



### Information and Dates for your Diary

Please see below some diary dates for you:

School Photos—4/5th October 2021

Parents' Consultation (Face-to-face or virtual) - 20th October 2021 4-6pm

Half Term 25th-29th October 2021

End of Term 17th December 2021

Staff Inset Day 5th January 2022, Pupils return to School 6th January 2022

Please note that all EHCP Annual Reviews will have the option to be conducted remotely via Teams or telephone or can be attended in person. A list of dates for the academic year can be found on the website.



### Whole-School News



We had a busy week this week here at Lonsdale. The weather was glorious, and a lot of PE sessions and Outdoor Learning happened in the outdoor spaces. On Tuesday, classes planted bulbs in trainers in memory of Miss Hughes. We will send some pictures when the plants have started to grow. Thank you to everyone who donated some old shoes!

Another highlight of the week was the Macmillan Coffee Morning on Friday. It was amazing to see so many cakes and biscuits in one place, and everyone got together in the morning to enjoy some sweet treats and drinks with friends. Thank you so much for the cake, biscuit and money donations. We will let you know in next week's newsletter how much we raised and post some photos. A big 'Thank You!' also goes to the Upper School classes who organised the event and all groups who were busily baking in their Cooking sessions this week!



### Primary News



**Dolphin Class:** This week in Dolphin Class, we have started to learn about each other and our families. We have read the book 'The family book' and made our own using photos from home (Thank you!). We have drawn around the children, and then they painted the outlines. Watch out for the Dolphin Class portrait! In Maths we have learnt positional language and played with toys, putting them in, on, off, under, behind, up and down. The children have continued to work hard on their fine-motor skills, with a range of activities. They have learnt three new phonic sounds through sensory experiences, s, a and t. In PE they moved over, under and through, linking to Maths learning. They made pizza faces in Cooking.

**Bumblebee Class:** In PBL this week, Bumblebee Class have been learning about the differences between various animals and people, exploring big and small objects and looking at how we get bigger as we grow. The children began to explore what a play is, they watched a production of 'The three little pigs' and re-enacted it in our role play area. In RE we have been exploring how food grows and the harvest festival; all of the Bumblebees used different vegetables to create an autumn-themed harvest painting! In Art the children have painted their own self-portraits based on what they saw in the mirror!

**Owl Class:** In PBL this week the children have begun to find out about how to write a play. The children read a play on Bug Club and performed 'The Three Billy Goats's Gruff'. In Maths the children have been doing lots of reading numbers and matching Numicon to the numerals. In Cooking the children had a go at grating potatoes to make potato latkes. In Art the children used potatoes to make some print pictures. The children have been sorting pictures of food into healthy and unhealthy options. In Music the children continued to explore feelings and different emotions in composed music.

**Koala Class:** In Literacy we read the fable 'The Fox and the Crow' and answered some questions. In Numeracy we looked at subtraction and length. In Topic we discussed the different parts of the body in animals. In Art we joined with Sea Turtles and mixed up paints to make different colours. In Life Skills we 'went shopping in Tesco' and bought snacks. In Forest School we completed a rainbow treasure hunt. In Cooking we developed our independence skills by making pancakes.



#### Wombat Class:

This week we have continued to read our class book 'The Boy who Grew Dragons' in English, and discovered that cats and dragons are not friends! In Science we are learning about friction, and made a start on finding out which surfaces slow down toy cars. In PE we enjoyed some time on the play-ground in our walkers or power chairs, as well as practicing our Boccia skills. We have been enjoying our afternoon wellbeing sessions with some more cycling with Ros and her team. On Tuesday we planted some bulbs in old trainers and boots, and on Wednesday we joined the Sea Turtles for some Forest School fun, where we created a map using some natural resources.



#### Hippopotamus Class:

It's been an exciting and unseasonably warm September week in the Hippo classroom. In Maths this week, the class have been working on multiplication, which has involved brushing up on their times tables, as well as multiplying numbers by 10, 100 and 1000. In their Computing lesson this week, the class continued to get creative, this time creating computer-art based on the work of Picasso. Science has been particularly fun this week – we learned about Maria Telkes and her work on solar panels, before building our own solar ovens. We were a bit worried that they might work so well that they set on fire, or possibly blow up, but fortunately, they stayed intact. Heating up to a toasty 55 degrees, they were warm but sadly not quite hot enough to bake a cake for Friday's Macmillan Coffee Morning.



#### Sea Turtle Class:

Another busy week! The swimmers loved their session on Monday whilst the rest of the class joined V class in PE. In Cooking, the class made some lovely smelling cakes. In Science, we started our new topic of 'Scientists and Inventors'. This week, we learnt about deforestation in Madagascar and the conservationist, Gerald Durrell, who worked very hard to help save the unique animals and wildlife of the island. We also did an investigation about deforestation. On Tuesday afternoon, the class planted bulbs in shoes and trainers in memory of Miss Hughes. In PE, we played some balloon hockey and in Maths the students worked on individual skills and time. In Forest Schools, the students worked in groups to collect natural items to create their own map of their choice. There were some excellent creations! In Art we joined with Koalas to mix paints together to create different colours.

## Secondary News



**Vaquita Class:** Lots of messy learning this week, while taking advantage of the lovely weather. The pictures show pupils creating mini 'forests' in bottles to demonstrate the effects of deforestation, and what happens to the soil, when no plants are there to hold it in place when it rains.



#### Gorilla Class:

In English the class have been using adjectives to describe dragons—this is inspired by the reading of our book 'The Boy Who Grew Dragons'. In Maths they have been practising identifying the number before and after. In Life Skills they have been looking at the laundry labels on clothing and finding out what they mean—they have started a new display showing what they have learnt. The work on forces in Science has involved an experiment on friction, observing the impact different surfaces have when a wheeled vehicle travels across them. The children enjoyed planting bulbs in trainers and shoes, which was in memory of Miss Hughes.



#### Tasmanian Devil Class:

Another busy week in Tasmanian Devils Class; in Science we have been experimenting how friction has an impact on how things move. We looked at how jelly doesn't move on a tray, but when oil is added, friction changes. In Maths we have been working on 'Place Values' and put numbers in order with 2,3 and 4 decimal places. We are also still in Ancient Greece and compare life in Athens and Sparta. We have also been inventing a brand-new device that allows inputting and outputting data with lots of success, not quite a time machine but 'Great Scott', haven't they all worked well!



## Upper School News



### Elephant Class:

Elephants have had a busy week, focusing on seasons and time in Maths and Art. They created shields in English themed around 'How to Train your Dragon' and looked at personal development and emotions in PSHCE. All P16ers got involved in helping to plan and prepare for the Macmillan Coffee Morning on Friday.



**Lynx Class:** We have been busy baking cakes for the Macmillan coffee morning and cleaning all the crockery and utensils that we will be using on Friday, we also helped to untangle all the bunting for decoration and find the missing letters. In English we have been learning about homophones and using a dictionary to find the meanings of words. In maths we are ordering decimals and relating these skills to money. In our outdoor learning lesson we learnt about sensory gardens and thought about how we could make one, we went outside to use each of our senses and are hoping to research some plants which would appeal to each sense.

### Panda Class:

In English we have been consolidating spelling, punctuation and grammar rules. In Maths we have been learning to use fractions and decimals. In Chemistry we learned about protons, neutrons and electrons, we used chocolate in the learning process. In Drama we watched 'Freedom Writers', this film is our stimulus for our performance work this term. We started to discuss possible themes for our final improvised performance. We have worked hard to prepare for Macmillan Coffee Morning, linking into our 'Community Action' unit for our ASDAN qualification.

## Lunchtime News from our MSAs

This week all classes took a poll to vote on lunchtime clubs our pupils would like to join. Staff are busy preparing for the re-starting of the clubs. The weather was good this week, so all pupils enjoyed some lunchtime outside. Football and sports remain a secondary favourite whilst primary pupils enjoy music and dancing in the sunshine.

## REP News

REP has been open for three weeks already. It seems like ages, because we are all having so much fun! For the time being, student are accessing REP in two groups (Monday and Wednesday).

This week students from both groups have taken part in swimming, music therapy painting, and they enjoyed the social interaction and leisure time together.

We all look forward to another great week next week and beyond.

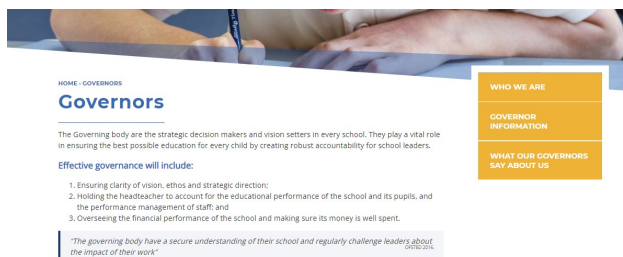
Leo Matariro, REP Manager

## Governors News



Did you know that we have an area on our school website where you can find out more about our school governors?

<https://www.lonsdale.herts.sch.uk/page/?title=Governors&pid=9>





# Photo Page — 'Zoom into Brilliant Bits'



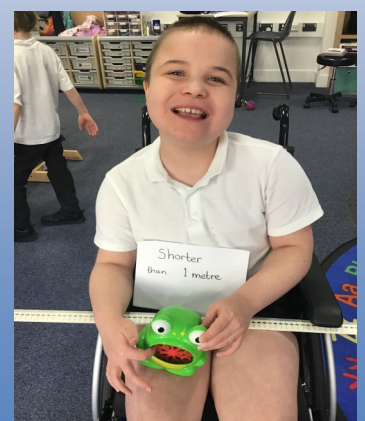


# Photo Page — 'Zoom into Brilliant Bits'





# Photo Page — 'Zoom into Brilliant Bits'





## AUTUMN TERM 2021

## WORKSHOPS /COURSES

Anger and Conflict Workshop	Thursday 16th September	10:00 - 11:30
ADHD Parenting Course (4 wks)	Tuesday 21st September	19:00 - 21:00
Sleep Tight Course (5 wks)	Wednesday 22nd September	09:30 - 11:30
Understanding Autism Workshop	Monday 27th September	19:00 - 21:00
Navigating the SEND World Course - Beginning the Journey (3 wks)	Friday 1st October	09:30 - 11:30
Executive Functioning Workshop	Tuesday 5th October	18:00 - 19:30
Understanding ADHD Workshop	Thursday 7th October	11:00 - 12:00
DLA Application Workshop	Friday 8th October	12:30 - 14:30
Raising Self Esteem Workshop	Monday 11th October	10:00 - 11:30
Navigating the SEND World Workshop - Beginning the Journey	Wednesday 13th October	19:00 - 21:00
Emotional Regulation Workshop	Monday 18th October	18:00 - 19:30
Autistic Girls Workshop	Thursday 21st October	19:00 - 20:30
Understanding Autism Workshop	Monday 8th November	10:00 - 11:00
EHCP Annual Review Workshop	Monday 15th November	19:00 - 20:00
Navigating the SEND World Workshop (Beginning the Journey)	Tuesday 16th November	10:00 - 12:00
Understanding ADHD Workshop	Thursday 18th November	19:00 - 20:00
Autistic Girls Workshop	Tuesday 23rd November	10:00 - 11:30
Puberty Workshop	Wednesday 24th November	10:00 - 12:00
Anxiety Workshop	Thursday 2nd December	19:00 - 20:00
EHCP New Application Workshop	Tuesday 7th December	19:00 - 21:00
Navigating the SEND World Workshop	Wednesday 8th December	19:00 - 21:00
Understanding Autism and ADHD Workshop	Friday 10th December	10:00 - 12:00



All workshops and courses can be booked via Eventbrite and will be posted on our social media in due course  
For further information then please email: [training@spaceherts.org.uk](mailto:training@spaceherts.org.uk) or check Eventbrite & our FB pages

*All workshops and courses are subject to change, correct at*

## **RAISING SELF ESTEEM**

**Monday 11<sup>th</sup> October 2021**

**10AM - 11.30AM**

Content that will be covered in this workshop include:

- *What is self-esteem?*
- *Profiles of children with low and high self esteem*
- *Exploring how the words we use affect children's self esteem*
- *Strategies to raise self-esteem and increase motivation*

This workshop is presented by Susan Brooks who is a Chartered Educational Psychologist and an Associate Fellow of the British Psychological Society.

**THIS WORKSHOP IS AIMED AT PARENT / CARERS OF PRIMARY AGED CHILDREN**



Please use the Eventbrite link below to request your place:

<https://www.eventbrite.co.uk/e/raising-self-esteem-tickets-166810477629>

*Limited Places Available*



training@spaceherts.org.uk



www.spaceherts.org.uk

admin@spaceherts.org.uk





**Did your child start Secondary School in September 2021?**

**Do you have concerns?**

**Are you feeling anxious?**

**Would you like some advice?**

**Would you like to talk to other parents?**

We would like to invite any parents or carers within the DSPL2 area to book onto **one** of our online sessions around Post-Transition to Secondary School via MS Teams.

Monday 11<sup>th</sup> October 2021 at 2:00-3:00pm

Or

Wednesday 13<sup>th</sup> October 2021 at 10:00-11:00am

Please note these sessions are aimed at providing advice and support for parents/carers only.

Book your space by Monday 4<sup>th</sup> October 2021

Email [d.hansen@peartreespring.herts.sch.uk](mailto:d.hansen@peartreespring.herts.sch.uk)



## Supporting transition from KS1 to KS2

**Did your child start KS2 in September 2021?**

**Do you have concerns?**

**Are you feeling anxious?**

**Would you like some advice?**

**Would you like to talk to other parents?**

We would like to invite any parents or carers within the DSPL2 area to book onto our online session around Post-Transition from KS1 to KS2 Learning via MS Teams.

Monday 18<sup>th</sup> October 2021 at 10:00am - 11:30am

Please note these sessions are aimed at providing advice and support for parents/carers only.

Book your space by Monday 11<sup>th</sup> October 2021

Email [d.hansen@peartreespring.herts.sch.uk](mailto:d.hansen@peartreespring.herts.sch.uk)



**Did your child start Reception in September 2021?**

**Do you have concerns?**

**Are you feeling anxious?**

**Would you like some advice?**

**Would you like to talk to other parents?**

We would like to invite any parents or carers within the DSPL2 area to book onto our online session around Post-Transition to a Reception Class via MS Teams.

Monday 11<sup>th</sup> October 2021 at 10:00am - 11:30am

Please note these sessions are aimed at providing advice and support for parents/carers only.

Book your space by Monday 4<sup>th</sup> October 2021

Email [d.hansen@peartreespring.herts.sch.uk](mailto:d.hansen@peartreespring.herts.sch.uk)





## September 2021 Zoom Parent Network

Parent Network is open to ANY parent in the UK caring for a child with any Special Education Needs including those awaiting assessment or diagnosis.

If you would like to join us, email [bookings@familiesinfocus.co.uk](mailto:bookings@familiesinfocus.co.uk) and we'll send you the Zoom codes

Early Years <b>zoom</b> with Tracey and Georgie	Wednesday September 8th 9.30 - 11.30am	Smooth transitions e.g. Home to school
<b>zoom</b> with Francine and Lesley	Thursday September 9th 9.30-11.30am	Open forum and mindfulness with Helena Marks-Dwyer, independent SEND consultant
<b>zoom</b> with Francine and Lesley	Monday September 13th 7-9pm	How different parenting styles impact children
<b>zoom</b> with Vicky and Sharon	Wednesday September 15th 9.30 - 11.30am	Let's pop the kettle on - SEND chat, giggles and a cuppa
<b>zoom</b> with Siobhann	Monday September 20th 10am-12pm	Voice of a child in EHCP with Helena Marks-Dwyer, independent SEND consultant
Teens 15+ <b>zoom</b> with Finola and Karen	Tuesday September 21st 7-9pm	Building a community of shared experiences
<b>zoom</b> with Siobhann and Sharon	Thursday September 23rd 7-9pm	Preparing pre-teens for the way forward

Parents who have attended previous sessions will receive a text invitation to join the virtual meetings



@familiesinfocus.co.uk



@familiesinfocus



@FiFHerts

[www.familiesinfocus.co.uk](http://www.familiesinfocus.co.uk)



# Parent Network





**SPACE ONLINE EXCLUSIVE**

# **ONLINE LEGO CLUB**

**Wednesday 6<sup>th</sup> October 2021**  
**6PM - 7PM**



**SPACE** in conjunction with **Master Builders** are delighted to be able to offer interactive monthly lego club. We will play lego themed games like spot the difference, scavenger hunt, build creations together and follow with show and tell to celebrate our builds, looking forward to seeing you all!

**MASTER BUILDERS**

Please use the Eventbrite link below to request your place:

<https://www.eventbrite.co.uk/e/online-lego-club-tickets-169834622929>

**Limited Places Available**

events@spaceherts.org.uk



www.spaceherts.org.uk

**SUPPORTING FAMILIES IN HERTFORDSHIRE - AUTISM | ADHD | NEURODIVERSE CONDITIONS**

REGISTERED CHARITY ENGLAND AND WALES NO: 117 2178

## **HPCI Autumn Term Webinars are free and open to book now!**

**SEN Support in Mainstream Schools** – for families whose child may have a special educational need but does not have an EHCP.

[Wednesday 8 September \(10:00 – 11:00\)](#) or [Thursday 9 September \(19:30 – 20:30\)](#)

**EHC Needs Assessments part 1** – What is an Education, Health and Care Needs Assessment? Does my child need one and how do I request one?

[Wednesday 15 September \(10:00 – 11:00\)](#) or [Thursday 16 September \(19:30 – 20:30\)](#)

**SEND Strategy** – for parents and carers who are not able to attend one of the SEND Strategy Community events and would like to hear from Herts County Council about their proposals for a new SEND Strategy.

[Friday 17 September \(10:00 – 11:00\)](#) or [Wednesday 29 September \(19:30 – 20:30\)](#)

**Understanding the Local Offer** – this session will help you understand what the Local Offer is and how to navigate the website.

[Friday 24 September \(10:00 – 11:00\)](#)

**Choosing a secondary school**

[Wednesday 6 October \(10:00 – 11:00\)](#)

**Choosing a primary school**

[Wednesday 13 October \(19:30 – 20:30\)](#)

**EHC Needs Assessments part 2** – weeks 6-12 of the 20-week process

[Wednesday 20 October \(10:00 – 11:00\)](#) or [Thursday 21 October \(19:30 – 20:30\)](#)

**Tribunals part 1** – How to lodge your appeal

[Tuesday 2 November \(10:00 – 11:00\)](#) or [Wednesday 3 November \(19:30 – 20:30\)](#)

**Making Meetings Matter**

[Thursday 11 November \(10:00 – 11:00\)](#)

**EHCP Annual Reviews**

[Tuesday 16 November \(10:00 – 11:00\)](#) or [Wednesday 17 November \(19:30 – 20:30\)](#)

**Tribunals part 2** – After you have lodged your appeal

[Tuesday 30 November \(10:00 – 11:00\)](#) or [Wednesday 1 December \(19:30 – 20:30\)](#)

**EHC Needs Assessments part 3** - Assessment Feedback / EHCP Planning meeting and beyond

[Tuesday 7 December \(10:00 – 11:00\)](#) or [Wednesday 8 December \(19:30 – 20:30\)](#)

For full details about each webinar, please visit [www.hertsparentcarers.org.uk/webinars](http://www.hertsparentcarers.org.uk/webinars)





# Contactline

 **01992 588574**  
oooooooooooooooooooooooooooo

**A 'quick queries' service for parents, carers, and young people  
(16-25) in Hertfordshire**

Please call if you would like to speak directly to an Educational Psychologist to discuss a child or young person's development, learning or emotional wellbeing, or to find out more about our service.



**From September 2020 Contactline will be available  
Wednesday from 2:00pm to 4:30pm**

If you are from an Educational setting and have a query, your school has a link Educational Psychologist with whom any requests for involvement can be raised.

# Integrated Services for Learning **Statutory SEND Duty lines**

**ISL** Integrated  
Services for  
Learning

working together locally

A general queries and advice line for schools, parents/carers and professionals for matters relating to the Education Health and Care Plan (EHCP) process for children and young people with Special Educational Needs and Disabilities (SEND).



ISL Geographical Area Team	📞 Main line	📞 Alternative line
East Herts, Broxbourne, Welwyn and Hatfield	01992 588562	01438 844185
North Herts and Stevenage	01438 843758	01438 844707
St Albans and Dacorum	01442 453300	01442 453387
Watford, Three Rivers and Hertsmere	01442 454012	01442 453529

**Available 9am-17:30pm Monday to Thursday  
and 9am-16:30pm Fridays**

**\*\*For support for case specific queries, please contact your allocated SEND Officer/Caseworker assistant. \*\***



**ISL** Integrated  
Services for  
Learning

working together locally

## **SEND Advice for Parents/Carers**

*Helpful SEND advice lines  
for Parents and Carers*

Advice line	Times available (from Sept 2020)
<b>Educational Psychology Contact line</b> 📞 01992 588574	Weds 2pm – 4:30pm
<b>SEND Specialist Advice and Support Service*</b> 📞 01442 453920 - term time only	<b>Specific Learning Difficulties:</b> Mon & Thurs 09:30am – 12pm
	<b>Speech Language, Communication &amp; Autism needs:</b> Tues & Weds 1:30pm – 4pm
	<b>Early Years:</b> Weds 9am – 12pm Thurs 1:30pm – 4pm
	<b>Physical and Neurological Impairment:</b> Mon 1:30pm – 4pm
<b>West team Attendance Duty*</b> 📞 01442 454778	Mon - Fri 09:30 am – 4pm
<b>East team Attendance Duty*</b> 📞 01992 555261	Mon - Fri 09:30 am – 4pm

\* also available to schools, settings and professionals



# Cyberbullying

## What is Cyberbullying and online Harassment?

- Cyberbullying is any form of bullying which takes place online.
- This can be done over smartphones, tablets, online gaming, chat rooms, social media and more.
- Online harassment is the act of sending offensive, rude and insulting messages and being abusive.
- If someone purposefully keeps sending you offensive messages that make you feel scared, it could be illegal.



## Cyberbullying is NOT ACCEPTABLE

- Bullying someone whether online or offline is wrong.
- It can badly affect their mental health.
- Harassing someone and/or sending malicious or threatening messages to someone repeatedly is **ILLEGAL**.
- If you are found to be cyberbullying someone, there could be criminal consequences.

## What to do if you are being cyberbullied

If someone is bullying you, here is what you can do to put a stop to it....get **SMART**.

**S**creenshot any nasty messages.

**M**y privacy settings.

**A**void talking to them any further.

**R**eport the incident on whatever site you are using.

**T**alk to someone (parent, carer, teacher, friend or the police if necessary).

## How to cope with the effects of Cyberbullying

- You must not blame yourself. No one deserves to be treated cruelly by anyone.
- It can make you feel very upset, alone and like no one will understand or help you.
- **REMEMBER** you are not alone and there are lots of people who can help you. Make sure you tell someone and do not try to deal with this on your own.
- For confidential help and advice: NSPCC [nspcc.org.uk](http://nspcc.org.uk) or Bullying UK [bullying.co.uk](http://bullying.co.uk)

## When to tell the Police

- If you are ever threatened with physical harm, being repeatedly harassed, being sent malicious messages.
- If it's not an immediate emergency, phone **101** or use our online webchat service.
- If it is an immediate emergency phone **999**.

[www.safe4me.co.uk/portfolio/cyber-bullying/](http://www.safe4me.co.uk/portfolio/cyber-bullying/)

**safe4me**

Visit the Student Area on our website [www.lonsdale.herts.sch.uk](http://www.lonsdale.herts.sch.uk)! You can find lots of activities in the “All Sorts of Things...” tab. Daily Home Learning Plan can be found in your class area for pupils who are not attending school. You will also find weekly home-work plans uploaded there.



HOME » STUDENT AREA

## Welcome

To access this area we need you to login using the username and password provided to you by the school. Please enter this information below and click login to proceed.

If you have forgotten your username and/or password please contact the school.

Username:

Password:

[Forgotten your password?](#)

Log on to find out more!

Then explore your class area and look at ‘Ideas Shared by and for Parents’.

Maybe send your feedback?

HOME » STUDENT AREA » IDEAS SHARED BY AND FOR PARENTS

## Ideas Shared by and for Parents


This page is full of ideas which have been sent to us by parents. Thank you, all!

Keep your ideas and thoughts coming; we will update this page regularly...


To get in touch, please email your child's form tutor or use the 'Home Learning Questions' tab.

Have you seen those?


### Free Daily Resources For Children




**PE with Joe Wicks On YouTube**  
Week days at 9am but you can visit any time on youtube to view the workout.




**Wildlife With with Steve Backshall On Facebook**  
Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration questions.




**Science with Maddie Moate on YouTube**  
Weekdays 11am. Maddie & Greg chat about science and nature!




**Dance with Oti Mabuse On Facebook**  
Every day at 11.30am but children can view the class at any time.



**Maths With Carol Vorderman**  
Free access to the her maths website:  
[www.themathsfactor.com](http://www.themathsfactor.com)



**Music with Myleene Klass on YouTube**  
Twice a week. Next one Friday 27 March 10am, but can view any time.



**Storytime With David Walliams**  
Free story everyday at 11am on his website:  
[www.worldofdavidwalliams.com](http://www.worldofdavidwalliams.com)

ALL SORTS OF THINGS...

BUMBLEBEES

DOLPHINS

ELEPHANTS

GORILLAS

HIPPOS

KOALAS

LYNX

OWLS

PANDAS

SEA TURTLES

TASMANIAN DEVILS

VAQUITAS

WOMBATS

JOIN THE SPRING WATCH!