



Information and Dates for your Diary

Please see below some diary dates for you:

Half Term 30th May to 3rd June 2022

Occasional Day 27th June 2022

End of Term Thursday 21st July 2022; pupils leave at 1.30pm



Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



Whole-School News



This week's highlight was without doubt the Platinum Jubilee Celebration Day on Friday. The whole school was busy all week preparing for the event! Paper chains and bunting were produced, and staff put together a schedule to fit in music, magic and dancing. On Friday, we saw lots of kings, queens, princes and princesses enter the school, ready to celebrate all day. Everyone enjoyed the Magic Shows in the morning. Then a royal feast was put on in the Dining Room for lunch, and afterwards the audience enjoyed some singing, balloon-modelling, ice creams and dancing. Our Governors joined the event, too, and helped judging a competition as well as giving out some souvenirs and goodie bags at the end of the day. Thank you to Abbie, our music therapist, for playing some tunes throughout the day as well as to Marriotts School for sending some young singers and musicians to add to the great atmosphere on the day! We will add some photos from the event to our newsletter after the holidays. Have a good break!



Primary



Dolphin Class: This week the children have enjoyed learning about the 'Queen' and preparing for the Jubilee Celebrations. They have listened to two stories 'The Queen's Hat' and 'The Queen's Handbag', talking about any visits they have made to London. They have explored money, looking at the Queen's head on the coins, sorted and counted coins. They have listened and played along to the National Anthem, made flags, bunting and their own crown to wear. They have enjoyed playing 'Kings and 'Queens' with the castle and also working on social skills with tea parties. In Phonics they have continued to work on listening skills at their own levels and have all continued to work on their physical skills, both fine and gross motor.

Bumblebee Class:

This week the Bumblebees have had a very busy week. The children created their final ramp for the Bumblebee and Owl classes' forces project. The Bumblebees and Owls all enjoyed racing cars down the ramps, and Dolphin Class came to watch, too! The Bumblebees have learnt all about the Queen this week and enjoyed making bunting and flags in Art and Outdoor Learning lessons. In Cooking, Bumblebees made Jubilee biscuits, and in PE Bumblebees enjoyed running relay races! The children are all enjoyed celebrating the Queens Jubilee, too!

Owl Class:

What a busy week! The children have continued with their colour poems in Literacy, practised their number bonds of 5 in Maths, and in Science they finished learning about forces by exploring magnets. On Wednesday, the children finished their PBL project racing their vehicles that they designed and made down the ramps. It was good fun! Dolphins came to watch and had a go, too. In Music the children listened to fanfares for the Queen and then had a go at playing a trumpet and trombone. We have two children who made a great sound on them! In PE the children had a go at marching to parade music.

Koala Class: We've had quite a busy but interesting week. Monday we walked round the playground and looked on the internet for equipment to help play hide and seek. We are planning to make sensory walls for the whole school, so if you have any old pots/pans/utensils/buckets/pipes etc., send them Koala Class's way. On Tuesday we enjoyed learning about the Queen and the Jubilee and were making decorations ready for Friday. We worked really hard learning about fractions and rubbing butter in flour to make scones!



Secondary News



Wombat Class: We started our new class book in English on Monday, 'Treasure Island', and we learnt all about pirates and worked out our pirate names! In Outdoor Learning we joined with the Gorilla Class to have some fun with a water-relay challenge! We have enjoyed learning about the Queen and her Platinum Jubilee and have made some fabulous decorations for the classroom and school. Wombats have enjoyed Gardening in the lovely sunshine and loved digging up the garlic that we planted earlier in the year. In K&U we started our topic on Africa and learnt about famous people, landmarks and some general facts about the continent. We located Africa on a map of the seven continents and coloured it in. We also had to recall facts from the PowerPoint on Africa.

Hippopotamus Class:

In Maths this week, the class completed a piece of Jubilee-themed work involving multiplying decimal numbers by 10, 100 and 1000, then using the answers to colour by number. In Science, they worked on separating materials by separating mixtures of salt and water, sand and water, rice and paperclips and raisins and flour using different techniques. They were able to choose which method would work best for each mixture and then had a go. In their Computing lesson, the class used their skills to create posters for the highly exciting Jubilee Celebration on Friday.

Sea Turtle Class:

In Cooking this week, the class filled their decorated Jubilee boxes with a lovely 'Afternoon Tea'—I hope you enjoyed it! In English, they did some great work on Phonics and wrote a persuasive letter to SLT. In History, we finished our topic on the Great Fire of London by acting it out, which was excellent. In Science, the class did some more research on Africa and learnt about the 'Big 5' animals of Africa in preparation for our trip to Woburn. In Maths, the class did some excellent work on place value. In Forest School we played some excellent games led by one of our students. We also did some preparation for our Jubilee Celebrations on Friday by making some decorations. During assembly, the class collected their medals that they won in an internal Boccia competition that they played a couple of weeks ago. We really enjoyed our Jubilee Celebrations on Friday.

Vaquita Class:

In English this week, pupils completed their maps & plans for 'Grandpa's Great Escape', including full annotations and a synopsis of the break-out plan. Developing their skills in data analysis, pupils have started to look at line graphs showing continuous data. They also developed their knowledge of the water system and have started to research and present information about how to prevent pollution entering rivers and seas, with special attention to what goes down the loo, or more importantly, what shouldn't. In Cooking/Creative, pupils decorated their show boxes in a Jubilee theme and filled them with lots of treats from their Cooking lesson on Monday. I hope you all enjoyed a nice afternoon tea. They have been contributing to the making of bunting throughout the week and were very excited for Friday's Big Celebration.

Gorilla Class: Gorillas have enjoyed making decorations for the Jubilee party on Friday. In Maths we started to work on time and had to select what activities we do during the day and night. We looked at o'clock and had to work out the time. In K&U we started our topic on Africa and learnt about famous people, landmarks and some general facts about the continent. We located Africa on a map of the seven continents and coloured it in. We also had to recall facts from the PowerPoint on Africa. We enjoyed joining up with Wombat Class for some fun games involving water. In English, our work on 'Treasure Island' involved designing our own treasure maps and using positional words, e.g. on, in, under, to describe the location. In Science we reviewed our experiment showing what plants need to grow.

Tasmanian Devil Class:

This week we have been celebrating all things Jubilee for the Queen's Celebrations; firstly, with our Royal-Tea-Party boxes full of delicious Victoria cake, finger sandwiches and picnic nibbles. Then we decorated our classroom with our own silhouette stamps fit for a king. We have also been practicing our 'Lawn Tennis' in PE. Then we looked at the Royal Train and the golden carriages in the history of the railways to see how all kings and queens travelled. On Friday afternoon, we had our royal celebrations with lots of music, entertainment and food. Have a wonderful half-term Jubilee break, from all of us in TD Class.



Upper School News



Elephant Class:

An amazing week for E Class! We consolidated our knowledge of measurement in Maths, measuring scary crocodiles and snakes! In English we got to chapter 3 of 'The Jungle Book' and started talking about our favourite characters! We have been going Jubilee-mad, too, making beautiful decorations which would delight the Queen herself!

Lynx Class:

Lynx Class were busy this week preparing decorations for the Jubilee Celebrations on Friday. They also helped with last preparations for the upcoming trip to Bendrigg. On Friday everyone enjoyed lots of music and a very special magic show. After a buffet lunch, everyone was able to buy an ice cream from the ice cream van before dancing with an afternoon disco into the holidays. An exciting week!

Panda Class: We are over the moon that the Headteacher and Governors approved our library re-vamp plan! We are aiming to get started on this after the Bendrigg trip (which we're really excited about!). Stay tuned for donation requests and information of fund-raising events.

This week has been a quiet week after the excitement of the exams. We've been mainly preparing for our Jubilee Day on Friday. We have been making decorations and decorated boxes for the buffet. Dominic insisted on hiding pictures of Freddie Mercury on his, but Jake is not happy with his box, we all thought it looked great though! We enjoyed a fun-filled day to celebrate the Queen and the holidays. We wish all of our school friends and teachers a happy, relaxing holiday.

Lunchtime News from the MSAs

Pupils enjoyed the clubs this week. Games Club was popular with pupils of all ages sharing games and enjoying time together. Sports and Dance Clubs were well-attended, too. In the Secondary Department, football and 'Hide 'n' Seek' were played on several days running. Koala Class presented their proposal for creating more hiding places to Mrs Ottridge and Mrs Thiele on Wednesday. They would like some sensory walls and tunnels in the playground.



Governors News



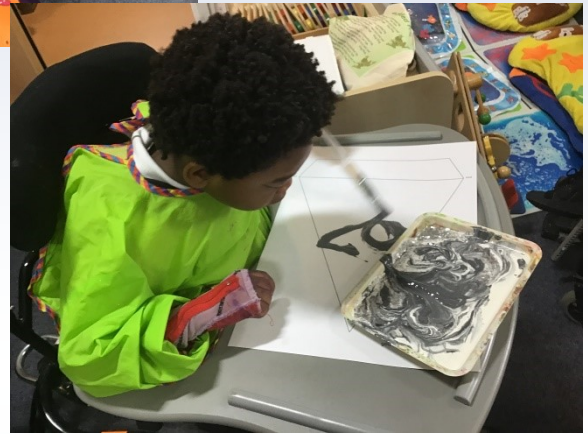
It was my pleasure to visit some of Bumblebee Class this week to observe their swimming lesson; a slight change to when I last observed pupils in the pool pre-Covid, when the whole class had their lesson together. The smaller numbers allowed for longer, quality time spent focusing on individual needs, and I could see the benefits of the smaller group sizes compared to my last visit. Thank you to Bumblebees for allowing me to share in your enjoyment of the pool and to all the staff for their time spent with me as they worked alongside the children.

Steph Oliver, Parent Governor

Photo Page – 'Zoom into Brilliant Bits'



Photo Page – 'Zoom into Brilliant Bits'





Supported using public funding by
**ARTS COUNCIL
ENGLAND**



**COMMUNITY
FUND**



HALF TERM FUN

CHARITY NUMBER 1180870



FLYERS, YOUTH AND PHOENIX PLUS

Painting at Pots of Art,
St Albans, AL1 1EZ

MON
MAY **30**

10.30AM - 12.30PM

Come and have fun painting your own original masterpiece, even if you don't think you're artistic!

£5 PER PERSON



ALL PHOENIX MEMBERS

Platinum Jubilee
Celebrations,
Welwyn Garden City

TUE
MAY **31**

10.30AM - 3.30PM

A variety of activities including drumming, a children's entertainer and art creations. A buffet lunch will be provided.

FREE



EARLY BIRDS

Phoenix Fun and picnic
in Stanborough Park

WED
JUNE **01**

11.00AM - 1.00PM

A variety of activities and games in the Park, followed by a picnic lunch (please bring your picnic)

FREE

Visit <https://www.phoenixgroup.org.uk/groups> to book activities

For more information



info@phoenixgroup.org.uk



07748690989



**Stevenage
Arts Guild**



**We're celebrating the Queen's Platinum
Jubilee in Stevenage High Street**

**Come and join us
on Saturday 4 June from 12 noon**

Springfield House

**Barbecue and cream
teas in the garden**

Licensed bar

Local history display

Holy Trinity Church

Flower Festival

Make a Crown

Refreshments

Jubilee Heritage Trail

*Pick up instructions
and answer sheet at
Springfield House*

**Community Arts Centre, Roaring Meg
Screening of film set in Stevenage:**

SERIOUS CHARGE

7.00 pm

**Free tickets available from
Stevenage Arts Guild**

**For more details:
www.stevenageartsguild.org.uk**

ADULT TRAINING NETWORK

FREE* COURSES

FOR ADULT LEARNERS IN
ENGLISH ESOL
HEALTH & WELL BEING
SKILLS FOR WORK
DIGITAL SKILLS

*Eligibility subject to status

ENGLISH ESOL

- Our courses in ESOL will enable learners to apply the skills of reading, writing, speaking and listening in both their personal and working lives.
- Leading to a Qualification and/or a job as the next step.

Health Eating & Wellbeing

- Improve your lifestyle and reduce stress/anxiety during the current Covid 19 pandemic. Boost your self-esteem and wellbeing.
- Examples of positive lifestyle changes including healthy eating tips.

Skills for Work

- Creation of a CV. Preparing for and performing well at interview.
- Searching for a job online.
- Introduction to retail, customer service and business admin roles.

Digital Skills (IT)

- Digital Skills (IT) sessions for learners who have limited experience with computers. Learn a variety of Digital skills such as using Zoom, uploading CVs, using social media, safe internet browsing, downloading apps, emails.

For more information:

Email: tatiana@adult-training.org.uk

Tel: 07947330575, 0790811528 web: www.adult-training.org.uk

Venue: BTC, Bessemer Drive, Stevenage, SG1 2DX



Education & Skills
Funding Agency

STEP SKILLS
PREPARE FOR SUCCESS IN HERE





Bringing up confident children for parents of children with SEN (online group)

Worried about your child? Join our online group and get support to help your child feel more confident and happier. This is an online group and will be delivered via MS Teams.

When: Monday, 6th June to 11th July 2022

Time: 7.00pm - 9.00pm

For more information, contact Louise on 0204 522 8700 or 8701 or email services@familylives.org.uk

We build better family lives together

Find us on Facebook @FamilyLivesHertsandBeds

www.familylives.org.uk



Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722. Registered address: 15-17 The Broadway, Hatfield, Hertfordshire, AL9 5HZ.



Bringing up confident children for parents of children with ADHD/ASD (online group)

Worried about your child? Join our online group and get support to help your child feel more confident and happier. This is an online group and will be delivered via MS Teams.

When: Wednesday, 8th June to 13th July 2022

Time: 9.30am 11.30am

For more information, contact Louise on 0204 522 8700 or 8701 or email services@familylives.org.uk

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www.familylives.org.uk



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Bringing up confident children for parents of children with ADHD/ASD (online group)

Worried about your child? Join our online group and get support to help your child feel more confident and happier. This is an online group and will be delivered via MS Teams.

When: Tuesday, 7th June to 12th July 2022

Time: 7.00pm to 9.00pm

For more information, contact Louise on 0204 522 8700 or 8701 or email services@familylives.org.uk

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Stevenage Arts Guild



You are invited to join the Mayor of Stevenage for the unveiling of a commemorative plaque on Springfield House, 24 High Street

SATURDAY 4TH JUNE

12.00 noon.

After the event books and photographs on local history will be on display in the main hall at Springfield House.

Refreshments will be available for purchase.



Springfield House will be the starting point for our Jubilee Heritage Trail

RSVP to hilaryspiers9@gmail.com

Supporting families for a brighter future



Grace's Space is a monthly Saturday club for Children aged 3-14 who have a diagnosis of Autism and their families. We meet on the first Saturday of the month from the Autumn term in October until July.

Providing Family sessions for children under 9 and sessions for children aged 9-14.

Family session 1 for under 9s 10-11.30am
Family session 2 for under 9s 12.30pm-2pm
Young people's session for 9-14s 2.30pm-4pm

Attendance is by registration only!

For more information or to register for a trial session please contact us:

Email: graces_space@live.co.uk
www.facebook.com/gracesspace1

Embracing the Difference!

Grace Community Church Hall · Hydean Way · Stevenage · SG2 9XJ

Physical and neurological impairment advice line

014 42 453 920

Mondays 1.30pm - 4pm
(term time only)

STEP 2 SKILLS
PREPARE FOR SUCCESS IN HERTS



Supported Employment Job Fair Stevenage & North Herts

Thursday 12th May 2022

North Hertfordshire College

Monkswood Way, Stevenage, Herts. SG1 1LA

10am - 12pm and 1pm - 3pm

(Two sessions available - pick what suits you)

We look forward to seeing you there

Parking available on site

Employers attending include:

- Crossroads
- McMullen's Brewery
- HCL
- Ringway

... plus many more



Event aimed towards individuals with learning disabilities, autism, physical disability, mental health conditions and sensory needs

Come along and:

- Chat with employers about potential employment opportunities
- Find out what jobs are available
- Ask questions
- Meet the Supported Employment Team and find out how they can help

Need support?

Our team will be on hand to help introduce you to the people you would like to speak with

Sponsored by North Hertfordshire College:

Tel: Sian Heaphy on: 07580 743517

Email: sian.heaphy@hertfordshire.gov.uk

Email: Katie.Leithboro@hertfordshire.gov.uk

Website: www.step2skills.org.uk

Contact Us:

FIVE MILE FILMS

From the makers of Channel 4's *The Dog House*



Are you struggling with your dog's behaviour?

Would you like help to overcome your dog's issues?



A brand new prime time Channel 4 series is looking for misbehaving dogs and their owners.

From small quirks to life impacting behaviour, we've assembled a team of the very best trainers in Britain to help you transform your dog once and for all.

To apply, please email: dogacademy@fivemilefilms.co.uk

Stevenage Day on Sunday 12th June 2022

Put Stevenage Day into your diaries. There are lots of parades and exciting activities going on all around the town. Maybe you would like to visit?

At lunchtime, there will be a flag parade. Lonsdale pupils are involved in creating one of the 10 flags with the Stevenage Creative Network.



Co-Create Film Project

Three Lonsdale pupils took part in a film project together with three other schools to create a film celebrating Stevenage's heritage and history. The film, which was produced in 3D, can be viewed at the Stevenage Museum on a specially-designed machine called 'Peppa's Ghost'. Drop in and take a look; entry to the museum is free, and there is a lot to explore!

If you are unable to visit, you can watch the film in 2D using the link below:

[HTTPS://PLAYER.VIMEO.COM/VIDEO/688868719](https://player.vimeo.com/video/688868719)





&



SPORTS CAMP MAY HALF TERM

Multiple Days Discount!

Sibling Discount!

Football Camp

Monday 30th May

Tuesday 31st May

Wednesday 1st June

Walkern School - 9:30-15:00

Ages - Reception - Year 6



Gymnastics & Dance Camp

*Book
Here*



Tuesday 31st May

Wednesday 1st June

Walkern School - 9:30-15:00

Ages - Reception - Year 6



www.sportzoneuk.com

Phone: 07950 717925

Email: bookings@sportzoneuk.com

Feel good Fridays

Memory Makers

Meet new people, join in with light-hearted quizzes to test your knowledge of the past, or play games.

10.30am -12noon

Friday 27 May
Friday 24 June
Friday 29 July

Free



Lunch and listen

Enjoy a lunchtime talk. Subjects are varied but we hope you will always learn something new and interesting! Numbers are limited so please book in advance. Tea and coffee provided just bring your own sandwiches.

1-2pm

13 May Royal visits to Stevenage
10 June A Japanese journey
8 July Anglo-Saxon saints

£4 (£3.50 concessions)



Make it!

Come along, get creative and meet others who enjoy the fun and benefits of sewing, knitting and crochet. Just bring sandwiches and whatever you are working on or materials to start from scratch. Tea and Coffee provided.

12noon-2pm

May 6 & 20
June 17 & 24
July 1 & 15

Free



Saturday film & afternoon tea

Suitable for over 12s.
Booking essential

12.30- 2pm.

28 May
25 June
30 July
27 August

£7.50



Events for All

Town's Got Talent exhibition opening

Saturday 2 July 11am-4pm

A jam-packed event to celebrate the opening of our 'Town's Got Talent' exhibition, all about Stevenage's sports stars. Meet Paul Fry, the author of the book which inspired the exhibition, as well as some of the inspirational sportspeople who feature in the exhibition. Try your hand at cup stacking and other activities to get you moving, as well as arts and crafts for all ages. **Cost: Free**

For families

Family Saturdays

11am-12noon and 2-3pm

14 May **Elmer**

Colourful elephant crafts

11 June **Music making**

Use junk materials to make shakers and more.

9 July **Bugs**

Find out some fun bug related facts, make ladybirds, butterflies and snails to take home alongside some bug-friendly things you can do in your garden to help protect these important little creatures.

August **Sundials**

See how sundials help tell the time, make your own and then add a twist.

Free

Dance

Get moving together and explore the museum in this fun session led by Hannah from BEEE Creative.

10-11.30am

Wednesday 4 May

Wednesday 8 June

Wednesday 6 July

Cost: free, but donations welcome.



Under 5s

Stories, games and art and craft fun. For children under 5 and their parents and carers.

1.30-2.30pm

Thursday 12 May Hairy Maclary from Donaldson's Dairy

Thursday 9 June All things fishy

Thursday 14 July You can't take an elephant on the bus

£2.50 (£1 concessions)

Holiday activities

Summer half term

Wednesday 1 June

10am-12noon and 2-4pm

Drop in arts and crafts.

Free, a small charge for some activities and donations welcome.



Summer Holidays

3 August – 26 August

11am-12noon and 2-3pm

Week 1 Tudors

Week 2 Sports

Week 3 Romans

Week 4 All things arty

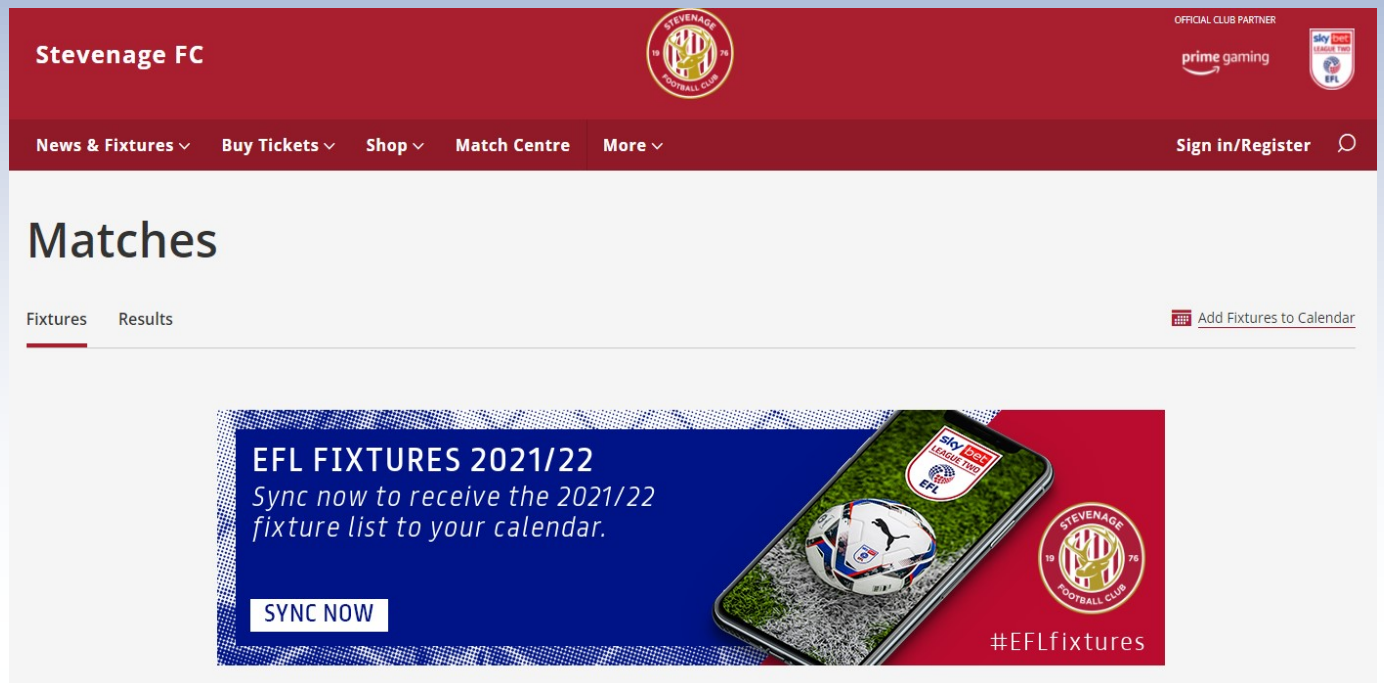
£4 (£2 concessions)

Please book to avoid disappointment

Please book in advance as places go very quickly, and if you can't make it, it would be great if you could let the museum know so that someone else can use the space.

Stevenage Football Club would like to offer a complimentary ticket for their new North Stand to our students and of course their carer or family member to any of their home games.

I have copied a link to their fixture list: <https://www.stevenagefc.com/news/fixtures/> so if you are interested in any of those, please contact



The screenshot shows the Stevenage FC website. At the top, the club name 'Stevenage FC' is on the left, the club crest is in the center, and 'OFFICIAL CLUB PARTNER' with logos for 'prime gaming' and 'sky Bet' is on the right. A navigation bar below contains 'News & Fixtures', 'Buy Tickets', 'Shop', 'Match Centre', and 'More'. On the right of the navigation bar are 'Sign in/Register' and a search icon. The main heading is 'Matches', with sub-links for 'Fixtures' and 'Results'. A button 'Add Fixtures to Calendar' is on the right. Below this is a promotional banner for 'EFL FIXTURES 2021/22' with the text 'Sync now to receive the 2021/22 fixture list to your calendar.' and a 'SYNC NOW' button. The banner also features a smartphone displaying the fixture list, a soccer ball, and the club crest with the hashtag '#EFLfixtures'.



INCLUSIVE ACADEMY

DANCE SCHOOL



Offering inclusive dance sessions to those who rarely get offered the opportunity to dance!

Inclusive academy aims to give people who do not always get the opportunities to enjoy music, movement, and most of all, *dance*, the time to benefit from all three in an accepting environment.


Location: Community Arts Centre, Roaring Meg, Stevenage, Hertfordshire.


When: Term time Saturdays (timetable and term dates are on our website).



For more information or to show your support, check out our website and social media!




 Website: inclusiveacademydanceschool.com

 Facebook: [inclusive.academy](https://www.facebook.com/inclusive.academy)

 Instagram: [@inclusive_academy](https://www.instagram.com/inclusive_academy)

 Twitter: [@InclusiveAcade1](https://twitter.com/InclusiveAcade1)

 <https://gofund.me/ea00025e>

*Inclusive Academy: Making
Dance Accessible For All*



Enjoy the outdoors but 'be tick aware' this Spring

1. WHAT IS A TICK?

Ticks are small, spider-like creatures that feed on the blood of animals, including people.

The size of a tick can vary, with a larva being as small as a tiny freckle, and fully fed females similar in size to a baked bean.

Tick attached to skin



Tick in the environment



2. WHERE DO YOU FIND TICKS?

Ticks live in many habitats but prefer moist areas with leaf litter or longer grass, like in woodland, grassland, moorland, heathland and some urban parks and gardens.

Ticks don't fly or jump. They wait on vegetation for a host to pass by, and then climb on.

They bite and attach to the skin and feed on blood for several days, before dropping off.

Ticks are found throughout the year, but are most active between spring and autumn

3. HOW TO AVOID TICKS

Walk on clearly defined paths to avoid brushing against vegetation

Wear light-coloured clothes so ticks can be spotted and brushed off

Use repellents such as DEET

Carry out a tick check

4. HOW TO DO A TICK CHECK

Check clothes and body regularly for ticks when outdoors and when you get home

Check children and pets as well

Areas that ticks may frequently be found include skin folds, armpits, groin, waistband area, back of the neck and hairline.

Adults are commonly bitten on the legs

Children are commonly bitten on the head or neck area

Bites can occur anywhere on the body and more than one tick can be attached at one time

5. IF YOU HAVE BEEN BITTEN

Remove ticks as soon as possible

Use a pair of fine-tipped tweezers or a tick removal tool.

Grasp the tick as close to the skin as possible and pull upwards slowly and firmly, as mouthparts left in the skin can cause a local infection

Clean the bite area and monitor it for several weeks for any changes.

Ticks can transmit bacteria that cause diseases such as Lyme disease.

Contact your GP promptly if you feel unwell with flu-like symptoms or Develop a spreading circular red rash - tell them you were bitten by a tick or have recently spent time outdoors

Tick removal with tweezers



Lyme disease bullseye rash



About Carers in Hertfordshire

We are a leading charity that supports unpaid carers throughout Hertfordshire.

We are partly funded by Hertfordshire County Council and the NHS in Hertfordshire. In partnership with them and other local organisations we provide services to carers to help them with their caring role, improve their health and wellbeing, give them a break from caring and have a voice in shaping services for them.

We support carers of all ages, including children, and our services are free of charge.

Carers in Hertfordshire

The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX

Tel: 01992 58 69 69

Email: contact@carersinherts.org.uk

www.carersinherts.org.uk

Our support for parents and carers.

We have Involvement and Development Workers supporting carers of someone with a mental health condition or who misuses drugs or alcohol, who can provide information relevant to your caring role and can help you to speak up to those providing or planning local services.

We also:

- Give you a chance to meet and talk to other parents, carers and staff who understand;
- Give you the opportunity to represent your views to the authorities that commission and manage CAMHS (Child and Adolescent Mental Health Services) in Hertfordshire;
- Provide training and learning opportunities;
- Offer a Carers' Passport Discount Card that gives savings in shops, restaurants and other venues (contact us to apply for one today!)



SEND families



SEND DROP IN

3rd Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own Children are welcome, no diagnosis needed.

HOW TO BOOK

Log onto our Eventbrite page to book your place
<https://barnardos-stevenage.eventbrite.co.uk>

MORE INFORMATION

hertsfamilycentres.org Call us on: 0300 123 7572





SEND Advice for Parents/Carers

*Helpful SEND advice lines
for Parents and Carers*

Advice line	Times available (from Sept 2020)
<i>Educational Psychology Contact line</i>  01992 588574	Weds 2pm – 4:30pm
<i>SEND Specialist Advice and Support Service*</i>  01442 453920 - term time only	<i>Specific Learning Difficulties:</i> Mon & Thurs 09:30am – 12pm
	<i>Speech Language, Communication & Autism needs:</i> Tues & Weds 1:30pm – 4pm
	<i>Early Years:</i> Weds 9am – 12pm Thurs 1:30pm – 4pm
	<i>Physical and Neurological Impairment:</i> Mon 1:30pm – 4pm
<i>West team Attendance Duty*</i>  01442 454778	Mon - Fri 09:30 am – 4pm
<i>East team Attendance Duty*</i>  01992 555261	Mon - Fri 09:30 am – 4pm

* also available to schools, settings and professionals

Cyberbullying

What is Cyberbullying and online Harassment?

- Cyberbullying is any form of bullying which takes place online.
- This can be done over smartphones, tablets, online gaming, chat rooms, social media and more.
- Online harassment is the act of sending offensive, rude and insulting messages and being abusive.
- If someone purposefully keeps sending you offensive messages that make you feel scared, it could be illegal.



Cyberbullying is NOT ACCEPTABLE

- Bullying someone whether online or offline is wrong.
- It can badly affect their mental health.
- Harassing someone and/or sending malicious or threatening messages to someone repeatedly is **ILLEGAL**.
- If you are found to be cyberbullying someone, there could be criminal consequences.

What to do if you are being cyberbullied

If someone is bullying you, here is what you can do to put a stop to it...**get SMART.**

Screenshot any nasty messages.

My privacy settings.

Avoid talking to them any further.

Report the incident on whatever site you are using.

Talk to someone (parent, carer, teacher, friend or the police if necessary).

How to cope with the effects of Cyberbullying

- You must not blame yourself. No one deserves to be treated cruelly by anyone.
- It can make you feel very upset, alone and like no one will understand or help you.
- **REMEMBER** you are not alone and there are lots of people who can help you. Make sure you tell someone and do not try to deal with this on your own.
- For confidential help and advice: NSPCC nspcc.org.uk or Bullying UK bullying.co.uk

When to tell the Police

- If you are ever threatened with physical harm, being repeatedly harassed, being sent malicious messages.
- If it's not an immediate emergency, phone **101** or use our online webchat service.
- If it is an immediate emergency phone **999**.

www.safe4me.co.uk/portfolio/cyber-bullying/

safe4me

Visit the Student Area on our website www.lonsdale.herts.sch.uk! You can find lots of activities in the “All Sorts of Things...” tab. Daily Home Learning Plan can be found in your class area for pupils who are not attending school. You will also find weekly homework plans uploaded there.



HOME - STUDENT AREA

Welcome

To access this area we need you to login using the username and password provided to you by the school. Please enter this information below and click login to proceed.

If you have forgotten your username and/or password please contact the school.

Username:

Password:

[Forgotten your password?](#)

Log on to find out more!

Then explore your class area and look at ‘Ideas Shared by and for Parents’.

Maybe send your feedback?

HOME > STUDENT AREA > IDEAS SHARED BY AND FOR PARENTS

Ideas Shared by and for Parents

This page is full of ideas which have been sent to us by parents. Thank you, all

Keep your ideas and thoughts coming; we will update this page regularly...

To get in touch, please email your child's form tutor or use the 'Home Learning Questions' tab.

Have you seen those?

Free Daily Resources For Children

PE with Joe Wicks On YouTube
Week days at 9am but you can visit any time on youtube to view the workout.

Wildlife With with Steve Backshall On Facebook
Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration questions.

Science with Maddie Moate on YouTube
Weekdays 11am. Maddie & Greg chat about science and nature!

Dance with Oti Mabuse On Facebook
Every day at 11.30am but children can view the class at any time.

Maths With Carol Vorderman
Free access to the her maths website: www.themathsfactor.com

Music with Myleene Klass on YouTube
Twice a week. Next one Friday 27 March 10am, but can view any time.

Storytime With David Walliams
Free story everyday at 11am on his website: www.worldofdavidwalliams.com

- ALL SORTS OF THINGS...
- BUMBLEBEES
- DOLPHINS
- ELEPHANTS
- GORILLAS
- HIPPUS
- KOALAS
- LYNX
- OWLS
- PANDAS
- SEA TURTLES
- TASMANIAN DEVILS
- VAQUITAS
- WOMBATS
- JOIN THE SPRING WATCH!