



Information and Dates for your Diary

Please see below some diary dates for you:

Sports Week w/c 20th June 2022

Occasional Day 27th June 2022

End of Term Thursday 21st July 2022; pupils leave at 1.30pm



Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



Whole-School News



This week, the school has caught the 'Art bug' in a big way with classes discovering new skills and hidden talents during Arts Week. From self-portraits to abstract photography, pupils have had a great time exploring and developing their artistic abilities.

This week has also been a hive of activity for educational visits with one group having opportunities to participate in rock climbing, canoeing, zip wiring and caving, whilst another group enjoyed a visit to Whipsnade Zoo to learn about animals and their natural habitats.

An Art House event is scheduled for next week, in which flags and banners for Sports Day (which is happening in the following week) are to be created, so please have a think about what ideas you would like to put forward and how you would like the flags/banners to look.



Dolphin Class:

This week was 'Arts Week', and Dolphin Class have explored Art in a range of ways. The children have listened to the 'Owl Babies' story and then created their own story, in which they had to choose their character, setting and what happened. The children have also been exploring colour, sorting objects in Maths, making a collage and exploring mixing paints to make new colours. They have also enjoyed using 2Simple Music to compose their own music and have enjoyed the sunshine with lots of outdoor play.

For the rest of this half term, our topic will be 'Animals'. Please let me know if your child has anything they would like to share about animals.



Bumblebee Class:

This week Bumblebee Class have taken part in a range of activities for 'Arts Week'. The pupils have explored a variety of media through mark-making, have painted self-portraits, explored sound with a variety of instruments whilst focusing on rhythm and tempo and have enjoyed some time outdoors in the sunshine. The children were inspired by the British artist and environmentalist, Andy Goldsworthy, and went for a nature walk to collect materials to make their own natural 'found object' pictures. We hope you had a lovely weekend!

Primary



Owl Class:

The children have worked hard this week using the Arts Week resources to explore 'Words, Moves and Sounds'. The children enjoyed a rap by MC Grammar who began the story of 'Goldilocks' and challenged them to complete the story. They did this in two groups and performed their rap on video. On Wednesday, the children enjoyed a Rotary Club 'Kids Out Day' at Whipsnade Zoo. The children had a wonderful day out enjoying a bird talk, train ride and lots of walking/driving. They made popcorn in Cooking and were looking at changes.



Koala Class:

Koala Class have had lots of opportunities, as part of Art Week, to explore different forms of Art. From conventional forms of Art to genres of film, they have enjoyed creating plots and characters for an imaginary film and story-telling. On Wednesday, Koalas and Owls went to Whipsnade Zoo. They had a fantastic time seeing zebras, tigers, giraffes, flamingos, monkeys and so many more animals! On Thursday afternoon, Koalas made and decorated biscuits with icing, sprinkles and sweets to make faces.



Wombat Class: In PE this week, we took a break from our usual lessons and all got out on the floor to do some relaxing yoga and meditation-based exercises; we stretched and bent and laughed at the adults trying to copy some of the more unusual poses. Wombats have enjoyed Gardening in the lovely sunshine. They had fun in Forest Schools this week with the pupils from Sea Turtles Class, where they got to use an iPad and take pictures of the natural environment. The class have loved being corrective during art week. They created a collage and did some word art on the computer. The class loved the Jubilee celebrations on the Friday we broke up.



Hippopotamus Class:

Hippo Class have had a fantastic Arts Week this week, focusing their talents on tangrams and creating art, using angles in Maths, animation in Computing, and in Science, they had a go at some rock-balancing; having learnt about the differences between igneous, sedimentary and metamorphic rocks.



Sea Turtle Class:

This week was 'Arts Week'. We focused on the art form of photography. During our first lesson, we discussed how photographs can portray different emotions and that they might mean something different to all of us. We then discussed about how photos can be made more interesting through the use of colour, different angles, distances and arrangements. We also talked about 'perspective'. Students worked in pairs to take some excellent photos using these different concepts. During Forest School, the class joined up with Wombats to take some lovely photos of the natural environment. They then chose their favourite photos and created a photo gallery. In our PE lesson, we had someone join us from Fit Kidz, and the class did lots of different exercises and challenges, which was great. In Creative, the class played on a number of different instruments and then watched how an orchestra is formed.

Secondary News



Vaquita Class:

This week, pupils have had lots of art-based lessons in celebration of 'Arts Week'. This included 'Discovering Words' (English), where pupils had a variety of words to choose from and then tried to include them in a funny, sad or exciting sentence. In Science, we chose the 'Discovering Sounds' and 'Discovering Instruments' lessons to explore sound identification, how pitch changes with the size of the instrument (dynamics) and music genres. Henry VIII has launched an appeal for his 7th wife in History, and the pupils have explored how to manipulate perspectives using iPad cameras, to take some really interesting pictures.



Gorilla Class:

Gorillas enjoyed looking at the pond and learning about all the different insects and amphibians that we saw. The class have loved being creative during 'Art Week'. They created a collage and did some word art on the computer. The class loved the Jubilee celebrations on the Friday we broke up. They especially liked the disco at the end of the day. We hope you enjoy the photos! Everyone enjoyed a games afternoon, when we joined up with Wombat Class. In Science, we have started a short topic about the planets, and we have been pleased to see how much has been remembered from previous lessons. This week, we have been focusing on gravity.

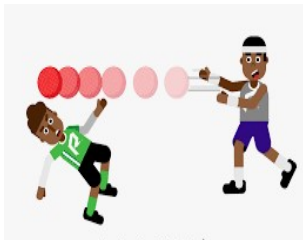


Tasmanian Devil Class:

Tasmanian Devils have enjoyed starting their new topic. In Science, we are learning about plant reproduction, pollination and the various ways reproduction can start with sexual and asexual reproduction. In K&U, we have ventured into the past of early settlers and looked at the geographical reasons why settlers chose to live and why these things were important to survival. In PE, we started to polish our cricket skills with bat-and-ball coordination and control and hosted a TD Class outdoor cricket match. No cheating was involved—we promise! We hope you had a great weekend in the sunshine.



Upper School News



Elephant Class: In Elephants this week, we had lots of fun working on our Art skills during 'Arts Week'. During this week's activities, we painted, we learnt about how to be a good friend, drew self-portraits and looked at how we saw ourselves. We also created Art work inspired by the music we listened to and played 'Spot the Difference'.

We had some lovely weather on Thursday, which enabled us to go outdoors and learn outside, where we collected leaves and then used them to create some wonderful leaf rubbings to form a display celebrating natural resources.

Lynx Class:

Most of L Class had a busy and exciting week in Bendrigg where they enjoyed activities including climbing, using the zip wire and swing, canoeing and caving. They also met another school, who stayed at the same time, and enjoyed a campfire on Thursday evening. We are sure they will tell their peers a lot about the adventures when they are back at school next week. For now, they all needed a restful weekend!

Panda Class:

We're only half a class this week as some of us were away in Bendrigg! This week we watched an interesting documentary that challenged the way we think and enjoyed debating many aspects of it. Finally, we're planning our charity wet-sponge event - more details to follow! In Maths, we have been sitting our assessments. However, Pandas got their own back, when during PE they played dodgeball.

Stevenage Day on Sunday 12th June 2022

Put Stevenage Day into your diaries. There are lots of parades and exciting activities going on all around the town. Maybe you would like to visit?

At lunchtime, there will be a flag parade. Lonsdale pupils are involved in creating one of the 10 flags with the Stevenage Creative Network.

STEVENAGE DAY RE-IMAGINED 2022



Photo Page – 'Zoom into Brilliant Bits'

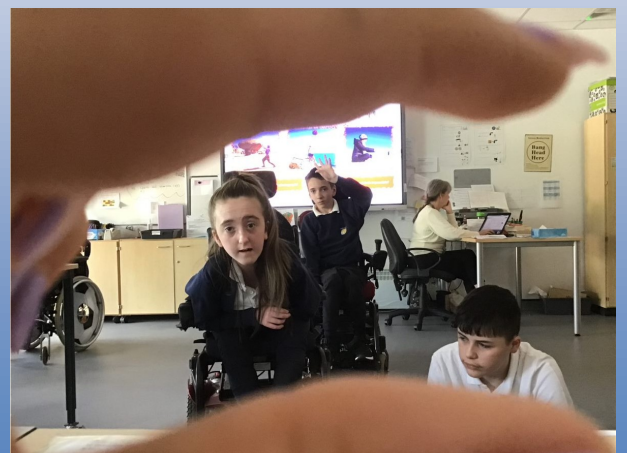
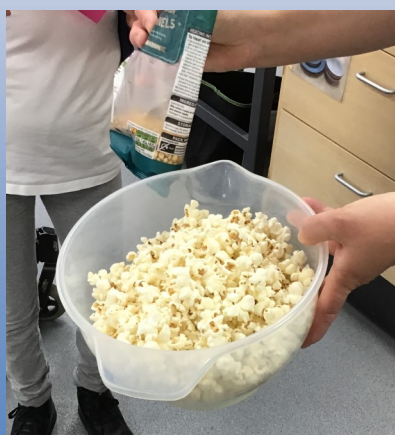
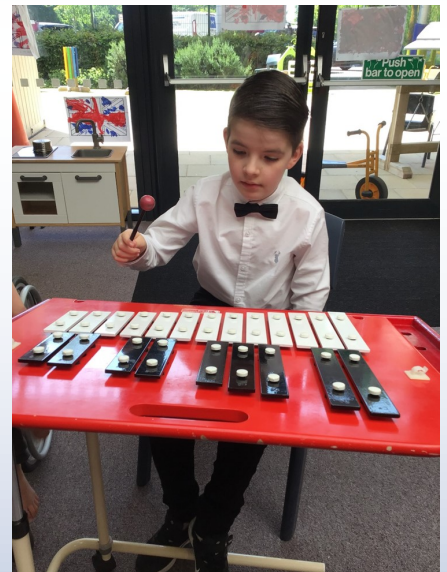


Photo Page — 'Zoom into Brilliant Bits'



Jubilee Celebration Day 27th May 2022



ADULT TRAINING NETWORK

FREE* COURSES

FOR ADULT LEARNERS IN
ENGLISH ESOL
HEALTH & WELL BEING
SKILLS FOR WORK
DIGITAL SKILLS

*Eligibility subject to status

ENGLISH ESOL

- Our courses in ESOL will enable learners to apply the skills of reading, writing, speaking and listening in both their personal and working lives.
- Leading to a Qualification and/or a job as the next step.

Health Eating & Wellbeing

- Improve your lifestyle and reduce stress/anxiety during the current Covid 19 pandemic. Boost your self-esteem and wellbeing.
- Examples of positive lifestyle changes including healthy eating tips.

Skills for Work

- Creation of a CV. Preparing for and performing well at interview.
- Searching for a job online.
- Introduction to retail, customer service and business admin roles.

Digital Skills (IT)

- Digital Skills (IT) sessions for learners who have limited experience with computers. Learn a variety of Digital skills such as using Zoom, uploading CVs, using social media, safe internet browsing, downloading apps, emails.

For more information:

Email: tatiana@adult-training.org.uk

Tel: 07947330575, 0790811528 web: www.adult-training.org.uk

Venue: BTC, Bessemer Drive, Stevenage, SG1 2DX



Education & Skills
Funding Agency

STEP SKILLS
PREPARE FOR SUCCESS IN HERE



Supporting families for a brighter future



Grace's Space is a monthly Saturday club for
Children aged 3-14 who have a diagnosis of Autism and their families.
We meet on the first Saturday of the month from the Autumn term in October until July.

Providing Family sessions for children under 9 and sessions for children aged 9-14.

Family session 1 for under 9s 10-11.30am
Family session 2 for under 9s 12.30pm-2pm
Young people's session for 9-14s 2.30pm-4pm

Attendance is by registration only!

For more information or to register for a trial session please contact us:

Email: graces_space@live.co.uk
www.facebook.com/gracesspace1

Embracing the Difference!

Grace Community Church Hall · Hydean Way · Stevenage · SG2 9XJ

**Physical and
neurological impairment
advice line**

01442 453 920

**Mondays 1.30pm - 4pm
(term time only)**

Feel good Fridays

Memory Makers

Meet new people, join in with light-hearted quizzes to test your knowledge of the past, or play games.

10.30am -12noon

Friday 27 May
Friday 24 June
Friday 29 July

Free



Lunch and listen

Enjoy a lunchtime talk. Subjects are varied but we hope you will always learn something new and interesting! Numbers are limited so please book in advance. Tea and coffee provided just bring your own sandwiches.

1-2pm

13 May Royal visits to Stevenage
10 June A Japanese journey
8 July Anglo-Saxon saints

£4 (£3.50 concessions)



Make it!

Come along, get creative and meet others who enjoy the fun and benefits of sewing, knitting and crochet. Just bring sandwiches and whatever you are working on or materials to start from scratch. Tea and Coffee provided.

12noon-2pm

May 6 & 20
June 17 & 24
July 1 & 15

Free



Saturday film & afternoon tea

Suitable for over 12s.
Booking essential

12.30- 2pm.

28 May
25 June
30 July
27 August

£7.50



Events for All

Town's Got Talent exhibition opening

Saturday 2 July 11am-4pm

A jam-packed event to celebrate the opening of our 'Town's Got Talent' exhibition, all about Stevenage's sports stars. Meet Paul Fry, the author of the book which inspired the exhibition, as well as some of the inspirational sportspeople who feature in the exhibition. Try your hand at cup stacking and other activities to get you moving, as well as arts and crafts for all ages. **Cost: Free**

For families

Family Saturdays

11am-12noon and 2-3pm

14 May **Elmer**

Colourful elephant crafts

11 June **Music making**

Use junk materials to make shakers and more.

9 July **Bugs**

Find out some fun bug related facts, make ladybirds, butterflies and snails to take home alongside some bug-friendly things you can do in your garden to help protect these important little creatures.

August **Sundials**

See how sundials help tell the time, make your own and then add a twist.

Free

Dance

Get moving together and explore the museum in this fun session led by Hannah from BEEE Creative.

10-11.30am

Wednesday 4 May

Wednesday 8 June

Wednesday 6 July

Cost: free, but donations welcome.



Under 5s

Stories, games and art and craft fun. For children under 5 and their parents and carers.

1.30-2.30pm

Thursday 12 May Hairy Maclary from Donaldson's Dairy

Thursday 9 June All things fishy

Thursday 14 July You can't take an elephant on the bus

£2.50 (£1 concessions)

Holiday activities

Summer half term

Wednesday 1 June

10am-12noon and 2-4pm

Drop in arts and crafts.

Free, a small charge for some activities and donations welcome.



Summer Holidays

3 August – 26 August

11am-12noon and 2-3pm

Week 1 Tudors

Week 2 Sports

Week 3 Romans

Week 4 All things arty

£4 (£2 concessions)

Please book to avoid disappointment

Please book in advance as places go very quickly, and if you can't make it, it would be great if you could let the museum know so that someone else can use the space.

Stevenage Football Club would like to offer a complimentary ticket for their new North Stand to our students and of course their carer or family member to any of their home games.

I have copied a link to their fixture list: <https://www.stevenagefc.com/news/fixtures/> so if you are interested in any of those, please contact cthiele@lonsdale.herts.sch.uk

The screenshot shows the Stevenage FC website. The top navigation bar is dark red with the club name 'Stevenage FC' on the left, the club crest in the center, and 'OFFICIAL CLUB PARTNER prime gaming' and the EFL logo on the right. Below the navigation bar are links for 'News & Fixtures', 'Buy Tickets', 'Shop', 'Match Centre', and 'More'. On the right side of the navigation bar, there is a 'Sign in/Register' link and a search icon. The main content area is titled 'Matches' and has two tabs: 'Fixtures' (which is selected) and 'Results'. In the top right corner of the main content area, there is a link 'Add Fixtures to Calendar'. Below the navigation is a promotional banner for 'EFL FIXTURES 2021/22'. The banner features a smartphone displaying the fixture list, a soccer ball, and the club crest. The text on the banner reads: 'EFL FIXTURES 2021/22 Sync now to receive the 2021/22 fixture list to your calendar.' There is a 'SYNC NOW' button and the hashtag '#EFLfixtures' at the bottom right of the banner.



INCLUSIVE ACADEMY

DANCE SCHOOL



Offering inclusive dance sessions to those who rarely get offered the opportunity to dance!

Inclusive academy aims to give people who do not always get the opportunities to enjoy music, movement, and most of all, *dance*, the time to benefit from all three in an accepting environment.


Location: Community Arts Centre, Roaring Meg, Stevenage, Hertfordshire.


When: Term time Saturdays (timetable and term dates are on our website).



For more information or to show your support, check out our website and social media!

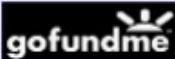


 Website: inclusiveacademydanceschool.com

 Facebook: [inclusive.academy](https://www.facebook.com/inclusive.academy)

 Instagram: [@inclusive_academy](https://www.instagram.com/inclusive_academy)

 Twitter: [@InclusiveAcade1](https://twitter.com/InclusiveAcade1)

 <https://gofund.me/ea00025e>

*Inclusive Academy: Making
Dance Accessible For All*



Enjoy the outdoors but 'be tick aware' this Spring

1. WHAT IS A TICK?

Ticks are small, spider-like creatures that feed on the blood of animals, including people.

The size of a tick can vary, with a larva being as small as a tiny freckle, and fully fed females similar in size to a baked bean.

Tick attached to skin



Tick in the environment



2. WHERE DO YOU FIND TICKS?

Ticks live in many habitats but prefer moist areas with leaf litter or longer grass, like in woodland, grassland, moorland, heathland and some urban parks and gardens.

Ticks don't fly or jump. They wait on vegetation for a host to pass by, and then climb on.

They bite and attach to the skin and feed on blood for several days, before dropping off.

Ticks are found throughout the year, but are most active between spring and autumn

3. HOW TO AVOID TICKS

Walk on clearly defined paths to avoid brushing against vegetation

Wear light-coloured clothes so ticks can be spotted and brushed off

Use repellents such as DEET

Carry out a tick check

4. HOW TO DO A TICK CHECK

Check clothes and body regularly for ticks when outdoors and when you get home

Check children and pets as well

Areas that ticks may frequently be found include skin folds, armpits, groin, waistband area, back of the neck and hairline.

Adults are commonly bitten on the legs

Children are commonly bitten on the head or neck area

Bites can occur anywhere on the body and more than one tick can be attached at one time

5. IF YOU HAVE BEEN BITTEN

Remove ticks as soon as possible

Use a pair of fine-tipped tweezers or a tick removal tool.

Grasp the tick as close to the skin as possible and pull upwards slowly and firmly, as mouthparts left in the skin can cause a local infection

Clean the bite area and monitor it for several weeks for any changes.

Ticks can transmit bacteria that cause diseases such as Lyme disease.

Contact your GP promptly if you feel unwell with flu-like symptoms or Develop a spreading circular red rash - tell them you were bitten by a tick or have recently spent time outdoors

Tick removal with tweezers



Lyme disease bullseye rash



About Carers in Hertfordshire

We are a leading charity that supports unpaid carers throughout Hertfordshire.

We are partly funded by Hertfordshire County Council and the NHS in Hertfordshire. In partnership with them and other local organisations we provide services to carers to help them with their caring role, improve their health and wellbeing, give them a break from caring and have a voice in shaping services for them.

We support carers of all ages, including children, and our services are free of charge.

Carers in Hertfordshire

The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX

Tel: 01992 58 69 69

Email: contact@carersinherts.org.uk

www.carersinherts.org.uk

Our support for parents and carers.

We have Involvement and Development Workers supporting carers of someone with a mental health condition or who misuses drugs or alcohol, who can provide information relevant to your caring role and can help you to speak up to those providing or planning local services.

We also:

- Give you a chance to meet and talk to other parents, carers and staff who understand;
- Give you the opportunity to represent your views to the authorities that commission and manage CAMHS (Child and Adolescent Mental Health Services) in Hertfordshire;
- Provide training and learning opportunities;
- Offer a Carers' Passport Discount Card that gives savings in shops, restaurants and other venues (contact us to apply for one today!)



SEND families



SEND DROP IN

3rd Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own Children are welcome, no diagnosis needed.

HOW TO BOOK

Log onto our Eventbrite page to book your place
<https://barnardos-stevenage.eventbrite.co.uk>

MORE INFORMATION

hertsfamilycentres.org Call us on: 0300 123 7572





SEND Advice for Parents/Carers

Helpful SEND advice lines for Parents and Carers

Advice line	Times available (from Sept 2020)
<i>Educational Psychology Contact line</i>  01992 588574	Weds 2pm – 4:30pm
<i>SEND Specialist Advice and Support Service*</i>  01442 453920 - term time only	<i>Specific Learning Difficulties:</i> Mon & Thurs 09:30am – 12pm
	<i>Speech Language, Communication & Autism needs:</i> Tues & Weds 1:30pm – 4pm
	<i>Early Years:</i> Weds 9am – 12pm Thurs 1:30pm – 4pm
	<i>Physical and Neurological Impairment:</i> Mon 1:30pm – 4pm
<i>West team Attendance Duty*</i>  01442 454778	Mon - Fri 09:30 am – 4pm
<i>East team Attendance Duty*</i>  01992 555261	Mon - Fri 09:30 am – 4pm

* also available to schools, settings and professionals

Cyberbullying

What is Cyberbullying and online Harassment?

- Cyberbullying is any form of bullying which takes place online.
- This can be done over smartphones, tablets, online gaming, chat rooms, social media and more.
- Online harassment is the act of sending offensive, rude and insulting messages and being abusive.
- If someone purposefully keeps sending you offensive messages that make you feel scared, it could be illegal.



Cyberbullying is NOT ACCEPTABLE

- Bullying someone whether online or offline is wrong.
- It can badly affect their mental health.
- Harassing someone and/or sending malicious or threatening messages to someone repeatedly is **ILLEGAL**.
- If you are found to be cyberbullying someone, there could be criminal consequences.

What to do if you are being cyberbullied

If someone is bullying you, here is what you can do to put a stop to it...**get SMART.**

Screenshot any nasty messages.

My privacy settings.

Avoid talking to them any further.

Report the incident on whatever site you are using.

Talk to someone (parent, carer, teacher, friend or the police if necessary).

How to cope with the effects of Cyberbullying

- You must not blame yourself. No one deserves to be treated cruelly by anyone.
- It can make you feel very upset, alone and like no one will understand or help you.
- **REMEMBER** you are not alone and there are lots of people who can help you. Make sure you tell someone and do not try to deal with this on your own.
- For confidential help and advice: NSPCC nspcc.org.uk or Bullying UK bullying.co.uk

When to tell the Police

- If you are ever threatened with physical harm, being repeatedly harassed, being sent malicious messages.
- If it's not an immediate emergency, phone **101** or use our online webchat service.
- If it is an immediate emergency phone **999**.

www.safe4me.co.uk/portfolio/cyber-bullying/

safe4me

Visit the Student Area on our website www.lonsdale.herts.sch.uk! You can find lots of activities in the “All Sorts of Things...” tab. Daily Home Learning Plan can be found in your class area for pupils who are not attending school.



HOME - STUDENT AREA

Welcome

To access this area we need you to login using the username and password provided to you by the school. Please enter this information below and click login to proceed.

If you have forgotten your username and/or password please contact the school.

Username:

Password:

[Forgotten your password?](#)

Log on to find out more!

Then explore your class area and look at ‘Ideas Shared by and for Parents’.

Maybe send your feedback?

HOME > STUDENT AREA > IDEAS SHARED BY AND FOR PARENTS

Ideas Shared by and for Parents

This page is full of ideas which have been sent to us by parents. Thank you, all

Keep your ideas and thoughts coming; we will update this page regularly...

To get in touch, please email your child's form tutor or use the 'Home Learning Questions' tab.

Have you seen those?

Free Daily Resources For Children

PE with Joe Wicks On YouTube
Week days at 9am but you can visit any time on youtube to view the workout.

Wildlife With with Steve Backshall On Facebook
Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration questions.

Science with Maddie Moate on YouTube
Weekdays 11am. Maddie & Greg chat about science and nature!

Dance with Oti Mabuse On Facebook
Every day at 11.30am but children can view the class at any time.

Maths With Carol Vorderman
Free access to the her maths website: www.themathsfactor.com

Music with Myleene Klass on YouTube
Twice a week. Next one Friday 27 March 10am, but can view any time.

Storytime With David Walliams
Free story everyday at 11am on his website: www.worldofdavidwalliams.com

- ALL SORTS OF THINGS...
- BUMBLEBEES
- DOLPHINS
- ELEPHANTS
- GORILLAS
- HIPPUS
- KOALAS
- LYNX
- OWLS
- PANDAS
- SEA TURTLES
- TASMANIAN DEVILS
- VAQUITAS
- WOMBATS
- JOIN THE SPRING WATCH!