

Lunch Menu Lonsdale

14th Jan 4th Feb. 18th
March 8th April

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Burger Bap	 Seasoned Kofta Or Falafel	Chefs Roast	 Korma Curry	Fish and Chip Shop
Vegetarian Main Meal	Spicy Bean Burger Bap		Vegan Savoury Rice Filled Pepper topped with Salsa.	 Vegetable Dhal.	Butternut Squash & Mushroom Frittata
On the Side	Herby Wedges broccoli Coleslaw	Turmeric Rice Salad Or Carrots	Roasted potatoes Cabbage Carrots	Naan Bread Rice Sweetcorn cauliflower	Peas Spaghetti Baked beans
 Pasta & Jacket Bar	Herby Tomato Or Meatball Marinara	Mascarpone Tomato & Basil Or Herby Chorizo	Carbonara Or Meximix cheese	Peppernata Or Tomato Meatball	Tomato & Basil
Family Favourites	Chocolate & orange muffin & Custard	Vanilla Shortbread & Custard	Spiced Pear Crumble & Custard	Pineapple Upside Down & Custard	Fairtrade banana Bread & Custard