO BOOK

LONSDALE

Log onto our Eventbrite page to book your place https://barnardosstevenage.eventbrite.co.uk

MORE INFORMATION hertsfamilycentres.org Call us on: 0300 123 7572

Delivered by Bellove in ohlidren Barnardo's

## About Carers in Hertfordshire

We are a leading charity that supports unpaid carers throughout Hertfordshire.

We are partly funded by Hertfordshire County Council and the NHS in Hertfordshire. In partnership with them and other local organisations we provide services to carers to help them with their caring role, improve their health and wellbeing, give them a break from caring and have a voice in shaping services for them. We support carers of all ages, including children, and our services are free of charge.

Carers in Hertfordshire The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX Tel: 01992 58 69 69 Email: contact@carersinherts.org.uk www.carersinherts.org.uk

## Our support for parents and carers.

We have Involvement and Development Workers supporting carers of someone with a mental health condition or who misuses drugs or alcohol, who can provide information relevant to your caring role and can help you to speak up to those providing or planning local services. We also:

- Give you a chance to meet and talk to other parents, carers and staff who understand;
- Give you the opportunity to represent your views to the authorities that commission and manage CAMHS (Child and Adolescent Mental Health Services) in Hertfordshire;
- Provide training and learning opportunities;
- Offer a Carers' Passport Discount Card that gives savings in shops, restaurants and other venues (contact us to apply for one today!)



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working together locally

## SEND Advice for Parents/Carers

Helpful SEND advice lines for Parents and Carers

Advice line	Times available (from Sept 2020)
Educational Psychology Contact line	Weds 2pm – 4:30pm
SEND Specialist Advice and Support Service* \$ 01442 453920 - term time only	<i>Specific Learning Difficulties:</i> Mon & Thurs 09:30am – 12pm
	Speech Language, Communication & Autism needs: Tues & Weds 1:30pm – 4pm
	<i>Early Years:</i> Weds 9am - 12pm Thurs 1:30pm - 4pm
	<i>Physical and Neurological Impairment:</i> Mon 1:30pm – 4pm
West team Attendance Duty*	Mon - Fri 09:30 am - 4pm
East team Attendance Duty*	Mon - Fri 09:30 am - 4pm

\* also available to schools, settings and professionals

## Cyberbullying

### What is Cyberbullying and online Harassment?

- Cyberbullying is any form of bullying which takes place online.
- This can be done over smartphones, tablets, online gaming, chat rooms, social media and more.
- Online harassment is the act of sending offensive, rude and insulting messages and being abusive.
- If someone purposefully keeps sending you offensive messages that make you feel scared, it could be illegal.

#### Cyberbullying is NOT ACCEPTABLE

- Bullying someone whether online or offline is wrong.
- It can badly affect their mental health.
- Harassing someone and/or sending malicious or threatening messages to someone repeatedly is ILLEGAL.
- If you are found to be cyberbullying someone, there could be criminal consequences.

#### How to cope with the effects of Cyberbullying

- You must not blame yourself. Noone deserves to treated cruely by anyone.
- It can make you feel very upset, alone and like noone will understand or help you.
- REMEMBER you are not alone and there are lots of people who can help you. Make sure you tell someone and do not try to deal with this on your own.
- For confidential help and advice: NSPCC <u>nspcc.org.uk</u> or Bullying UK <u>bullying.co.uk</u>



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### What to do if you are being cyberbullied

If someone is bullying you, here is what you can do to put a stop to it....get SMART.

Screenshot any nasty messages.

My privacy settings.

- Avoid talking to them any further.
- Report the incident on whatever site you are using.
- Talk to someone (parent, carer, teacher, friend or the police if necessary).

### When to tell the Police

- If you are ever threatened with physical harm, being repeatedly harassed, being sent malicious messages.
- If it's not an immediate emergency, phone 101 or use our online webchat service.
- If it is an immediate emergency phone 999.

www.safe4me. co.uk/portfolio/ cyber-bullying/



## INFORMATION

NEWS AND EVENTS OUR LEARNING

E

Visit the Student Area on our website

WEBSI

## www.lonsdale.herts.sch.uk

You can find lots of activities in the 'All Sorts of Things' section.

Daily Home Learning Plan can be found in your class area for pupils who are not attending school.

COVID-19 RETURN TO SCHOOL

ABOUT US

LONSDALE

Student Area is here!

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STUDENT AREA

SCHOOL Learning for life 1 10 nerts.sch.u onsela

#### Login to find out more!



Then explore your class area and look at 'Ideas Shared by and for Parents'.



### Maybe send your feedback?



#### ME» STUDENT AREA Welcome



PARENTS

GOVERNORS

COMMUNITY

ccess this area we need you to login using the username a se enter this information below and click login to proceed. and password provided to you by the s

f you have forgotten your username and/or password please contact the school.

Password: LOGIN

Forgotten your password?

#### **Ideas Shared by and for Parents**

This page is full of ideas which have been sent to us by parents. Thank you, all r ideas and thoughts coming: we will update this page regular To get in touch, please email your child's form tutor or use the 'Home Learning Quest

#### Free Daily Resources For Children

fe With with Steve Backshall On Facel at 9:30am for answering all your wildlife vation, geography and exploration ques



th Myleene Klass on You' k. Next one Friday 27 Marc but can view any time. ory everyday at I am on hi www.workdofdavidwailiams



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