



Information and Dates for your Diary

Please see below some diary dates for you:

Half Term 30th May to 3rd June 2022

Occasional Day 27th June 2022

End of Term Thursday 21st July 2022; pupils leave at 1.30pm



Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



Whole-School News



The school is getting ready to celebrate the Queen's Platinum Jubilee next Friday with a day of entertainment, good food, music and ice cream. All classes are working hard to create decorations 'fit for a queen'. In Cooking, they are preparing some delicious afternoon-tea creations. We will all celebrate in style on 27th!



In other news, we congratulate the four pupils who completed their Silver Duke of Edinburgh Practice Expedition walking quite a few miles along the River Lee in some hot weather. They practised pitching tents and are now ready for their final expedition in July.



And last but not least, we were visited by a swarm of honey bees, which stopped in a tree in one of our courtyards. A bee-keeper was called, who removed the bees to a safe place away from school.



Primary



Dolphin Class:

This week we have read 'The bag tempered ladybird' and counted ladybird spots, focussing on 'one more'. We have made our own book, talking about feelings and have explored art, making a butterfly and a caterpillar. We have continued to enjoy role-playing in the nature area and outside play. We are looking forward to our 'Jubilee' celebrations next week.

Bumblebee Class:

This week in Bumblebee Class, the students have begun to plan their final PBL project. The children tested surface materials on ramps and explored the effects of friction and gravity. In Outdoor Learning this week, the children made Jubilee bunting, and in Cooking they made pasta with their own sauce. In Maths the children have been exploring weight, and in Number they have been creating their own number lines. The Bumblebees are all looking forward to celebrating the Jubilee next week!

Owl Class:

The children have been working hard using their plans they made last week to make their moving vehicles ready for the end of their PBL Project next week. The children tested them on a ramp. In Literacy, the children have been working on colour poems and in Maths on their number bonds. The children enjoyed using flowers for painting and have set up a flower press. We are excited to see what happens to the flowers! In Geography the children matched map symbols to their meaning.

Koala Class:

In Literacy we made our own instructions with pictures and words. In Numeracy we developed our understanding of addition and time. In Topic we developed our sound topic by learning about vibrations and how music has changed over time. In Life Skills we developed our cleaning skills. In Forest School we enjoyed making boats for fairies and elves. In Cooking we made plum crumble and enjoyed making a marble run in TaskMaster.



Secondary



Wombat Class: Last Friday we joined with S and G Classes for a bonus Task Master with Mr Perrett. Our task was to move the lava ball from one part of the playground to another without touching it! We had lots of fun! This week we had a great start competing against the Gorillas in an orienteering challenge. We had a warm, dry afternoon and enjoyed using the map to navigate our way around the school grounds, collecting coloured beanbags at each destination. We planted some sunflower seeds for a Science experiment. We had a lovely time outside in Forest Schools, making bug hotels. We joined up with Sea Turtles and had to work in a small team to build our hotels. We then had to decide which hotel we would stay in if we were a bug. In PSHCE we thought about how our lives are all different and that we experience different things. We had to select what we live, where we like to visit and activities we like to do, using symbols to help.

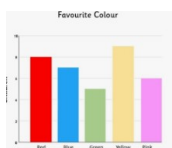
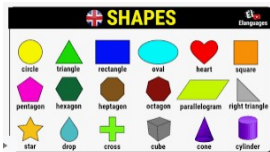
Hippopotamus Class: This week, Hippo Class have been working hard investigating angles in their Maths lessons. So far, they have been able to compare different angles, decide what kind of angle they are looking at and then measure the angle with a protractor to check whether it is acute, obtuse or a right angle. In their Science lessons, the class have been investigating soluble and insoluble materials as well as finding out whether the temperature of water affects how long it takes for sugar to dissolve. In Computing this week, Hippo Class have been using a spreadsheet to plan a party by working out how much money everything would cost and whether they had enough to pay for it.

Sea Turtle Class: In Cooking this week, the class made some delicious-looking (and smelling!) chocolate cookies. We started a project on Africa this week in preparation for our trip to Woburn Safari Park and our African adventure. This week, we did some research about some of the key features of Africa. In History, we continued looking at the Fire of London, learning exactly how it started and the affect it had on the people of London. In English, the class did some phonics work and wrote a persuasive letter to SLT about an event they want to organise. In Maths, we went to other classes to do a survey about ice-cream flavours. We then collated the data and presented it in a graph. In Forest Schools, we made some bug houses with the Wombats. In PE, we continued to work on our Tennis skills, which are coming along very nicely. We started to prepare for our Jubilee celebrations by decorating a shoebox, which will contain an 'Afternoon Tea' that the students will make next week.

Vaquita Class: In English this week, pupils read that Jack intends to liberate Grandpa from Twilight Towers! They have begun to plan the escape by creating an annotated plan of the village, using information from the text to help them. In Maths, pupils have consolidated their learning about discrete data and how to present it with the appropriate graph. They will then start to learn about continuous data and why it is presented differently. We did lots of work on magnets in Science—testing the poles, the strength of different magnets using paper clips and making homemade compasses.. We discovered that inside the class, the 'compasses' had different Norths! - So we took them outside away from any electrical interference and they all agreed to face the same way...Phew!

Gorilla Class: In English we started our new book, the story of 'Treasure Island'. We started by watching an abridged version to give us a feel for the story and will be looking at it in more detail week by week, starting with learning about the pirate life. We have also practised our letter writing skills, each writing a thank-you letter. We are enjoying learning about the forthcoming Jubilee celebrations, including making decorations for the classroom. We enjoyed being out in the sunshine gardening. We gave the plants lots of water. Orienteering was fun, as we were racing against Wombat Class to see who could find all the beanbags first. In Maths we continued to work on measurements and then had to compare the different lengths, to sort them into categories of longer than, shorter than and the same.

Tasmanian Devil Class: In Cooking this week, the class made delicious chocolate cookies, and most ended up being eaten before going home. We have continued our 'Sewing Bee' in Creative by expanding our sewing knowledge and completing the border of our bookmarks. The hot weather was a scientific welcome as we explored the history and function of sundials and how they changed the way scientists interpreted the solar system. Absent peers were taught the sundial demonstration on return by other students, who had experimented the previous day. In K&U, we have been comparing the positives and negatives of the railway expansions across the UK and looking at railway safety then and now.



Upper School News



Elephant Class:

Elephants have been focusing on shapes this week, they went on an exciting hunt all around the school to see if they could spot any 2D shapes! In English we have continued our work on adjectives with the students really pushing themselves to come up with amazing descriptions of animals. In Art, we have taken a break from the jungle theme to make resources for the Jubilee party! We are all very excited for the event next week!

Lynx Class:

In Maths this week, we consolidated our work on bar charts and started to prepare for our Functional Skills exams. In ASDAN we watched a video by David Attenborough before discussing environmental issues that are relevant to us and how these affect us and the planet. We had our Functional Skills English Reading paper this week. Mrs North is very proud of our attitude towards the exam and how hard we have worked. We continue with our units of study for our ASDAN qualification and are on track to complete our coursework for June's external moderation. We have been learning about CVs as part of 'Preparation for Work' and 'Citizens Advice for Rights and Responsibilities'.

Panda Class:

On Monday and Tuesday this week were completing more exams – just a few more to go! On Wednesday, Zack decided to bleach his hair blonde, but it went green, and Dominic thought this was funny. On Thursday, Zack bleached his hair again, this time it looked blonde and we Pandas thought it suited him. Dominic still laughs about it. And on Friday, we were presenting our ideas for the library renovation to our Headteacher and two Governors. We were very nervous, but it all went well. We will update you next week!

Lunchtime News from our MSAs

This week at Lunchtime on the primary playground we have had lots of fun with the remote-control cars and creating chalk paths for adventure walks and wheels. The lunchtime clubs this week have seen the children planting, cooking, creating, gaming, building, dancing and singing!

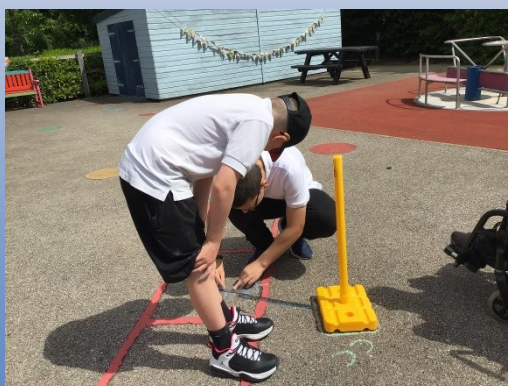


Photo Page — 'Zoom into Brilliant Bits'

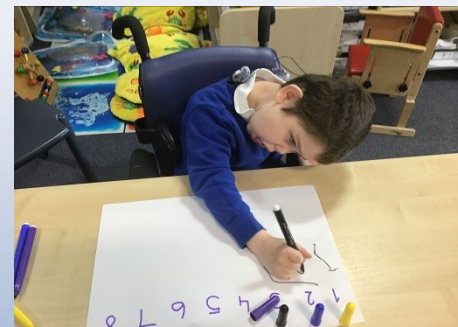


Photo Page — 'Zoom into Brilliant Bits'





Supported using public funding by
**ARTS COUNCIL
ENGLAND**



**COMMUNITY
FUND**



HALF TERM FUN

CHARITY NUMBER 1180870



FLYERS, YOUTH AND PHOENIX PLUS

Painting at Pots of Art,
St Albans, AL1 1EZ

MON
MAY **30**

10.30AM - 12.30PM

Come and have fun painting your own original masterpiece, even if you don't think you're artistic!

£5 PER PERSON



ALL PHOENIX MEMBERS

Platinum Jubilee
Celebrations,
Welwyn Garden City

TUE
MAY **31**

10.30AM - 3.30PM

A variety of activities including drumming, a children's entertainer and art creations. A buffet lunch will be provided.

FREE



EARLY BIRDS

Phoenix Fun and picnic
in Stanborough Park

WED
JUNE **01**

11.00AM - 1.00PM

A variety of activities and games in the Park, followed by a picnic lunch (please bring your picnic)

FREE

Visit <https://www.phoenixgroup.org.uk/groups> to book activities

For more information



info@phoenixgroup.org.uk



07748690989



**Stevenage
Arts Guild**



**We're celebrating the Queen's Platinum
Jubilee in Stevenage High Street**

**Come and join us
on Saturday 4 June from 12 noon**

Springfield House

**Barbecue and cream
teas in the garden**

Licensed bar

Local history display

Holy Trinity Church

Flower Festival

Make a Crown

Refreshments

Jubilee Heritage Trail

*Pick up instructions
and answer sheet at
Springfield House*

**Community Arts Centre, Roaring Meg
Screening of film set in Stevenage:**

SERIOUS CHARGE

7.00 pm

**Free tickets available from
Stevenage Arts Guild**

**For more details:
www.stevenageartsguild.org.uk**

Feel good Fridays

Memory Makers

Meet new people, join in with light-hearted quizzes to test your knowledge of the past, or play games.

10.30am -12noon

Friday 27 May
Friday 24 June
Friday 29 July

Free



Lunch and listen

Enjoy a lunchtime talk. Subjects are varied but we hope you will always learn something new and interesting! Numbers are limited so please book in advance. Tea and coffee provided just bring your own sandwiches.

1-2pm

13 May Royal visits to Stevenage
10 June A Japanese journey
8 July Anglo-Saxon saints

£4 (£3.50 concessions)



Make it!

Come along, get creative and meet others who enjoy the fun and benefits of sewing, knitting and crochet. Just bring sandwiches and whatever you are working on or materials to start from scratch. Tea and Coffee provided.

12noon-2pm

May 6 & 20
June 17 & 24
July 1 & 15

Free



Saturday film & afternoon tea

Suitable for over 12s.
Booking essential

12.30- 2pm.

28 May
25 June
30 July
27 August

£7.50



Events for All

Town's Got Talent exhibition opening

Saturday 2 July 11am-4pm

A jam-packed event to celebrate the opening of our 'Town's Got Talent' exhibition, all about Stevenage's sports stars. Meet Paul Fry, the author of the book which inspired the exhibition, as well as some of the inspirational sportspeople who feature in the exhibition. Try your hand at cup stacking and other activities to get you moving, as well as arts and crafts for all ages. **Cost: Free**

For families

Family Saturdays

11am-12noon and 2-3pm

14 May **Elmer**
Colourful elephant crafts

11 June **Music making**
Use junk materials to make shakers and more.

9 July **Bugs**
Find out some fun bug related facts, make ladybirds, butterflies and snails to take home alongside some bug-friendly things you can do in your garden to help protect these important little creatures.

August **Sundials**
See how sundials help tell the time, make your own and then add a twist.

Free

Dance

Get moving together and explore the museum in this fun session led by Hannah from BEEE Creative.

10-11.30am

Wednesday 4 May
Wednesday 8 June
Wednesday 6 July

Cost: free, but donations welcome.



Under 5s

Stories, games and art and craft fun. For children under 5 and their parents and carers.

1.30-2.30pm

Thursday 12 May Hairy Maclary from Donaldson's Dairy

Thursday 9 June All things fishy

Thursday 14 July You can't take an elephant on the bus

£2.50 (£1 concessions)

Holiday activities

Summer half term

Wednesday 1 June

10am-12noon and 2-4pm
Drop in arts and crafts.

Free, a small charge for some activities and donations welcome.



Summer Holidays

3 August – 26 August
11am-12noon and 2-3pm

Week 1 Tudors
Week 2 Sports
Week 3 Romans
Week 4 All things arty

£4 (£2 concessions)

Please book to avoid disappointment

Please book in advance as places go very quickly, and if you can't make it, it would be great if you could let the museum know so that someone else can use the space.

Supporting families for a brighter future



Grace's Space is a monthly Saturday club for
Children aged 3-14 who have a diagnosis of Autism and their families.
We meet on the first Saturday of the month from the Autumn term in October until July.

Providing Family sessions for children under 9 and sessions for children aged 9-14.

Family session 1 for under 9s 10-11.30am
Family session 2 for under 9s 12.30pm-2pm
Young people's session for 9-14s 2.30pm-4pm

Attendance is by registration only!

For more information or to register for a trial session please contact us:

Email: graces_space@live.co.uk
www.facebook.com/gracesspace1

Embracing the Difference!

Grace Community Church Hall · Hydean Way · Stevenage · SG2 9XJ

**Physical and
neurological impairment
advice line**

01442 453 920

Mondays 1.30pm - 4pm
(term time only)

FIVE
MILE
FILMS

Are you struggling
with your dog's
behaviour?

Would you like help to
overcome your dog's
issues?



From the makers
of Channel 4's



A brand new prime time Channel 4
series is looking for misbehaving
dogs and their owners.

From small quirks to life impacting
behaviour, we've assembled a team of
the very best trainers in Britain to
help you transform your dog once and
for all.

To apply, please email: dogacademy@fivemilefilms.co.uk

PLATINUM JUBILEE CELEBRATIONS - TUESDAY 31ST MAY

LUDWICK FAMILY CENTRE, WGC, AL7 4PH

TIMETABLE OF EVENTS

ALL DAY FACE PAINTING

10.30 - NOON

TRADITIONAL SPORTS AND GAMES WITH WILL
FLAG MAKING AND COLLAGE WITH ANJI ARCHER

CROWN MAKING WITH CAITLIN

CIRCUS SKILLS WITH MEL

12..00 - 12.30 LUNCH FOR EVERYONE!

12.30 - 13.30

ENTERTAINMENT AND MAGIC SHOW WITH MEL

13.30 - 15.30

RHYTHMICITY DRUM WORKSHOPS (all ages)

15.30 COLLECT YOUR SOUVENIR MUG

HCF
Hertfordshire Community Foundation



ADULT TRAINING NETWORK

FREE* COURSES

FOR ADULT LEARNERS IN
ENGLISH ESOL
HEALTH & WELL BEING
SKILLS FOR WORK
DIGITAL SKILLS

*Eligibility subject to status

ENGLISH ESOL

- Our courses in ESOL will enable learners to apply the skills of reading, writing, speaking and listening in both their personal and working lives.
- Leading to a Qualification and/or a job as the next step.

Health Eating & Wellbeing

- Improve your lifestyle and reduce stress/anxiety during the current Covid 19 pandemic. Boost your self-esteem and wellbeing.
- Examples of positive lifestyle changes including healthy eating tips.

Skills for Work

- Creation of a CV. Preparing for and performing well at interview.
- Searching for a job online.
- Introduction to retail, customer service and business admin roles.

Digital Skills (IT)

- Digital Skills (IT) sessions for learners who have limited experience with computers. Learn a variety of Digital skills such as using Zoom, uploading CVs, using social media, safe internet browsing, downloading apps, emails.

For more information:

Email: tatiana@adult-training.org.uk

Tel: 07947330575, 0790811528 web: www.adult-training.org.uk

Venue: BTC, Bessemer Drive, Stevenage, SG1 2DX



Education & Skills
Funding Agency

STEP SKILLS
PREPARE FOR SUCCESS IN HERE





Bringing up confident children for parents of children with SEN (online group)

Worried about your child? Join our online group and get support to help your child feel more confident and happier. This is an online group and will be delivered via MS Teams.

When: Monday, 6th June to 11th July 2022

Time: 7.00pm - 9.00pm

For more information, contact Louise on 0204 522 8700 or 8701 or email services@familylives.org.uk

We build better family lives together

Find us on Facebook @FamilyLivesHertsandBeds

www.familylives.org.uk



Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722. Registered address: 15-17 The Broadway, Hatfield, Hertfordshire, AL9 5HZ.



Bringing up confident children for parents of children with ADHD/ASD (online group)

Worried about your child? Join our online group and get support to help your child feel more confident and happier. This is an online group and will be delivered via MS Teams.

When: Wednesday, 8th June to 13th July 2022

Time: 9.30am - 11.30am

For more information, contact Louise on 0204 522 8700 or 8701 or email services@familylives.org.uk

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Bringing up confident children for parents of children with ADHD/ASD (online group)

Worried about your child? Join our online group and get support to help your child feel more confident and happier. This is an online group and will be delivered via MS Teams.

When: Tuesday, 7th June to 12th July 2022

Time: 7.00pm to 9.00pm

For more information, contact Louise on 0204 522 8700 or 8701 or email services@familylives.org.uk

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Stevenage Arts Guild



You are invited to join the Mayor of Stevenage for the unveiling of a commemorative plaque on Springfield House, 24 High Street

SATURDAY 4TH JUNE

12.00 noon.

After the event books and photographs on local history will be on display in the main hall at Springfield House.

Refreshments will be available for purchase.



Springfield House will be the starting point for our Jubilee Heritage Trail

RSVP to hilaryspiers9@gmail.com

Stevenage Day on Sunday 12th June 2022

Put Stevenage Day into your diaries. There are lots of parades and exciting activities going on all around the town. Maybe you would like to visit?

At lunchtime, there will be a flag parade. Lonsdale pupils are involved in creating one of the 10 flags with the Stevenage Creative Network.



Co-Create Film Project

Three Lonsdale pupils took part in a film project together with three other schools to create a film celebrating Stevenage's heritage and history. The film, which was produced in 3D, can be viewed at the Stevenage Museum on a specially-designed machine called 'Peppa's Ghost'. Drop in and take a look; entry to the museum is free, and there is a lot to explore!

If you are unable to visit, you can watch the film in 2D using the link below:

[HTTPS://PLAYER.VIMEO.COM/VIDEO/688868719](https://player.vimeo.com/video/688868719)





&



SPORTS CAMP MAY HALF TERM

Multiple Days Discount!

Sibling Discount!

Football Camp

Monday 30th May

Tuesday 31st May

Wednesday 1st June

Walkern School - 9:30-15:00

Ages - Reception - Year 6



Gymnastics & Dance Camp

Book
Here



Tuesday 31st May

Wednesday 1st June

Walkern School - 9:30-15:00

Ages - Reception - Year 6



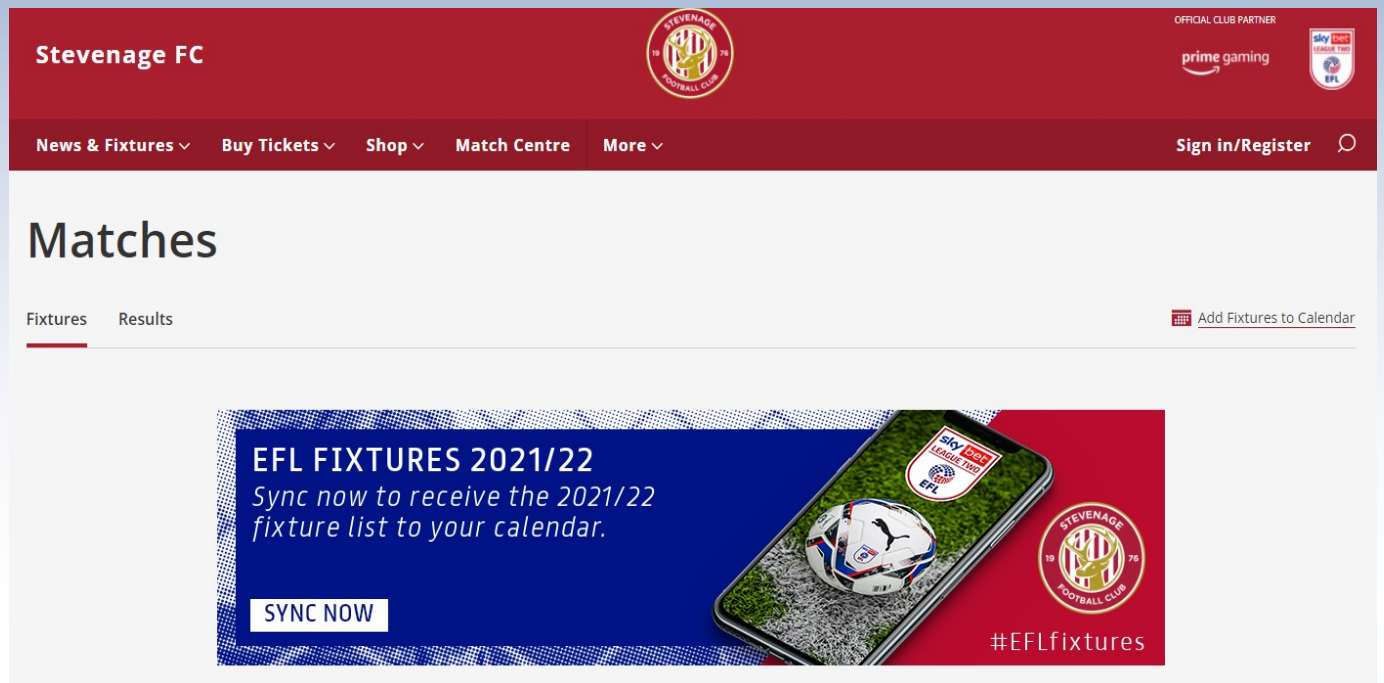
www.sportzoneuk.com

Phone: 07950 717925

Email: bookings@sportzoneuk.com

Stevenage Football Club would like to offer a complimentary ticket for their new North Stand to our students and of course their carer or family member to any of their home games.

I have copied a link to their fixture list: <https://www.stevenagefc.com/news/fixtures/> so if you are interested in any of those, please contact



The screenshot shows the Stevenage FC website. At the top, the club name 'Stevenage FC' is on the left, the club crest is in the center, and 'OFFICIAL CLUB PARTNER' with logos for 'prime gaming' and 'sky Bet' is on the right. A navigation bar below contains 'News & Fixtures', 'Buy Tickets', 'Shop', 'Match Centre', and 'More'. On the right of the navigation bar are 'Sign in/Register' and a search icon. The main heading is 'Matches', with 'Fixtures' and 'Results' as sub-sections. A 'Add Fixtures to Calendar' button is visible. A large promotional banner for 'EFL FIXTURES 2021/22' features a smartphone displaying the fixture list, a soccer ball, and the club crest. The text on the banner reads: 'Sync now to receive the 2021/22 fixture list to your calendar.' and includes a 'SYNC NOW' button and the hashtag '#EFLfixtures'.



INCLUSIVE ACADEMY

DANCE SCHOOL



Offering inclusive dance sessions to those who rarely get offered the opportunity to dance!

Inclusive academy aims to give people who do not always get the opportunities to enjoy music, movement, and most of all, *dance*, the time to benefit from all three in an accepting environment.


Location: Community Arts Centre, Roaring Meg, Stevenage, Hertfordshire.


When: Term time Saturdays (timetable and term dates are on our website).



For more information or to show your support, check out our website and social media!

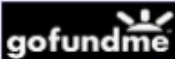


 Website: inclusiveacademydanceschool.com

 Facebook: [inclusive.academy](https://www.facebook.com/inclusive.academy)

 Instagram: [@inclusive_academy](https://www.instagram.com/inclusive_academy)

 Twitter: [@InclusiveAcade1](https://twitter.com/InclusiveAcade1)

 <https://gofund.me/ea00025e>

*Inclusive Academy: Making
Dance Accessible For All*



Enjoy the outdoors but 'be tick aware' this Spring

1. WHAT IS A TICK?

Ticks are small, spider-like creatures that feed on the blood of animals, including people.

The size of a tick can vary, with a larva being as small as a tiny freckle, and fully fed females similar in size to a baked bean.

Tick attached to skin



Tick in the environment



2. WHERE DO YOU FIND TICKS?

Ticks live in many habitats but prefer moist areas with leaf litter or longer grass, like in woodland, grassland, moorland, heathland and some urban parks and gardens.

Ticks don't fly or jump. They wait on vegetation for a host to pass by, and then climb on.

They bite and attach to the skin and feed on blood for several days, before dropping off.

Ticks are found throughout the year, but are most active between spring and autumn

3. HOW TO AVOID TICKS

Walk on clearly defined paths to avoid brushing against vegetation

Wear light-coloured clothes so ticks can be spotted and brushed off

Use repellents such as DEET

Carry out a tick check

4. HOW TO DO A TICK CHECK

Check clothes and body regularly for ticks when outdoors and when you get home

Check children and pets as well

Areas that ticks may frequently be found include skin folds, armpits, groin, waistband area, back of the neck and hairline.

Adults are commonly bitten on the legs

Children are commonly bitten on the head or neck area

Bites can occur anywhere on the body and more than one tick can be attached at one time

5. IF YOU HAVE BEEN BITTEN

Remove ticks as soon as possible

Use a pair of fine-tipped tweezers or a tick removal tool.

Grasp the tick as close to the skin as possible and pull upwards slowly and firmly, as mouthparts left in the skin can cause a local infection

Clean the bite area and monitor it for several weeks for any changes.

Ticks can transmit bacteria that cause diseases such as Lyme disease.

Contact your GP promptly if you feel unwell with flu-like symptoms or Develop a spreading circular red rash - tell them you were bitten by a tick or have recently spent time outdoors

Tick removal with tweezers



Lyme disease bullseye rash



About Carers in Hertfordshire

We are a leading charity that supports unpaid carers throughout Hertfordshire.

We are partly funded by Hertfordshire County Council and the NHS in Hertfordshire. In partnership with them and other local organisations we provide services to carers to help them with their caring role, improve their health and wellbeing, give them a break from caring and have a voice in shaping services for them.

We support carers of all ages, including children, and our services are free of charge.

Carers in Hertfordshire

The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX

Tel: 01992 58 69 69

Email: contact@carersinherts.org.uk

www.carersinherts.org.uk

Our support for parents and carers.

We have Involvement and Development Workers supporting carers of someone with a mental health condition or who misuses drugs or alcohol, who can provide information relevant to your caring role and can help you to speak up to those providing or planning local services.

We also:

- Give you a chance to meet and talk to other parents, carers and staff who understand;
- Give you the opportunity to represent your views to the authorities that commission and manage CAMHS (Child and Adolescent Mental Health Services) in Hertfordshire;
- Provide training and learning opportunities;
- Offer a Carers' Passport Discount Card that gives savings in shops, restaurants and other venues (contact us to apply for one today!)



SEND families



SEND DROP IN

3rd Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own Children are welcome, no diagnosis needed.

HOW TO BOOK

Log onto our Eventbrite page to book your place
<https://barnardos-stevenage.eventbrite.co.uk>

MORE INFORMATION

hertsfamilycentres.org Call us on: 0300 123 7572



Hertfordshire
Family Centre
Service

On behalf of



Delivered by

Believe in
children
Barnardo's

Contactline

 **01992 588574**
oooooooooooooooooooooooooooooooooooo

**A 'quick queries' service for parents, carers, and young people
(16-25) in Hertfordshire**

Please call if you would like to speak directly to an Educational Psychologist to discuss a child or young person's development, learning or emotional wellbeing, or to find out more about our service.



**From September 2020 Contactline will be available
Wednesday from 2:00pm to 4:30pm**

If you are from an Educational setting and have a query, your school has a link Educational Psychologist with whom any requests for involvement can be raised.



SEND Advice for Parents/Carers

Helpful SEND advice lines for Parents and Carers

Advice line	Times available (from Sept 2020)
<i>Educational Psychology Contact line</i>  01992 588574	Weds 2pm – 4:30pm
<i>SEND Specialist Advice and Support Service*</i>  01442 453920 - term time only	<i>Specific Learning Difficulties:</i> Mon & Thurs 09:30am – 12pm
	<i>Speech Language, Communication & Autism needs:</i> Tues & Weds 1:30pm – 4pm
	<i>Early Years:</i> Weds 9am – 12pm Thurs 1:30pm – 4pm
	<i>Physical and Neurological Impairment:</i> Mon 1:30pm – 4pm
<i>West team Attendance Duty*</i>  01442 454778	Mon - Fri 09:30 am – 4pm
<i>East team Attendance Duty*</i>  01992 555261	Mon - Fri 09:30 am – 4pm

* also available to schools, settings and professionals

Cyberbullying

What is Cyberbullying and online Harassment?

- Cyberbullying is any form of bullying which takes place online.
- This can be done over smartphones, tablets, online gaming, chat rooms, social media and more.
- Online harassment is the act of sending offensive, rude and insulting messages and being abusive.
- If someone purposefully keeps sending you offensive messages that make you feel scared, it could be illegal.



Cyberbullying is NOT ACCEPTABLE

- Bullying someone whether online or offline is wrong.
- It can badly affect their mental health.
- Harassing someone and/or sending malicious or threatening messages to someone repeatedly is **ILLEGAL**.
- If you are found to be cyberbullying someone, there could be criminal consequences.

What to do if you are being cyberbullied

If someone is bullying you, here is what you can do to put a stop to it...get **SMART**.

Screenshot any nasty messages.

My privacy settings.

Avoid talking to them any further.

Report the incident on whatever site you are using.

Talk to someone (parent, carer, teacher, friend or the police if necessary).

How to cope with the effects of Cyberbullying

- You must not blame yourself. No one deserves to be treated cruelly by anyone.
- It can make you feel very upset, alone and like no one will understand or help you.
- **REMEMBER** you are not alone and there are lots of people who can help you. Make sure you tell someone and do not try to deal with this on your own.
- For confidential help and advice: NSPCC nspcc.org.uk or Bullying UK bullying.co.uk

When to tell the Police

- If you are ever threatened with physical harm, being repeatedly harassed, being sent malicious messages.
- If it's not an immediate emergency, phone **101** or use our online webchat service.
- If it is an immediate emergency phone **999**.

www.safe4me.co.uk/portfolio/cyber-bullying/

safe4me

Visit the Student Area on our website www.lonsdale.herts.sch.uk! You can find lots of activities in the “All Sorts of Things...” tab. Daily Home Learning Plan can be found in your class area for pupils who are not attending school. You will also find weekly homework plans uploaded there.



HOME - STUDENT AREA

Welcome

To access this area we need you to login using the username and password provided to you by the school. Please enter this information below and click login to proceed.

If you have forgotten your username and/or password please contact the school.

Username:

Password:

[Forgotten your password?](#)

Log on to find out more!

Then explore your class area and look at ‘Ideas Shared by and for Parents’.

Maybe send your feedback?

HOME > STUDENT AREA > IDEAS SHARED BY AND FOR PARENTS

Ideas Shared by and for Parents

This page is full of ideas which have been sent to us by parents. Thank you, all

Keep your ideas and thoughts coming; we will update this page regularly...

To get in touch, please email your child's form tutor or use the 'Home Learning Questions' tab.

Have you seen those?

Free Daily Resources For Children

PE with Joe Wicks On YouTube
Week days at 9am but you can visit any time on youtube to view the workout.

Wildlife With with Steve Backshall On Facebook
Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration questions.

Science with Maddie Moate on YouTube
Weekdays 11am. Maddie & Greg chat about science and nature!

Dance with Oti Mabuse On Facebook
Every day at 11.30am but children can view the class at any time.

Maths With Carol Vorderman
Free access to the her maths website: www.themathsfactor.com

Music with Myleene Klass on YouTube
Twice a week. Next one Friday 27 March 10am, but can view any time.

Storytime With David Walliams
Free story everyday at 11am on his website: www.worldofdavidwalliams.com

- ALL SORTS OF THINGS...
- BUMBLEBEES
- DOLPHINS
- ELEPHANTS
- GORILLAS
- HIPPUS
- KOALAS
- LYNX
- OWLS
- PANDAS
- SEA TURTLES
- TASMANIAN DEVILS
- VAQUITAS
- WOMBATS
- JOIN THE SPRING WATCH!