



Learning@Lonsdale

NEWSLETTER

Monday 20th November 2023

Whole School News

Anti-Bullying Week and World Kindness Day

Last week started with a special assembly delivered by Kenny Arnold, who runs People for People Stevenage. Kenny talked to all of our secondary pupils and some of our primary pupils about Reverse Advent and different ways we might be able to support those in need as the festive period approaches. More details about Reverse Advent to follow and more details about pupil activities below.



Remembrance Display

It was great to see so many personal stories in our Remembrance display, which T Class had put together. Although the World Wars were nearly a decade ago, many families remembered a grandparent or great-grandparent who was involved in one of the World Wars.



Information & Dates for your Diary

7th December 2023 – In-school Christmas Fair for all pupils and Christmas Carol Concert for families and friends in the evening (more info to follow)

20th December 2023—End of Term, Pupils go home at 1.30pm

Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



PRIMARY

News

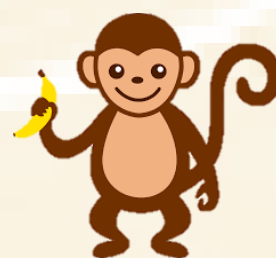


Robin class started the week learning about what it means to be kind and how we can be kind to others. In English we read 'Little beaver and the echo', where Little Beaver made many friends on his journey to find his echo. In Maths we have been learning about more and less as well as our primary colours. During the week we have been adding to our kindness flower, which we will displaying this coming week. On Friday the children painted spots on Pudsey Bear and made Pudsey ears to encourage listening in Phonics.



ROBIN CLASS

Monkey Class this week in English have learnt about letter writing, listening to a story called 'Meerkat Mail', and then they wrote their own letter. They have explored reflection in the mirror, enjoying the sensory room. In Geography they have continued their learning on landmarks, playing a guess the landmark game. In Art they painted a Pudsey and then made one out of leaves for Outdoor Learning. In PE they developed their ball skills, ready for ball-skills competition.



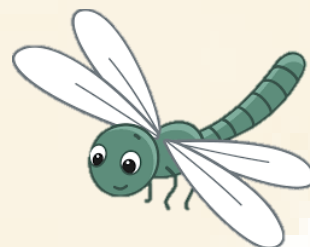
MONKEY CLASS

Alpaca Class had a lovely week. They did some beautiful poses and stretching in yoga. In IT they had to learn how to sort data and described different objects. They did some lovely singing in Music. In English they did some more sorting between what is fiction and non fiction. They enjoyed the sensory story 'Can't you sleep little bear' and did some role play. They learnt about 3D shapes and explored them by making different models.



ALPACA CLASS

Dragonfly Class had a great time exploring light and shadows last week! We explored opaque and transparent materials, and learnt that light travels in straight lines whilst making our own shadow puppets. We joined up with Falcon class for some wonderful discussions around bullying and friendship as part of anti-bullying week, and each pupil chose someone in school to recognise as a 'kindness hero'. Christmas play rehearsals are in full swing, so watch this space for an invitation to a very special Christmas performance (written and directed by the pupils!).



DRAGONFLY CLASS

In Literacy we looked at formal and informal language. In Numeracy we developed our understanding of column subtraction and starting to work on borrowing. In Science we used different mediums to make good earmuffs and looked at what makes up the eye to start our light topic. In History we learned how the Anglo-Saxons houses were very different to today's. We enjoyed working out in FitKidz, and we enjoyed working with Wombats and Sea Turtles in Taskmaster in a 'Children in Need' board game.



FALCON CLASS





SECONDARY

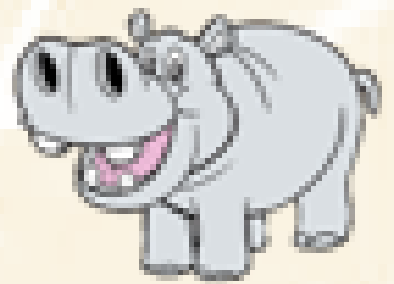
News

In Geography the class has been learning about coastal features. They used sand, water & building blocks to represent dunes, the beach, cliffs & an arch. In RE they have been finding about the destinations of Christian pilgrims. In English they have heard how Kensuke & Michael spent a night helping baby sea turtles find their way to the sea. We had a fabulous time at our sports trip on Wednesday. The students took part in lots of different sports, including basketball, boccia, Polybat, skittles and target throw. See the photos below!



WOMBAT CLASS

Hippo Class worked hard last week in all their lessons. They continued in Maths working with addition, subtraction and problem-solving. In 'Everybody Reads', pupils started in their new groups, and many have made good progress with their reading and comprehension. They all enjoyed the activities on offer for exploring anti-bullying and joined in on Friday for Children-in-Need Day.



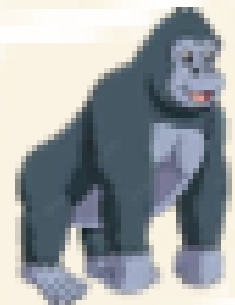
HIPPO CLASS

Monday last week was World Kindness Day, and the class did a number of activities related to this including sharing who their kindness heroes are and why, and also looking at all of the amazing things about themselves. In Creative, the class has been working on a project related to the Stevenage Christmas Trail. They were asked to make a 3D Christmas tree related to a Christmas song, and they chose 'The Twelve Days of Christmas'. The tree looks amazing! In Maths, they did counting in 2s, 5s and 10s. In Geography, we used globes and atlases to plot our dream journeys around the world!



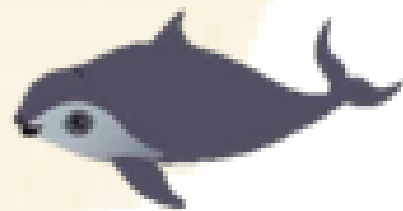
SEA TURTLE CLASS

In Geography the class has been learning about coastal features. They used sand, water & building blocks to represent dunes, the beach, cliffs & an arch. In Science they have been learning about the skeleton and the function of different bones in the body. They were surprised to see the school skeleton standing in the corner of the classroom! In English, they are finding out about island life for Michael & Kensuke and the role the orang-utan family play.



GORILLA CLASS

This week in English, pupils have learned that Bruno still does not know what is going on at 'OutWith', and he meets Shmuel for the first time. Using the text as clues, they created their own images of Shmuel and described what he might be feeling. In Maths, pupils have been learning about shapes and angles (acute are little, and so 'are cute' - while obtuse are 'fat'...). They had a lovely session with Ms Small about being kind and demonstrated these attributes beautifully during the week.



VAQUITA CLASS



UPPER SCHOOL

News

LONSDALE



Wow, another week speeding by, we have learnt loads this week. In English we did some speaking and listening exercise where students had to find out information from each other. In K&U we visited Ecuador to find out the geographical differences between America and the United Kingdom. In History we designed some WW1/2 recruitment posters for the Home Front, and in Creative we have tried our hand with leather printing. In Maths the class had Maths Challenges delivered by Mrs Ottridge, which caused a debate about the answers!

During our English lessons we looked at newspapers; the differences between tabloids and broadsheets particularly the headlines. In Maths this week we have been learning how to factorise and expand brackets. In Science we been learning how to plot graphs to measure rates of reaction. We continue to work on our AQA UAS in our Vocational learning, some of then topics being studied are 'Nutrition in Sport' 'Creative Writing' and 'Coding'. It is our assembly next week, and we have chosen to present about the importance of Mental Health and re-introduce our Well-being Ambassadors.

Elephants did a great job in their assembly this week. It was all about anti-bullying and students either helped to make some signs or held them up in the assembly. We had fun making pyramids in History and learning about why the Ancient Egyptians built them. In Maths we have learnt about addition. We found it really interesting to find out about our muscles in Science – what they're called and what their function is. We have also begun a new vocational topic about time and the calendar.

In L class, we started a new unit in Science on 'Light'. We then began a new unit in Computing on 'Spreadsheets', where the class made images using the different cells on Excel. Pupils continued with their 'English Culture' unit and learnt about the different regions of the UK as part of their vocational studies.

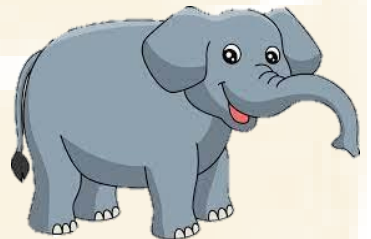
We will use the following page over the next weeks to introduce our Governors to you. Please read on to find out a bit more about a member of our Governing Body this week.



TASMANIAN DEVIL
CLASS



PANDA CLASS



ELEPHANT CLASS



LYNX CLASS



GOVERNORS NEWS



CHANDRA GREEN



Responsibilities/Committees: Chair of Governors, Chair of REP Placement Panel, Member of all 3 Committee Boards.

I am a mother of two grown daughters, and I am married to a Metropolitan Police Sergeant.

I was previously a Parent Governor at Marriotts School from 2012 to 2014 while my daughters spent their final years at the school.

I became an Associate Governor at Lonsdale in September 2016, a full Governor in September 2017 and Vice Chair and then the Chair of Governors in October 2022.

I am registered disabled and have found that with the free time I have, this has given me the opportunity to give back to my local community. I try to ensure I am at all Lonsdale events from Assemblies to the Christmas Fair. I feel that it is important for me as a governor to be in touch and visible with students, staff and parents. During Lockdown, I introduced class buddies which linked a governor with a class and teacher. This means that the children and staff know who we are and stops the Governors from being strangers in the school.

Before my disability, I worked in a Taxi insurance brokerage in Stevenage. It was great to interact with people from different cultures. I processed accident claims and dealt with the main insurance underwriting company. I left to go to NU to work in legacy pensions.

After I was diagnosed with Multiple Sclerosis, it made me re-think what I wanted from life. I now enjoy spending time in Lonsdale School. I work closely with the Vice Chair to ensure that the Headteacher and Senior Leadership Team work well and are supported. I take on training that can help me fulfil my role to the best of my ability. I feel that everyone is a life-long learner - whatever path they take in life.

I believe that every child deserves a good education, no matter their background, and I hope to help support the school in providing this.

*Lonsdale Governors
in focus*





BRILLIANT BITS





BRILLIANT

BITS

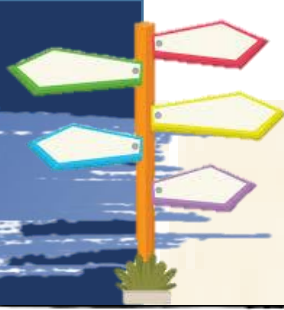


ZOOM

*in for brilliant bits
from this week at
Lonsdale*



MORE INFO



foodshed



Reverse Advent

Our **Reverse Advent** will run from Monday 27th November to Friday 1st December. During this period, we will be accepting donations (some ideas are listed in the picture). We understand that some families may be finding the current financial situation challenging so please only donate if you can.

Foodshed cannot accept donations containing alcohol so please check items such as Christmas cake and mince pies. Also, no perishable items please.

 1	 2	 3	 4	 5
 6	 4 7	 8	 3	 10
 11	 12	 3	 14	 15
 16	 17	 18	 19	 20

To access their services, individuals need to be referred and you can find out more about this on their website <https://stevenage-vineyard.co.uk/compassion/foodshed/>

MORE INFO

LONSDALE



Second Hand Uniform

Lonsdale School are keen to promote sustainability. If you have any good quality, preloved uniform you no longer need, you can drop it off at the school office in a bag clearly marked 'Second-Hand Uniform Donation'.
Thank you!



SUPPORTING SIBLINGS OF CHILDREN WITH SEND

For parent carers of a child/children with SEND, in Hertfordshire and the surrounding counties.



This course will be delivered by

Sibs
for brothers and sisters of disabled children & adults

on behalf of DS Achieve.

COURSE CONTENT

1

SUPPORTING SIBLINGS

- Insight into siblings' needs and experiences
- Practical ideas for giving siblings attention
- Further sources of information

2

SIBLING RIVALRY

- How to spot if your sibling child is having difficulty coping
- What to do if your sibling isn't getting on with their brother or sister
- Ideas on addressing difficult behaviour between siblings

3

CHALLENGING BEHAVIOUR

- How to spot if your sibling child is having difficulty coping
- What you can do as a parent to support your sibling child
- Ideas for making plans and keeping siblings safe



**Friday 1st December
10am - 2pm**



Online

THIS WORKSHOP WILL BE HELD ONLINE VIA ZOOM.

To book your place visit: dsachieve.org/events

More Info info@dsachieve.org

MORE INFO

LONSDALE



JOIN THE **Super 1s**



**All disabilities welcome
Ages 12-25**

CHALLENGE YOURSELF
BE MORE ACTIVE
IMPROVE YOUR SKILLS
MAKE NEW FRIENDS

Free inclusive cricket sessions!

MONDAYS:

Harpenden Hub | 6pm - 7pm*
Harpenden Leisure Centre,
Leyton Rd, Harpenden AL5 2HU

WEDNESDAYS:

Watford Hub | 5pm - 6pm*
Merchant Taylor's School,
Northwood HA26 2HT

*Running weekly from w/c 8 January
2024 until the Easter holidays

CONTACT:

Luke Heskett
luke.heskett@hertscricket.org

www.lordstaverners.org/super1s



LORD'S TAVERNERS
Empowering young people through cricket

Registered Charity No. 306054 | OSCR No. SCO46238



**Hertfordshire
Cricket**

BRINGING CRICKET TO LIFE

MORE INFO



Under 5s@Stevenage Museum

Stories, games, and arts and crafts fun!

1:30pm – 2:30pm on Thursdays, and 11am – 12noon on Saturdays

September
Thursday 7th and Saturday 9th

October
Thursday 5th and Saturday 7th

November
Thursday 9th and Saturday 11th

December
Saturday 2nd and Thursday 7th

For children under 5 and their parents and carers. £2.50 (£1 concessions) – Adults go free!

Book online at:
<https://stevenage-museum.arttickets.org.uk/>



Family Saturdays @ Stevenage Museum 2-3pm

Come along to our free sessions to create and learn! No need to book, just turn up.

FREE



September 9th
Exploring Space



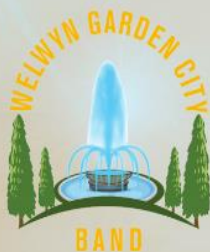
October 7th
Skeletons and Bones



11th November
Terrible Tudors



2nd December
Birds and Birdfeeders



Christmas Brass Band Concert

SATURDAY 2ND DECEMBER 2023 7.30PM

HOSTED BY ST NICHOLAS CHURCH
RECTORY LANE, STEVENAGE SG1 4DA

TICKETS ON THE DOOR
ADULTS £7.50 ~ CHILDREN FREE

PROCEEDS SHARED BETWEEN BRIDGE BUILDERS
CHRISTIAN TRUST AND THE WGC BAND

WWW.STNICHOLASCHURCH.ORG.UK



WWW.BRIDGEBUILDERSTRUST.ORG.UK



MORE INFO

LONSDALE



STEVENAGE CHRISTMAS LIGHT SWITCH ON

MEET MRS
CLAUSE
AND RECEIVE
A FREE GIFT*

Saturday 25 November 2023
12pm - 5:30pm

**FREE
PARKING**
ALL DAY AT
ST GEORGE'S
MULTI-STOREY

LIGHTS

LIVE MUSIC

STALLS

SENSORY
STATION

FREE FACE
PAINTING

SNOW GLOBE

FAIR RIDES

MOBILE BAR

CHRISTMAS
MARKET

**GUEST APPEARANCE:
JUNIOR ANDRE**

Meet & Greet Junior Andre
4pm - 4:30pm

Performance: 5:10pm - 5:25pm



MORE INFO

LONSDALE



Hertfordshire's
Holiday Activity Programme



FREE kids' fun, food & physical activity through the festive break!



Does your child get benefits-related free school meals?

If so, you can book them into HAPpy camps for free, during school holidays.

Get your child's booking code from their school and either scan the QR code below or book online at bit.ly/3FV6DOD

Winter bookings are live from 12 noon on 22 November 2023.

With limited places at each venue, book your child's place soon to make sure they have a HAPpy school holiday!



Department
for Education



Hertfordshire
Community
Foundation



MORE INFO

LONSDALE



Could you welcome a foster child into your family?

We need foster carers for children
and young people in Hertfordshire.

Can you offer a nurturing, safe and stable home?
Hertfordshire County Council provide an allowance,
training and unrivalled 24/7 support, every step of the way.

For further information on
Fostering call us on **0800 917 0925**

FOSTERWITHUS

www.hertfordshire.gov.uk/fostering

[@hertfordshirefostering](https://www.facebook.com/hertfordshirefostering) [@HCCFosterAdopt](https://www.twitter.com/HCCFosterAdopt)

In partnership with



Stonewall



Hertfordshire

**Physical and
neurological impairment
advice line**

01442 453 920

**Mondays 1.30pm - 4pm
(term time only)**

MORE INFO

LONSDALE



and families



SEND DROP IN

3rd Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own Children are welcome, no diagnosis needed.

HOW TO BOOK

Log onto our Eventbrite page
to book your place
<https://barnardos-stevenage.eventbrite.co.uk>

MORE INFORMATION

hertsfamilycentres.org Call us
on: 0300 123 7572



Hertfordshire
Family Centre
Service

On behalf of



Delivered by



MORE INFO

About Carers in Hertfordshire

We are a leading charity that supports unpaid carers throughout Hertfordshire.

We are partly funded by Hertfordshire County Council and the NHS in Hertfordshire. In partnership with them and other local organisations we provide services to carers to help them with their caring role, improve their health and wellbeing, give them a break from caring and have a voice in shaping services for them.

We support carers of all ages, including children, and our services are free of charge.

Carers in Hertfordshire

The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX

Tel: 01992 58 69 69

Email: contact@carersinherts.org.uk

www.carersinherts.org.uk

Our support for parents and carers.

We have Involvement and Development Workers supporting carers of someone with a mental health condition or who misuses drugs or alcohol, who can provide information relevant to your caring role and can help you to speak up to those providing or planning local services.

We also:

- Give you a chance to meet and talk to other parents, carers and staff who understand;
- Give you the opportunity to represent your views to the authorities that commission and manage CAMHS (Child and Adolescent Mental Health Services) in Hertfordshire;
- Provide training and learning opportunities;
- Offer a Carers' Passport Discount Card that gives savings in shops, restaurants and other venues (contact us to apply for one today!)



MORE INFO

ISL Integrated
Services for
Learning

working together locally

SEND Advice for Parents/Carers

*Helpful SEND advice lines
for Parents and Carers*

Advice line	Times available [from Sept 2020]
<i>Educational Psychology Contact line</i>  01992 588574	Weds 2pm – 4:30pm
<i>SEND Specialist Advice and Support Service*</i>  01442 453920 - term time only	<i>Specific Learning Difficulties:</i> Mon & Thurs 09:30am – 12pm
	<i>Speech Language, Communication & Autism needs:</i> Tues & Weds 1:30pm – 4pm
	<i>Early Years:</i> Weds 9am – 12pm Thurs 1:30pm – 4pm
	<i>Physical and Neurological Impairment:</i> Mon 1:30pm – 4pm
<i>West team Attendance Duty*</i>  01442 454778	Mon - Fri 09:30 am – 4pm
<i>East team Attendance Duty*</i>  01992 555261	Mon - Fri 09:30 am – 4pm

* also available to schools, settings and professionals

MORE INFO



Cyberbullying

What is Cyberbullying and online Harassment?

- Cyberbullying is any form of bullying which takes place online.
- This can be done over smartphones, tablets, online gaming, chat rooms, social media and more.
- Online harassment is the act of sending offensive, rude and insulting messages and being abusive.
- If someone purposefully keeps sending you offensive messages that make you feel scared, it could be illegal.



Cyberbullying is NOT ACCEPTABLE

- Bullying someone whether online or offline is wrong.
- It can badly affect their mental health.
- Harassing someone and/or sending malicious or threatening messages to someone repeatedly is **ILLEGAL**.
- If you are found to be cyberbullying someone, there could be criminal consequences.

What to do if you are being cyberbullied

If someone is bullying you, here is what you can do to put a stop to it....get **SMART**.

Screenshot any nasty messages.

My privacy settings.

Avoid talking to them any further.

Report the incident on whatever site you are using.

Talk to someone (parent, carer, teacher, friend or the police if necessary).

How to cope with the effects of Cyberbullying

- You must not blame yourself. No one deserves to be treated cruelly by anyone.
- It can make you feel very upset, alone and like no one will understand or help you.
- **REMEMBER** you are not alone and there are lots of people who can help you. Make sure you tell someone and do not try to deal with this on your own.
- For confidential help and advice: NSPCC nspcc.org.uk or Bullying UK bullying.co.uk

When to tell the Police

- If you are ever threatened with physical harm, being repeatedly harassed, being sent malicious messages.
- If it's not an immediate emergency, phone **101** or use our online webchat service.
- If it is an immediate emergency phone **999**.

www.safe4me.co.uk/portfolio/cyber-bullying/

safe4me



WEBSITE

INFORMATION

Visit the Student Area on our website

www.lonsdale.herts.sch.uk

You can find lots of activities in the 'All Sorts of Things' section.

Daily Home Learning Plan can be found in your class area for pupils who are not attending school.

Student Area is here!



HOME ABOUT US COVID-19 RETURN TO SCHOOL NEWS AND EVENTS OUR LEARNING PARENTS GOVERNORS COMMUNITY STUDENT AREA CONTACT US



**LONSDALE
SCHOOL**
Learning for life!

www.lonsdale.herts.sch.uk

Login to find out more!



Then explore your class area and look at 'Ideas Shared by and for Parents'.



Maybe send your feedback?



HOME - STUDENT AREA

Welcome

To access this area we need you to login using the username and password provided to you by the school. Please enter this information below and click login to proceed.

If you have forgotten your username and/or password please contact the school.

Username:

Password:

[LOGIN](#)

[Forgotten your password?](#)

HOME - STUDENT AREA - IDEAS SHARED BY AND FOR PARENTS

Ideas Shared by and for Parents

This page is full of ideas which have been sent to us by parents. Thank you, all!

Keep your ideas and thoughts coming; we will update this page regularly...

To get in touch, please email your child's form tutor or use the 'Home Learning Questions' tab.

Have you seen those?

Free Daily Resources For Children



PE with Joe Wicks On YouTube
Week days at 9am but you can visit any time on youtube to view the workout.



Wildlife With with Steve Backshall On Facebook
Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration quest-ions.



Science with Maddy Moate on YouTube
Weekdays 11am. Maddy & Greg chat about science and nature!



Dance with Oli Mabuse On Facebook
Every day at 11:30am but children can view the class at any time.



Maths With Carol Vorderman
Free access to the for maths website: www.themathsdoctor.com



Music with Myleene Klass on YouTube
Twice a week. Next one Friday 27 March 10am, but can view any time.



Storytime With David Williams
Free story everyday at 11am on his website: www.worldofdavidwilliams.com

ALL SORTS OF THINGS...

BUMBLEBEES

DOLPHINS

ELEPHANTS

GORILLAS

HIPPOS

KOALAS

LYNX

OWLS

PANDAS

SEA TURTLES

TASMANIAN DEVILS

VAQUITAS

WOMBATS

JOIN THE SPRING WATCH!