



General Information

Dear Parents,

This week has flown by! The children have been working very hard and are really getting into our new topic, 'Healthy Lifestyles'.

Contacts for the Primary Team

Email: Miss Catherine Sumner (csumner@lonsdale.herts.sch.uk)

Miss Victoria Rose (vrose@lonsdale.herts.sch.uk) Mrs Jacquie Yule (jjule@lonsdale.herts.sch.uk),

Primary Learning: News, Updates and Developments

Home/school agreement: Thank you to the parents who have done this already. Please find this in the front of the Communication Planner/Diary. Please can you read this and all the information provided and sign and date the relevant pages.

We will be using paint on a regular basis this year. We are currently limited on the number of aprons available. If you have an old shirt or t-shirt your child could wear for painting in the meantime please send it in.

Ash class have been busy learning about food through the story of the Hungry Caterpillar. The children have painted different types of food. They have helped to plan and create their role play area – a grocery shop. In music they have been listening carefully and using percussion instruments to keep a steady beat.



Birch class have been learning about how to stay healthy through exercise. The children sorted pictures to show which activities were good and keep us healthy from those which may be fun but don't keep us healthy such as playing on the computer. The children enjoyed visiting the school fitness suite and trying some of the equipment.





In cooking this week the children made toast. They observed and described the changes to the bread and the butter. They have set up an experiment to see what will happen to slices of bread that have been touched with washed and unwashed hands. What do you think will happen over the next few days?

Last week the children were learning about washing their hands. They made painted hand prints then washed the paint off to practise their skills. We hope to display some of this work soon!



Next week the children in Birch class will be thinking about hobbies and ways we can have fun, exercise and relax.

In Oak class the children have been getting used to their new class group. They have been very busy learning about what makes a balanced diet. The children used plastic food to make an Eat Well plate, learning what food belongs in which food group. They made a healthy fruit salad in cooking, learning how to be safe whilst preparing food. They practiced throwing and hitting techniques in PE. In French they have been practising French language skills in greetings and numbers. Looking forward to the next busy week with lots of learning, Au Revoir!



Stars of the Week

Ash: Edward for super self-propelling around the school.
Birch: Lukas for great communication and overall effort in everything this week.
Oak: Harrison for asking questions to extend his learning in Topic this week.



A very big WELL DONE!

Diary Dates and Upcoming Events

Next issue of the Primary News 29th September.

Visit to St Hugh & St John Church Harvest 2nd October. Letter to follow

Please visit the school website for more information: <http://www.lonsdale.herts.sch.uk>.