



Information and Dates for your Diary

Please see below some diary dates for you:

Half Term 25th-29th October 2021

End of Term 17th December 2021

Staff Inset Day 5th January 2022, Pupils return to School 6th January 2022



Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



Whole-School News



Isn't time flying? It seems like we have just returned to school, and the first half term has already gone. We hope that you will all have a restful and enjoyable holiday week!

This week, half of our school enjoyed a performance of 'Snow White' brought to us by M&M Productions. We were fortunate to secure some funding from the 'Happy Days' Charity to help us bring this professional performance into school. Everyone really enjoyed it!

On Friday, there were a lot of ghosts and ghouls around the school to open the Halloween season.

We also hope that some of you have started receiving the school photographs you bought and that you all had the opportunity to return your photo order forms as well as the orders for the Christmas/Winter cards and gifts. If you have not already send these back, please send them into school on our return on Monday 1st November.



Primary News



Dolphin Class:

It has been a quite week in Dolphin Class, but we have worked really hard on individual Horizon Targets. We have continued to work on houses, using bricks to build, making dens, painting our junk model house and reading different stories about houses. The children have also explored capacity, filling and emptying different containers in messy play, with bears/ bricks, in sand/ water and in messy play with cereals. The children have started to dress up for our calendar pictures linked to the book 'Dear Zoo'. After half term, we will continue on our 'About me' theme, looking at hygiene and senses. Have an enjoyable week off.

Bumblebee Class:

We have been getting excited for Halloween in the Bumblebee Class this week. The Bumblebees enjoyed learning about the history of Halloween, carving pumpkins, and making decorations for the classroom. In Cooking we made Halloween ghosts, and in PBL we enjoyed making and watching our final recording of 'The Little Red Hen'. The children really enjoyed choosing their costumes, recording their lines and watching themselves and their friends. Have a great half term!

Owl Class: In Owl Class, the children have been learning about autumn. They have been describing the signs of autumn, looking at leaves and using them creatively in Art. In Music, the children played along to autumn and Halloween-themed songs. In Cooking, the children melted chocolate and dipped apples in before decorating them. In PE, the children explored different ways to move on the soft-play equipment. The children enjoyed watching and participating in 'Snow White', then writing a thank-you letter telling the actors what they had enjoyed about the play.

Koala Class: In Literacy we wrote our own fables. In Numeracy we solved problems to escape the haunted house, only one survived! In Music we learned how to follow basic music by playing Boomwhackers. In Life Skills we developed our fine-motor skills by making an origami penguin. In Forest School we did some yoga in the woods! In Cooking we developed our independence skills by making croissants. We really enjoyed the pantomime of 'Snow White' and enjoyed doing Halloween games with Sea Turtles and Wombats.



Wombat Class:

Another busy week in the Wombat Class! We all enjoyed our final cycling session on Monday despite the weather! Many thanks to Ros and her team for being so accommodating with our class, and we are looking forward to cycling again in the Spring Term! In English we read the next couple of chapters in our class book and discussed what we would like to see / be in a good friend. On Tuesday we watched the play 'Snow White' by M&M Productions who visited. We all had a great time and thoroughly enjoyed the performance. In Forest Schools we visited the "Enchanted Forest" and hunted for lots of different flora and fauna, giving each other directions. Today we have enjoyed another crazy challenge set by Miss Rose in Task Master and the Halloween disco at the end of the day! Have a great half term!



Hippopotamus Class:

This week, the Hippopotamus Class have been tackling fractions in their Maths lessons. With the help of MangaHigh, they were able to understand halves and quarters as well as partitioning shapes into equal parts. In their Computing lesson this week, the class put together all of their learning over the half term to combine different techniques and create artistic masterpieces on the computer. In Science this week, the class learned about the invention of toothpaste before creating their own toothpaste and putting it to the test. We're still not sure how they get it in the tubes though!



Sea Turtle Class:

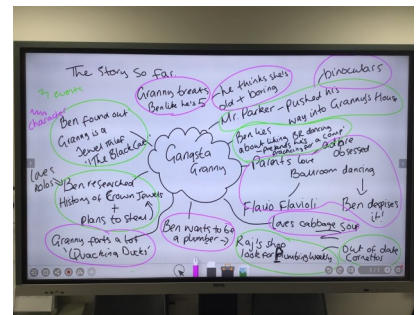
The week started with either swimming or reading and Education City activities. In Geography, we did some more work on the continents of the world, learning where they are, and the class started to do some research on one of the continents which they will finish after half term. The class watched a lovely performance of 'Snow White' on Tuesday, which they enjoyed. In PE, we played some basketball, which was great fun. In Maths, the class became detectives trying to work out Maths clues to find Halloween fugitives! In Forest School, we worked on directions. The students worked in groups and had to direct their group around different routes. In Science, the class became crazy Scientists and did some experiments about liquids dissolving sweets. In Creative, they played the Boomwhackers. Have a great half term holiday!!

Secondary News



Vaquita Class:

This week pupils have been applying their skills at recall and recounting text. They shared what they remembered about events and characters from 'Gangsta Granny', and then began to create their own storyboard or comic strips based on this information. An example of the class task is shown ...



Pupils have also started to look at art created during the 19th century to depict the impacts of the railway network. Pupils were very excited about dressing up for the Halloween disco on Friday. Happy Holidays :)

Gorilla Class:

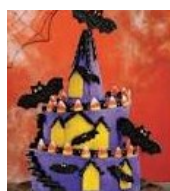
This week the Gorilla Class have had a busy week. They enjoyed getting the sunflower seeds out of the sunflowers we previously dug up. In K&U the children learnt about Halloween and enjoyed making up their own disgusting potions. In PSHCE we learnt about World Mental Health Day and discussed how we look after ourselves. We were really looking forward to the Halloween disco on Friday. Have a wonderful half term and a well deserved break.



Tasmanian Devil Class:

We have had a fun week experimenting with magnetism in Science, exploring and working out which surfaces and objects attract, repel, or aren't magnetic with exciting results. In Maths, we have progressed on to Root, Square and Cube numbers. Ask your child to remember how to work out Square and Cube numbers (the clue is in the shape). In ICT, we have had a Halloween Poster Competition to see how we harness their creativity and illustration skills into a good-looking poster. We have also been practising for our class assembly, which took place on Friday. Have a *spooktacular* half term!





Upper School News

Elephant Class:

Halloween has come early for Elephant Class! We made ghastly, ghoulish, delicious treats in Cooking, in Art we have been making decorations for the disco on Friday, and in Maths we looked at number and addition themed around witches, cats and bats! We have had a brilliant start to the year, Elephant staff team wish the students a lovely week off. See you in a week!

Lynx Class:

During Cooking this week we made a selection of spooky Halloween cakes to take home for our families. In English we read the next chapter from 'The boy who biked the world', we then identified all the verbs in the first page and practised changing from the present to the past tense. In PE we had a Boccia competition. In Maths we had mixed addition and subtraction sums to solve, and we had to remember which method to use to solve them. During our Outdoor Learning lessons we made fat balls for the birds, but when we tried to get them out of the cases, about half of them broke up so we had to put them onto plates—we think that the birds will still enjoy eating our mixtures of seeds and lard!

Panda Class:

In English this week, we were looking at different types of text and we had to decide their formal purpose. We continued to develop our mathematical problem skills through developing our understanding of analogue time. In Science we have been revising our knowledge of electrons. We have been learning about the human reproductive systems in PSHCE/ RSHE as part of our ASDAN unit 'Parenting Awareness', and in Drama we have been bringing our monologues to life by starting to rehearse and develop characterisation, using Stanislavski's 'Given Circumstances' and 'Units and Objectives'.

Lunchtime News from our MSAs

The first half of the week was very mild, and a lot of outdoor activities took place. Pupils were playing football, hide and seek and other group games, whilst some peers sat in the sunshine having a chat with friends. The lunchtime clubs were again well-attended this week.



REP News

"Time flies when we are having fun in REP". Indeed, this has been the case to date with students settling in and getting into a social repertoire that was above expectations. It was a relief to receive last-minute information that the REP's current operating timetable will continue after half term, thus alleviating the anxieties that had recently cropped up.

The REP team wishes everyone a restful half term break!

Governors News



As we head into half term, I just wanted to wish everyone a restful and enjoyable week ahead.

I also wanted to take this opportunity to express my thanks to everyone who took the time to vote in the Parent Governor elections at the end of last term and allow me the opportunity to fulfil another four years as Parent Governor at Lonsdale.

Please be reminded that you can contact me via soliver@lonsdale.herts.sch.uk if there are any matters that you would like me to raise or address with the wider governing board.

Thanks, Steph.

[Steph also shared some personal news, and we congratulate her on the birth to her baby daughter Paige, who is 4 weeks old now.](#)



Photo Page — 'Zoom into Brilliant Bits'

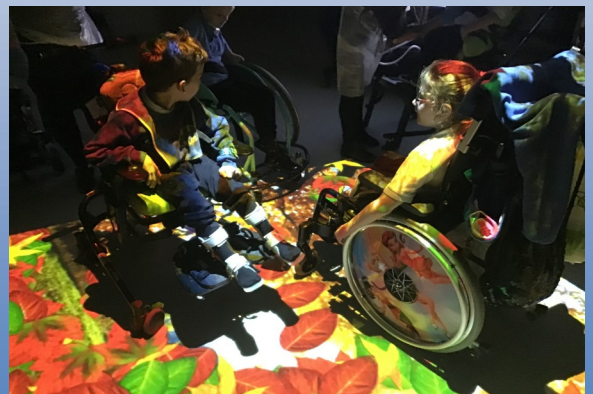
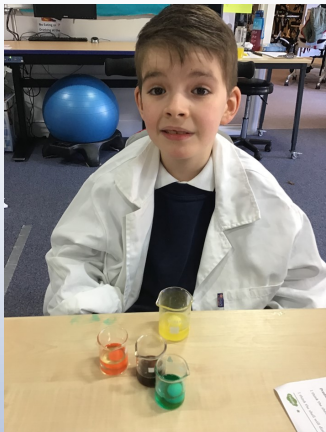
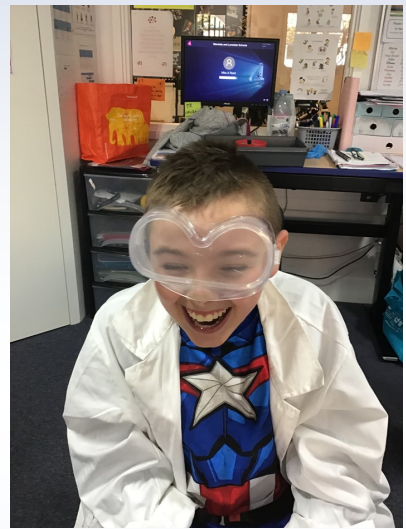
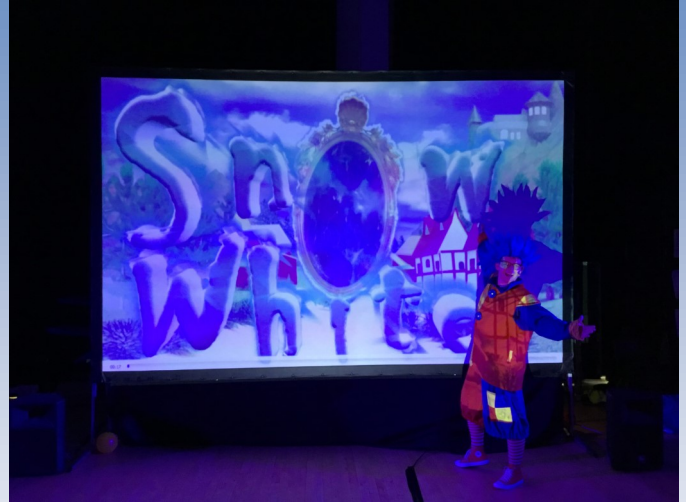


Photo Page — 'Zoom into Brilliant Bits'





Lending SPACE Open Day

Monday 25th October 2021
10am - 2.30pm

Unit 7, Arlington Business Park,
Whittle Way, Stevenage, SG1 2BE

Do you live in Hertfordshire?
Does your child/young person have additional needs?
SPACE are lending out sensory, practical and educational
resources for families to borrow, free of charge.

You are welcome to drop in for a browse, have a hot drink and a chat.

**We will also have some craft activities for children
that want to come along too!**



#lendingSPACE



lendingpace@spaceherts.org.uk



www.spaceherts.org.uk

SUPPORTING FAMILIES IN HERTFORDSHIRE - AUTISM | ADHD | NEURODIVERSE CONDITIONS

REGISTERED CHARITY ENGLAND AND WALES NO: 117 2178

Hertfordshire & Area FASD Support Network

For those who are affected by, caring for or educating someone with diagnosed or suspected Foetal Alcohol Spectrum Disorder caused by exposure to alcohol in utero

Support Group

The support group meets bimonthly. It has been suspended due to COVID but it will be starting up again soon.



FASD Club

The FASD Club meets alongside the Support Group meetings.

Coffee and Chat

We have regular coffee mornings. These have resumed and are currently taking place at Bridget's Cafe, The Priors, High Street, Ware, Herts, SG12 9AL.

Drop ins & phone support

Can be arranged on an individual basis.

Available for talks & training

RSVP

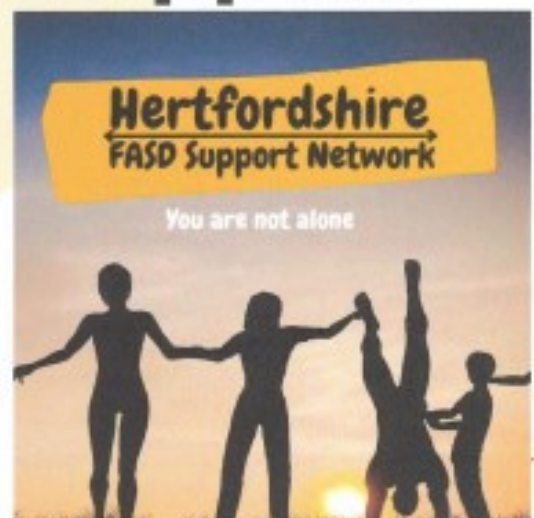
EastHerts.FASDFamilies@gmail.com

Web: ehertsfasd.wordpress.com

Facebook: HertsFASD

Twitter: @EastFASD

You're not alone



For online support: FASD UK Facebook group:
<https://www.facebook.com/groups/FASDUK/>



Autism | ADHD
Neurodiverse Conditions

AUTUMN TERM 2021

WORKSHOPS / COURSES

Anger and Conflict Workshop	Thursday 16th September	10:00 - 11:30
ADHD Parenting Course (4 wks)	Tuesday 21st September	19:00 - 21:00
Sleep Tight Course (5 wks)	Wednesday 22nd September	09.30 - 11.30
Understanding Autism Workshop	Monday 27th September	19:00 - 21:00
Navigating the SEND World Course - Beginning the Journey (3 wks)	Friday 1st October	09:30 - 11.30
Executive Functioning Workshop	Tuesday 5th October	18:00 - 19.30
Understanding ADHD Workshop	Thursday 7th October	11:00 - 12:00
DLA Application Workshop	Friday 8th October	12:30 - 14:30
Raising Self Esteem Workshop	Monday 11th October	10:00 - 11:30
Navigating the SEND World Workshop - Beginning the Journey	Wednesday 13th October	19:00 - 21:00
Emotional Regulation Workshop	Monday 18th October	18:00 - 19:30
Autistic Girls Workshop	Thursday 21st October	19:00 - 20:30
Understanding Autism Workshop	Monday 8th November	10:00 - 11:00
EHCP Annual Review Workshop	Monday 15th November	19:00 - 20:00
Navigating the SEND World Workshop (Beginning the Journey)	Tuesday 16th November	10:00 - 12:00
Understanding ADHD Workshop	Thursday 18th November	19:00 - 20:00
Autistic Girls Workshop	Tuesday 23rd November	10:00 - 11.30
Puberty Workshop	Wednesday 24th November	10:00 - 12:00
Anxiety Workshop	Thursday 2nd December	19:00 - 20:00
EHCP New Application Workshop	Tuesday 7th December	19:00 - 21:00
Navigating the SEND World Workshop	Wednesday 8th December	19:00 - 21:00
Understanding Autism and ADHD Workshop	Friday 10th December	10:00 - 12:00



All workshops and courses can be booked via Eventbrite and will be posted on our social media in due course
For further information then please email: training@spaceherts.org.uk or check Eventbrite & our FB pages

All workshops and courses are subject to change, correct at

SUPPORTING FAMILIES IN HERTFORDSHIRE - AUTISM | ADHD | NEURODIVERSE CONDITIONS

REGISTERED CHARITY ENGLAND AND WALES NO: 117 2178

SEND families



SEND DROP IN

3rd Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own Children are welcome, no diagnosis needed.

HOW TO BOOK

Log onto our Eventbrite page to book your place
<https://barnardos-stevenage.eventbrite.co.uk>

MORE INFORMATION

hertsfamilycentres.org Call us on: 0300 123 7572



TALKING ASD & ADHD WORKSHOP: STAYING SAFE ONLINE

For parents and carers of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.



Tuesday
16th November 2021
9.30 - 11.30am

We will help you to learn about:

How your child's diagnosis increases vulnerability online.

What you can do to support any difficulties with online behaviour.

Recognising when something is wrong.

Managing difficult conversations with confidence.

Setting and maintaining boundaries for online use.

Teaching your child to develop their own methods of regulating internet use and staying safe.

Where to access further help and support, both locally and nationally.

"A tricky subject, really well explained. Thank you."

"The best Zoom experience I have had so far!"

An online parenting workshop delivered to your home via Zoom

Full details on how to access and use this will be offered. 

Open to parents and carers across Hertfordshire

Pre-booking essential via Eventbrite

[Talking ASD and ADHD: Staying safe online. For parents/carers in Herts. Registration, Tue 16 Nov 2021 at 09:30 | Eventbrite](#)

Or contact Supporting Links
QUOTING REFERENCE SL424

01442 300185

info@supportinglinks.co.uk

www.supportinglinks.co.uk

Follow on:



This workshop is provided free to parents by Hertfordshire County Council



HPCI Autumn Term Webinars are free and open to book now!

SEN Support in Mainstream Schools – for families whose child may have a special educational need but does not have an EHCP.

[Wednesday 8 September \(10:00 – 11:00\)](#) or [Thursday 9 September \(19:30 – 20:30\)](#)

EHC Needs Assessments part 1 – What is an Education, Health and Care Needs Assessment? Does my child need one and how do I request one?

[Wednesday 15 September \(10:00 – 11:00\)](#) or [Thursday 16 September \(19:30 – 20:30\)](#)

SEND Strategy – for parents and carers who are not able to attend one of the SEND Strategy Community events and would like to hear from Herts County Council about their proposals for a new SEND Strategy.

[Friday 17 September \(10:00 – 11:00\)](#) or [Wednesday 29 September \(19:30 – 20:30\)](#)

Understanding the Local Offer – this session will help you understand what the Local Offer is and how to navigate the website.

[Friday 24 September \(10:00 – 11:00\)](#)

Choosing a secondary school

[Wednesday 6 October \(10:00 – 11:00\)](#)

Choosing a primary school

[Wednesday 13 October \(19:30 – 20:30\)](#)

EHC Needs Assessments part 2 – weeks 6-12 of the 20-week process

[Wednesday 20 October \(10:00 – 11:00\)](#) or [Thursday 21 October \(19:30 – 20:30\)](#)

Tribunals part 1 – How to lodge your appeal

[Tuesday 2 November \(10:00 – 11:00\)](#) or [Wednesday 3 November \(19:30 – 20:30\)](#)

Making Meetings Matter

[Thursday 11 November \(10:00 – 11:00\)](#)

EHCP Annual Reviews

[Tuesday 16 November \(10:00 – 11:00\)](#) or [Wednesday 17 November \(19:30 – 20:30\)](#)

Tribunals part 2 – After you have lodged your appeal

[Tuesday 30 November \(10:00 – 11:00\)](#) or [Wednesday 1 December \(19:30 – 20:30\)](#)

EHC Needs Assessments part 3 - Assessment Feedback / EHCP Planning meeting and beyond

[Tuesday 7 December \(10:00 – 11:00\)](#) or [Wednesday 8 December \(19:30 – 20:30\)](#)

For full details about each webinar, please visit www.hertsparentcarers.org.uk/webinars





ISL Integrated Services for Learning
working together locally

SEND Advice for Parents/Carers

Helpful SEND advice lines for Parents and Carers

Advice line	Times available (from Sept 2020)
Educational Psychology Contact line ☎ 01992 588574	Weds 2pm – 4:30pm
SEND Specialist Advice and Support Service* ☎ 01442 453920 - term time only	Specific Learning Difficulties: Mon & Thurs 09:30am – 12pm
	Speech Language, Communication & Autism needs: Tues & Weds 1:30pm – 4pm
	Early Years: Weds 9am – 12pm Thurs 1:30pm – 4pm
	Physical and Neurological Impairment: Mon 1:30pm – 4pm
West team Attendance Duty* ☎ 01442 454778	Mon - Fri 09:30 am – 4pm
East team Attendance Duty* ☎ 01992 555261	Mon - Fri 09:30 am – 4pm

* also available to schools, settings and professionals

Lateral Flow Testing at Lonsdale

Up to one third of people who have coronavirus experience no symptoms. By testing, we will help to stop the virus spread and help to keep our school open as safely as possible. Testing is voluntary, but we as a school would encourage everyone to test regularly.

Households, childcare and/or support bubbles who have children/adults that attend/work at schools can pick up home testing kits from local test sites or request home test kits to be delivered by visiting <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>.

Lateral Flow Tests are preferably conducted up to twice a week with a minimum of 3 days and a maximum of 5 days between each test. If you would like to home-test your child, please test Sunday and Wednesday evenings so that results of these tests are ready prior to Monday and Thursday mornings.

All results from LFT need to be reported to the NHS, and this can be done by visiting the following website: <https://www.gov.uk/report-covid19-result>.

Reporting results to school is no longer required.

If you need more LFT test kits, have any questions and/or queries related to LFT, please refer

Cyberbullying

What is Cyberbullying and online Harassment?

- Cyberbullying is any form of bullying which takes place online.
- This can be done over smartphones, tablets, online gaming, chat rooms, social media and more.
- Online harassment is the act of sending offensive, rude and insulting messages and being abusive.
- If someone purposefully keeps sending you offensive messages that make you feel scared, it could be illegal.



Cyberbullying is NOT ACCEPTABLE

- Bullying someone whether online or offline is wrong.
- It can badly affect their mental health.
- Harassing someone and/or sending malicious or threatening messages to someone repeatedly is **ILLEGAL**.
- If you are found to be cyberbullying someone, there could be criminal consequences.

What to do if you are being cyberbullied

If someone is bullying you, here is what you can do to put a stop to it...**get SMART.**

Screenshot any nasty messages.

My privacy settings.

Avoid talking to them any further.

Report the incident on whatever site you are using.

Talk to someone (parent, carer, teacher, friend or the police if necessary).

How to cope with the effects of Cyberbullying

- You must not blame yourself. No one deserves to be treated cruelly by anyone.
- It can make you feel very upset, alone and like no one will understand or help you.
- **REMEMBER** you are not alone and there are lots of people who can help you. Make sure you tell someone and do not try to deal with this on your own.
- For confidential help and advice: NSPCC nspcc.org.uk or Bullying UK bullying.co.uk

When to tell the Police

- If you are ever threatened with physical harm, being repeatedly harassed, being sent malicious messages.
- If it's not an immediate emergency, phone **101** or use our online webchat service.
- If it is an immediate emergency phone **999**.

www.safe4me.co.uk/portfolio/cyber-bullying/

safe4me

Visit the Student Area on our website www.lonsdale.herts.sch.uk! You can find lots of activities in the “All Sorts of Things...” tab. Daily Home Learning Plan can be found in your class area for pupils who are not attending school. You will also find weekly homework plans uploaded there.



HOME - STUDENT AREA

Welcome

To access this area we need you to login using the username and password provided to you by the school. Please enter this information below and click login to proceed.

If you have forgotten your username and/or password please contact the school.

Username:

Password:

[Forgotten your password?](#)

Log on to find out more!

Then explore your class area and look at ‘Ideas Shared by and for Parents’.

Maybe send your feedback?

HOME > STUDENT AREA > IDEAS SHARED BY AND FOR PARENTS

Ideas Shared by and for Parents

This page is full of ideas which have been sent to us by parents. Thank you, all!

Keep your ideas and thoughts coming; we will update this page regularly...

To get in touch, please email your child's form tutor or use the 'Home Learning Questions' tab.

Have you seen those?

Free Daily Resources For Children

PE with Joe Wicks On YouTube
Week days at 9am but you can visit any time on youtube to view the workout.

Wildlife With with Steve Backshall On Facebook
Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration questions.

Science with Maddie Moate on YouTube
Weekdays 11am. Maddie & Greg chat about science and nature!

Dance with Oti Mabuse On Facebook
Every day at 11.30am but children can view the class at any time.

Maths With Carol Vorderman
Free access to the her maths website: www.themathsfactor.com

Music with Myleene Klass on YouTube
Twice a week. Next one Friday 27 March 10am, but can view any time.

Storytime With David Walliams
Free story everyday at 11am on his website: www.worldofdavidwalliams.com

- ALL SORTS OF THINGS...
- BUMBLEBEES
- DOLPHINS
- ELEPHANTS
- GORILLAS
- HIPPUS
- KOALAS
- LYNX
- OWLS
- PANDAS
- SEA TURTLES
- TASMANIAN DEVILS
- VAQUITAS
- WOMBATS
- JOIN THE SPRING WATCH!