learning@lonsdale

Whole School News

Thank you to all people who gave feedback on the newstyle newsletter. Let us know what you think!

We would also like to send a huge 'Thank You!' to all families and friends who came to Lonsdale School on Friday to fundraise for Macmillan through our Coffee Morning. Thank you for all the cakes and money donations, too. We will let you know how much we have raised in the next edition of the newsletter.

On 18th October, the school will have a curriculum day to celebrate and learn more about RSE (Relationship and Sex Education). A theatre company will visit school to bring a play about homophobic bullying and relationship issues to Lonsdale's secondary-aged pupils.

The primary department will also plan some special activities and workshops so that everyone can join in and learn about healthy and unhealthy relationships.

Please save the date for Parents' Consultation Week w/c 30th October. You will receive more info shortly. You can phone, attend via teams or come to school for a faceto-face meeting to catch up with your child's form tutor.

Monday 2nd October 2023

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Information & **Dates for** 2 3 4 5 6 7 9 10 11 12 13 14 **your Diary** 16 17 18 19 20 21 22 23 24 25 26 27 28

13-10-2023—Parents invited to the Preparing for Adulthood Conference (letter sent)

20 31

18-10-2023 'Boy' – Secondary RSE play in the Hall for pupils

23-27 October 2023—Half-Term Holidays

> w/c 30-10-2023 Parents' **Consultation Week**

Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.

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PRIMARY -

News

Robin Class have had a busy week continuing the theme 'Marvellous me!' They have been learning about their senses, beginning with their hearing. After listening to environmental sounds outside, they made their own shakers, filling them with a variety of materials to compare sounds. Five little aliens joined us for Mathematics to support the children with their counting, and circles have been all around as our shape of the week. 'This bus is for us' has been the story of the week, and the children have enjoyed listening to all the ways we can travel.

Monkey Class this week have continued their work on grouping and sorting, using this to develop addition and subtraction. They have also use coins to add and buy objects. In English, the children have continued to develop their understanding of book, answering questions and then changing the story to build their own. In Science, the children worked well on learning human organs and exploring where they are. In PE, they worked hard on using traveling skills from last week and then balancing on equipment.

Dragonfly Class have had a great week of learning. We have focused on tens frames and place value in Maths, and non-fiction writing in English. The class did some fantastic work on animals' eating habits and categorised animals as herbivores, carnivores or omnivores. In PSHE we had some wonderful discussions around friendships as part of our unit on respectful relationships, and it was wonderful to see the learning carry through to play time. Finally, we had a fantastic time at Macmillan Coffee Morning!

In Literacy we read some poems and picked out the rhyming words, developing our knowledge of rhyming schemes. In Numeracy we developed our understanding of needing the biggest number first to complete subtraction and writing a code to give a robot directions. In Science we discussed what an environment is. In Creative we started making our Christmas cards ready for December. In RE we looked at the main elements of Hinduism and enjoyed decorating ourselves with bangles. In PE we enjoyed moving our body in hip-hop and breakdance dance moves.

The weather is still mild, so many pupils are enjoying some fresh air at lunchtimes. Only a very small number of clubs have currently restarted, i.e. the film club, Chess club and the VOCA club on Tuesdays. We are working hard to re-commence the other clubs in due course.



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MONKEY CLASS



DRAGONFLY CLASS



FALCON CLASS



SE lews

dramatic effort!

Our English book, 'Kensuke's Kingdom', reached an exciting climax this week when Michael, the main character, was swept off the boat at sea. The class has been thinking what might happen next. They performed some short drama episodes using blue fabric to represent a violent sea & waves. Some were willing to pretend to be in the sea & could choose whether to feel some water spray as part of their involvement. A shout to Tom & Rosie for fantastic

In English this week we have been learning about writing to inform. We have been learning how to present information in the form of a leaflet and the devices we should include. In our Maths sessions, we looked at different number lines and strategies to place numbers on a number line. We realised that it is sometimes challenging to place a number when the number line doesn't start from 0. Also, we focused on counting in 50s and finding 100 more/less from a given number.

In English last week, the class completed a character analysis task about three of the characters in the book and we did some research about Treacher Collins Syndrome. In History, they learnt about the 7 Kingdoms that the Anglo-Saxons created when they invaded Britain. In Science, they did an experiment about light refraction. In PSHE, the class did some amazing work about the benefits of exercise and learnt about the parts of the body that help exercise, e.g. the heart, muscles and lungs. In Geography, they started to do some work on map symbols learning some key symbols as well as creating their own. In Maths, they did work on numbers that are 'more or less' than.

In Gorilla Class this week, the class learnt about shadows and how they can change size depending on how close the object is to the light source. In English they learnt about 'The enormous turnip' and sequenced the story. In Science the pupils learnt about the human body and had to identify and label the different parts. The class loved being at the coffee morning and eating lots of lovely cake.

This week has flown by with lots of Maths involving place value on a number line – from filling in missing 10s to missing units of 10,000. In English, we examined some of the text from 'The Boy in the Striped Pyjamas' to try and work out what is so sinister about the boys and men behind the barbed wire, and the strange place called Out With. We did a class role play from some of the scenes to demonstrate how the people were behaving. Pupils put their best smiles on for the photographer-I can't wait to see the proofs! And finally – cake...lots of cake!



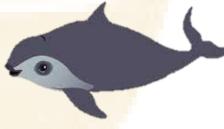
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WOMBAT CLASS









VAQUITA CLASS

UPPER SCHOOL



In PSHE we have increased our understanding of common mental health disorders as well as considered how to reframe negative thoughts. In maths we have been exploring different number lines and looked at various strategies how to place numbers on a number line when it doesn't start from zero. We have also looked at counting in 50s and noticing the different patterns.

We had fun exploring light and thinking about how our eyes see objects in Science. In English we have been reading CVC words. In Maths we learnt about one more/less, and in Computing we have thought about our personal information and how we need to be careful what we share online. We finished our Sensory Art unit and started an exploring Geography unit. In PSHE we started to look at our health.

Lynx Class had a very busy week. We have been learning about Greek art and tried to design our own vase using different patterns. We have been looking at Notting Hill Carnival and made carnival masks. In Maths we have been learning about different number lines, finding 100, 10 more/ less from a given number and counting in 50s. In English this week, we have been learning about writing to inform. We have been learning how to present information in the form of a leaflet and the devices we should include.

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In PSHE we have been learning about the importance of selfexamination and screening programmes. During our English lessons we are continuing to develop our creative writing skills through learning techniques, which will make our writing more interesting. In Chemistry we have been recapping our learning of rates of reaction, and in Maths we have been learning how to complete indicies from the power of zero.

Our Governors are very excited and looking forward to their first Full Governing Board Meeting on Wednesday evening this week. They will hear an update from the school's leadership team and welcome some new faces to the Governing Body. Watch this space, we will introduce them here soon!



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ELEPHANT CLASS



LYNX CLASS



PANDA CLASS



GOVERNORS NEWS

FORM FOCUS

ALPACA CLASS

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Alpaca Class have been enjoying the 'Stickman' story by Julia Donaldson. They made their own stick men and took them on adventures around the school. They have been enjoying retelling the 'Stickman' as a sensory story. In History the children have been learning about Stevenage now and in the past. In PHSCE the children made a new friend, Baby Born Bear, who joined the



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BRILLIANT BITS





























BRILLIANT BITS

















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in for brilliant bits from this week at





Second Hand Uniform

Lonsdale School are keen to promote sustainability. If you have any good quality, preloved uniform you no longer need, you can drop it off at the school office in a bag clearly marked 'Second-Hand Uniform Donation'. Thank you!





Could you welcome a foster child into your family?

We need foster carers for children and young people in Hertfordshire.

Can you offer a nurturing, safe and stable home? Hertfordshire County Council provide an allowance, training and unrivalled 24/7 support, every step of the way.

For further information on Fostering call us on 0800 917 0925

FOSTERWITHUS www.hertfordshire.gov.uk/fostering

🚹 @hertfordshirefostering 🛛 😨 @HCCFosterAdopt





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Physical and neurological impairment advice line

01442 453 920

Mondays 1.30pm - 4pm (term time only)

Ju families

SEND DROP IN

3rd Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own Children are welcome, no diagnosis needed.



Hertfordshire Family Centre Service



HOW TO BOOK

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Log onto our Eventbrite page to book your place https://barnardosstevenage.eventbrite.co.uk

MORE INFORMATION hertsfamilycentres.org Call us on: 0300 123 7572

Delivered by Believe in ohildren Barnardo's

About Carers in Hertfordshire

We are a leading charity that supports unpaid carers throughout Hertfordshire.

We are partly funded by Hertfordshire County Council and the NHS in Hertfordshire. In partnership with them and other local organisations we provide services to carers to help them with their caring role, improve their health and wellbeing, give them a break from caring and have a voice in shaping services for them. We support carers of all ages, including children, and our services are free of charge.

Carers in Hertfordshire The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX Tel: 01992 58 69 69 Email: contact@carersinherts.org.uk www.carersinherts.org.uk

Our support for parents and carers.

We have Involvement and Development Workers supporting carers of someone with a mental health condition or who misuses drugs or alcohol, who can provide information relevant to your caring role and can help you to speak up to those providing or planning local services. We also:

- Give you a chance to meet and talk to other parents, carers and staff who understand;
- Give you the opportunity to represent your views to the authorities that commission and manage CAMHS (Child and Adolescent Mental Health Services) in Hertfordshire;
- Provide training and learning opportunities;
- Offer a Carers' Passport Discount Card that gives savings in shops, restaurants and other venues (contact us to apply for one today!)



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working together locally

SEND Advice for Parents/Carers

Helpful SEND advice lines for Parents and Carers

Advice line	Times available (from Sept 2020)
Educational Psychology Contact line	Weds 2pm - 4:30pm
SEND Specialist Advice and Support Service* \$ 01442 453920 - term time only	Specific Learning Difficulties: Mon & Thurs 09:30am – 12pm
	Speech Language, Communication & Autism needs: Tues & Weds 1:30pm – 4pm
	<i>Early Years:</i> Weds 9am - 12pm Thurs 1:30pm - 4pm
	<i>Physical and Neurological Impairment:</i> Mon 1:30pm – 4pm
West team Attendance Duty*	Mon - Fri 09:30 am - 4pm
East team Attendance Duty*	Mon - Fri 09:30 am - 4pm

* also available to schools, settings and professionals

Cyberbullying

What is Cyberbullying and online Harassment?

- Cyberbullying is any form of bullying which takes place online.
- This can be done over smartphones, tablets, online gaming, chat rooms, social media and more.
- Online harassment is the act of sending offensive, rude and insulting messages and being abusive.
- If someone purposefully keeps sending you offensive messages that make you feel scared, it could be illegal.

Cyberbullying is NOT ACCEPTABLE

- Bullying someone whether online or offline is wrong.
- It can badly affect their mental health.
- Harassing someone and/or sending malicious or threatening messages to someone repeatedly is ILLEGAL.
- If you are found to be cyberbullying someone, there could be criminal consequences.

How to cope with the effects of Cyberbullying

- You must not blame yourself. Noone deserves to treated cruely by anyone.
- It can make you feel very upset, alone and like noone will understand or help you.
- REMEMBER you are not alone and there are lots of people who can help you. Make sure you tell someone and do not try to deal with this on your own.
- For confidential help and advice: NSPCC <u>nspcc.org.uk</u> or Bullying UK <u>bullying.co.uk</u>



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What to do if you are being cyberbullied

If someone is bullying you, here is what you can do to put a stop to it....get SMART.

Screenshot any nasty messages.

My privacy settings.

- Avoid talking to them any further.
- Report the incident on whatever site you are using.
- Talk to someone (parent, carer, teacher, friend or the police if necessary).

When to tell the Police

- If you are ever threatened with physical harm, being repeatedly harassed, being sent malicious messages.
- If it's not an immediate emergency, phone 101 or use our online webchat service.
- If it is an immediate emergency phone 999.

www.safe4me. co.uk/portfolio/ cyber-bullying/



INFORMATION

NEWS AND EVENTS OUR LEARNING

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Visit the Student Area on our website

WEBSI

www.lonsdale.herts.sch.uk

You can find lots of activities in the 'All Sorts of Things' section.

Daily Home Learning Plan can be found in your class area for pupils who are not attending school.

COVID-19 RETURN TO SCHOOL

ABOUT US

Student Area is here!

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STUDENT AREA

LONSDALE SCHOOL Learning for life 1 10 nerts.sch.u onsela

Login to find out more!



Then explore your class area and look at 'Ideas Shared by and for Parents'.



Maybe send your feedback?



ME STUDENT AREA Welcome



PARENTS

GOVERNORS

COMMUNITY

ccess this area we need you to login using the username a se enter this information below and click login to proceed. and password provided to you by the s

f you have forgotten your username and/or password please contact the school.

Password: LOGIN

Forgotten your password?

Ideas Shared by and for Parents

This page is full of ideas which have been sent to us by parents. Thank you, all r ideas and thoughts coming: we will update this page regular To get in touch, please email your child's form tutor or use the 'Home Learning Quest

Free Daily Resources For Children

fe With with Steve Backshall On Facel at 9:30am for answering all your wildlife vation, geography and exploration ques

ith Maddie Moate Tlam. Maddie & Cre science and natur ith Oti Mabuse On Face

th Myleene Klass on You' k. Next one Friday 27 Marc but can view any time.

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