Learning @ Lonsdale

Weekly Newsletter — Friday 14th January 2022

Information and Dates for your Diary

Please see below some diary dates for you:

Half Term 14th to 18th February 2022

End of Term Friday 1st April, pupils leave at 1.30pm

Staff Inset Day 19th April 2022, pupils return to school on 20th April 2022



Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



Welcome to the first edition of our Learning @ Lonsdale Newsletter of 2022 and a happy new year to all of you! It is great to see pupils and staff back and full of energy and enthusiasm for their learning. The Spring Term is now in full swing, and we hope that you will drop in every week to read our news.

Whole-School News



Here a front-page piece for this week with a record-breaking attempt:

Two pupils of Tasmanian Devils Class, Shay and Harrison, have excitedly launched a project to make the longest ever paper chain at Lonsdale School; they started at the beginning of December 2021 and will complete in December 2022. Look at the photos below and see how they are getting on; they have reached an astonishing sixty-eight metres in just five weeks!











Dolphin Class: Its great to see everyone back for the Spring Term. We have all worked so hard since returning. We have started our topic 'Shops' this week with 'Toy Shops'. We have enjoyed playing in our role-play toy shop, counting money, reading price tags, using the till and writing receipts. We have continued building knowledge of money, sorting coins by colour, shape and or size. We have read several different books about toys, worked on mark-making, drawing different toys and writing the name of the toy. In Phonics we have worked on rhyming words. The children have individually worked hard on reading, and some have worked on matching CVC words to pictures. In Art we have printed with toys. Next week we will look at 'Food Shops'.



Bumblebee Class:

Welcome back to the Spring Term! It has been a great first week, and we have all enjoyed having the Bumblebees back and hearing all about their Christmas holidays! This week we started our new PBL project: 'Teddy The Explorer'. The Bumblebees enjoyed listening to the story and exploring different materials that we may be able to use to help Teddy become an explorer. In Maths we have been looking at money and the class really enjoyed spending their money in the role-play material shop. In Cooking we made pizza, and in Outdoor Learning we used materials from outside to create letters. In PSHCE we started to look at brushing our teeth and how we can keep our teeth clean.

Primary



Owl Class: The children have made a wonderful start to the new term and have enjoyed exploring materials and listening to 'Jack and the Beanstalk' in PBL. Our new PBL topic is 'Traditional Stories and Fairy Tales', and the children will be exploring materials alongside lots of stories to help choose the best materials to improve our dolls house for a story character of their choice. The materials focus this week has been learning about natural and human-made things. In Maths the children explored money. In Art the children made a beanstalk that could grow by folding paper to make a spring. They made bean burgers in Cooking and explored pitch in Music.

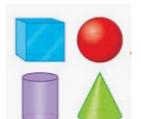
Koala Class:

In Literacy we looked at rhyming words ready to start writing poems! In Numeracy we worked on ordinal numbers and position. In Topic we looked at the timeline of the Victorian Era, what jobs children had and what a Victorian school was like. In Cooking we made bread for our sandwiches. In Life Skills we learned how to use online shopping and in Forest School we learnt the smallest leaves fall the quickest.



Wombat Class:

Welcome back to the Spring Term! It was great to see the students and hear their holiday news! We have made a start on some new topics this week. In English we are reading a new book, 'Cliff-hanger'. We read chapter one and then researched about adventure holiday centres, creating a poster to advertise them! In Maths we worked with odd and even numbers, whilst in Science we looked at the human life cycle and ordered pictures of ourselves. We focused on feelings in PSHCE, and using our ICT skills, we researched a leisure activity in Stevenage in K&U. In our gardening lesson we made grass seed heads, which was a lot of fun. We also found time to visit the Lego room!



Hippopotamus Class:

Happy New Year from everyone in the Hippopotamus Class! It's been an enjoyable, if tiring start to the year. In Maths, we've been working on division through a combination of using objects, diagrams, computer software, and, of course, our brains. In Science, we've started a new theme – 'The Earth and Space', and so far we've looked at evidence to show that the Earth, Sun and Moon are spherical, as well as beginning to investigate the rest of the solar system. We even learned about a few dwarf planets in our solar system that none of us had ever heard of! In Computing this week, we've been using the Sketchup software to create 3D shapes by drawing 2D shapes and dragging them into 3D. We've also started building some virtual houses, which has been lots of fun.

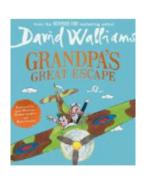


Sea Turtle Class: It was lovely to see everyone again after Christmas and to hear all about the lovely things they did over the holidays. Since being back, in Science we have started our new topic on 'Inheritance and Evolution'. We have looked at the characteristics we inherit from our biological parents. We have also looked at how animals adapt to be able to survive in the habitat they live in. One of the animals we focused on was the camel! In History, we looked at crime and punishment in the Anglo-Saxon times. The punishments were very brutal! In Maths, we did some work on averages—focusing on the mode and the range, and also multiplication. The class had a couple of excellent English lessons getting to know their new English teacher. We have also started our topic on puberty in PSHCE. In PE, we did some gymnastics with the class doing some excellent balances and moving around the mats. We also spent some time with the Wombats playing some games together.

Secondary News

Vaquita Class:

Welcome back to all our pupils and parents—we have hit the ground running, and pupils are settling really well into their new year and slightly adjusted timetable. Mr Pritchard has begun a design project with the class, so I will start to show some pictures of their ideas as they unfold. In English we have just started a new book—'Grandpa's Great Escape' (David Walliams). This will give all pupils an opportunity to recognise recurring themes, similarities and differences in fiction by the same author. In Maths, pupils have completed a baseline task on number place value to get hem back into working with numbers. We will then work on time (analogue & digital) as a unit of measurement. In PSHCE this week, we looked at how the media manipulates images to create unrealistic pictures of celebrities. We discussed the impacts this can have on people's perceptions of their own appearance.



Gorilla Class: In Gorilla Class this week, we have completed some sorting activities in our Maths lesson. We focused on feelings in PSHCE and had to match the picture with the correct 'feelings' description. Using our ICT skills, we researched a leisure activity in Stevenage and had to find out different information like opening times, cost and if specialist equipment and/or clothing is needed. In Music we started to create a new class song using bells. We decided the tempo was going to be fast. We have started a new book in English: 'Cliffhanger' by Jacqueline Wilson, and everyone enjoyed the first chapter. In Science we are revisiting life cycles - please take the chance to discuss baby, toddler, child, adult and older members of your family with your child to reinforce the concepts. We have started our 'Textiles' wellbeing project by thinking about bag design & measuring templates. Thanks to those who have already provided fabric for this - if your child is bringing fabric from home for this, please could we have it by Wednesday 19th, but it is not a problem if you don't have anything suitable as we have plenty available at school.



Tasmanian Devil Class:

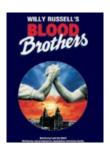
Welcome back, it was lovely to hear the children had a wonderful Christmas. We started the New Year with resolutions and writing about what they did over Christmas. In K&U we have had a cracking start with navigating maps, finding locations in the UK and using grid references to narrow down areas on maps. In Maths we completed some practice Functional Skills assessments and also started learning about how to convert from digital to analogue time and vice versa using a 24-hour clock—very confusing! In Science we are still working on our bodies, looking closer at the various systems we have in the human body, and then we will focus on the circulatory system in more detail. In PSHCE we are starting our reflection journals.







Upper School News



Elephant Class: We can't believe how fast this first week back has gone! We have created our own New Year's Resolutions which span everything from 'Colour in more Paw Patrol' to 'Eat more cheese!' It's sounding like it's going to be a wonderful year full of dogs and dairy products!!

In Maths we consolidated our understanding of more and less ready for our money topic next week, and in English we started a new book... 'Grandpa's Great Escape'!

It was wonderful to hear about everyone's Christmas and how pupils celebrated with their families. A wonderful first week back for Elephants Class!

Lynx Class:

It was great to hear about all the lovely presents and things that the class had been up to over the holidays! In English this week, we completed a crime mystery using our spelling, punctuation and grammar skills and we also started to work on brushing up our speaking and listening skills by writing a script to talk to another person about a chosen subject. In Maths we completed some practice Functional Skills assessments and also started learning about how to convert from digital to analogue time and vice versa using a 24-hour clock—very confusing!

Panda Class:

Panda Class worked hard this week in their Maths and Science lessons looking at ordering decimals and converting decimals to fractions as well as bonding of atoms and understanding about chemical reactions and why some are explosive whilst others are not. They explores "Blood Brothers" in their Drama session and are looking forward to a Westend production later this school year. They are also planning on re-creating the play as part of their Drama. In Business, Panda Class continued to work on forward-planning for the tuck shop and upcoming celebratory events like Valentine's Day and Easter. The class also explored community actions and the work of charities.

Lunchtime News from our MSAs

The Play Leaders did a great job this week facilitating a game of giant 'Snakes and Ladders' in the secondary play area with over 15 pupils playing together. It was great fun! Other pupils enjoyed the film club or a football match outside. Primary pupils made good use of their outdoor areas during lunchtimes enjoying some sunshine on a few very chilly days. Games like 'Catch' and 'Hide and Seek' remain very popular.



Governors News

The Lonsdale Governors are wishing all members of the Lonsdale community a happy, healthy and successful new year. They are looking forward to their visits in 2022 and continuing their links with their Buddy Classes.





Photo Page — Zoom into Brilliant Bits'































Photo Page — Zoom into Brilliant Bits













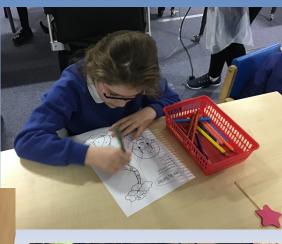






















learning doesn't end in the classroom

At Texthelp, we want to ensure that every student has the essential literacy skills to read, write, and communicate with confidence and independence. That's why we developed Read&Write, why it's used by over 35 million worldwide.

But did you know that it can be used at home?

We'd like to invite you along to a short, parents' evening to show you just how effectively Read&Write can help you to support your child's education, regardless of age, ability, or learning challenges.

Getting Read&Write at Home - Part 1

Date: Wednesday 26th January Time: 6pm - 6.30pm Location: Online webinar

Register here

We'll show you how to use Read&Write to:

- Support children with literacy challenges such as dyslexia or English language learners with text to speech, predictive text, Talk & Type, dictionaries, and picture dictionaries
- Develop your child's literacy skills with spelling, grammar, punctuation, and homophone proofing
- Assist your child during exam time with revision research, highlighting features, and as a computer reader in exams
- Customise Read&Write's innovative toolbar to suit your child's individual learning needs





DGEBALL

Hampson Park Stevenage

Every Friday

Ages 5 - 12 Years

5PM - 6PM

DODGE DUCK

DIP DIVE

DODGE!

To book your place please visit our website:

www.superstarsport.co.uk





IS FREE



Let's get 2022 going with a free trial with Super Star Sport!

To book your free taster, visit our website www.superstarsport.co.uk and click "book your free taster"



Sign Choir

Come along and join in for a fun and enjoyable hour, learn songs in BSL (British Sign Language)

No experience needed

All abilities and families are welcome.

Each session you will learn step by step the sections of a song to be able to bring it all together.

We meet fortnightly on a Friday 6:30-7:30 pm
(17th Dec, 14th Jan, 28th Jan, 11th Feb, 25th Feb, 11th Mar)
Each session is £4 per person, groups of 2 or more £8.

Booking is required.

If you have any questions or to book please contact us by messaging the facebook page

https://www.facebook.com/invisabilitycic
Alternatively email us at

info@invis-ability.org.uk

Who we are

Invis-Ability CIC are a local non profit Community Interest Company ran by and for Disabled people, carers and their families, Our vision is to break down the barriers that exists between Disabled people and everybody else.

We exist to help the people who are invisible or marginalised to gain a voice and be recognised for who they are and the super power that they have.

How do we do this? We have a program of courses that range from Social clubs for all ages, We have a program that can be spoke built for schools for either whole year group lessons to lunch or after school clubs.

INCLUSIVE ACADEMY

DANCE SCHOOL



Offering inclusive dance sessions to those who rarely get offered the opportunity to dance!

Inclusive academy aims to give people who do not always get the opportunities to enjoy music, movement, and most of all, dance, the time to benefit from all three in an accepting environment.

Location: Community Arts Centre, Roaring Meg, Stevenage, Hertfordshire.

When: Term time Saturdays (timetable and term dates are on our website).





For more information or to show your support, check out our website and social media!

Website: inclusiveacademydanceschool.com

facebook: inclusive.academy

Instagram: @inclusive_academy

▼ Twitter: @InclusiveAcade1

gofundme https://gofund.me/ea00025e

Inclusive Academy: Making Dance Accessible For All



About Carers in Hertfordshire

We are a leading charity that supports unpaid carers throughout Hertfordshire.

We are partly funded by Hertfordshire County Council and the NHS in Hertfordshire. In partnership with them and other local organisations we provide services to carers to help them with their caring role, improve their health and wellbeing, give them a break from caring and have a voice in shaping services for them. We support carers of all ages, including children, and our services are free of charge.

Carers in Hertfordshire
The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX
Tel: 01992 58 69 69
Email: contact@carersinherts.org.uk
www.carersinherts.org.uk

Our support for parents and carers.

We have Involvement and Development Workers supporting carers of someone with a mental health condition or who misuses drugs or alcohol, who can provide information relevant to your caring role and can help you to speak up to those providing or planning local services. We also:

- Give you a chance to meet and talk to other parents, carers and staff who understand;
- Give you the opportunity to represent your views to the authorities that commission and manage CAMHS (Child and Adolescent Mental Health Services) in Hertfordshire;
- Provide training and learning opportunities;
- Offer a Carers' Passport Discount Card that gives savings in shops, restaurants and other venues (contact us to apply for one today!)





SEND DROP IN

3rd Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own Children are welcome, no diagnosis needed.





HOW TO BOOK

Log onto our Eventbrite page to book your place https://barnardosstevenage.eventbrite.co.uk

MORE INFORMATION hertsfamilycentres.org Call us on: 0300 123 7572



Believe in children

Barnardo's





Contactline



A 'quick queries' service for parents, carers, and young people (16-25) in Hertfordshire

Please call if you would like to speak directly to an Educational Psychologist to discuss a child or young person's development, learning or emotional wellbeing, or to find out more about our service.







From September 2020 Contactline will be available Wednesday from 2:00pm to 4:30pm

If you are from an Educational setting and have a query, your school has a link Educational Psychologist with whom any requests for involvement can be raised.

We were kindly asked to share the following information with parents whose children missed their Covid-19 vaccination school sessions:

This message is for parents whose child missed the opportunity to be vaccinated for Covid-19 (1st or 2nd doses) at a school session, as arranged by the Community School Age Immunisation Service run by Hertfordshire Community NHS Trust.

What to do if your 12-15 year-old child missed their appointment at school to receive their Covid vaccination

If for any reason your child missed the opportunity to receive their vaccination at school, or were declined their vaccination because they tested positive for COVID-19 in the last 12 weeks, you have the following alternative options. You will need to accompany your child to any venues offering the vaccination to give consent:

Booking vaccination appointments online

You can book your child's 1st dose online from the day they turn 12. You can usually book their 2nd dose from 24 hours after they had their 1st dose. You'll be offered appointment dates from 12 weeks after their 1st dose. Book a COVID-19 vaccination appointment

Getting the vaccine at a walk-in vaccination site

Your child can get a 1st dose at a walk-in COVID-19 vaccination site from the day they turn 12. They can get a 2nd dose if it's been 12 weeks since their 1st dose. Find a walk-in COVID-19 vaccination site

Kind Regards

The Hertfordshire and East Anglia Community School Age Immunisation Service

Hertfordshire Community NHS Trust

Tel: 0300 555 5055 | e-mail: hct.immsenquiries@nhs.net | Twitter: @HCTNHS





SEND Advice for Parents/Carers

Helpful SEND advice lines for Parents and Carers

| Advice line | Times available (from Sept 2020) |
|---|---|
| Educational Psychology Contact line \$ 01992 588574 | Weds 2pm - 4:30pm |
| SEND Specialist Advice and Support Service* \$\frac{01442}{2} \frac{453920}{2} - \text{term time only} | Specific Learning Difficulties: Mon & Thurs 09:30am - 12pm |
| | Speech Language, Communication & Autism needs: Tues & Weds 1:30pm - 4pm |
| | Early Years: Weds 9am - 12pm Thurs 1:30pm - 4pm |
| | Physical and Neurological Impairment: Mon 1:30pm – 4pm |
| West team Attendance Duty* \$ 01442 454778 | Mon - Fri 09:30 am - 4pm |
| East team Attendance Duty* \$ 01992 555261 | Mon - Fri 09:30 am - 4pm |

Lateral Flow Testing at Lonsdale

Up to one third of people who have coronavirus experience no symptoms. By testing, we will help to stop the virus spread and help to keep our school open as safely as possible. Testing is voluntary, but we as a school would encourage everyone to test regularly.

* also available to schools, settings and professionals

Households, childcare and/or support bubbles who have children/adults that attend/work at schools can pick up home testing kits from local test sites or request home test kits to be delivered by visiting https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests.

Lateral Flow Tests are preferably conducted up to twice a week with a minimum of 3 days and a maximum of 5 days between each test. If you would like to home-test your child, please test Sunday and Wednesday evenings so that results of these tests are ready prior to Monday and Thursday mornings.

All results from LFT need to be reported to the NHS, and this can be done by visiting the following website: https://www.gov.uk/report-covid19-result.

Reporting results to school is no longer required.

If you need more LFT test kits, have any questions and/or queries related to LFT, please contact Andrew Perrett at aperrett@lonsdale.herts.sch.uk.

Cyberbullying

What is Cyberbullying and online Harassment?

- Cyberbullying is any form of bullying which takes place online.
- This can be done over smartphones, tablets, online gaming, chat rooms, social media and more.
- Online harassment is the act of sending offensive, rude and insulting messages and being abusive.
- If someone purposefully keeps sending you offensive messages that make you feel scared, it could be illegal.



- Bullying someone whether online or offline is wrong.
- It can badly affect their mental health.
- Harassing someone and/or sending malicious or threatening messages to someone repeatedly is ILLEGAL.
- If you are found to be cyberbullying someone, there could be criminal consequences.

How to cope with the effects of Cyberbullying

- You must not blame yourself. Noone deserves to treated cruely by anyone.
- It can make you feel very upset, alone and like noone will understand or help you.
- REMEMBER you are not alone and there are lots of people who can help you. Make sure you tell someone and do not try to deal with this on your own.
- For confidential help and advice: NSPCC <u>nspcc.org.uk</u> or Bullying UK bullying.co.uk



What to do if you are being cyberbullied

If someone is bullying you, here is what you can do to put a stop to it....get **SMART**.

5 creenshot any nasty messages.

My privacy settings.

Avoid talking to them any further.

Report the incident on whatever site you are using.

Talk to someone (parent, carer, teacher, friend or the police if necessary).

When to tell the Police

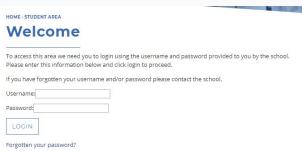
- If you are ever threatened with physical harm, being repeatedly harassed, being sent malicious messages.
- If it's not an immediate emergency, phone 101 or use our online webchat service.
- If it is an immediate emergency phone 999.

www.safe4me. co.uk/portfolio/ cvber-bullving/

safe4me

Visit the Student Area on our website www.lonsdale.herts.sch.uk! You can find lots of activities in the "All Sorts of Things..." tab. Daily Home Learning Plan can be found in your class area for pupils who are not attending school. You will also find weekly homework plans uploaded there.





Log on to find out more!

Then explore your class area and look at 'Ideas Shared by and for Parents'.

Maybe send your feedback?

