



Information and Dates for your Diary

Please see below some diary dates for you:

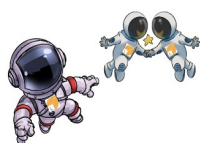
In-school Christmas Fair 10th December 2021

End of Term 17th December 2021

Staff Inset Day 5th January 2022, Pupils return to School 6th January 2022



Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



Whole-School News



This week was Anti-Bullying Week, and the school also joined in with Hertfordshire's 'Just Talk Week' exploring five ways to wellbeing. School purchased an online play 'Hope', which explores the theme of relationships and bullying. This can be accessed until the end of November. Please visit: <https://www.theatre-online.com/watch-hope> or VIMEO: <https://vimeo.com/627218947> and enter our unique password: Nov511AM.

Another highlight of the week was the whole-school assembly where all applicants to the prefect role presented a speech or a video about their qualities and aspirations for this role. The whole school was involved in a democratic vote, with each pupil casting one vote for their favourite prefect candidate. The votes are currently being counted, and the results will be announced next week. You can listen to all the speeches and watch the videos on the 'Student Area' of the website.

And last but not least, we wanted to share that three pupils from V Class completed the Co-Create project this week, joining with other Stevenage schools to make a ghostly film about the Stevenage Heritage, which will be shown when the town celebrates 75 years of Stevenage New Town later on this school year. Congratulations to the three pupils, who have also worked towards an Arts Award whilst making the film.

On Friday, we joined in raising money for 'Children in Need'.

Thank you for all donations!



Dolphin Class:

This week we have used our senses to focus on personal hygiene and hand-washing. The children have listened to the story 'I don't want to wash my hands' by Tony Ross and sequenced how to wash hands through everyday activity and sequencing pictures. They have carried out some experiments to see how germs spread and how washing hands helps to get rid of germs. They have continued to develop their number knowledge through songs and play. They are working really hard with their phonics and early handwriting skills through a range of fine-motor activities. In Art they have used their hands to create butterfly and flower pictures.



Primary News



Bumblebee Class:

This week in the Bumblebee Class, we have continued to design our imaginary planets. We have explored colour, temperature and size in PBL and enjoyed exploring warm and cold items (especially the icy slime). We have also been creating our underpass display in Art, making rockets in Cooking and looked at colours and grouping in Number. In PE we have been practicing moving in different ways, and we're looking forward to making a routine next week. The Bumblebee Class enjoyed some 'Children in Need' activities and songs, too!

Owl Class: This week in Science, the children have been busy looking at the moon and sun and how they appear to move across the sky. The children made a class composition in Music for 'Take Off'. They listened to the Star-Trek theme music and talked about how it made them feel. In PE the children whooshed and spun around the school hall, meeting aliens, shooting stars and planets. In Cooking the children made their picnic to take to the moon, which they enjoyed at snack time. In English, the children have now planned their story for our PBL and are looking forward to writing it next week.

Koala Class:

In Literacy we wrote our letters to Santa, ready to post next week. In Numeracy we worked on subtraction skills and shape. In Topic we used torches to shine through our cardboard constellations. In Life Skills we practiced making a cup of tea and squash. In Cooking we developed our independence skills by making flapjacks. We enjoyed making rain-catchers and putting them outside with Sea Turtles in Forest School.





Secondary News



Wombat Class:

This week we have had fun in Science as we continued our learning about the human digestive system. Having watched some video clips of the system, we then recreated our own, using biscuits which we crushed, sent down the oesophagus into the stomach, added water (acid) and then sent it along the small and large intestines to create our own waste product (brown salt dough!!) The students did exceptionally well at recalling each stage of the process! In English we wrote a new ending to the chapter where the exploding dragon poo landed in the teacher's coffee! In Life Skills, the students learned about the labels found on clothes and how this helped them to decide which washing cycle to put them through. In Cooking we have made sausage pie—we hope you enjoyed it!

Hippopotamus Class:

This week, the Hippopotamus Class have been working extra hard, learning about units of measurement such as millimetres, centimetres & metres in their Maths lessons, and figuring out how to convert between them. In Science this week, they have continued to work on air resistance, including an experiment involving different sized parachutes. The class predicted that a bigger parachute would take longer to reach the ground, and they were right! In Geography this week, the class have continued to learn about the town of Whitby, and Mr Whitehead has continued to attempt a Yorkshire accent throughout the lesson. They learned about different types of land use such as retail, leisure, industrial and housing, before comparing the types of land use in Whitby to Stevenage. The class also thoroughly enjoyed having the chance to take part in a democratic election for our school prefects.

Sea Turtle Class: This week has been Anti-Bullying Week, so we have done lots of activities based around this, such as watching programmes and acting out different scenarios about bullying and making some anti-bullying posters. We also talked about being kind to each other focusing on the theme of 'One Kind Word'. Three of our students applied to be Head Students, so they were involved in a Zoom assembly on Monday during which they told the rest of the school why they wanted to be Head Student. Two of the students created brilliant videos, which were played. They all did an amazing job! During Wednesday and Thursday, the whole school voted for who they would like to become their chosen prefect, so watch this space! This week, we also learnt about the organs in our body, discussing what happens to our food when we eat it. In Creative, the class continued to work on their sub-way project, which is excellent. We also did some orienteering, Maths, reading and played basketball.

Vaquita Class: Another busy week in the world of V Class. We have enjoyed being able to get active with the Mile-A-Day again and been making the most of the fine, dry weather by spending time in the outside spaces. Pupils have taken part in the full democratic process by voting for our school prefects (see above for more details). As Remembrance Day fell on Thursday last week, we created a display window to mark the occasion. Pupils cut, coloured or created their own poppies. In Geography, pupils have been learning about how rural land is used for various functions and have started to analyse which parts of the country are suitable for particular types of farming.

Gorilla Class: This week in Gorilla Class we focused on matching in Maths, and everyone completed the tasks, well done! For Anti-Bullying Week, we watched and discussed a PowerPoint about anti-bullying. We focused on 'One Kind Word', and all had to choose one kind word to add to the school display. We learnt about 'Children in Need' and enjoyed a story about Pudsey's fundraising. Afterwards, we made a split-pin Pudsey. In K&U for our Stevenage topic, we learnt about Jack Wilshere, who was born in Stevenage and played for Arsenal. It was fun filling out a voting ballot to decide who are going to be prefects of the school. The individual presentations were exciting to watch. In Science we learnt about the digestive system and completed an experiment, which involved making poo. It was great fun. We also made some bird feeders, which we hung into the courtyard. We are looking forward to seeing the birds starting to use them.

Tasmanian Devil Class:

Another busy week in class with making our own Lonsdale Weather Station. Over the following weeks, we will be Meteorologists and compile essential weather data. In Science, we have learnt how enzymes help our digestion and keep our bodies healthy. In Maths, we have been working extremely hard on MangaHigh with halves, doubles, quarters and converting them into fractions. In PE, we ventured into the woods to see for ourselves what Autumn brings, such as colour changes, weather changes and changes to the wildlife. In Food Tech, we made lovely sausage pies and hoped you all enjoyed eating them for tea.



Upper School News



Elephant Class: This week Elephants have focused on democracy and voting. In class we voted on contentious statements such 'Arsenal are the best football team' and 'Pineapple is great on pizza'. The students gave their opinions, and we enjoyed a class debate, ending of course with a democratic vote! Tottenham fans will be relieved and happy to know that the Arsenal statement did not win! In Maths we have been focused on number, and in English the students wrote incredible weekend-news sentences! For Art this week, we will be getting to grips with our Christmas Fair project, cleaning jars and decorating them...Watch this space for photos of our Hot Chocolate Reindeer Jars! The students are really enjoying the cycling on Mondays and have become quite competitive with one another, urging the staff to go faster!

Lynx Class: In PSHCE/RSE (ASDAN 'Parenting Awareness') we have been learning about the needs of a new baby and discussing why they seem to cry a lot. We have continued learning about climate change and have discussed the causes and effects of different forms of pollution. In our Outdoor Learning and Creative lessons we chopped up some of the wood that we had gathered from the woods and started the production of our snowmen for sale at the Christmas Fair. We enjoyed putting these together and think that the end result will be very cute! We voted in our school elections for our prefects.



Panda Class:

In English this week, we have been practicing our Speaking and Listening presentations. Topics include The Roan Empire, Anne Frank's fables , Harry Potter and Greek Mythology. We have been running the school elections for our school prefects this week, we will find out the results next week. In PSHCE we have been focusing on National Anti-Bullying week , we watched 'Hope' a play that looks at why people bully, what you should do if you are being bullied and the role of the bystander. Some pupils attended the introductory talk from Herts Ability Driving School.

Lunchtime News from our MSAs

It was great to see most lunchtime clubs return this week, and pupils enjoyed sports club, choir and Cooking Club. A lot of time was spent outside, where pupils enjoyed games of football, hide and seek and walking and chatting with their friends. The film club was well-attended and some pupils enjoyed playing with the Duplo and Lego bricks whilst listening to music.



REP News

Students have settled back into REP routines and related expectations. Peer groups and friendships are developing in a positive way. This Monday, REP welcomed two starters who came for their first tea visit. It was great to see them fit in well and interacting with peers from school and REP staff. The week's activities included swimming sessions, games, music therapy, Disney movies, Boccia, cooking and music therapy.

Governors News



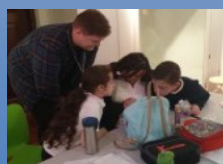
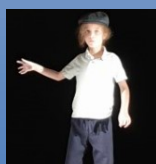
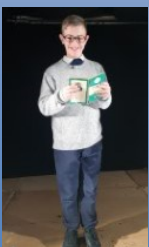
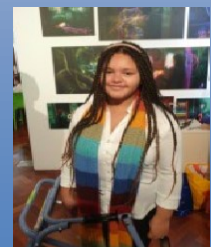
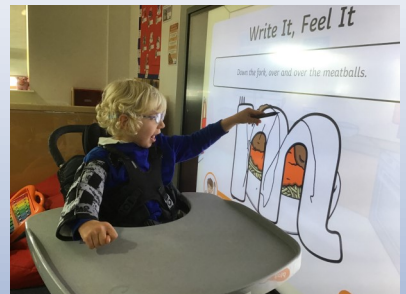
Our governor Katie visited school this week on Monday and spent two sessions with her buddy class, H Class.

She enjoyed their Creative lesson and was amazed by the enthusiasm, with which the class was working on their underpass artwork. She then joined the whole-school assembly to watch the prefect applicants give their speeches. Afterwards, she joined H Class taking their votes for the school prefects. Katie would like to thank everyone for making her so welcome.

Photo Page — 'Zoom into Brilliant Bits'



Photo Page — 'Zoom into Brilliant Bits'





Log in details will work until 30th November 2021:

OUR WEBSITE: <https://www.theatre-online.com/watch-hope> or **VIMEO:** <https://vimeo.com/627218947>

Your unique Password for each link: Nov511AM

#JUSTTALK

**"It's okay to
not be okay"**



**Mental health and
wellbeing
information for
parents and carers
in Hertfordshire**



"Talking shows strength"

Information for parents and carers of children and young people. We all have mental health, and there are things all of us can do to help look after our own wellbeing and mental health, and to support those around us.

Hertfordshire's Just Talk website: www.justtalkherts.org is a central hub of information and resources for parents, carers and young people in Hertfordshire, to help children and young people improve their emotional wellbeing, build their resilience and develop positive coping strategies. It also has details of other organisations who can help if parents, carers, children and young people are struggling:

www.justtalkherts.org

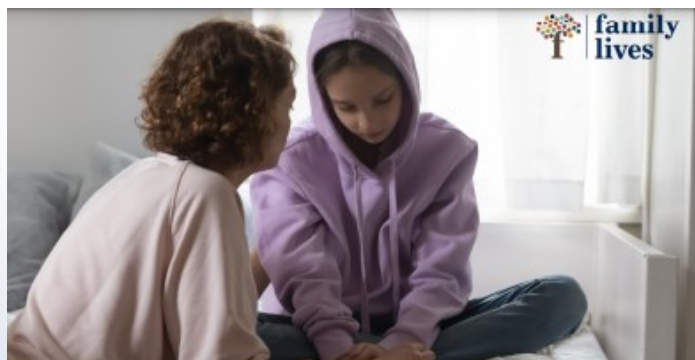
Five Ways to Wellbeing e-learning

Facebook: JustTalkHerts

Instagram: @JustTalkHerts

Twitter: @JustTalkHerts

www.mindedforfamilies.org.uk is a national website for quality assured and free e-learning about young people's mental health and wellbeing.



Getting on with your pre-teen or teenager

This online course is aimed at families with a FFA, CIN, CP OR Youth Justice Plan but places are also available for parents wanting to gain an understanding of the feelings and needs underlying teenager behaviour and knowledge and skills to develop a more positive relationship. Course content may vary depending on needs of the attendees.

When: Wednesday 26th January to 9th March

Time: 9.30am - 11.30am

For more information, contact Louise on 0204 522 8700 or 8701 or email services@familylives.org.uk

 Find us on Facebook @FamilyLivesHertsandBeds

www.familylives.org.uk

We build better family lives together



Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No. 1077722. Registered address: 15-17 The Broadway, Hatfield, Hertfordshire, AL9 5HZ.



Bringing up confident children for parents of children with ADHD/ASD (online group)

Worried about your child? Join our online group and get support to help your child feel more confident and happier. This is an online group and will be delivered via MS Teams.

When: Thursday, 27th January to 10th March 2022

Time: 9.30am - 11.30am

For more information, contact Louise on 0204 522 8700 or 8701 or email services@familylives.org.uk

 Find us on Facebook @FamilyLivesHertsandBeds

www.familylives.org.uk

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Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No. 1077722. Registered address: 15-17 The Broadway, Hatfield, Hertfordshire, AL9 5HZ.

Hertfordshire & Area FASD Support Network

For those who are affected by, caring for or educating someone with diagnosed or suspected Foetal Alcohol Spectrum Disorder caused by exposure to alcohol in utero

Support Group

The support group meets bimonthly. It has been suspended due to COVID but it will be starting up again soon.

FASD Club

The FASD Club meets alongside the Support Group meetings.



Coffee and Chat

We have regular coffee mornings. These have resumed and are currently taking place at Bridget's Cafe, The Priory, High Street, Ware, Herts, SG12 9AL.

Drop ins & phone support

Can be arranged on an individual basis.

Available for talks & training

RSVP

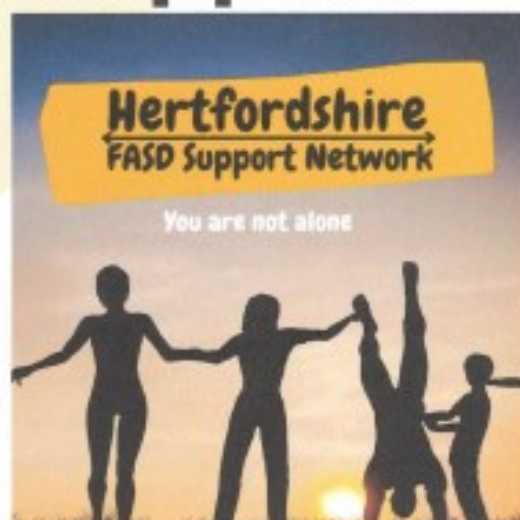
EastHerts.FASDFamilies@gmail.com

Web: ehertsfasd.wordpress.com

Facebook: HertsFASD

Twitter: @EastFASD

You're not alone



For online support: FASD UK Facebook group:
<https://www.facebook.com/groups/FASDUK/>



Learning in the community for Hertfordshire residents aged 19+

Free Winter Short courses

Formerly known as **HAFLS** Hertfordshire Adult Learning Foundation

Evening course option on many courses

Festive Bunting - Knitting for Beginners
2-week course, two start dates;
Tuesday 7th & 14th Dec, 9.45 - 11.45am (online)
Thurs 9th & 16th Dec, 9.45 to 11.45am (Stevenage)

Festive Paper Crafting
2-week course in Waltham Cross
Thursday 25th Nov & 2nd Dec 1pm - 3pm

Crochet for Beginners: Snowflakes
Online, 2-week course, two start dates;
Tuesday 30th Nov, 7th Dec, 6pm to 8pm
Thursday 9th, 16th Dec, 1 - 3pm (Waltham Cross)

Understanding your Mind
Online, 2-week course, two start dates;
Tuesday 23rd & 30th Nov, 10am to 12pm
Monday 29th & 6th Dec, 6pm to 8pm

Get to Grips with Google
2-week course, two start dates;
Wednesday 24th Nov, 1st Dec, 6 to 8pm (online)
Thursday 2nd, 9th Dec, 1 - 3pm (Stevenage)

Intro to Customer Service
2-week online course, starts;
Wednesday 1st Dec & 8th Dec, 6pm to 8pm

Book your place at www.step2skills.org.uk/courses



MATHS & ENGLISH COURSES

AVAILABLE HERE
(PRICE - FREE)

WANT TO DO A MATHS OR ENGLISH COURSE?

TALK TO US

NEED TO IMPROVE YOUR ENGLISH OR MATHS BUT DON'T KNOW WHERE TO START?

Come and have an informal chat with one of our friendly tutors who will be on-site (details below) and can help to identify the right course for you

DATES

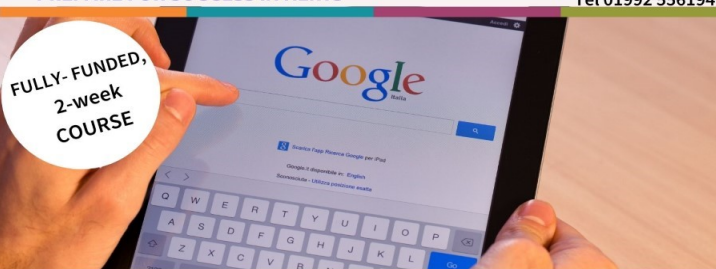
Mon - 29 Nov
Tue - 30 Nov
Mon - 06 Dec
Tue - 07 Dec

DROP-IN TIMES

12 - 3 PM
9:30 - 12 PM
12 - 3 PM
9:30 - 12 PM

LOCATION

Bedwell Community Centre
Stevenage
SG1 1NA



FULLY-FUNDED,
2-week
COURSE

Learning in the community for Hertfordshire residents aged 19+

Get to grips with Google!

This 2 session, face-to-face workshop will help you access Google Classroom and use some of the Google Workspace apps that you need for your course. The workshop will develop your skills and knowledge in the following areas:

- Accessing and using your Google Classroom
- Using Google Meet for your live session
- Use Google Docs to produce leaflets, reports, assignments and collaborate with peers in real time
- Creating and using Google Forms
- Creating and using Google Jamboard



Thursday 2nd and 9th December
| Bedwell Community Centre,
Stevenage, SG1 1NA | 1pm - 3pm

Book your place at www.step2skills.org.uk/courses



Learning in the community for Hertfordshire residents aged 19+

January's Timetable

Formerly known as **HAFLS** Hertfordshire Adult Learning Foundation

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|--|---|--|---|---|--|
| Starts 10th Jan 10am-12pm Writing for Pleasure & Profit Online, 5 weeks £15 | Starts 1st Feb Tues & Thursdays 12.30pm-3.30pm Level 2 Award for Business Administration blended progression course - FREE | Starts 12th Jan 1pm-3pm Family Mindfulness Stevensage 5 weeks £15 | Starts 13th Jan 10am-12pm Sewing for Wellbeing - Advanced Stevensage 5 weeks £15 | Starts 14th Jan 10am-12pm Social Media for Business Online 5 weeks £15 | Have a disability and looking for work? Our Supported Employment team can help |
| Starts 10th Jan 10am-12pm Developing Resilience & Self-esteem Online, 5 weeks £15 | Starts 10th Jan 1pm-3pm Creative Writing Online 5 weeks £15 | Starts 12th Jan 4pm-6pm Family Coding Online 5 weeks £15 | Starts 13th Jan 10am-12pm Family Health Online 5 weeks £15 | Starts 5th Nov 10am-12pm Succeed & Get That Job: ESOL Online 5 weeks £15 | Unemployed? Visit www.step2skills.org.uk/BBO |
| Starts 10th Jan 1pm-3pm Getting Back into Work - Online 5 weeks £15 | Starts 10th Jan 1pm-3pm Getting Back into Work - Online 5 weeks £15 | Starts 2nd Feb Wed & Fridays 9.15am-12.15pm Level 2 Award for Business Administration progression course - FREE | Starts 13th Jan 1pm-3pm Digital Skills for Work: Advanced Stevensage 5 weeks £15 | Starts 13th Jan 1pm-3pm Family Fortunes Online 5 weeks £15 | Accredited English & maths courses at various times on various days. visit our website at www.step2skills.org.uk/englishandmaths |
| Starts 31st Jan Mondays & Weds 6pm-9pm Level 1 Award for Business Admin FREE | | Gain the grades | | | |
| | | Open up new job possibilities! | | | |

Book your place at www.step2skills.org.uk/courses

AUTUMN TERM 2021

WORKSHOPS /COURSES

| | | |
|--|--------------------------|---------------|
| Anger and Conflict Workshop | Thursday 16th September | 10:00 - 11:30 |
| ADHD Parenting Course (4 wks) | Tuesday 21st September | 19:00 - 21:00 |
| Sleep Tight Course (5 wks) | Wednesday 22nd September | 09:30 - 11:30 |
| Understanding Autism Workshop | Monday 27th September | 19:00 - 21:00 |
| Navigating the SEND World Course - Beginning the Journey (3 wks) | Friday 1st October | 09:30 - 11:30 |
| Executive Functioning Workshop | Tuesday 5th October | 18:00 - 19:30 |
| Understanding ADHD Workshop | Thursday 7th October | 11:00 - 12:00 |
| DLA Application Workshop | Friday 8th October | 12:30 - 14:30 |
| Raising Self Esteem Workshop | Monday 11th October | 10:00 - 11:30 |
| Navigating the SEND World Workshop - Beginning the Journey | Wednesday 13th October | 19:00 - 21:00 |
| Emotional Regulation Workshop | Monday 18th October | 18:00 - 19:30 |
| Autistic Girls Workshop | Thursday 21st October | 19:00 - 20:30 |
| Understanding Autism Workshop | Monday 8th November | 10:00 - 11:00 |
| EHCP Annual Review Workshop | Monday 15th November | 19:00 - 20:00 |
| Navigating the SEND World Workshop (Beginning the Journey) | Tuesday 16th November | 10:00 - 12:00 |
| Understanding ADHD Workshop | Thursday 18th November | 19:00 - 20:00 |
| Autistic Girls Workshop | Tuesday 23rd November | 10:00 - 11:30 |
| Puberty Workshop | Wednesday 24th November | 10:00 - 12:00 |
| Anxiety Workshop | Thursday 2nd December | 19:00 - 20:00 |
| EHCP New Application Workshop | Tuesday 7th December | 19:00 - 21:00 |
| Navigating the SEND World Workshop | Wednesday 8th December | 19:00 - 21:00 |
| Understanding Autism and ADHD Workshop | Friday 10th December | 10:00 - 12:00 |



All workshops and courses can be booked via Eventbrite and will be posted on our social media in due course
For further information then please email: training@spaceherts.org.uk or check Eventbrite & our FB pages

All workshops and courses are subject to change, correct at

SEND families



SEND DROP IN

3rd Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own. Children are welcome, no diagnosis needed.

HOW TO BOOK

Log onto our Eventbrite page
to book your place
<https://barnardos-stevenage.eventbrite.co.uk>

MORE INFORMATION

hertsfamilycentres.org Call us
on: 0300 123 7572



Hertfordshire
Family Centre
Service

On behalf of



Delivered by



TALKING ASD & ADHD WORKSHOP: STAYING SAFE ONLINE

For parents and carers of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.



Tuesday
16th November 2021
9.30 - 11.30am

We will help you to learn about:

How your child's diagnosis increases vulnerability online.

What you can do to support any difficulties with online behaviour.

Recognising when something is wrong.

Managing difficult conversations with confidence.

Setting and maintaining boundaries for online use.

Teaching your child to develop their own methods of regulating internet use and staying safe.

Where to access further help and support, both locally and nationally.

"A tricky subject, really well explained. Thank you."

"The best Zoom experience I have had so far!"

An online parenting workshop delivered to your home via Zoom

Full details on how to access and use this will be offered. 

Open to parents and carers across Hertfordshire

Pre-booking essential via Eventbrite

[Talking ASD and ADHD: Staying safe online. For parents/carers in Herts. Registration, Tue 16 Nov 2021 at 09:30 | Eventbrite](#)

Or contact Supporting Links
QUOTING REFERENCE SL424

01442 300185

info@supportinglinks.co.uk

www.supportinglinks.co.uk

Follow on:



This workshop is provided free to parents by Hertfordshire County Council



HPCI Autumn Term Webinars are free and open to book now!

SEN Support in Mainstream Schools – for families whose child may have a special educational need but does not have an EHCP.

[Wednesday 8 September \(10:00 – 11:00\)](#) or [Thursday 9 September \(19:30 – 20:30\)](#)

EHC Needs Assessments part 1 – What is an Education, Health and Care Needs Assessment? Does my child need one and how do I request one?

[Wednesday 15 September \(10:00 – 11:00\)](#) or [Thursday 16 September \(19:30 – 20:30\)](#)

SEND Strategy – for parents and carers who are not able to attend one of the SEND Strategy Community events and would like to hear from Herts County Council about their proposals for a new SEND Strategy.

[Friday 17 September \(10:00 – 11:00\)](#) or [Wednesday 29 September \(19:30 – 20:30\)](#)

Understanding the Local Offer – this session will help you understand what the Local Offer is and how to navigate the website.

[Friday 24 September \(10:00 – 11:00\)](#)

Choosing a secondary school

[Wednesday 6 October \(10:00 – 11:00\)](#)

Choosing a primary school

[Wednesday 13 October \(19:30 – 20:30\)](#)

EHC Needs Assessments part 2 – weeks 6-12 of the 20-week process

[Wednesday 20 October \(10:00 – 11:00\)](#) or [Thursday 21 October \(19:30 – 20:30\)](#)

Tribunals part 1 – How to lodge your appeal

[Tuesday 2 November \(10:00 – 11:00\)](#) or [Wednesday 3 November \(19:30 – 20:30\)](#)

Making Meetings Matter

[Thursday 11 November \(10:00 – 11:00\)](#)

EHCP Annual Reviews

[Tuesday 16 November \(10:00 – 11:00\)](#) or [Wednesday 17 November \(19:30 – 20:30\)](#)

Tribunals part 2 – After you have lodged your appeal

[Tuesday 30 November \(10:00 – 11:00\)](#) or [Wednesday 1 December \(19:30 – 20:30\)](#)

EHC Needs Assessments part 3 - Assessment Feedback / EHCP Planning meeting and beyond

[Tuesday 7 December \(10:00 – 11:00\)](#) or [Wednesday 8 December \(19:30 – 20:30\)](#)

For full details about each webinar, please visit www.hertsparentcarers.org.uk/webinars



Contactline

 **01992 588574**
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**A 'quick queries' service for parents, carers, and young people
(16-25) in Hertfordshire**

Please call if you would like to speak directly to an Educational Psychologist to discuss a child or young person's development, learning or emotional wellbeing, or to find out more about our service.



**From September 2020 Contactline will be available
Wednesday from 2:00pm to 4:30pm**

If you are from an Educational setting and have a query, your school has a link Educational Psychologist with whom any requests for involvement can be raised.



ISL Integrated Services for Learning
working together locally

SEND Advice for Parents/Carers

Helpful SEND advice lines for Parents and Carers

| Advice line | Times available (from Sept 2020) |
|---|---|
| Educational Psychology Contact line ☎ 01992 588574 | Weds 2pm – 4:30pm |
| SEND Specialist Advice and Support Service* ☎ 01442 453920 - term time only | Specific Learning Difficulties: Mon & Thurs 09:30am – 12pm |
| | Speech Language, Communication & Autism needs: Tues & Weds 1:30pm – 4pm |
| | Early Years: Weds 9am – 12pm Thurs 1:30pm – 4pm |
| | Physical and Neurological Impairment: Mon 1:30pm – 4pm |
| West team Attendance Duty* ☎ 01442 454778 | Mon - Fri 09:30 am – 4pm |
| East team Attendance Duty* ☎ 01992 555261 | Mon - Fri 09:30 am – 4pm |

* also available to schools, settings and professionals

Lateral Flow Testing at Lonsdale

Up to one third of people who have coronavirus experience no symptoms. By testing, we will help to stop the virus spread and help to keep our school open as safely as possible. Testing is voluntary, but we as a school would encourage everyone to test regularly.

Households, childcare and/or support bubbles who have children/adults that attend/work at schools can pick up home testing kits from local test sites or request home test kits to be delivered by visiting <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>.

Lateral Flow Tests are preferably conducted up to twice a week with a minimum of 3 days and a maximum of 5 days between each test. If you would like to home-test your child, please test Sunday and Wednesday evenings so that results of these tests are ready prior to Monday and Thursday mornings.

All results from LFT need to be reported to the NHS, and this can be done by visiting the following website: <https://www.gov.uk/report-covid19-result>.

Reporting results to school is no longer required.

If you need more LFT test kits, have any questions and/or queries related to LFT, please contact Andrew Perrett at aperrett@lonsdale.herts.sch.uk.

Cyberbullying

What is Cyberbullying and online Harassment?

- Cyberbullying is any form of bullying which takes place online.
- This can be done over smartphones, tablets, online gaming, chat rooms, social media and more.
- Online harassment is the act of sending offensive, rude and insulting messages and being abusive.
- If someone purposefully keeps sending you offensive messages that make you feel scared, it could be illegal.



Cyberbullying is NOT ACCEPTABLE

- Bullying someone whether online or offline is wrong.
- It can badly affect their mental health.
- Harassing someone and/or sending malicious or threatening messages to someone repeatedly is **ILLEGAL**.
- If you are found to be cyberbullying someone, there could be criminal consequences.

What to do if you are being cyberbullied

If someone is bullying you, here is what you can do to put a stop to it....get **SMART**.

Screenshot any nasty messages.

My privacy settings.

Avoid talking to them any further.

Report the incident on whatever site you are using.

Talk to someone (parent, carer, teacher, friend or the police if necessary).

How to cope with the effects of Cyberbullying

- You must not blame yourself. No one deserves to be treated cruelly by anyone.
- It can make you feel very upset, alone and like no one will understand or help you.
- **REMEMBER** you are not alone and there are lots of people who can help you. Make sure you tell someone and do not try to deal with this on your own.
- For confidential help and advice: NSPCC nspcc.org.uk or Bullying UK bullying.co.uk

When to tell the Police

- If you are ever threatened with physical harm, being repeatedly harassed, being sent malicious messages.
- If it's not an immediate emergency, phone **101** or use our online webchat service.
- If it is an immediate emergency phone **999**.

www.safe4me.co.uk/portfolio/cyber-bullying/

safe4me

Visit the Student Area on our website www.lonsdale.herts.sch.uk! You can find lots of activities in the “All Sorts of Things...” tab. Daily Home Learning Plan can be found in your class area for pupils who are not attending school. You will also find weekly home-work plans uploaded there.



HOME » STUDENT AREA

Welcome

To access this area we need you to login using the username and password provided to you by the school. Please enter this information below and click login to proceed.

If you have forgotten your username and/or password please contact the school.

Username:

Password:

[Forgotten your password?](#)

Log on to find out more!

Then explore your class area and look at ‘Ideas Shared by and for Parents’.

Maybe send your feedback?

HOME » STUDENT AREA » IDEAS SHARED BY AND FOR PARENTS

Ideas Shared by and for Parents


This page is full of ideas which have been sent to us by parents. Thank you, all!

Keep your ideas and thoughts coming; we will update this page regularly...


To get in touch, please email your child's form tutor or use the 'Home Learning Questions' tab.

Have you seen those?


Free Daily Resources For Children




PE with Joe Wicks On YouTube
Week days at 9am but you can visit any time on youtube to view the workout.




Wildlife With with Steve Backshall On Facebook
Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration questions.




Science with Maddie Moate on YouTube
Weekdays 11am. Maddie & Greg chat about science and nature!




Dance with Oti Mabuse On Facebook
Every day at 11.30am but children can view the class at any time.



Maths With Carol Vorderman
Free access to the her maths website:
www.themathsfactor.com



Music with Myleene Klass on YouTube
Twice a week. Next one Friday 27 March 10am, but can view any time.



Storytime With David Walliams
Free story everyday at 11am on his website:
www.worldofdavidwalliams.com

ALL SORTS OF THINGS...

BUMBLEBEES

DOLPHINS

ELEPHANTS

GORILLAS

HIPPOS

KOALAS

LYNX

OWLS

PANDAS

SEA TURTLES

TASMANIAN DEVILS

VAQUITAS

WOMBATS

JOIN THE SPRING WATCH!