

# Learning for Life!



Headteacher: **Ms Annemari Ottridge** M.Ed. NPQH NPQEL

26<sup>th</sup> May 2023

Dear Parents/Carers,

Do you know how your child's medical treatment and care changes once they turn 18?

On Friday 16<sup>th</sup> June 2023 we have Kathryn Smith, an NHS nurse who is part of the local 0-25 Team, in school to talk to parents and carers about how they can support their child in preparing for a healthy adulthood.

Kathryn will be discussing a range of topics including:

- How to best prepare young people for health matters as they approach adulthood (incorporating cancer checks etc.)
- Consent
- How to make the most from adult health services

Carers in Herts will also be attending.

The purpose of this session is to signpost families to appropriate support as well as ensuring they know what they are entitled to. We believe this opportunity would be extremely valuable for parents/carers with young people in year 11 and above. However, everybody is welcome. At the end of the talk, there will be the opportunity to have a cup of tea or coffee, ask questions or talk to Kathryn informally.

The session will start at 10am and will last no longer than one hour. If you would like to attend, please can you confirm your attendance by emailing the admin team [admin@lonsdale.herts.sch.uk](mailto:admin@lonsdale.herts.sch.uk) by **Monday 12<sup>th</sup> June 2023**.

Yours sincerely,

Sarah Small  
Assistant Headteacher

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