

2018-2019

Concepts Being Covered

PSHE helps students acquire the knowledge, understanding and skills they need to manage their lives now and in the future. As part of a whole-school approach, PSHE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. PSHE education equips pupils to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices and in achieving economic wellbeing.

PSHE education contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

PSHE can help reduce or remove many of the barriers to learning experienced by pupils, significantly improving their capacity to learn and achieve. It makes a significant contribution to pupils' spiritual, moral, social and cultural (SMSC) development, their behaviour and safety and the school's statutory responsibility to promote pupils' wellbeing. In addition, the learning provided through a comprehensive PSHE education provision is essential to safeguarding pupils, as Ofsted has set out.

The aim for PSHE education is to provide pupils with:

- accurate, balanced and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives
- opportunities to develop positive personal attributes such as resilience, self-confidence, self-esteem, and empathy

Key Terms – Identity, Relationships, Healthy Lifestyle, Behaviours, Staying Safe, Diversity, Equality, Rights, Change, Resilience, Career

*Linked to Work Related Learning – WRL Co-ordinator: SN

Curriculum Overview Primary

<u>Autumn Term</u>	<u>Spring Term</u>	<u>Summer Term</u>
<ul style="list-style-type: none"> • All About Me, Family & My Friends • My School Day • How to be healthy, food & personal hygiene 	<ul style="list-style-type: none"> • Celebrations - Halloween, Diwali, Christmas, Easter, Hanukkah, Harvest, Thanks Giving, Holi, Ramadan, Eid Al Fitr • Project work on a specific celebration 	<p>People who help us - Police, Ambulance, Firefighter, Doctor, Nurse, Dentist</p> <p>Project work about one of the jobs and how they help the community.</p>

Curriculum Overview KS3/KS4

<u>Autumn Term</u>	<u>Spring Term</u>	<u>Summer Term</u>
<ul style="list-style-type: none"> • All About Me, Family & Friends • My School Day • Coping with change from Primary to secondary, feelings • People who help us • What do we want to be when we are older - project 	<ul style="list-style-type: none"> • Health & fitness, keeping healthy, exercise and diet, leisure time, personal hygiene • Going green - reduce, reuse, recycling, fair trade 	<ul style="list-style-type: none"> • British values • Celebrations - Halloween, Diwali, Christmas, Easter, Hanukkah, Harvest, Thanks Giving, Holi, Ramadan, Eid Al Fitr • Project work on a specific celebration

Curriculum Overview Upper School/ P16

<u>Autumn Term</u>	<u>Spring Term</u>	<u>Summer Term</u>
<ul style="list-style-type: none">• All About Me, Family & Friends• My School Day• Coping with change from secondary to 6th form, feelings• What's after Lonsdale - college	<ul style="list-style-type: none">• Health & fitness, keeping healthy, our bodies, exercise and diet, leisure time, personal hygiene• Going green - reduce, reuse, recycling, fair trade	<ul style="list-style-type: none">• British values• People who help us in school & community• Work related learning• Work experience• Celebrations

*4JB - Bespoke curriculum - See Mid-Term Plans for Details (SN)